



Information is current as of October 2025

TENANT RESOURCES

The federal government recently created new rules and funding levels for many federal programs, including housing, nutrition assistance, health care, education and other social services.

SHA Vouchers and Housing

SHA **services will stay the same in 2025**. The federal budget and government shutdown won't affect SHA residents or services this year, and we will continue to operate as normal. SHA is already working on future budgets to protect tenants and voucher holders in 2026 and beyond.

Basic Food: SNAP

Basic Food, also known as the Supplemental Nutrition Assistance Program (SNAP) or food stamps, helps people buy groceries at participating grocery stores and farmers markets. This program is jointly funded by the state and federal government. Visit dshs.wa.gov for the most current updates.

More information: dshs.wa.gov

Apple Health: Medicaid

In Washington State, Medicaid is called Apple Health. Apple Health provides preventative care, like cancer screenings, treatment for diabetes and high blood pressure, and many other health care services. This program is jointly funded by the state and federal government. Visit hca.wa.gov for the most current updates.

More information: hca.wa.gov

More Resources

Changes at the federal government continue to result in changes at the local level. Stay up to date at:

- seattlehousing.org/federal-impact
- seattlehousing.org/current-tenants/community-resources