



A community-based newspaper serving the Puget Sound area since 1981



The Voice

May
2006
Articles translated
into six languages

The newspaper of Neighborhood House

Event to address challenges of aging with limited income

By VOICE STAFF

An event for low-income adults who are interested in learning more about how to care for themselves as they age will take place this month.

The event, called Aging in Place with Limited Resources, will be held on Friday, May 12, at Courtland Place at Rainier Court, 3621 33rd Ave. South. It will run from 9:30 a.m. to 12:30 p.m.

This program is sponsored by Evercare in partnership with the Senior Housing Assistance Group and Senior Services.

Liz Taylor, a columnist with the Seattle Times, will be the featured speaker.

Event organizers will provide information on a range of programs for seniors who have limited financial resources.

This event is free and lunch will be provided. Registration is required by May 8, as space is limited. Those interested may call (206) 749-4323 to reserve a space.

Liz Taylor is a nationally-recognized expert in the field of aging. With 30 years of experience, she is a knowledgeable voice on the vast array of issues confronting the fastest growing segment of society – people 85 and older.

Taylor writes, lectures and works individually with families to become “smarter” consumers on a host of issues in the aging market. Her column, “Growing Older,” appears every Monday in The Seattle Times.

Evercare is a United Health Group insurance plan designed specifically to serve seniors who are eligible for both Medicare and Medicaid. The cornerstone of the program is a registered nurse who coordinates and manages each patient’s care.

Senior Services is the largest nonprofit agency serving older people in Washington. Established in 1967, the agency serves over 50,000 seniors and their families each year through an integrated system of programs and services.

Since 1988, Senior Housing Assistance Group has provided affordable housing for income-qualified seniors throughout the Puget Sound region. With communities stretching from Bellingham to Olympia and with more than 3,000 apartments, Senior Housing Assistance Group is Washington’s largest provider of housing for elderly people and those who are elderly and disabled.

Tenants Union offers volunteer opportunities

By LYNN SEREDA
Voice reporter

Next year, the Tenants Union of Washington will celebrate its 30th anniversary of serving tenants and organizing for safe, healthy and affordable housing for all.

The organization offers a number of volunteer opportunities that may be of interest to residents of public housing communities.

Many people first come into contact with the TU (as it’s known) when they call the Tenant Phone Hotline (206) 723-0500 or visit the office with questions relating to their housing, be it an eviction notice, a deposit that hasn’t been returned, a repair that hasn’t been made or one of many other landlord/tenant issues.

Trained volunteers can tell people about the Washington and Seattle laws that pertain to their issue, help them figure out possible options and even provide referrals to legal assistance because the Tenants Union does not, itself, give legal advice or represent people in court.

One way to get involved with the work of the Tenants Union is to attend free training to become a Hotline/Drop-in Tenants Rights counselor.

Although the hotline has been in existence since the TU started, the training course started just two years ago, thanks to an anonymous donor who provided a grant earmarked for this training.

The training is an intensive seven-session (one per week) overview of Wash-

Please see “Training” on page 3

Thousands rally for immigrants’ rights



PHOTO BY CECILIA MATTA

Thousands of people marched in support of immigrants’ rights from St. Mary’s Church in the Central District to the Federal Building in downtown Seattle.

By CECILIA MATTA
Voice reporter

Hundreds of mothers and fathers pushing baby buggies, dozens of labor and political activists handing out literature, many members of churches and community groups lofting colorful signs—these were among the estimated 20,000 people who rallied for immigrants’ rights last month at the Jackson Federal Building in Seattle.

In an inspiring show of support for fair and just immigration reform, most of the thousands of energetic marchers walked about three miles from St. Mary’s Church in the Central District to the Federal Building on Second Avenue in downtown Seattle.

The Seattle march and rally were among many that took place around the country on April 10, as hundreds of thousands of people participated in a National Day of Action, putting a human face on a vital economic and legislative issue facing our country.

The sea of signs and people on sunny Second Avenue served as a poignant reminder that the U.S. has always been a nation of immigrants. Good humor and earnest, hopeful messages abounded on brightly lettered signs and T-shirts:

“Columbus was illegal and he has a

holiday!”

“No human being is illegal!”

“America is the country of dreams!”

“I’m not a terrorist – I’m a waitress and a taxpayer!”

“We contribute too!”

“We want to help make America great.”

“I have hope.”

The rally had elements of a festival, celebrating the solidarity among immigrants and their supporters. American flags waved everywhere, as well as Mexican, Peruvian and other flags, reflecting the Latin American roots of many of the rallygoers.

Whole families marched joyfully and peacefully, frequently chanting “Si se puede—yes we can!” and responding to rally leaders’ cries in Spanish of “What do we want? Justice! When do we want it? Now!”

Many of the marchers walked to remind the country that America has long been a nation where generations of immigrants have sought freedom, self-determination and a better life.

One symbolic marcher drew a lot of attention in Seattle, though she was neither a speaker nor a rally organizer. Dina Johnson, who described herself as a “peace and democracy activist,” came costumed

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“I want to get information and insight from some of the other fathers here. Growing up for me wasn’t all that great, and I want better for my own,”

— Forum participant Shawn Cooper on why he attended the fatherhood event

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Neighborhood House
Jesse Epstein Building
905 Spruce Street
Seattle, WA 98104

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Town hall warns parents, kids about dangers of alcohol



PHOTO BY RAY LI

Parents listen to a presentation about ways to help their kids make healthy decisions and avoid alcohol and drug use.

By **KATIE TYBERG**
Voice intern

Alex Tokeo said he was surprised when so many kids, high school and college students, adults and even members of his own family and friends flooded into a town hall meeting about underage drinking in late March.

Tokeo is a peer educator for Neighborhood House's Project HANDLE, an HIV/AIDS and substance abuse prevention program that sponsored the meeting at the University of Washington campus.

"I felt good about (this meeting)," he said. "I wanted to make sure (my peers) go to the right path and hope the meeting gave them a right sense of what to do and what not to do."

The meeting was one of 63 town hall meetings, supported by the Federal government's Interagency Coordinating Committee for the Prevention of Underage Drinking, that were held around Washington state. Hundreds of such meetings were convened nationwide on March 28 to educate and empower communities to stop underage drinking.

The Project HANDLE meeting focused its attention on Cambodian refugee families and youth.

With support from 22 state and local organizations, Project HANDLE leaders alerted community members who attended the meeting to new research concerning underage drinking, which is a leading public health problem in Washington.

According to the 2005 Healthy Youth Survey, conducted in schools statewide, nearly one in five 8th graders had used alcohol recently, and one in five 10th graders recently drank five or more drinks in a row.

After watching a video called "This Place" that presented information about underage drinking research and prevention, the youth and parents from Rainier Vista, High Point and other public housing sites who attended the meeting were divided into groups by age, and teachers and mentors explained to them how underage drinking

can lead to bad choices.

"What parents may not realize is that children say that their parents' disapproval of underage drinking is the key reason they have chosen not to drink," said Charles G. Curie, chairman of the ICCPUD and an administrator for the federal Substance Abuse and Mental Health Services Administration, a funder of Project HANDLE.

With a passion to help out in his community, Tokeo, a 15-year-old, first-generation Cambodian-American, educates teens about HIV and how it spreads, as well as the dangers of alcohol, drug use and other risky behaviors.

Tokeo first became connected with Project HANDLE in the summer of 2005 through involvement with a cultural dance group at the Rainier Vista Center. Tokeo said that he understands that teens are pressured to drink and knows that because he is their age, they will listen and pay attention to him and other peer educators.

"As a peer educator," he says, "I teach teens how not to get involved (in drinking, drug use and sexual promiscuity) and have seen them hanging out with a good crowd. Everyone helps."

Tokeo, who strives to be a good example to his younger siblings, said he believes that teenagers need family support.

He said that at the meeting, parents were encouraged to know how much alcohol is in their home, to know who drinks it and to realize when it has been consumed. Youth were encouraged not to drink at a young age and to keep themselves safe.

The town hall meeting allowed Tokeo and the community to become better informed about the impact of underage drinking and encouraged them to get involved and set a good example to those around them.

