



A community-based newspaper serving the Puget Sound area since 1981



The Voice

April
2004

Articles translated
into six languages

The newspaper of Neighborhood House

Andrew Lofton is new SHA deputy executive director

By VIRGINIA FELTON
SHA communications director

Andrew Lofton joined the Seattle Housing Authority on March 29 as deputy executive director for finance and administration after serving for many years in city government. He left his position as Mayor Nickels' chief of departmental operations to assume this new role.

"The Housing Authority will face some huge challenges over the next five to 10 years, and I'm confident that Andrew Lofton will add a dimension to the leadership that will contribute significantly to our success," said new Executive Director Tom Tierney. "He's had a tremendously respected career in public administration at every level of government. He has a wonderful reputation as a smart and caring leader, and I am looking forward to working with him."



PHOTO COURTESY SEATTLE HOUSING AUTHORITY

Please see "Lofton joins SHA" on page 5 New SHA deputy executive director, Andrew Lofton, right, talks with SHA Executive Director Tom Tierney.

Section 8 proposes minimum contribution

SEATTLE HOUSING AUTHORITY

Responding to federal budget cuts and a growing need for housing assistance, the Seattle Housing Authority is proposing a \$50 minimum family contribution for rent and utilities in the Section 8 Program. The program has no minimum family contribution now. Under the new policy, hardship exemptions would be available for people unable to pay the minimum contribution.

"Our goal is to serve as many low-income people as we can," said Kathy Roseth, director of the Section 8 Program. "Unfortunately, cuts to the Section 8 Program at the federal level will make it almost impossible for us to sustain the same level of assistance without making changes. Having a minimum contribution is a fair and

reasonable way to keep the program strong and serve as many people as possible."

Federal regulations permit Section 8 programs to have a minimum contribution of up to \$50. The housing authority had a minimum contribution in the past, but discontinued it in 2002.

The housing authority held a public hearing on March 31 to take comments about the change. SHA is considering those comments, and may modify the policy as a result. The housing authority's Board of Commissioners will meet for a final report on the policy and public concerns on April 13. A final decision is expected by April 19.

More information on the proposed minimum contribution is available by contacting SHA's Ana Woo at 206-239-1523 or awoo@seattlehousing.org.

NewHolly's newest rental units are now available

Third and final phase of NewHolly is now ready for occupancy

By KARI SHERRODD
Seattle Housing Authority

Families will soon be moving into the newest 219 rental units at NewHolly. The townhouse and duplex units, along the south side of South Othello Street just west of Martin Luther King Jr. Way South, will continue to support economic self-sufficiency while offering high quality housing.

"We are just now beginning to process applicants for the units, so I invite anyone looking for an affordable apartment to come see us," said Willard Brown, redevelopment property manager for Seattle Housing Authority.

These one- to four-bedroom units will serve households with a range of incomes, with units available for people earning up to 80 percent of the area median income.

According to Brown, 163 units are set aside for families with incomes below 30 percent of area median income, 54 units are set aside for families with incomes below 60 percent of area median income, and two units are set aside for families with incomes below 80 percent of area median income.

"The rent is affordable and you cannot distinguish one type of unit from another," Brown said. "The public housing, the tax credit or moderate income unit, the market rentals and the for-sale housing all look similar from the street."

The units are carpeted, painted in modern colors, and offer fenced yards and ample parking. This third and final phase of NewHolly features a central park and will have convenient retail and commercial spaces at the intersection of South Othello Street and Martin Luther King, Jr. Way South. It is also close to downtown via Interstate 5 and just steps away from where Sound Transit's Link light rail system will run.

As in the first two phases of NewHolly, the emphasis for low-income households

Please see "New units..." on page 2

Where's the rest of The Voice?

You may have noticed that this month's issue of The Voice is shorter than normal. Don't worry, we haven't run out of newsprint (or news). Instead, our staff needed to shorten this issue in order to focus our energy on other things for the month. In May, we'll be back to our normal size.

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"A lot of people weren't really coming and I thought, 'Is it because people aren't registered?'"

Denny Terrace Resident, Sybil Bailey
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on page 2

Neighborhood House
Jesse Epstein Building
905 Spruce Street
Seattle, WA 98104

Non-profit org.
U.S. postage PAID
Seattle, WA
Permit #8887

Westwood Heights residents are really cooking now

Cooking class focuses on how to cook nutritiously and deliciously on a tight shopping budget

PARTNERS IN CARING

Apple crisp. Black bean quesadillas. Herb roasted chicken with vegetables. These are just a few of the recipes residents at Westwood Heights enjoyed during a five-week cooking class.

Operation Frontline and Partners in

Caring, programs of the Fremont Public Association, worked together to offer the cooking classes for adults, which taught residents cooking, nutrition and financial management skills. The purpose of the class was to give residents the skills they needed to eat well, even on a limited budget.

A hands-on experience

Each week residents learned new cooking tips from a local professional chef. The chef led the group as they prepared each meal together.

In addition, after each class, residents were given the ingredients and recipes for the dishes they had just learned how to make. This allowed the residents to make the meal later outside of class, bringing what

they learned in the class back to their own homes.

At a local grocery store, residents were given a tight budget of \$10 to go shopping for food to make one nutritious meal. After residents made their purchases at the store, Operation Frontline staff reviewed the items with the residents to identify wise purchases and offered suggestions for their next shopping trip.

A registered dietician taught a class about the six food groups, giving examples of foods that fall into each category.

Residents were able to see what the suggested serving size looks like for many foods through displays and pictures. Armed with their new nutrition knowledge,

participants were able to win prizes by correctly answering trivia questions on the last day of class.

As Operation Frontline graduates, participants have developed new skills surrounding nutrition, cooking, food budgeting and sanitation. These new skills will help them to make healthy food choices and good financial decisions on a limited budget.

Westwood Heights Computer Lab staff couldn't help but salivate from the aromas drifting out of the class next door. They kindly sampled the dishes, and even let the class borrow a digital camera to capture the fun. For more on the Westwood Heights Technology Center, see article below.

Voter registration drive in SHA buildings

By AMITY EGGE
Voice reporter

Sybil Bailey, president of the Resident Action Council, is starting a voter registration drive for all people living in Seattle Housing Authority high-rises and surrounding neighborhoods.

Bailey plans to visit various high-rises to find volunteers who are willing to set up voter registration tables in their buildings. She also wants to put voter registration tables outside of grocery stores and on street corners so that people who live around the high-rises can benefit from the drive as well.

"It's not just for SHA residents. It's for anyone," said Bailey.

Bailey said she has always enjoyed getting high-rise residents involved in the politics that affect their lives. She hopes the voter registration drive will help high-rise residents participate in the upcoming presidential election.

"I think it's important now," Bailey said. "You do it because you want change."

Bailey got the idea for the voter registration drive six months ago when she was working as an elections inspector.

"A lot of people weren't really coming to vote. And I thought, 'Is it because people aren't registered or because they don't care?' So I called the Seattle election headquarters," said Bailey.

