



Who to contact if you have questions

If you have questions or want more information, contact the following organizations by phone or obtain information through their web sites.

Aetna Medical Insurance	(800) 872-3862	www.aetnavigators.com to find a doctor: www.aetna.com/docfind/custom/cityofseattle/
Kaiser Permanente Medical Insurance	(888) 901-4636	www.kp.org/wa
Vision Service Plan	(800) 877-7195	www.VSP.com
Dental Health Services (DHS)	(206) 788-3444 (877) 495-4455	www.dentalhealthservices.com/cityofseattle/
Delta Dental of Washington (DDW)	(206) 522-2300 (800) 554-1907	www.deltadentalwa.com
WA State Retirement Systems (PERS)	(800) 547-6657	www.drs.wa.gov
WA State Deferred Compensation Program (DCP)	(800) 547-6657	www.drs.wa.gov/plan/dcp
Employee Assistance Program (EAP) ComPsych	(888) 416-1377	www.guidanceresources.com Web ID: SHAEAP
Long-Term Care (Legacy Plan) UNUM Provident	(800) 421-0344	www.unum.com
Life, AD&D, LTD	(206) 615-3328	Optional Benefits page on www.seattlehousing.org
Flexible Spending Accounts Navia Benefits Solution	(425) 452-3500 (800) 669-3539	www.naviabenefits.com Company Code: SHA

HR Benefits Benefit questions, Leave and Accommodation Requests, Life Events, Resignations	HR-Benefits@seattlehousing.org
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Visit [Employee benefits | Seattle Housing Authority](#) for more information on benefits. Review the [Manual of Operations_Benefits](#) located on Our House for policy and procedure details.