"I am happy Project HANDLE came to me, and that there has been change. I am glad that Project HANDLE is involved, trying to help and take time to see how young teens are acting these days," said Tokeo, who believes that fighting underage drinking needs to be a community effort.



One to grow on

Garden tips for community gardeners

By **ANZA MUENCHOW**
Special to the Voice

With the days getting longer and the temperatures warming up, many gardeners start thinking about their favorite garden fruit. Tomatoes. Getting a good home-grown tomato can be a challenge in our cool summers, but here are some suggestions to help you.

Select a tomato variety that is suited for our climate. Local nurseries, farmers markets and community plant sales will have good Northwest varieties.

Consider buying your tomato starts from the Orca Children's Garden plant sale on May 13 on Ferdinand Street one block west of Rainier Avenue South.

Also try shopping May 6 and 7 at the edible plant sale at Seattle Tilth, located in Wallingford on Meridian Avenue at the Good Shepard Center.

These local growers will have many varieties to choose from, including salad tomatoes, cherry tomatoes and sauce or plum tomatoes. It's fun to grow a few of the Heirloom types, though many require hot summers and less rain than we have.

I have also found a good variety of tomato plants at the Columbia City Farmers market, which is open every Wednesday afternoon from 3 to 7 p.m.

There are two types of tomato vines: the shorter "determinate" type or the longer, "indeterminate" type, which needs to be staked.

I like the indeterminate type because I can harvest about 20 pounds of tomatoes from each plant. The determinates are just small bushes and give only about 10 pounds of fruits.

Some of my favorite indeterminate varieties are Early Girl, Early Cascade, SunGold Cherry and Fantastic.

For a cherry tomato, the SunGold is especially sweet. Sweet One Million is also a great cherry because it gets so big and produces so much fruit. You may have a problem with the skin on cherry tomatoes cracking when you pick them, but both the SunGold and the Sweet One Million are somewhat crack resistant.

The heritage or Heirloom tomato varieties are very popular. These varieties have been passed down through generations for their flavor and simple backyard pro-

duction. Brandywine is an heirloom that produces well in our cool summers. I am trying green Zebra this year. They often do not look like the classic tomato, but very often the classic-looking tomato was bred for storage and color, not for taste.

Always plant your tomatoes in the warmest, sunniest spot in your garden.

They need at least 10 to 12 hours of bright sunlight, often doing better on the south side of a building. Night temperatures need to be above 50 degrees F for the plant to begin its real fruit production.

An exception is the Stupice tomato variety which will set fruit at lower temperatures. I used to plant Stupice to get early tomato production, but its flavor and later production were disappointing.

For soil preparation, work some good compost into the soil before you plant, but don't add extra nitrogen fertilizer.

Nitrogen is good for growing greens, but for a tomato plant, nitrogen encourages too much leaf growth and not enough fruit growth.

Tomato plants don't need a lot of water, just a couple times a week during our dry summers. Use a mulch of weed free compost, like Cedar Grove Compost, around the base of the plant to keep the soil moist and control weeds.

Try to keep water off the leaves of a tomato plant. Just water the soil at the base of the plant. Tomatoes are susceptible to "blight" which is a water-borne infection that turns tomato leaves and stems brown and ruins the fruits. All tomatoes die of this blight in October, but less rainfall and careful watering can keep you harvesting from July until mid October.

Speaking of harvesting, there are many ways to eat your delicious, homegrown tomatoes.

Besides fresh in salads and sandwiches, my favorite way to prepare tomatoes is to roast them.

I fill the bottom of a baking dish with sliced onions and maybe garlic. Then I core the tomatoes, line them up on the onions and drizzle olive oil on them. Bake at 450 degrees for about an hour, until the shoulders are starting to brown.

Yum, my mouth is already watering.
Anza Muenchow is an avid gardener and a volunteer with P-Patch. You can reach her at mahafarm@whidbey.net.

Rally

Continued from front page

as the Statue of Liberty. Her hand-painted sign called for liberty, justice and human rights.

"Choosing an inspiring character gives people a lift," Johnson said. "I'm not an immigrant, but someone back there in my family was, so I came out to stand in solidarity."

Reform of current U.S. immigration laws has generated spirited debate in the United States Congress and in cities and households across America.

Some conservative leaders have called for stringent tactics to restrain entry to the U.S. and to expel undocumented immigrants. Other business and elected leaders have taken a softer stance, citing the economic contribution that so many workers make to our agricultural, hospitality and construction industries.

In December, the House of Representatives passed a bill known as the Sensenbrenner Bill, which contains several provisions to tighten immigration, including the construction of a wall along 700 miles of the U.S. border in Arizona, California, New Mexico and Texas.

If signed into law, the bill would make it a felony to be an undocumented resident of the U.S., require all employers to verify the legal status of all their workers and broaden the definition of smuggling to include anyone who aids or transports an undocumented immigrant.

Senate leaders have been debating alternatives, including a bill that would create a guest worker program, allowing the estimated 12 million undocumented workers already in the U.S. to apply for temporary visas after demonstrating past work history, paying a \$2,000 fine, undergoing rigorous background checks, learning English and making good on back taxes.

At press time, the Senate was on a two-week recess, but Senator Arlen Specter, chairman of the Senate Judiciary Committee, had pledged to have legislation ready for debate in the Senate within two weeks of the return from Easter break.

With so many undocumented immigrants in the U.S., including as many as 250,000 in Washington state, the issues are complex and often polarizing.

Last month's rallies mobilized a powerful mix of immigrant, labor, religious and workers' rights groups, indicating that continued debate will likely be vocal.

The Voice

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The Voice, the newspaper of Neighborhood House, is published monthly with the support of the Seattle and King County Housing Authorities. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House, SHA or KCHA. We welcome articles and tips from the community and reserve the right to edit all submissions.



Health Notes

A column devoted to your well-being

By NINA GREENBLATT, MD
High Point Medical Teen Clinic

Teenagers often ask whether the habits they have now will really make a difference when they get older.

The answer is yes!

In fact, 65 percent of all deaths in adults are caused by heart disease, cancer and stroke. In many cases, these diseases were preventable.

Many of the behaviors that cause these diseases begin at a young age. For example, if you use tobacco as a teenager, you're more likely to get heart disease, cancer or stroke when you're an adult.

In fact, by avoiding a few risky behaviors you can be healthy and safe well into adulthood. One of the most important things you can do is to avoid using any type of tobacco product. Doctors have the same advice about alcohol and drugs—don't use them. And, don't get into a car with a driver who has been drinking alcohol or using drugs.

Avoid situations where violence or fighting may cause you to be physically injured. If you are sexually active, use condoms to avoid pregnancy and sexually transmitted diseases.

Staying healthy mentally is equally important. Sometimes teenagers find themselves in a bad mood or feel angry or depressed—recognize you're not alone.

Although not every teen experiences mood changes to the same degree, they are common. Sometimes it helps to just catch your breath, count to ten or do something that lets you settle down for a few moments, especially if you're feeling angry or irritable.

Try to look at the situation from the point of view of a wise observer.

Talk to people you trust. Friends can help each other by realizing that they're not alone in their feelings. Talking to parents is important, too. Parents can share

their own experiences dealing with bad moods. Plus, they'll appreciate it if you try to explain how you feel instead of just slamming a door.

Teachers and counselors are often good resources, and a doctor can help sort through questions about development. Keeping feelings inside can make them seem much worse.

High Point Medical Clinic now has a Teen Health Clinic on Thursday evenings. Teens can walk-in from 5 to 7:15 p.m. to see a doctor, nurse or mental health counselor.

High Point Medical Clinic is part of the Puget Sound Neighborhood Health Centers—the same organization that runs the Wellness Centers at Madison and Denny Middle Schools and the Student Health Centers at Chief Sealth and West Seattle High Schools.

With a doctor, a nurse and a counselor on site, teens are able to get services related to sexuality (including birth control, STD prevention and testing, pregnancy testing and care), healthy nutrition, drug or alcohol use, and smoking cessation without a parent or guardian's permission.