She discovered that the Resident Action Council, a Seattle Housing Authority organization she's worked with for years,

could register voters because of its nonprofit status.

Bailey got the letter of approval along with voter registration materials from

King County election headquarters in February and began passing them out to other people in the high-rises.

Bailey's work in voting and elections dates back to her high school years in Marshalltown, Iowa. She remembers her mother working at the polls.

According to Bailey, her mother would often set up a voting booth at the building they lived in or sometimes out in the yard.

When Bailey moved to Seattle in 1962, she continued to work at the polls as a judge. She would check peoples' names and addresses to make sure that they were voting in the correct place.

As RAC president and past poll inspector, Bailey has never gotten paid. She does it all as a volunteer.

"I've always liked it because you meet so many people. They keep coming back and when they keep coming back to vote you tell them to tell their neighbors," she said.

If you would like to volunteer to help with this ongoing voter registration drive, or if you would like to know if a table will be set up in your building, contact Sybil Bailey at 206-328-8176.



Sybil Bailey

Westwood Heights Technology Center

The Westwood Heights Technology Center delivers an average of 160 hours of computer access and training each month with the help of seven volunteers and one part-time staff person. The staff also facilitates several additional services.

Yahoo!groups training

Resident council officers from several SHA high-rise buildings have been trained to establish, utilize and maintain a free Web page for their building. The Web-based group gives residents an Internet bulletin board with which to communicate concerns and solutions to community issues, check an event calendar and share community photographs and documents. Resident Action Council officers have also been trained and have established a RAC group page.

Tax credit application online

Individuals who worked for pay in the year

2003 may be eligible for a tax credit. The Technology Center can provide free access to the Web-based application process. Mentors are available to help individuals through this process.

Faxing services

Individuals may now fax documents from the Technology Center for a small fee of 50 cents per page.

Computer user group

This meeting serves as a learning-friendly environment where individuals share their computing knowledge and learn skills not commonly available in a standard computing class.

Let the Technology Center know what computing skills or information you need. You can contact the Westwood Heights Technology Center by calling 206-932-6942 ext. 16 or by sending an e-mail message to wwhcc@comcast.net.

You are invited!

Come to a retirement party for SHA Executive Director Harry Thomas from 4 p.m. to 7 p.m. on Friday, April 23 in the Gathering Hall at NewHolly at 7054 32nd Ave. S. Program begins at 5:30 p.m.

Community notes

Building community

Seattle Housing Authority's Communications Office produces a monthly e-mail newsletter called "Building Community" which is sent to people in Seattle who are interested in housing and community development.

"Building Community" contains brief news about SHA activities and initiatives, with links to the full stories on the Housing Authority's Web site. All residents and interested parties are invited to subscribe to the free newsletter.

Topics covered vary widely and will be of interest to anyone who wants to know more about housing in Seattle and across the country. To begin receiving "Building Community," simply send an e-mail to newsletter@sea-pha.org.

Cultural Awareness Workshop

You are invited to attend the South East Asian and East African Cultural Awareness Workshop. It is designed to increase cultural awareness for community providers that serve diverse ethnic

groups. During the event you will learn how to remove cultural barriers, strengthen community partnerships and network with other members of your community. The workshop is from 9:30 a.m. until 12:30 p.m. on April 14 at the Rainier Community Center, 4600 38th Ave. S. The cost is free but pre-registration is required. If you are going to come, please register no later than April 7 by calling Tien Duong-Le at 206-331-2465 or e-mail her at tien@apialliance.org. Light refreshments will be provided. The workshop is sponsored by Refugee Women's Alliance, Seattle Housing Authority, Seattle Parks and Recreation, International District Housing Alliance and Horn of Africa Services.

Seeking submissions

The Voice is always seeking submissions. Articles, photos and community announcements can be sent to Charles Redell at 905 Spruce St., Seattle, WA 98104. Submissions can also be sent by e-mail to charlesr@nhwa.org.

New units at NewHolly

No more units planned for NewHolly, but Rainier Vista units coming soon

Continued from page 1

will be on economic progress and financial independence.

Residents will find help with needs assessment and planning for the future at the centrally located NewHolly Neighborhood Campus.

This is the last phase of the NewHolly redevelopment and there are no more units planned for this site. The next phase of leasing will be at Rainier Vista, just two miles north of NewHolly.

There will be 184 units available at Rainier Vista beginning in October 2004. Like NewHolly, Rainier Vista will feature a range of housing types for households of varying income levels. Applicants can sign up for

the public housing waiting list now. To apply, visit the PorchLight Housing Center, 907 N.W. Ballard Way, or download an application from SHA's Web site at www.seattlehousing.org. You can also call 206-239-1500 to have an application mailed to you.

If you are interested in renting one of the new units at NewHolly, and you are income eligible and have good rental references, contact NewHolly at 206-760-3296.

With the exception of the Low Income Public Housing units at Rainier Vista, applications are not yet being taken for Rainier Vista housing. SHA will make a public announcement when more units are available at the Rainier Vista community.

POINT OF VIEW

NEWS ABOUT THE SEATTLE SENIOR HOUSING PROGRAM AND SEATTLE'S HIGH-RISE COMMUNITIES

New faces on local Community Police Teams

By CHARLES REDELL
Voice editor

Scattered-sites buildings, high-rises and the Seattle Senior Housing Program have new Community Police Team officers.

Officer Wendy Boyd took over from Officer Mike Thomas in the SSHP buildings and in the various communities around the north end at the beginning of the month. Before becoming a member of the Community Police Team, she was a patrol officer in the north end for 10 years.



Officer Wendy Boyd

For most of that time she worked during the third shift at nights. She said that she

became a CPT officer because she was ready for something different.

"This is actually more personal," she

"Everyone wants a safe place to live. Everyone is doing their share to make a nice place to live," said Officer Osborne.

explained. "I used to just go call-to-call and never see the same person twice."

Boyd is looking forward to working with the Scattered-sites in the north end that she already knows and exploring the SSHP buildings around neighborhoods like Queen Anne that are less familiar to her. Discussing her goals for her community beat, Boyd said that "quality of life" issues seem to be at the forefront for many residents. She said that Thomas, who she

is replacing, did a great job on this issue.

"I hope to keep up that tradition," she said.

has not officially covered the SHA properties in that time, he is familiar with at least three of the buildings on his new beat.

Like Boyd, he sees his position as an opportunity to help residents maintain the quality of life they want.

"It's a nice change to work with a community where pretty much everyone has the same goals," he said. "Everyone wants a safe place to live. Everyone is doing their share to make a nice place to live. Once it is a nice place to live, it's easy to keep it that way."

Officer Osborne works from Monday to Friday. Residents can contact him by calling 206-684-4374.



Officer Joe Osborne

Affordable mental help is available

Mental health emergencies can happen unexpectedly but you don't have to face them alone

By JEFFERY GERHARDSTEIN
Mental Health Case Manager

Mental health emergencies can happen when you least expect it. For example, let's say you are coping with a very stressful situation. Mental health emergencies can happen unexpectedly due to chronic illness, an unexpected move or the loss of a loved one. At times like these, you may not know where you can get the help you need.

