



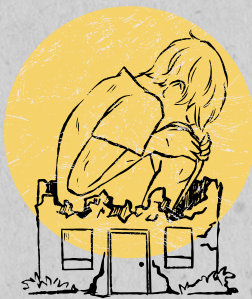
T. Williams Therapeutic & Wellness Presents:

“A Grief & Loss Conversation”

July 22, 2025 | 1pm-3pm

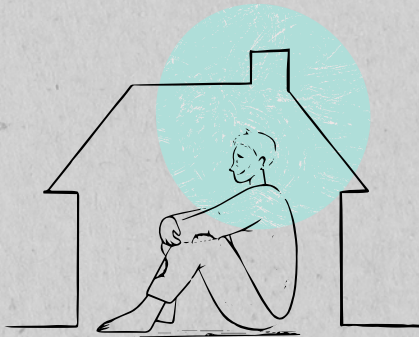
Gift bags for first 40 attendees & a chance to win a gift card!

Are you between the ages of 13-24 and have you experienced the loss of a loved one or friend? Whether due to gun violence, opioid overdose, HIV/AIDS, a car incident, or another tragedy, you are not alone.



Stages of Nonlinear Nature of Grief

Explore how grief doesn't follow a predictable timeline,



Coping Strategies & Support Systems

personal coping strategies & supports within the community



Creating a New Normal

How to adjust and keep your loved ones memories alive

We await you with open arms!



[Twilliamscounselingservices.com](https://twilliamscounselingservices.com)

For Questions, Contact:



HCVclasses@seattlehousing.org



206-239-1739

NewHolly Gathering Hall

7054 32nd Ave S, Seattle, WA 98118

Metro access: Bus # 36