The staff can also help with problems related to stress, depression, relationships, family coping and more.

With parent or guardian consent, the clinic will do all health care (except medical procedures) including sports physicals, immunizations, treating acne or other skin issues and acute illnesses (such as colds and flu).

Questions? Feel free to call the High Point Teen Clinic at (206) 461-3915 ext. 111. The clinic is located at 6020 35th Ave. S.W., right next to the new High Point Library. Bus routes #21 and #128 stop near the clinic, call Metro at (206) 553-3000 for specifics.

All visits are confidential and all teens are welcome. The clinic accepts medical coupons and insurance care providers see all people, regardless of ability to pay.

information, contact Emily Paddison at (206) 722-6848 x 102 or by e-mail at Emily@tenantsunion.org.

While the phone hotline is the most intensive way to volunteer at the TU, there are many other ways to get involved. Those who have computer knowledge, fundraising ability and research skills are also welcome to help out. People who can attend mailing parties or provide childcare so parents can attend rallies are especially sought, as are bilingual volunteers.

Last, but not least, the easiest way to be a TU volunteer is to join the Tenants Union as a member. The suggested fee is \$1 per every \$1,000 of annual income. In exchange, members receive the TU Renter's Kit which contains valuable printed materials on landlord/tenant laws, samples of various forms such as leases, deposit checklists, and a Tenants Union Member sign to hang on their door or window.

Members also have the additional service of getting priority "call-backs" when they leave messages about their concerns on the hotline.

Most importantly, members get the satisfaction of being part of a group which has an outstanding record of not only helping tenants in a direct, individual way but also of bringing about social change through education, empowerment, leadership and a commitment to housing justice for all. The Tenants Union has a Web site at <http://www.tenantsunion.org>, and its phone number is (206) 722-6848.

Lynn Sereda is a resident of Capitol Park and a Tenants Union volunteer.

Forum celebrates fathers and diversity

By CJ KLOCOW
Voice reporter

Shawn Cooper is a father of three. At a recent forum, he listened intently to a discussion on fatherhood and clapped vigorously as strong points were made.

Cooper's family lives in the NewHolly area. He said they struggle day to day due to an inconsistent income. A welder by trade, his main goal is to improve the lives of his children and provide them with more opportunities than he had.

"I want to get information and insight from some of the other fathers here," he said. "Growing up for me wasn't all that great, and I want better for my own."

The second annual Fatherhood Forum, held last month in NewHolly, provided entertainment, food, childcare and resources for the group of about 20 fathers who, like Shawn, want to make a bigger impact on the lives of their children.

There was a wide variety of booths set up to provide information about job training, education and housing opportunities.

Derek Wentorf, a child mentor coordinator for Children's Home Society of Washington and one of the event's organizers, said that this year's Fatherhood Forum was focused on diversity and how to improve the father's role in family life, especially in the NewHolly area.

"We're hoping to tap into the different ways that fathers are important," he said.

The keynote speaker, Reverend Ben Mudede, gave the participants a unique point of view on fatherhood as he talked about growing up in rural Africa.

He told how he, as a boy, tried to cross a river but in the middle discovered it had too strong of a current to continue. Just as he was considering turning back, his father came from behind to help him reach the other side.

The experience demonstrated to him the importance of fathers, he said, and positively influences him as a father today.



PHOTO BY CJ KLOCOW

A forum participant gathers material and discusses fatherhood with a service provider.

The forum culminated with a diverse panel of guests who discussed the role of fatherhood in the family and then invited questions from the audience.

When asked what the fathers on the panel like to do with their kids, the crowd laughed at hearing that one member loved to cook dinner and sing with his kids while they danced in the kitchen sink. On a more serious note, a discussion about the challenges of parenting disabled children also took place.

Sean Benning, another one of the organizers and the chair of The Greater Seattle Fatherhood Coalition, hailed the forum as a success.

He said that, although organizers would have liked to see a better turn-out, all involved were definitely touched by the heartfelt discussions. He added that he looks forward to the event next year and expects it to be even better than this year's forum.

"No matter what culture or background you come from, fathers are important," he said.

The event was organized cooperatively by Greater Seattle Fatherhood Coalition, First A.M.E Child and Family Center, Seattle Public Schools Head Start, Neighborhood House, Puget Sound ESD, Men Count and Children's Home Society of Washington.

Community notes

Human trafficking presentation

Every year, almost 20,000 men, women and children are forced into highly abusive labor situations and virtually imprisoned in the United States, including in our own city.

Victims are often identified by Good Samaritans. Refugee Women's Alliance and the International Rescue Committee are holding a workshop that will provide an overview of human trafficking on Tuesday, May 9 from 10 a.m. to noon at the Downtown Seattle Public Library in room 1, level 4.

For more information, contact Carrie Schonwald at (206) 721-0243.

Celebrate Asian heritage

As part of Asian Pacific Island heritage month, a celebration will take place on Sunday, May 7 at noon at Seattle Center's Center House, 305 Harrison St.

The all-day event is free and will showcase The Grateful Crane Ensemble, a Los Angeles-based theater company, whose musical performances pay tribute to Japanese Americans who were interned during World War II.

Additional entertainment will be

provided by locally-based groups from every spectrum of the API community, including the Seattle Matsuri Taiko, Filipino Youth Activities Drill team, Vovinam Lion Dance and Ke Liko A'e O Lei Lehua.

Forum on predatory lending

Predatory lending robs millions of dollars from people and low-income communities every year. Unscrupulous and dishonest lenders often target seniors and communities of color.

The Fremont Public Association will host a public forum on predatory lending on Thursday, May 11, from 6 to 9 p.m. at the New Hope Baptist Church, 124 21st Ave. in Seattle.

The forum will define predatory lending, give tips on recognizing predatory lenders, describe the resources available to victims of these practices and present ideas for action communities can take to change laws that protect predatory lenders.

Light refreshments and child care will be provided. The event is free but pre-registration is requested. Call (206) 694-6786 or send an e-mail to forum@fremontpublic.org.

Training

Continued from front page

ington and Seattle landlord/tenant laws, laws governing subsidized housing and laws about housing discrimination.

The training also includes a session where attendees observe actual eviction cases at the King County Courthouse and a talk on how immigrant rights and housing rights are connected. A comprehensive binder of materials is provided to attendees.

In exchange for this valuable education, those who complete the course commit to staffing the office and phone lines after at least six hours observing other volunteers counsel tenants.

Emily Paddison, the TU staff person who coordinates the hotline training, says that thanks to the training, the TU now has 10 regular volunteers. She added that volunteers provide "a unique and valued perspective to the work of the Tenants Union."

Volunteers representing diverse populations are especially welcomed, she said, and the just-completed spring training reflected this, including a university student, a Low-Income Public Housing high-rise resident and a Seattle Senior Housing Program resident.

Bette Reed, the SSHP resident who attended the training said it seemed to be a "natural complement to and extension of" her many years of advocating for residents in the Seattle Senior Housing Program, including a stint as president of the SSHP Advocates II.

The hotline training will be provided again in the fall. To sign up, or for more

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Dialing 2-1-1 can connect you to services

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2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

Dialing 2-1-1 can connect you to needed services

Звонок по телефону 2-1-1 даст вам информацию об услугах

Если вам нужна помощь и вы ищете информацию о коммунальных услугах, номер 2-1-1 — новый номер, по которому вы должны звонить.

Информация, которую можно получить по этой линии, разнообразна и всеобъемлюща для людей: социальные услуги, помощь в оплате жилья, помощь с продовольствием, курсы английского языка, подготовка к работе и почти любые другие необходимые нужды, исключая разве что опасные для жизни ситуации.

«У нас есть данные о более чем 13 тыс. программах и контактах,» — говорит Том Пайдж, который руководит некоммерческой организацией, обеспечивающей услуги.

Операторы линии 2-1-1 всегда готовы принять звонки от жителей округа Кинг семь дней в неделю с 8 утра до 8 вечера.

«До конца этого года, мы надеемся, если позволит финансирование, стать линией, обеспечивающей услуги 24 часа в день», — говорит Пайдж.