Fortunately, Seattle Housing Authority residents have enjoyed the outreach services of a mental health professional since October 2002. The Mental Health Case Management Program has already served about 150 high-rise residents, and about 35

residents have enrolled in community health counseling and case management programs as a result. The program charges no fee for its services.

If you have concerns about your housing, income or health and you believe that your mental health is suffering, contact Jeffrey Gerhardtstein, mental health case manager, at 206-545-8611. He can help with immediate personal crises and enroll you in services that will meet your specific needs.

To the right is an updated list of Seattle-area community mental health centers and agencies that provide counseling and case management. You may want to clip and save this useful reference. Please note that all of these agencies accept medical coupons.

Many residents have taken advantage of the program to avoid worsening housing situations. Others have learned more about how to take care of themselves and improve the quality of their lives.

Feel free to call SHA's Mental Health Case Management Program at the number above if you have specific questions about the agencies listed to the right, or any other mental health issue.

Seattle-area mental health centers and chemical dependency services

Asian Counseling & Referral Service	695-7600
Catholic Community Services	323-6336
Community House	322-2387
Community Psychiatric Clinic	461-3614
Bridgeway Recovery Program	632-5009
SHA Mental Health Case Management Program	545-8611
Wallingford Clubhouse	461-3773
Consejo Counseling & Referral Services	461-4880
Downtown Emergency Service Center	464-1570
Evergreen Health Care	923-6300
Evergreen In-home Mental Health	923-6300
Evergreen Treatment Services	223-3644
Family Services: Multicultural Counseling Services	524-9055
Harborview Mental Health	731-3411
Highline-West Seattle Mental Health Center	241-0990
Indian Health Board	324-9360
Ingersoll Gender Center	329-6651
King County Sexual Assault Resource Center	1-800-772-1213
Lutheran Community Services Northwest, International Counseling	694-5700
Pike Place Medical Clinic	728-1687
Sea-Mar Community Health Center	324-2400
Seattle Mental Health	764-8022
Emerald House Clubhouse	324-9362
Seattle Counseling Services for Sexual Minorities	323-1768
Shepherd's Counseling Services	323-7131
Therapeutic Health Services	723-1980
Valley Cities Counseling & Consultation	253-939-4055

Notice: Revised House Rules and Dwelling Lease

The Seattle Housing Authority has revised the House Rules and Seattle Senior Housing Program Dwelling Lease. In April, residents will be mailed a copy of the revised documents for their review.

We have made the format of the lease easier for residents to read. The terms of the lease now include the new rent structure as well as requirements for tax credit units

and Section 8 Housing Choice Voucher holders.

The new House Rules, which explain the occupancy rules residents must follow, will replace the resident handbook and become an addendum to the Dwelling Lease.

If you have any questions regarding the new Dwelling Lease or House Rules, please contact your property manager.

Community notes

Garage Sale donations needed

Have you cleaned out your closets lately? Jefferson Terrace residents are getting ready for their annual rummage sale in May. Any donations would be greatly appreciated, please contact Annika Sage, AmeriCorps VISTA volunteer, at 206-615-3573 if you have questions or donations. All proceeds go towards the annual Juneteenth community event.

Healthy Living class

The Healthy Aging Partnership is offering a free class for adults ages 60 and older. "A Taste of Healthy Living" - a half-day session to help older adults make wise food choices that will help them live longer, healthier lives - is scheduled for 9 a.m. to 1 p.m. on

Wednesday, May 19, in the Gathering Hall of NewHolly Community Center, 7050 32nd Ave. S., Seattle.

As we age, the effects of nutrition on our bodies, minds and lifestyles change, too. "A Taste of Healthy Living" will cover the basics of nutrition and a healthy diet, while focusing on how to choose easy-to-prepare and tasty meals. A cooking demonstration and "Moving for Fun and Fitness" exercise session will round-out class activities.

A light breakfast and full lunch is included, along with recipes, door prizes, gifts and health information. There is no charge, but space is limited and participants must sign up for the event in advance. The deadline for registering is May 7. For more information or to make a reservation, call 206-824-2907 ext. 1970.



HIGH POINT HERALD

NEWS ABOUT THE HIGH POINT COMMUNITY

Memory of Bataan stays alive at High Point

By GEORGE NEMETH
Seattle Housing Authority

Bataan Place Southwest was a short, inconspicuous street at High Point, diagonally connecting Southwest Graham Street with Cycle Lane. Its entire 240-yard length disappeared last summer when the northern half of High Point was razed.

At the new High Point, streets will be reconnected with the regular West Seattle street grid. That grid, however, does not allow for diagonal streets.

When City Council member Tom Rasmussen learned about the disappearance of Bataan Place at a Council

meeting in February, he wanted to find a way to return the Bataan name to High Point. Members of Seattle's Filipino community joined him and urged the city and the Seattle Housing Authority to keep the name. It is a significant name, carrying a rich history of heroism and sacrifice.

Bataan is a peninsula in the Philippines west of Manila Bay. Early in 1942, during World War II, tens of thousands of Filipino and American soldiers were defending the land from invading Japanese forces. On April 9, 1942, the Japanese launched an all-out offensive and successfully broke the resistance. They took approximately 70,000 prisoners of war. In the scorching heat, the

defenders of Bataan were forced to march for several days through the jungle to their prison camp destination. They were mistreated and starved along the way. According to some, as many as 10,000 people died on the march, which later came to be known as the "Bataan Death March."

"What people went through there can't be ignored," said Council member Rasmussen following the February Council meeting. He decided, together with Council member David Della, to sponsor an ordinance returning the name to High Point. On March 8, with World War II veterans in attendance, the City Council passed legislation designating a portion of Eddy

Street Southwest running through the new High Point as Southwest Bataan Street.

The new Bataan Street, scheduled to be built during Phase II of the redevelopment, will be one of the most prominent and beautiful streets in the neighborhood. Lined with unusually wide landscaped planting strips, it will curve around several natural site features, including some significant trees, and will connect the new central park with the greenbelt and path to Longfellow creek. It will run through the very heart of the community.

"We envision a street worthy of the memory of Bataan," said High Point Project Manager Tom Phillips.

New fence will bring community together

By CHARLES REDELL
Voice editor

When the redevelopment of High Point is complete, the community will have a lot more than just new housing to enjoy. Along with new neighbors and new parks, the neighborhood's community gardens will be redesigned too.

The design of a new market garden fence at High Point is being handled by Pomegranate Center, a "small nonprofit that designs and creates art that lives out in the community," according to Milenko Matanovic, the organization's executive director.

Pomegranate Center's fence design drew inspiration from the input of High Point residents. Matanovic told a community council meeting last month that the fence will be made up of approximately 400 planks, each of which will be decorated and painted by residents and inscribed with their initials. Eighty of these planks are already complete thanks to the efforts of residents at community events last summer, including 50 people at the 2003 Diversity Festival.