Телефонный центр может принимать звонки на большинстве существующих языков. Многие служащие двуязычные и если нужно, звонящему обеспечат перевод на другой язык, оператор может связаться с переводческим агенством, способным переводить на 130 разных языков.

«Мы можем помочь найти надежную приходящую няню с рекомендациями или сообщить, где находится ближайший спортзал или бассейн, в который можно пойти. — говорит он, — Мы также можем помочь людям, которые хотят стать добровольцами для помощи в районе, через Юнайтед Волонтир Бэнк.»

Wicitaanka 2-1-1wuxuu kuugu xirayaa gargaarka shaqooyinka

Hafii aad rabto gargaar ood raadinayso warar ku saabsan shaqada aad raadinayso Jaaliyadda wac 2-1-1 waa lambar cusub oo la wacayo.

Leenka ugu sahlan dadka raadinaya shaqooyinka ka mid ah kirada laga caawiyo, raashiinka laga caawiyo, luqadda Ingiriiska barashadeeda, tababar shaqo iyo wax kasta oo naif khatar ugu jirin u baahan tahay.

“Waxaan qabnaa kayd ka badan 13,000 mashruucyo ah iyo xiriir,” waxaa yiri Tom Page, oo maamula Jaaliyadaha aan laga faa’idaysan oo hashaasi qabta.

Hawlwadeennada 2-1-1 waa diyaar inay qabtaan wixitaanka ka yimaada King County deegaanka toddobada maalmood inta u dhexeysa 8 subax iyo 8 fiidnimo.

“Dhammaadka sannadka waxaan rajaynaynaa inaan helno dhaqaale sahlaya 24ka saac maalintii ayuu yiri” By Page.

Goobta dhexe ee wicitaanka waxay awoodaa inay xalliso wicitaannada inta badab luqadaha. Shaqaalaha badidooda waa labo luqadle haddiise qofka soo wacaya u baahdo turjumaan luqad kale, ka shaqeeyaha wuxuu xiriirin karaa hawsha turjumaannada kaasoo caawimi kara 130 luqadood oo kala duwan.

Page wuxuu rabaa dadka inay ogaadaan sidaas lambarka 2-1-1maha wax kale, laakin waa shaqo dhab ah.

“Waan caawimi karnaa dadka meel caruurta lagu hayo u gudbin ama u sheegno dadkana ka faa’idaysta ama ay toos u aadaya,” isagaa yiri. “Annaga xitaa waan caawimo karnaa dadka raadinaya inay iskaa wax u qabso raba Jaaliyadda dhexdeeda iyadoo loo soo marinayo United Way Volunteer Bank.”

Tom Page የደቡብ አገልግሎት ለማግኘት ይረዳዎታል

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

በምግባችን ዳራ ቤዝ ከ 13,000 ፕሮግራሞችና ይሰልክ ቁጥሮች አሉን ይላሉ ሚስተር ቶም ፔጅ የፕሮግራሙ ሃላፊ።

2-1-1 አጥረተሮች ከኪንግ ካውንቲ ነዋሪዎች የሚቀርብላቸውን የሰልክ ጥሪ ያስተናግዳሉ በስምንት ሰባት ቀናት ከ 8 ጥዋት እስከ 8 ከሰት ብሏል።

ባመቱ መጨረሻ ላይ የገንዘብ ድጎማ አግኝተን ፕሮግራሙ ወደ 24 ለማድረግ ተስፋ እናደርጋለን።

ይህ የሰልክ ጥሪ ማ-ክል በተለያዩ ቋንቋዎች ለማስተናገድ ይችላል ሰራተኞቹ አብዝኞቹ ካንድ በላይ ቋንቋ ተናጋሪ ናቸው አጥረተሩ ከተርጓሚ ሊያገናኝዎት ይችላል 130ቋንቋዎች የትርጉም እርዳታ ያቀርባሉ።

ሚስተር ፔጅ 2-1-1 አገልግሎት የተምሰረተው ችግር ላጋጠማቸው ሰዎች ብቻ መሆኑን ይገልጻሉ።

ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

የግንደብ ስምደወል ከሚያስፈልግዎት አገልግሎቶች ለመናገት ይረዳዎታል።

የሰብረተሰብ ወስጥ ለሚቀርብልዎት አገልግሎት እርዳታና መረጃ (ኢንፎርሜሽን) ካስፈለግዎት እዲሱ ቁጥር 2-1-1 በምደወል ሊረዱ ይችላሉ።

የሰልክ ምስመራ ብዙ የሰብረተሰብ እርዳታዎች ያዘለ ነው ለምሳሌ የቤት ኪራይ ክፍያ እርዳታ የምግብ እርዳታ የእንግሊዝኛ ትምህርት ስልጠና የሙያ ስልጠናና ሌሎች ሂደትን ባደጋ ወስጥ የማያስገቡ ጉዳዮች ላይ ይረዳሉ።

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ጥሩ በይቤ ሲተር ለምግባችና ለማስተላለፍ እንረዳለን እንዲሁም ይስፖርትና የዋና ማ-ክሎች እንዴት ለምግባች እንደሚችሉ እርዳታ እናቀርባለን ቮለንተር ሆኖው ለማገልገል የሚሹ ሰዎች እናስተላልፋለን በዩናይትድ ወይ ቮለንተር ባንክ በኩል።

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ሚስተር ፔጅ 2-1-1 አ

The mission of the Seattle Housing Authority is to enhance the Seattle community by creating and sustaining decent, safe and affordable living environments that foster stability and self-sufficiency for people with low incomes.

Wonders of reading
KIDS HAVE FUN AT LITERACY NIGHT
See page 7



SHA NEWS

May
2006

News and information about Seattle's neighborhoods

Planner hired to guide Yesler redevelopment

By VIRGINIA FELTON
Seattle Housing Authority

Judith S. Kilgore, a veteran urban planner with over 20 years of experience on high-level projects, has been hired by the Seattle Housing Authority to lead the planning process for the future of Yesler Terrace.

Deputy Executive Director Al Levine headed the panel that hired Kilgore.

"We felt that Judith's blend of experience, knowledge of the development process, patience and common sense would be an ideal combination for guiding the future of Yesler Terrace," he said.

Kilgore said she is excited about the job.

"It is an opportunity to make a difference in the community by providing safe, affordable housing, which I personally believe is a right, not a privilege, in this country," she added.

Kilgore has served as the Community Development Director for the City of Des Moines, Washington, for the past 12 years. Prior to that, she spent 10 years working for the City of Seattle, where she headed up the development efforts at Westlake Plaza.

Regarding the Westlake project, she said that it, "tested all of my professional abilities from project management and negotiation to budgeting and financial management."

Kilgore had her first meeting with members of the Yesler Terrace community on April 18, when she attended the Yesler Terrace Community Council meeting. For now, she said she will give monthly updates to the council.



PHOTO BY VIRGINIA FELTON

Judith Kilgore brings an extensive background in urban planning to her new position with SHA.

"I felt it was a good start," she said. "I let residents know that I have a commitment to genuinely listening to them and understanding their concerns. I know that we won't always agree, and I can't make any promises at this point, but I can make myself available for conversation, which I'm looking forward to."

Over the next few months, Kilgore plans to educate herself on the issues surrounding Yesler Terrace by talking with residents and community leaders, fellow SHA staff members and other stakeholders.

She is also reading up on Yesler history and background.

"It is a fascinating community," she said, "one that has obviously played an important role in Seattle history. We will respect and honor the community's past and endeavor to use that as a benchmark for planning its future."

As planning activities begin, Kilgore will also be working to assemble a citizen committee to participate in planning activities.

"We will be recruiting a broad cross-section of stakeholders, including residents, neighbors and political leaders," she said. "I am looking forward to bringing a lively group together."

Kilgore said she plans to spend as much time as her schedule will allow just walking around the neighborhood and making connections with residents. She will also likely have an office in the community, where she will work for part of the time.

"If I need to hire an interpreter to talk to some people, then that's what I'll do," she said.

Lottery scheduled for Section 8 waiting list

SEATTLE HOUSING AUTHORITY

As readers of The Voice learned last month, on May 15 the Seattle Housing Authority will begin accepting names for a new waiting list for the Housing Choice Voucher Program (Section 8).