Matanovic said that not all of the remaining planks will be completed before the fence is put up. Instead, it will be designed so that over time the unpainted planks can be easily removed from the structure, painted and replaced. This will allow different residents to mark the history of High Point as it happens.

"The more people that have a hand creating this, the better it is cared for, the more you can be proud of it," Matanovic said.

In addition to the fence planks, Matanovic displayed a drawing of the pergola which will serve as the Market Garden entrance. A pergola is a structure that has columns supporting an open roof. The columns of the pergola are particularly special. They will be made from the trunks of trees that were salvaged from the old High Point community.

Residents are encouraged to participate in the creation of the fence. They can drop in to the former High Point Medical and Dental Center which is a work space for the fence or contact Matanovic at 425-557-6412 or milenko@pomegranate.org.

Slight pest infestation increase at High Point

By JAMES OWENBY
Seattle Housing Authority

Pest infestations can be a stressful and aggravating problem and can cause damage to your home and personal belongings.

SHA Pest Control is currently treating about 6 percent of the residential units at High Point for pest infestations.

Here are some helpful ways to minimize the risk of pest infestations in your home.

Inside

- Keep the kitchen clean and free of spills and crumbs. Store loose food such as cereal in re-sealable containers.
- Keep garbage areas clean. Garbage should be stored in sealed containers.
- Doors and windows should always be kept closed or well screened.
- Check pipes and pipe areas around the house for leaks, cracks and gaps. Seal

and patch any problems if necessary. Leaky faucets should also be fixed.

- Keep basements, attics and crawl spaces well ventilated and dry.
- Inspect boxes, grocery bags and other packaging thoroughly for insects. Insects have also been known to come in on potted plants and in luggage.

Outside

- Seal cracks and holes on the outside areas where utilities and pipes enter your home. Make sure vents are screened and windows and doors are sealed.
- Keep gutters and vents free of debris. Screen vents if necessary.
- Keep tree branches and shrubbery well trimmed and off of the house.
- Keep wood debris, tree stumps and leaf litter away from the house.

If you notice pests near your home, call the management office at 206-932-2736.

Blake: President with a plan

By CHARLES REDELL
Voice editor

Bonita Blake originally joined the High Point Community Council in 1994 as "a grass-roots person" who wanted to help the neighborhood escape a cycle of violence. She retired from it in 1998 but her grass-roots activism didn't diminish. Now she is back on the council and was elected to a two-year term as president in 2003. Recently, The Voice had a chance to sit down and talk with her about her goals for the community.

Q: Why did you first join the council? What were your goals then?

A: What I wanted to accomplish was peace in the community. Anyone who was willing to make this community safe for families, I was willing to work with them. My platform was knowledge is empowerment.

Why did you decide to return to the council?

I believe in putting High Point on the map. As a resident, I want to expand the hope of residents' input being implemented in our HOPE VI community and see it come full circle. Healthy Homes was my idea. It was something that was created by a resident of High Point. The idea is that it is another way of empowering the community. Thank you to the Healthy Homes project for giving me an award recognizing that.

I am also here as a community activist to make sure that all things promised are furnished in a timely manner as agreed on.

What are your goals as president of the High Point Community Council?

The council recently took over this building [on Southwest Holly Street down the block from Holly Hall]. We are working hard to get it up and running as a full-fledged

Community Council office. I want to see the building become user-friendly for the neighborhood's residents. Some possible ideas I would like to see happen are free music lessons taught by professional musicians, for this to be a place

where community groups can hold meetings and for it to be a central place for all residents to come and express their concerns. Another idea is for there to be counseling in the new building, possibly by students working toward Masters degrees at local universities because sometimes feelings of being uprooted/change can bring on past or present issues.

I also want it to be a place where volunteers who need to fulfill the new Community Service Requirement can complete some of their hours. Opportunities include running off fliers, general office work such as answering the phones, reception and making photocopies. They can even come in now and help set the building up.

One of the things that has come on my plate is, "Will the High Point Community Council be in existence after 2005?" If so, will it include the new community as one council? Whatever it is, it is something that has to be inclusive. I decided to put it on the table and to make sure that it wouldn't go down. I don't know what the outcome is, I can't predict that. With help from all the other entities [in the community] the mission can be accomplished.

What do you think is the High Point community's greatest strength?

In this community, there is a community component that is quiet but alive.



Bonita Blake

Community notes

Community Council meeting

The High Point Community Council meets at 6 p.m. on the second Monday of every month at Holly Hall. This month, the meeting will be held on April 13. For more information call 206-937-5459.

Sunday service

Sundays, Pastor Deborah Dinkins offers Sunday school and worship services for High Point residents. Afterwards, a free community dinner is offered. Sunday is at noon and the service is at 1 p.m. The services and dinner are held in the old YMCA building at 3000 S.W. Graham St.

RAINIER VISTA NEWS

NEWS ABOUT THE RAINIER VISTA COMMUNITY

Resident makes 'construction comeback'

JobsPlus program helps Edward Frazier return to the work he likes best

By CHARLES REDELL
Voice editor

Edward Frazier III, a long-time resident of Rainier Vista, recently got a new job thanks to some help from an old friend: Larry Hill at JobsPlus.

Years ago, according to Hill, Frazier took part in a Seattle Housing Authority-sponsored program called SHA Works. This program was designed to introduce a variety of trades to interested teenagers in

various public housing communities. At the time, Frazier, then 18, was interested in construction and used the program as a way to learn about the field. After a few years however, his life took him in an very different direction. He no longer worked in construction, though he often thought about it.

Recently, Frazier decided that since he was out of work and SHA is in the midst of redeveloping three communities, he would try to get back into construction. To make the move, Frazier went to see Hill who has worked with him over the years and knows him well.



Edward Frazier III

"He is very positive," Hill said. "He has a radiant smile."

After talking with Frazier for awhile, Hill found that Frazier was most interested in returning to construction and the trades. Hill asked if he would be interested in working for Lloyd Enterprises – an earth-moving and excavation company. Frazier readily agreed to give the job a try.

"Construction is something he is very interested in," Hill said.

Frazier began his duties as a construction laborer for Lloyd Enterprises on Feb. 16.

Currently, the company is doing infrastructure work at NewHolly Phase III and on Rainier Vista's west side. Frazier has told Hill that he is very happy with his new job and hopes to make a career out of construction work.

"If he does a good job, he'll almost undoubtedly keep working with them," said Hill.

To Hill, this is another example of what can be accomplished when someone is clear about what they want to do for a living and is willing to do what it takes to make it happen.

He encourages anyone who wants to get to work, make a career change or find a new position in their field to give him a call or stop by his office, which is located at the Rainier Vista community. Hill can be contacted at 206-722-4010 ext. 6.

Lofton joins SHA

Continued from page 1

Before working in Mayor Nickels' office, Lofton served as the deputy superintendent for customer services with Seattle City Light and as Mayor Norm Rice's deputy chief of staff. His 27 years of public service include experience as the City of Seattle's budget director, director of the Department of Licenses and Consumer Affairs, and deputy director for the Department of Community Development.

than to provide them with the opportunity to be successful.

What will you most miss about working for the City of Seattle?

I've spent a lot of time in my professional career with the city, and I feel very emotional about leaving. I feel very strongly about making Seattle a better place, and that's what my work has been about. I have really

"I want everyone to feel that the housing authority is fair and supportive of their needs. That's the best outcome you can have in any organization and the Seattle Housing Authority is no different."

Lofton will join current Deputy Executive Director Al Levine, who will continue to focus his efforts on the agency's extensive asset management and redevelopment initiatives.

In a recent conversation, Lofton shared his thoughts about his new role.

Why did you decide to come to work for SHA? What is it about this agency that you are excited about?

Seattle Housing Authority is a well-respected organization that has the potential for tremendous impact on the city of Seattle, and on low-income people, including senior citizens. It is exciting to me to be a part of an organization that has so much influence over people's lives, and ultimately on how well our city develops.

The amount of development that the Housing Authority is involved in, and the ongoing work that this agency does in providing housing opportunities for low-income people, is really staggering.

It's just very exciting to think of being a part of that and being able to contribute to the success of these developments and these communities within the city.

I've always had an interest in and a passion around doing things for disenfranchised people throughout the city. I think that there is no better work that a person can do to be of service to people

valued the people I've met and the relationships I've developed. Working for the city and making it a better place to live for all people – I'm going to miss that connection.

What is one thing you hope that you can accomplish in your work for SHA?

I want to continue to foster good relationships amongst the staff and residents/clients of the Housing Authority.

I want people to feel that they can respect, trust and know that the agency has their interests at heart and is doing the best work possible to make everyone's situation better.

I want everyone to feel that the Housing Authority is fair and supportive of their needs. That's the best outcome you can have in any organization and the Seattle Housing Authority is no different.

What kinds of interactions do you anticipate having with residents in your new job here?

I hope to get to know many of them, and hope they get to know me and respect my interest in their well-being.

I know I won't be on a first-name basis with everyone, but I hope that people will get a chance to see me out in the community with tenants, and that they can recognize that I am part of a leadership team in which they have faith and trust.

Residents learn about jobs at Apprenticeship Fair

KARI SHERRODD
Seattle Housing Authority

As residents watch demolition and construction activities at Seattle Housing Authority redevelopment sites, many wonder if that activity might hold the possibility of a good paying job for them. An Apprenticeship Opportunities Fair at NewHolly on Feb. 28 was specifically designed to address that question. About 80 residents attended this event where they heard from SHA Employment Services and Absher Construction. A variety of trades were represented at the fair, including carpentry, iron works, dry walling, electrical, and general construction labor.

"Many residents are not aware that these types of trades and jobs are out there," said Jeff Thungc, SHA job placement specialist. "The Apprenticeship Opportunities Fair allowed residents and the community to learn how to access them."

Construction projects by Sound Transit and SHA at NewHolly, High Point and Rainier Vista will continue to bring more jobs to Seattle. There could possibly be as many as 80 apprenticeship positions open every year until the projects are complete, said Rickie Robinson, SHA Section 3 employment coordinator.

Absher Construction, the general contractor for NewHolly's Phase I and, currently, the general contractor for High Point's redevelopment, estimates they will

soon offer job opportunities to 50 residents of High Point and the surrounding neighborhood. Some of those jobs will have apprenticeship opportunities, according to Stephanie Caldwell, Absher Construction Community Outreach Coordinator.

Apprenticeship positions require each participant be at least 18, have a high school diploma or GED, have a driver's license, pass a drug test, and is considered a dependable person, according to Robinson. Some trades have different requirements.

Apprenticeships can last up to five years, depending on the trade. During this period, participants normally begin at 60 percent of the prevailing journeyman wages of their chosen trade with full benefits and retirement. When the program is completed, participants are prepared and qualified to work in their trade at the full starting salary.

SHA's Employment Service centers can help you find the trade area that best suits your skills Thungc said.

According to the High Point project manager, Tom Phillips, job creation is an important aspect of the redevelopment.

"That's why we have several large signs at High Point letting our residents know how to access these opportunities so that they can benefit directly from this construction," he said.

For more information, contact your local community job center or SHA's Rickie Robinson at 206-722-4010 or rrobinson@seattlehousing.org.

Community notes

Council meeting

The date of the Community Meetings for Rainier Vista has changed to the second Wednesday of the month. The April meeting is at 6:30 p.m. on April 14.

Free advertisement for residents

Rainier Vista's Community Information Station is available to residents who want to place an advertisement or notice free of charge. The bulletin board is outside on the wall of the community room. To

place something contact Christine or Kathy at Rainier Vista Neighborhood House at 206-461-4568 or stop by the office located at 3600 S. Oregon St.

Free bus tickets

If you have relocated from Rainier Vista as part of the HOPE VI redevelopment and need assistance with transportation costs, contact the Rainier Vista management office at 206-721-2980 or the JobsPlus office at 206-722-4010 ext 1.

NEWHOLLY NOTES

NEWS ABOUT THE NEWHOLLY COMMUNITY

Japanese comics are this resident's passion

By CHARLES REDELL
Voice editor

Like a lot of kids his age, NewHolly resident Sam Ton likes comic books. But his favorites aren't Batman and Superman. He's not really that interested in comics that are drawn in the United States. Instead, Sam is interested in "manga" – Japanese comic books. He's so interested in manga that he's recently started drawing his own series and plans to become a comic artist when he grows up.

Sam, who is 12 years old, said that when he started drawing in first grade he wasn't that good at it, so he decided to pick up a drawing book to get some guidance.

"The instructions didn't really help," he said. "So I looked at the pictures and started copying those."

This independent method served him well and he soon saw improvement in his drawing abilities. Others noticed the improvement too. Jensine Ban, a program assistant at Atlantic Street Center, has known Sam for five years and has watched his drawing abilities get better and better.

"He's gotten more definition to what he's doing," she said. "It's definitely matured."

Still, Sam didn't think that drawing comics was much more than a way to pass

the time.

"Back then I didn't think of drawing as a career," he said.

But that changed when he was given an assignment earlier this year to draw a cartoon for his art class. When he did that, Sam decided that he was going to be a comic book artist.

Manga has a very distinct look to it. It is often drawn with sharp contrasts between the colors and a lack of details in the faces of the characters. Instead, the story and the development of characters are the focus. Intricate drawings may be made of a battle with painstaking detail given to robots, ships and mythical creatures. But fans of the art style say the best manga features interesting characters who face real-life difficulties.

Sam said he feels strongly that if more people were exposed to the art, they would enjoy it.

"The art form is more interesting. It doesn't need as much details," he said. "It's exciting. You can relate to most of the characters and that's a good thing. American comics just bore me. They just talk about somebody in tights. It's hard to relate to that person."

Currently, Sam is working on his first series. The story is about a group of



PHOTO BY CHARLES REDELL, VOICE

NewHolly resident Sam Ton hopes to be a professional comic book artist.

characters who have to stop a character named Yami from taking over the world. Right now, he is at a part where the good guys – Rei, Miya, Masu and Shark – are about to find crystals which will turn into "a giant monster" that must be captured. Sam said the entire story will take about 100 installments to tell.