The waiting list will be created by means of a random lottery.

Every eligible household that mails in a completed Lottery Sign-Up Form postmarked by May 26 will be placed in a pool of names from which a waiting list of 4,000 households will be drawn at random.

The Housing Choice Voucher Program (Section 8) provides housing subsidies to low-income residents through the distribution of vouchers. Participants identify rental housing on the open market and pay 30 percent of their income for rent and utilities. The voucher provides the balance of the rent and utilities to the landlord.

Only one person per household may sign up for the lottery, and every person who signs up for the lottery must be at least 18 years of age. Public housing residents may sign up for the lottery.

Lottery Sign-Up Forms will be made available beginning on May 15 at many locations, including the Seattle Housing Authority's PorchLight offices in Ballard (907 N.W. Ballard Way, Suite 200), at all branches of the Seattle Public Library, at City of Seattle Neighborhood Service Centers and at Seattle Community Centers.

Most of the Department of Health and

Human Services community service centers will carry the forms, and they'll also be available at the Housing Authority's central office, 120 Sixth Ave. N., at SHA community management offices and at SHA's high-rises.

The forms will also be available on the Seattle Housing Authority Web site at <http://www.seattlehousing.org>, in a form that can be downloaded and printed.

Current SHA residents are welcome to submit a sign-up form.

Because the sign-up forms will all be dealt with at the same time and because all of them must be mailed, there's no advantage to obtaining a sign-up form early or to being one of the first households to mail in a form. All sign-up forms postmarked by May 26 will be treated alike.

The Lottery Sign-Up Form must be mailed to PorchLight, P.O. Box C-70708, Seattle, WA 98107.

By July 26, SHA will contact everyone who mailed in a completed Lottery Sign-Up Form to let them know whether their household was selected at random to be on the list of 4,000 applicants and, if so, what position on the list their household occupies.

The Housing Authority is asking that people wait to be contacted and not call to inquire about their waiting-list status.

The Housing Authority has also created a Waiting List Hot Line at (206) 239-1674 to explain how to sign up for the lottery and to answer frequently asked questions.

Scholarship winners announced

SEATTLE HOUSING AUTHORITY

Three high school seniors living in public housing were awarded "Dream Big" Scholarships from the Seattle Housing Authority's Higher Education Project this month.

Maria Abdullahi of High Point and Scattered Sites residents Jelssica Fernandez and Selamawit Misgano each received \$1,000 toward college tuition next fall.

"We had amazing candidates for the scholarship this year," said Winnie Sperry, chair of the Scholarship Committee. "Not only are each of them wonderful students, they are just wonderful people in every way. Each has shown a huge commitment to their family, school and community."

Maria Abdullahi's family of eight overcame tremendous hardships and immigrated to the U.S. from Oromiya in Ethiopia when Abdullahi was 2 years old.

Early in her life at High Point, Abdullahi witnessed young people lost to drugs and street life and became passionate about working with children.

At 12 she began volunteering at the High Point Youth Tutoring Program and has con-

tinued that commitment for five years.

Abdullahi has a grade point average of 3.8 while taking challenging academic courses such as Genetics, Advanced Placement Calculus and Honors History and English. She participated in the Environmental Science Academy at West Seattle High School working on restoration projects, field studies and group research projects.

Abdullahi hopes to become a teacher and to some day open a school in Oromiya.

Jelssica Fernandez helped care for her younger cousin while her mother worked and she later took a job herself to help with family finances.

She challenged herself in school by taking honors and advanced placement courses. Somehow, she also found time to be involved in basketball, cheerleading, the Polynesian Club and is now Senior Class President at Chief Sealth High School.

In a school survey asking, "who do you respect/admire and who would you follow if they were leading?" Fernandez's name was the most frequently mentioned by her peers.

Please see "Scholarships" on page 2

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Time for spring and summer block parties

By KARI-LYNN FRANK
Seattle Housing Authority

The crack of the baseball bat, the sun in your face, the smell of a barbecue and the voices of your friends—all of these are the telltale signs that spring is here and with it comes block party season.

Getting together with neighbors is a long tradition in many of our communities.

It provides an opportunity to strengthen relationships with those you already call friends and gives you a reason to meet those new to the community.

Coming together to share dishes from different traditions as well as to grill favorite foods on the barbecue is a fun way to reach out to old and new friends.

Planning these events need not be a difficult process. The Seattle Housing Authority community builders are here to support your block party.

The steps are simple:

- 1) Get together with a few of your neighbors and plan your event.
- 2) Pick the day of your event.
- 3) Connect with your Community Builder to secure items you may need, such as a grill. By the way, there are grills available for loan, free of charge, in many of the communities.
- 4) Plan your menu taking into consideration the many tastes of your neighbors.
- 5) If you live in family communities, check out the "Building Blocks" fund. The BBQ fund is available for those who live in the high rises.

Both are small grant opportunities administered by SHA to support efforts such as these.

Again, your community builder is an excellent resource, and the applications are also available online on your community's Web site.

6) Get your invitations out! The community builders already have translated invitations that you may find helpful.

7) Visit your neighbors and remind them about the block party.

8) Have your party and enjoy!

The most important part of the block party is having fun and getting to know your neighbors.

In the past, some blocks have invited Crime Prevention or Community Arts representatives to speak to the group, but such presentations are not necessary.

For more information about this process, contact your community builder.

High Point residents are welcome to call Kari-lynn Frank at (206) 937-3292. New Holly residents can call Joy Bryngelson at (206) 723-1725. Rainier Vista residents can call Naomi Chang at (206) 722-4010.

Scattered Sites, Yesler Terrace, Cedarvale and Jackson Park Village residents are welcome to call Ellen Ziontz at (206) 343-7484.

Senior Housing and high-rise residents who live east of I-5 can call Marcia Johnson at (206) 615-3554.

Senior Housing and high-rise residents who live west of I-5 can call Brett Houghton at (206) 615-3596.

Three new writers join The Voice

SEATTLE HOUSING AUTHORITY

The Voice welcomes three new writers—Katie Tyberg, Claire McDaniel and Scott Freutel.

Katie Tyberg is interning with The Voice as part of her last term at Seattle Pacific University.

She is majoring in Theology and Global and Urban Ministries and hopes to apply her education and interests of writing and photography while working with The Voice.

"I am excited and honored to meet people and learn their stories," said Tyberg.

Tyberg is originally from Pasadena, California and has two older brothers. She enjoys spending time with friends, playing tennis, hiking and snowboarding.

Claire McDaniel and Scott Freutel recently joined the Seattle Housing Authority's communications group and have already started writing for the Voice.

In addition to her work for The Voice, McDaniel, serves as an administrative assistant for SHA's communications and executive departments, providing daily support to both groups.

McDaniel moved to Seattle from Northern California about 12 years ago and has an extensive background in administrative support. Most recently, she worked for a local environmental technology company.



Katie Tyberg



Claire McDaniel

She has held other interesting jobs over the years, such as repairing airplane wings as a sheet metal mechanic.

McDaniel is also an avid volunteer helping political campaigns and animals in need. She most recently volunteered with the Seattle Animal Shelter in their cat adoption center.

McDaniel is a fan of basketball, tennis, golf, traveling, astrology, listening to music, playing the keyboards, reading and playing with her cat, Remington.

Freutel is a communications specialist for PorchLight, SHA's Housing Center.

Besides writing for The Voice, his job entails developing and implementing information programs and communication methods for SHA applicants and participants of SHA housing programs.

Freutel most recently worked for Montana State University in the public information group where he was a chief writer for the university's extension program.

Some of Freutel's other experiences include running a small print shop, publishing books, serving as a newspaper editor and proofreader and teaching at the Otis College of Art and Design in Los Angeles.

He is excited about the opportunity to work for SHA and to write for The Voice.

"This job will give me the chance, among other duties, to write and edit to further a cause I believe in," he said.

For more information about how you can write for The Voice, contact Editor Stacy Schwandt at (206) 461-8430 ext. 227.



Scott Freutel

Resident retires from Board of Commissioners

Fifteen apply for open position

By VOICE STAFF

After a decade of serving on the Seattle Housing Authority Board of Commissioners and over 30 years as a High Point resident and leader, Judith Fay is moving on.

"It's time for me to retire," said Fay, 65, adding that she has relocated to Oregon to live closer to her family.

The seven-member Board of Commissioners oversees the operations and management of the Housing Authority. Members are appointed by the Mayor and approved by the Seattle City Council.

The Mayor's office accepted applications for Fay's position in March. Fifteen residents applied, and the seat will likely be filled by early summer.

During her tenure on the board, Fay said she was happy to guide the Housing Authority into a more proactive and businesslike stance.

"We have to be not so dependent on federal funds," she said. "We know the federal government is getting out of housing as fast as possible."

She added that she is especially proud of the work the board did on the High Point redevelopment.

"The whole mind set of the community has changed," she said. "We just wanted to make it a better place for the future."

Seattle Housing Authority Executive Director Tom Tierney credits Fay for having the vision and the heart to help lead the transformation.

"Judith is leaving this entire city a marvelous legacy, both in the physical changes she helped bring to High Point and in the community she nurtured there," he said.



PHOTO BY STACY SCHWANDT

Former High Point resident Judith Fay describes her impact on the Board of Commissioners as helping ensure the Housing Authority will be successful well into the future.

"She has served SHA and its low-income residents extraordinarily well."

Before taking her volunteer position on the Board of Commissioners, Fay worked in a drug and alcohol rehabilitation center and served as president of High Point's resident management corporation, where she first got a taste of Seattle Housing Authority budgets and financing.

Fay said she served so many years on the Board of Commissioners because it took time for her to become truly effective.

"By the time you understand tax credits and bond financing—it takes four years to get up to speed," she said, adding that one of the challenges she faced was in not voting according to her own personal interests, but with the future of housing in mind.

Still, she said she always tried to represent the interests of her neighbors.

"I understood the residents' frustrations," she said. "I hope I helped to make sure the Housing Authority is a good landlord."

Scholarships

Continued from front page

Selamawit Misgano left Ethiopia with her family three years ago and arrived in Seattle with limited English language skills.

Now, she has a 3.9 grade point average, founded an International Club at Roosevelt High School, serves as President of the Honor Society, writes for the Roosevelt News and is active in the Black Students Alliance and African Dance Team.

She has also volunteered at Northwest Hospital since 2003 putting in an amazing 300 hours of service.

Misgano is also a talented poet. Her academic performance has been featured in the 39th edition of Who's Who Among

American High School Students and she plans to attend medical school following college.

The Dream Big scholarship program is administered by the SHA Higher Education Project, an inter-agency community coalition that provides youth and their families with services to help them pursue higher education.

The Dream Big scholarship fund was established in 2004 exclusively for public housing residents and is funded through a combination of SHA funding and individual contributions.

For more information, contact Ellen Ziontz at (206) 343-7484 or by e-mail at eziontz@seattlehousing.org.

About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority Resident Participation Funds.

The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in SHA communities.

The Voice welcomes articles, letters to the editor and columns from readers. If you'd like to submit an article, or if you have a question about anything you've read in this publication, feel free to contact Editor Stacy Schwandt at (206) 461-8430 ext. 227 or by e-mail at stacys@nhwa.org.

If you have questions about SHA-related stories, you may also contact SHA Communications Director Virginia Felton at (206) 615-3506 or by e-mail at vfelton@seattlehousing.org.

You can also mail submissions to: The Voice, Neighborhood House, 905 Spruce St. #200, Seattle, WA 98104. Please include your name and contact information on your submission.

All submissions are subject to editing for accuracy, style and length.

POINT OF VIEW

NEWS ABOUT THE SEATTLE SENIOR HOUSING PROGRAM AND SEATTLE'S HIGH-RISE COMMUNITIES

Reed steps down as Advocates II president Pleasant Valley resident will take top spot

By STACY SCHWANDT
Voice editor

After serving nearly three years as president of the organization she founded, Bette Reed recently announced that she'll step down from the board of the Seattle Senior Housing Program Advocates II.

"I kind of burned out and it was time to move on," she said.

Vice President Jean Anderson, a resident of Pleasant Valley, will assume the role of president for the organization.



Bette Reed

"We'll keep it going," she said, adding that it may be too early to talk about what direction the group will take.

Reed said her interest in organizing residents was sparked in 2002 when the Housing Authority proposed a change in the way rent was calculated for those living in SSHP buildings.

"They said future rent would not be based on our Social Security income, but instead on operational costs," she said. "We wanted to see what their operational costs were."

Although an SSHP Advocates group had been formed in 1997, Reed said it had not met for many months. By the end of 2003, she and other founding members had adopted bylaws, held elections and formed a second organization.

Since then, the Advocates II has maintained an eight-member board, met monthly and made yearly visits to the 23 buildings in the Senior Housing program.

Reed said that getting to know fellow residents has been one of the highlights of her time as president.

"We let them know we were there for them, and we listened to their issues," she said. "Sometimes they're not big issues, it's just being there to hear them out."

Anderson said she'd like the organization to continue reaching out to residents.

"Many seniors feel very powerless and very afraid to speak up," she said, adding that she'd like to see the Advocates II work to improve communication between the Housing Authority and senior residents.

"I really appreciate living where I live. It's been wonderful for me," she said. "But I wish personally that there was not the consciousness of 'we' and 'them' in relation to housing and senior residents."

Anderson said it will take time for the group to find its way without Reed and begin to address those issues.

"We're just sort of in a change pattern right now," she said.

For more information about the Advocates II or to get involved, contact Anderson at (206) 282-2229 or by e-mail at gjeanand@aol.com



Jean Anderson

other than English and RAC members identified Beacon Tower and International Terrace residents interested in serving on the homeWorks advisory committee.

Due to the influx of immigrants to the area, the Language Bank program has tripled in size over the past four years. Volunteers now speak 75 different languages.

Most requests for assistance come from Spanish, Chinese, Russian, Vietnamese, Somali, Amharic, Tigrinya and Oromo speakers, and the local Red Cross is in need of volunteers who speak these languages.

Assignments include helping individuals sign up for social services, register for ESL classes, make dentist appointments or fill out forms.

Volunteers also work with local community agencies that offer parenting classes and housing and resettlement assistance and with case workers on their on-going case management meetings.

Volunteers choose how much or how little time they give to the Language Bank, making it easy to volunteer when you have the time and when your schedule allows.

As one of our volunteers said, "It's also very rewarding and fun work."

For more information, contact the Language Bank at (206) 726-3554 or by e-mail at languagebank@seattleredcross.org.

Copper pipes installed at Lictonwood

By SVEN KOEHLER
Seattle Housing Authority

Usually, Lictonwood resident Bob Wall fixes lunch at home. But one day this April, his mid-day plans changed.

As soon as breakfast was done, he headed straight out the door for lunch.

That's because a construction crew was working in his kitchen and bathroom that morning, as Wall's apartment became one of the first to get new copper pipes installed as a part of the homeWorks high-rise renovation project.

The process of replacing the pipes in each unit at Lictonwood requires a number of steps that take place over the course of about three weeks.

First, one row of kitchen cabinets has to be removed to do the plumbing. The stove, refrigerator and the rest of the kitchen are not directly affected by this step, so residents can continue to prepare meals at home as usual for most of the time.

However, when workers start removing the old pipes, air quality regulations require residents to be out of the area during working hours. Wall left his apartment on a morning like this to go to lunch.

For the day their kitchen is inaccessible, residents are given funds to pay for lunch in the form of a gift card.

While some use their cards at the deli counter of the neighborhood Safeway, Wall says he saved the card to buy groceries later and went out to lunch at the Country Buffet at Northgate with his neighbor.

Besides the gift cards, other assistance is available to help lessen the inconvenience during work in the apartments at Lictonwood. For example, all residents are given reusable boxes to store items dur-



PHOTO BY SVEN KOEHLER

Lictonwood resident Bob Wall stands in front of his under-construction kitchen.

ing construction, and some residents have requested help from the Seattle Housing Authority with packing and moving their belongings from the work area.