In the future, Sam hopes to sell his comics in books and even, one day, get some manga on the comic pages of American newspapers.

"I want to show more people comics and help them understand manga," he said.

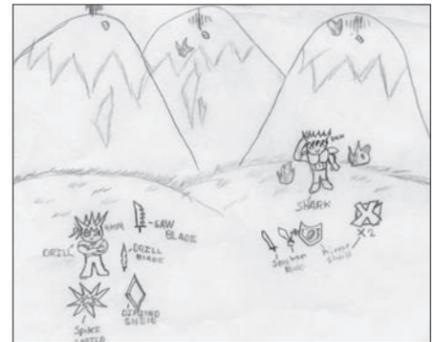


IMAGE COURTESY SAM TON

Above, some of the characters from Sam's manga story.

Youth, nurses learn about teenage 'facts of life'

Discussion group tackles tough topics with honesty and sensitivity

By CHARLES REDELL
Voice editor

Everyone knows that growing up is hard to do. NewHolly youth got some help with the process last month, thanks to a group of nursing students from Seattle University.

Every year, two groups of students visit NewHolly to help residents address their health concerns and questions. Based on the information gathered from surveys of residents and interviews with resident leaders, the students design projects that help educate residents about different health topics. The group from the 2004 winter quarter found a desire on the part of 13- to 18-year-olds to talk about "care of oneself from a health perspective," according to Professor Helen Miske.

Miske, who teaches the nursing students, observed the conversation that was held in the NewHolly Youth and Family Center. She said that the 10 youth who gathered had a wide range of questions and seemed very comfortable talking about many different and sometimes sensitive topics, even though both boys and girls were gathered.

"A lot brought up questions about changes related to their growth," she said. "The conversation revolved around what

the group was most interested in hearing about and sharing."

She said that the location of the gathering played a large role in why the students felt so comfortable. The casual setting of couches in the NewHolly Youth and Family Center made everyone more comfortable than a more formal setting. Additionally, Miske said that her students worked hard to keep the discussion open and not to use any judgment statements.

As a result, the youth and nursing students were able to talk about nutrition, hygiene and common eating disorders that teenagers suffer. They also talked about the sometimes sensitive or embarrassing topics that can surround puberty and growing up.

The nursing students also handed out information packets about the food pyramid, acne and other common teenage concerns.

Miske said that both her students and the youth who took part in the conversation came away with something valuable. The youth received information and had the chance to talk in an open, safe environment about topics that concerned them.

"In addition, the nursing students came away with an understanding of the reality of the interest of the youth on these topics," said Miske.

A new group of nursing students is now starting another project at NewHolly. Along with creating another project based on the desires of NewHolly residents, this group will also be staffing a popular health desk that was started last year on the campus and at Peter Claver House.

Free class for seniors: 'A taste of healthy living'

HEALTHY AGING PARTNERSHIP

Low-carb or high-fiber? Atkins or South Beach? Eat meat or go vegetarian? Heart health, diabetes control, weight loss – who can make heads or tails of what it takes to eat right and still enjoy tasty meals?

The Healthy Aging Partnership has the answers in a free class for adults ages 60 and older. "A Taste of Healthy Living" – a half-day session to help older adults make wise food choices that will help them live longer, healthier lives – is scheduled for 9 a.m. to 1 p.m. on Wednesday, May 19, in the Gathering Hall of NewHolly Community Center, 7050 32nd Ave. S., Seattle.

As we age, the effects of nutrition on our bodies, minds and lifestyles change, too. "A Taste of Healthy Living" will cover the basics of nutrition and a healthy diet, while

focusing on how to choose easy-to-prepare and tasty meals. A cooking demonstration and "Moving for Fun and Fitness" exercise session will round-out class activities.

A light breakfast and full lunch is included, along with recipes, door prizes, gifts and health information. There is no charge for the class, but space is limited and participants must sign up for the event in advance. The deadline for registering is May 7. For more information or to make a reservation, call 206-824-2907 ext. 1970.

For information on bus schedules and other transportation options, call the Healthy Aging Partnership at 1-888-4ELDERS (1-888-435-3377). HAP is a coalition of more than 30 Puget Sound organizations dedicated to the health and well-being of older adults.

Community notes

Cultural Awareness Workshop

You are invited to attend the South East Asian and East African Cultural Awareness Workshop. It is designed to increase cultural awareness for community providers that serve diverse ethnic groups.

The workshop is from 9:30 a.m. until 12:30 p.m. on April 14 at the Rainier Community Center, 4600 38th Ave. S. The cost is free but pre-registration is required. If you are going to come, please register no later than April 7 by calling Tien Duong-Le at 206-331-2465 or e-mail her at tien@apialliance.org. Light

refreshments will be provided.

Parents Night Out

NewHolly's annual Parent Night Out will be held from 5:30 p.m. until 8 p.m. on April 16 in the NewHolly Gathering Hall. The evening will also be the kickoff off event for the Many Stories, Many Cultures project. Adults will be able to relax, enjoy a community cultural dinner, music, dancing and more. Residents are encouraged to bring dinner to share with all. Childcare for youth 4 to 12 is available if necessary but must be arranged in advance by calling 206-723-4073.

YESLER HAPPENINGS

NEWS ABOUT THE YESLER TERRACE COMMUNITY

Emergency planning fair comes to Yesler

By CHARLES REDELL
Voice editor

If an earthquake were to strike the Puget Sound region, would your family be ready? It is impossible to be completely prepared for such an emergency, but families can take steps to be better prepared. That was the message Seattle University's nursing students brought to Yesler Terrace during an emergency planning fair last month.

Every year, two groups of nursing students come to the Yesler Terrace community and ask how they can meet health-related needs. Through interviews, surveys and community meetings, the students create a health-oriented project. This year, most people wanted to know how they could be prepared for an emergency.

Nursing student Teah Paulino said that in an emergency, "A lot of key community leaders told us many people didn't know to call 911."

"Everyone wanted to know about disaster planning," added another student, Tracy Abenoja.

During the Saturday afternoon fair, residents received vital information about fires, earthquakes and first aid. The students made sure information was available in many languages including Chinese, Tagalog, Korean and Spanish.

Though learning how to prepare for an earthquake was high on everyone's list, a table dedicated to fire emergencies was very popular as well. Along with teaching the large number of residents who visited the fair to call 911, the nursing students also made sure to teach the public how to be



PHOTO BY CHARLES REDELL, VOICE

Last month, nursing students from Seattle University organized an emergency planning fair at Yesler Terrace. The fair included information and resources about how to prepare families for earthquakes, fires and other emergencies.

safe in a fire. Residents learned how use a fire extinguisher, what to do if their clothes catch on fire and, most importantly, to get out of a building if there is a fire.

Fairgoers also took part in a raffle to win some basic emergency supply kits.

"Hopefully, we get people a little more aware of what kind of stuff they want to have," said student Meghan Foley.