While similar assistance will also be available, the pipe replacement process might look different at other homeWorks buildings.

At Green Lake Plaza, for instance, the workers have found that pipes in most units can be accessed from the hallway. This means that the majority of residents will not be required to leave their apartments during the day when the old pipes are removed.

When work starts in the other homeWorks buildings, the contractors will learn more about which construction processes will be necessary. Then, specific details about the work can be shared with residents of those buildings, too.

While homeWorks is certainly having a noticeable impact on life at Lictonwood,

"The contractors and the supervisor have been very nice... they fixed a small problem we had within minutes," Wall said. "Everybody concerned has tried hard to make this apartment re-plumbing effort as easy on the residents as they could."

Translation, interpretation services come to high rises

SEATTLE HOUSING AUTHORITY

Seattle Housing Authority's Low-Income Public Housing resident councils have been reaching out to the limited-English speaking members of their community with help from the Red Cross Language Bank.

Part of the International Services Program of the American Red Cross Serving King and Kitsap counties, the Language Bank bridges language barriers faced by refugees and immigrants by connecting them to volunteer interpreters and translators. Services are provided by more than 475 volunteers.

Using Resident Participation Funds, resident councils have utilized the Language Bank to translate Resident Action Council meeting notices, cooking class flyers, resident training information on air quality and other community involvement information.

Councils have requested Chinese, Vietnamese and Russian interpreters for council meetings and planning meetings for potlucks and coffee hours. Interpreters have attended meetings for council executives to help limited-English speaking officers become more familiar with council bylaws and more engaged in meeting agenda planning.

Recently, with the help of Language Bank services, the Beacon Tower Resident Council elected four people who speak languages

Advisory committee leaders to be chosen

SEATTLE HOUSING AUTHORITY

Members of the Joint Policy Advisory Committee will elect new leaders next month.

Public housing residents continue to share their opinions with the Seattle Housing Authority through the JPAC, by reviewing SHA public housing policies and policy revisions when they are in draft form. Committee members advise SHA on what they like or don't like about these policies.

Earlier this year, SHA's Executive Director Tom Tierney appointed 32 residents to the JPAC for two-year terms. Most of these residents were nominated by their community councils. Seven were self-nominated from high-rise buildings without a council.

On June 1, JPAC members will elect a new Chair and Vice Chair who will work with SHA to facilitate JPAC meetings and set meeting agendas. Committee members who are "primary" members for their councils or communities will cast their votes. The Chair and Vice Chair will serve for two-year terms.

The nomination period for these positions closed on April 30. At press time, several residents with rich leadership experience had been nominated. For the Chair position, nominees include Gordon Geijsbeck, Rod Helms and Doug Morrison.

Geijsbeck lives at Greenlake Plaza and previously served as JPAC chair for three years. Helms resides at Cal Mor Circle and is the current JPAC Chair, and Morrison is from Ross Manor and is president of the Resident Action Council.

For the Vice Chair position, Lynn Sereda, who lives at Capital Park and is the RAC Vice President, has been nominated.

As part of the election process, each candidate will have the chance to give a speech to tell JPAC members about their qualifications and why they'd like to be elected.

"This is a great group of residents who provide many insightful comments. I look forward to working closely with the Chair and Vice Chair," said John Forsyth, community services administrator for the Housing Authority.

HIGH POINT HERALD

NEWS ABOUT THE HIGH POINT COMMUNITY

Calugas Apartments dedicated to medal winner



PHOTO BY KARI SHERROD

Members of the singing group the "Young Once" entertain participants in front of the Calugas Apartments at the dedication. Filipino war veterans stand behind the singers.

SEATTLE HOUSING AUTHORITY

Community members joined family and friends of Sgt. Jose Calugas, Sr. last month to name a new apartment building in High Point in his honor.

This 36-unit apartment building will be home to low-income residents with a selection of the units set aside for those with disabilities. The building is made up of spacious one- and two-bedroom units, with energy-efficient appliances including dishwashers and stacked washer and dryers.

"We are proud that the building is named after Sgt. Jose Calugas, Sr.," said Esther Simpson from the Washington Coalition for Filipino Veterans Equity. "We are also honored that it will help house low-income people."

When the time came to identify a name for the new apartment building, leading Filipino community members, including some of the surviving Filipino World War II veterans, suggested that the building be named in honor of Sgt. Jose Calugas, Sr.

Calugas was born in 1907 and was the oldest of three siblings in a farming family. As a teenager he quit high school to help support his family and later enlisted with the Philippine Scouts, which was organized to provide additional forces to secure the Philippines in WWII. The Scouts were

native Filipinos who served in the regular U.S. Army and were led by officers from the continental United States.

Sgt. Jose Calugas, Sr. was awarded the U.S. Congressional Medal of Honor for defending Bataan in 1942. While serving as a mess sergeant in the 88th Field Artillery Battalion (Philippine Scouts) on Bataan, he voluntarily crossed the area under intense fire to reach a gun which had been put out of action.

In naming the building the Sgt. Jose Calugas, Sr. Apartments, the Seattle Housing Authority honors the sacrifices of veterans who participated in the Bataan-Corregidor campaign during World War II and recognizes the importance of this community in the diverse fabric of our city.

"He would have liked this place," said Jose Calugas, Jr. about his father, as he toured the Calugas Apartments.

The building design by Streeter & Associates Architects incorporated space considerations for those with disabilities and helped streamline the look of the building to fit with the rest of the High Point neighborhood.

The dedication ceremony was sponsored by Streeter & Associates Architects and the Filipino Community of Seattle, in cooperation with the Seattle Housing Authority.

Walking group formed Pedestrian map to be developed

BY VOICE STAFF

The Neighborhood House Healthy Homes Community Action Team has formed a weekly walking group to promote good health among members of the community.

The group, which is open to community members of all ages, starts its walk in front of the High Point library at 1 p.m. on Mondays.

"Groups like this help you to meet your neighbors, and if you know your neighbors you feel safer in your community," said Denise Sharify, the Neighborhood House manager for the Healthy Homes project.

The group will also be working on a walking map of High Point this summer.

The map will be written in many different languages and will describe fun walks people can take in the neighborhood.

Although the exact content of the map

has not yet been decided, it may tell users how many times to walk around the High Point pond in order to walk a mile.

Participants may use pedometers to track paths that would provide the recommended 10,000 steps per day.

The map may also describe the features of the neighborhood, providing information about trees and other ecologically interesting facts about the community.

Staff members from Public Health - Seattle & King County are donating their time to help put together the map, which is scheduled to be completed by September, Sharify said.

For more information, call Rose Long at (206) 923-3266. Khmer and Vietnamese speakers can call Saray Thach at (206) 331-2741 and Amharic and Tigrigna speakers can call Aregawi Abriaha at (206) 571-4712.

Go! program funded by state Legislature

SEATTLE HOUSING AUTHORITY

Staff from West Seattle schools and the Seattle Housing Authority got word in mid-March that Washington State legislators said "yes" to their request for funding a traffic safety and community-building program called "Go!"

The new program will be funded with \$114,000 by the state's Department of Transportation. It will address the unique safety needs of four West Seattle schools, including Sanislo, Fairmount Park and High Point elementary schools and Denny Middle School.

Each school will develop its own traffic safety program through a community involvement process.

Programs at each site will include a "Basics of Bicycling" education program, and a "walking audit" conducted by staff and students to identify ways to improve neighborhood pedestrian systems.

The Seattle Police Department will help community members develop safety improvements and the neighborhood will

create "walking school buses" to establish safe walking routes through the neighborhoods around each participating school.

Additionally, the grant calls for a "photo-radar" pilot program to allow police to analyze the effectiveness of photo technology in the enforcement of speed limits in school zones.

Sanislo Elementary will act as the grant administrator, but staff and students from all schools will be involved, as will Kari Lynn Frank, SHA's High Point community builder.

The program will address the safety and health needs of children through increased education in a positive motivational atmosphere.