The students' professor, Helen Miske, said that residents are not the only ones who benefit from these annual projects. The

students "come away with a better understanding of community dynamics, of the importance of finding out what the community is interested in," she said. "They also learned about the amount of work involved" in a project like this.

Conflict resolution at Yesler

By CHARLES REDELL
Voice editor

Conflict is a fact of life, but it doesn't have to dictate the way you lead your life. By utilizing conflict resolution skills, anyone can look at the root causes of a situation and help find a solution that works for everyone. That is the message Horn of Africa Services is trying to impart to groups

of East African youths – and eventually their parents – who live in Yesler Terrace.

HOAS is presenting a series of conflict resolution workshops designed to help youth understand and defuse conflicts.

"We're creating awareness about conflict in Africa," said Yemane Gebremicael, outreach programs manager at HOAS. "Genocide (in Rwanda) started as a simple conflict between neighbors."

The conflict resolution program is helping the youth of the community resolve various types of problems.

In these workshops, students between the ages of 13 and 20 come in and talk about conflicts in Africa with panelists that speak Somali, Oromo, Tigrigna and Amharic.

Though youth are the current focus of this work, Gebremicael said that working with parents is also important. HOAS is helping youth learn facilitation skills so that they can lead similar workshops for people of their parents' generation.

The final piece of conflict resolution work at HOAS is to help parents understand the American school system. HOAS staff member Ethiopia Alemneh is working to train adults in the community as facilitators for other, non-English speaking, parents. These facilitators will help translate letters from the school district and interpret at parent-teacher conferences.

"We want parents to have an active role in the process," Gebremicael said. "No one asks them for advice. We must train a group in the requirements of the school system."

Notes from the manager

By JUDI CARTER
Community manager

Recently, a lot of work orders have been phoned in to the management office about slow drains or plugged sinks. When the maintenance mechanics go to the apartments to work on the problem, they have often found that residents have been putting things down the drain that should have gone into the garbage.

Please do not put any type of grease, oil or pan drippings down the sink. These things may be liquid when they are hot and you pour them down the drain, but when they get into the pipes and cool off, they become solid and plug up the drain. Use a container that you are going to throw away to put grease from cooking into, such as a can or wide-mouthed bottle. Then put it in the outside garbage can before you go to bed at night. That way, you will be

protecting your drains from being plugged and your home from having mice.

Also, please do not put coffee grounds down the drain, because they tend to plug the drain as well. When you are rinsing off dishes to wash them, it is important that you scrape all solids into the garbage, and not allow them to go down the drain. Having a slow running drain – or worse, one that does not drain at all – is a real inconvenience for residents and can be costly to fix.

Now that spring is here, and the weather is getting warm, it is time to start thinking about cutting the grass and planting your flowers. Soon the tool shop will be opening. Watch for a notice to be posted on your door that tells the hours of the tool shop. This is also a great time to get rid of excess junk that has accumulated over the winter. Watch for a flyer telling when the next free cleanup will be for Yesler Terrace residents.

Community notes

Yesler Terrace elections

Elections of officers and members of the Executive Committee will take place at 6 p.m. on April 13 at the Jesse Epstein Building, 905 Spruce Street.

In order to be eligible to vote at the meeting you must be a resident of Yesler Terrace, over the age of 16 and have attended at least one Council meeting in the preceding six months.

Nominees are as follows: President: Herold Eby; Vice-President: Jerry Marchea; Secretary: Kristin O'Donnell; Treasurer: Arthur Rea; At-large members: Fitsum Abraha, Loan Bui.

Free Art Classes

Youth in Yesler Terrace are invited to take part in free art classes where they will create mosaic art for the community garden. Come explore mosaics with artist

Yegizaw Michael and create a piece for the new Yesler Terrace Community Garden.

The class will meet from 3:30 p.m. to 5 p.m. on Fridays and 10 a.m. until 2 p.m. Saturdays from April 16 to June 5 in the Yesler Terrace Community Room, 835 E. Yesler Way. Call 206-684-3028 to register. Classes are free and open to all youth ages 10 to 16 years old.

ESL class

Seattle Central Community College and Neighborhood House are continuing a free English as a Second Language class in Yesler Terrace.

The class begins the first week of April and is from 9 a.m. to 11 a.m. Tuesdays and Thursdays in the Jesse Epstein Building, 905 Spruce St. For more information, call 206-461-8430.

TRANSLATIONS

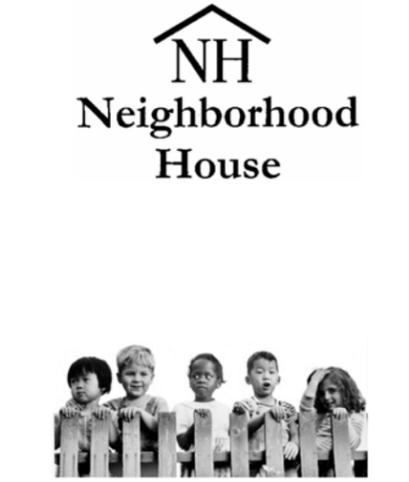
TRANSLATED ARTICLES FROM THE VOICE

Scholarship Opportunity
គ្រូបង្ហាញនូវសិទ្ធិសិក្សាសម្រាប់សិស្ស
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- * មានទីលំនៅនៅក្នុងតំបន់ជួនដូនសេសសល់ ឬជាអ្នករស់នៅក្នុងតំបន់បំបែកយកស្រុកសេដ្ឋកិច្ចកម្រិតទាប
- * បានទទួលសញ្ញាប័ណ្ណបរិញ្ញាបត្រសិក្សាសាលាធានាខ្ពស់ ឬ មានពិន្ទុកមធ្យមសិក្សា ៣.៥ នៃកិច្ចសិក្សា ។
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- * អ្នកនោះកាលនៅរៀនសាលាហែស្តូលមានមុខវិជ្ជាបណ្ណាល័យ និង មានការប្រើប្រាស់ប័ណ្ណបរិញ្ញាបត្រមួយ។ ដើម្បីអ្នកកំពុងសិក្សាសិក្សាជំនួយសិស្សានុសិស្សដែលត្រូវបានប្រើប្រាស់ជំនួយសិក្សាសិក្សាសាលាធានាខ្ពស់ ត្រូវតែមានឯកសារបញ្ជាក់អំពីការសិក្សានៅមធ្យមសាលា, ពីក្រសួងអន្តរាគ្នានៃសេដ្ឋកិច្ចសិក្សាសិក្សាសាលាធានាខ្ពស់, សំបុត្របញ្ជាក់អំពីលោកគ្រូអ្នកគ្រូ ស្តីអំពីការសិក្សាចំពោះសិស្ស, សរសេរធម្មការរបស់សិស្ស ផ្តល់ដោយបញ្ជាក់ប្រាប់អំពីគោលបំណងរបស់សិស្ស។ ពាក្យអ្នកកំពុងសិក្សានេះមាននៅតាមក្រសួងការិយាល័យរបស់ប្រឹក្សាសិស្សានុសិស្ស ឬ ឃោរអ្នកទាក់ទងមួយអ្នកស្រី **Liz-Beth Levy** ទូរស័ព្ទ ២០៦ ៤៦១-៨៤៣០# ២៣០ តាមរយៈសេវាធម្ម ។

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Neighborhood House
905 Spruce St. Seattle WA. 98104
Att # Heart of Oak Scholarship
 កំណត់ថ្ងៃកុំឱ្យប្តូរ ខែ៤ ថ្ងៃទី៩, ឆ្នាំ ២០០៤ ។

Strong Families.
Strong Communities.
Since 1906.



Fursad Deeq Lacageed

(Scholarship opportunity)

Waxaa hadda la joogaa waqtigii ay ardaydu raadin lahaayeen sidii ay lacagta koleejyada isaga bixin lahaayeen. Hal fursad oo ay heli karaan ardayda degan guryaha dowlada King County ee Seattle gudaheeda iyo agagaarkeeda waa deeqda la yiraahdo 'The Heart of Oak Scholarship Fund'.
 Waxaa lagu bilaabay 1999kii deeq \$1,500 ah. Waxaa deeqda la lagu bixiyaa sanad waliba in lagu bixiyiyo lacagta waxbarashada iyo kharashyada kale oo adag ee waxbarashada sare.
 Waxaa lacagta si toos ah loogu diraa

xaafiiska kaalmada lacageed ee iskuulka. Si uu u istaahilo codsadu waa inuu:
 • degan yahay guryaha Seattle Housing Authority, ama degan yahay xaafadaha ay Neighborhood House u adeegto
 • dugsi sare ka baxay ama GED helay isagoo/iyadoo 21 sano ka yar
 • cadeeyo baahida lacageed, iyo taariikh muujineeysa inuu caqabadaha ka gudbi jiray
 • cadeeyo inay suurto gal tahay inuu ku guuleeysanayo waxbarashadiisa sare
 Si aad u codsato, waa inaad soo gudbisaa shahaado dugsi sare ama GED, bajele

koleej oo rasmi ah (haddii ay khuseeyso), saddex waraaqood oo RECOM (oo ay ka mid yihiin ugu yaraan mid ay kuu qortay macalin dugsi sare, iyo mid uu qoray qof mas'uul ah oo bulshada ka tirsan), warqad shakhsiyeed oo si cadcad u sharxeeysa dhiiranaantaada aad ku raadineysid inaad hesho shahaadada, iyo foomka codsiga oo buuxa. Waxaad foomka codsiga ka heli kartaa xarunta xaafadaada ee Neighborhood House ama la xiriiir Liz-Beth Levy 206-461-8340 ama emailkan liz-beth@nhwa.org.
 Waxaad dhamaan dukumeentiga codsiga u dirtaa: Neighborhood House, attention: Heart of Oak Scholarship, 905 Spruce Street, Seattle, WA, 98104. Waqtiga ugu dambeeya oo codsiga la aqbalayo: Abriil 9keeda, 2004.

Cơ Hội Để Xin Học Bổng

Đây là lúc mà các em học sinh phải nghĩ đến cách nào để trả tiền cho việc học lên đại học. Học bổng Heart of Oak Scholarship Fund là một trong các cơ hội dành cho các em học sinh cư ngụ trong các khu gia cư công cộng thuộc Seattle và quận King.
 Học bổng Heart of Oak Scholarship được đặt ra từ năm 1999 với số tiền trao tặng là \$1500. Học bổng này được trao tặng mỗi năm để giúp trả tiền học hoặc các chi phí khác trong chương trình cao học. Tiền trong học bổng được thanh toán trực tiếp vào phòng tài chính của trường đại học.
 Những (học sinh) nộp đơn cần phải có những điều kiện để được hợp lệ như sau:

Phải là cư dân cư ngụ trong các khu housing của Seattle Housing Authority hoặc thuộc các cộng đồng cư dân được phục vụ bởi cơ quan Neighborhood House
 Phải tốt nghiệp Trường phổ thông hoặc có văn bằng tương đương GED dưới 21 tuổi
 Phải chứng minh là mình đang cần sự giúp đỡ tài chính, và có thành tích vượt qua các khó khăn trở ngại
 Phải chứng minh được rằng mình có nhiều khả năng thành công trên bước đường cao học
 Để nộp đơn, (các em học sinh phải) đính kèm theo giấy chứng nhận của trường phổ thông, hoặc văn bằng GED, chứng nhận (ghi danh) của trường đại học (nếu

cần), phải có 3 thư giới thiệu, ít nhất là một thư giới thiệu từ thầy cô dạy mình ở trường phổ thông, và một thư giới thiệu do một thành viên trong cộng đồng, và một đoạn văn diễn tả chi tiết những khả năng đeo đuổi học hành, và phải điền vào mẫu đơn xin học bổng.
 Mẫu đơn có sẵn ở các văn phòng Neighborhood House hoặc gọi cho cô Liz-Beth Levy ở số 206-461-8430 ext 230, hoặc e-mai cho cô Liz-Beth: liz-bethl@nhwa.org.
 Hãy nộp tất cả đơn từ về địa chỉ sau: Neighborhood House, attention: Heart of Oak Scholarship 905 Spruce Street, Seattle WA 98104. Hạn chót để nộp đơn là ngày 9 tháng Tư, 2004

Возможна стипендия

Scholarship opportunity

Студентам пришло время подумать, как платить за колледж. Одна из возможностей для жителей общественных домов Сиэтла и его окрестностей, а также округа Кинг - получение стипендии из фонда Сердце дуба (The Heart of Oak Scholarship Fund).
 Этот фонд был основан в 1999 году с годового пожертвования в 1500 долларов. Стипендия предназначена для помощи в оплате обучения и других нелегких расходов по получению высшего образования.

Стипендия перечисляется непосредственно финансовым отделам учебных заведений. Чтобы иметь право на стипендию, заявители должны быть:
 • жителями домов, принадлежащих Жилищному управлению Сиэтла или подведомственным Нейборхуд Хауз жилых районов.
 • выпускниками полной средней школы или обладателями диплома об общем образовании (GED) в возрасте не старше 21 года.
 • в состоянии доказать финансовую нужду и привести примеры преодоления препятствий.
 • в состоянии продемонстрировать вероятность своего успеха в

получении высшего образования.
 Для подачи заявления необходимо представить копию диплома об окончании средней школы или GED, официальную копию об обучении в колледже (если оно было), три рекомендательных письма (включая хотя бы одно от школьного учителя и одно от уважаемого жителя района), личное изложение своей настойчивости в получении диплома и заполненную форму заявления. Формы можно взять в своём местном Нейборхуд Хауз центре или связавшись с Лиз-Бетс Леви (Liz-Beth Levy) по тел. 206-461-8430, доп.230 или через электронную почту liz-bethl@nhwa.org.
 Псылайте все документы для заявления по адресу: Neighborhood House, attention: Heart of Oak Scholarship, 905 Spruce Street, Seattle, WA, 98104. Крайний срок подачи 9 апреля 2004 года.

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For victims of domestic violence in Seattle and King County