It will also promote a safe and healthy lifestyle by motivating children to be active. The ultimate goal of the project is to reduce the number of accidents and near accidents around the participating schools.

Community organizations including Cascade Bicycle Club and Feet First will also be involved in the program.

The Job Connection helps Somali immigrant build a successful business

BY JEFF THUNG

Seattle Housing Authority

Somali refugee Shulkri Guleith moved to High Point in 1999. She is one among many who have struggled to build a new life because they lacked work history and education both in the United States and their native countries.

Guleith first came to The Job Connection in 2000 and said she wanted to find a job and learn English. As a mother of five, finding a schedule that would allow her to care for her children was very difficult.

She had expressed an interest in a job as a child care worker or an elder care worker.

The Job Connection staff helped her fill out numerous applications and set up interviews. She had no success in landing a job because she lacked work history, had limited English and struggled with cultural differences.

The Job Connection staff coached her on cultural adjustments such as realizing that time is of the essence in the United States, and that a strong incense smell can distract interviewers and be a negative mark against an applicant.

We also encouraged her to build her resume by doing some volunteer work.

Beginning in 2002, she began to provide child care services at a private home and volunteer at a local child care center. She learned about the daily routines, tasks and responsibilities of being a child care worker.

In late 2004, she expressed an interest in opening a home child care center. The Job Connection's case manager coached her in obtaining the required education, certification and license. In 2005, she was fully licensed and was ready to open her STAR Home Child Care business.

We helped her with marketing such as creating flyers and brochures.

In the fall of 2005, Guleith was able to secure contracts with the state Department of Social and Health Services to provide child care service to parents of TANF recipients who are either working or attending school.

Today, she is doing very well. She is earning above the living wage for the Seattle area. This was the first chapter of her work with The Job Connection.

The second chapter was working with The Job Connection to better understand how to run a business in America.

A week ago, I ran into her and chatted a little bit about her business. She told me that she makes so much money that her rent is too high. Guleith still lives in the old side of High Point and is planning to move into the new development very soon.

I scheduled a visit to her center. It turned out that she was not keeping records of any of her expenses. Her adjusted gross income appeared to be the same as her gross income.

We talked for an hour, Guleith speaking limited English and her daughter providing translation. After gathering some of her paperwork, I created a binder to help her categorize her expenses.

It is my sincere hope to see her continued success. Currently, all of the slots in her child care have been filled, but there is always the chance of a slot opening in the future.

If you know of anyone who needs child care services in Somali, call the STAR Home Child Care at (206) 937-1065.

Jeff Thung is a job placement specialist for The Job Connection. To find out more about his services, call (206) 937-3292.

RAINIER VISTA NEWS

NEWS ABOUT THE RAINIER VISTA COMMUNITY



Tahlia Chhan quietly and contentedly uses her balancing skills to shovel soil late on a Wednesday afternoon. With the help and encouragement of artist and teacher Mark "Buphalo" Tomkiewicz (seated behind Chhan), the girls kept on their toes in this relaxed and safe environment.

Digging in

Nature Consortium program gets kids connected to their community

Photos by Katie Tyberg, Voice intern



Mijoy Rackley, 8, stops to proudly inspect a worm she unearthed from the dirt behind the old Rainier Vista Community Center. Between laughing and conversing with her friends, Rackley shoveled soil into buckets to be transferred to a nearby garden. She also had time to discover the intricacies of nature.



Enjoying sun and good company, Mijoy Rackley (at left) and Jennifer Chhan quickly fill their buckets. They are not afraid to get their hands, jeans and even their new shoes dirty. Their work is part of the Nature Consortium's after-school program, which is a series of arts- and nature-related classes. For more information, call (206) 722-3020.

Work days start to bring Rainier Vista park to life

By BRENN CASEY
Voice reporter

The Rainier Vista Central Park has not yet been opened, but that didn't keep volunteers from crowding in to rake topsoil and plant shrubs last month.

Almost 50 people arrived in the early morning to participate in two volunteer work days, the first on April 15 and the second on Saturday, April 22, in honor of Earth Day.

"I am really excited by the number of volunteers who showed up in the uncertain weather and by the hard work that everyone has been doing," said Sibyl Glasby on the first work day. Glasby, a Seattle Housing Authority employee, helped to organize the events.

The sun shone beautifully on the second day, drawing out even more volunteers.

The Housing Authority planned the work day with help from Neighborhood House, and employees of both organizations were present to help Rainier Vista residents with landscaping for the park.

The park was originally slated to be completed as part of the HOPE VI redevelopment of Rainier Vista, but due to construction delays and rising material costs, it remains unfinished.

Neighborhood House, SHA and other community partners have rallied together to make sure the park is ready for the summer. The tasks completed by volunteers on the April work days will be essential to meeting that goal, organizers say.

Also in attendance were members of City Year's Young Heroes Program, a mentorship program for middle school children in which they and their volunteer leaders participate in service projects throughout the city.



PHOTO BY BRENN CASEY

Volunteers take a break from shoveling the top soil that will soon be home to plants and sod at Central Park.

"I thought it was really fun," said Young Hero Leah Pollock, 12, of her day at the park. "I really like it when there are nice parks near my house, so it's nice to help other people have that."

Volunteers raked close to 400 cubic yards of topsoil over the park, planted many native plants, enjoyed food donated by local businesses and restaurants and laughed and joked over their labor.

Sisters Tahlia Chhan, 13, and Jennifer Chhan, 11, were excited about the prospects of a park opening this summer in their neighborhood. As they dumped buckets of topsoil in the north end of the park and raked it down, they imagined activities they could do in the park.

"I love tetherball!" exclaimed Jennifer. "I just want to play with my friends," said Tahlia.

"It was very impressive—all these people helping out," said Neighborhood House's Executive Director, Mark Okazaki, "Especially the young ones. It's all very inspiring."

Organizers say they hope to open a large portion of the park by early June. A grand opening celebration is scheduled for July 31.

Computer class brings dimension to imagination

By VOICE STAFF

Over the past two months, a group of Rainier Vista youth have learned how to give form and shape to their imaginations.

Using special computer programs in a class at the Neighborhood House Rainier Vista Center, students designed three-dimensional computer models of buildings that they'd like to see built in the neighborhood.

Then, they learned how to use a technology called "Augmented Reality" to display their models as if they were right there in the middle of the room.

Seventeen-year-old Maryama Hassan designed a blue, two-story library.

"The library is my favorite place, and in this community we don't have a library close by," she said.

Hassan, a refugee from Ethiopia, said she enjoys working on the computer. She has taken typing classes at Franklin High School but couldn't fit a web design class into her schedule. She said she was excited to find out about the eight-week Augmented Reality class.

The class was taught by instructors from Static Factory Media and culminated with a final presentation of the students' work in late April.

"We feel that technology is a good base line for kids these days, and we are excited

to be able to teach the software in such an engaging and relevant way," said Susannah End, one of the Static Factory Media teachers.

End also devised a set of lessons on culturally- and socially-relevant concepts to help the students understand that communities can be built with meaning and purpose.

She invited Rainier Vista Leadership Team chair Louis Ward and Aregawi Abiraha, an Ethiopian refugee who works in Seattle Housing Authority communities, to attend one of these lessons. Both men commented on a series of slides she showed, depicting new and historic buildings in both the United States and East Africa.

"Louis and Aregawi told stories about the shapes and textures (of the buildings) and what they mean to the community," End said. "The kids were really engaged."

By inviting community members in who have experience and wisdom to share, End said the classes gain importance in her students' minds.

Seattle-based companies Static Factory Media and Red Llama have been teaching the Augmented Reality classes for almost three years. They have taught two classes in the Yesler Terrace community.

For more information about the program, call (206) 650-2167.

Community notes

Walking event spotlights good health

Columbia City Walks, a health and fitness celebration for the whole family, will be held Saturday, May 13, from 10:30 a.m. to 1 p.m.

The event includes activities for people of all ages, including fitness demonstrations on Tai Chi and Tae Kwon Do, walking tours, performances by local groups, health screenings, and nutrition and health information.

This event will be held in the Columbia City Business District, kicking off at Columbia City Park on Rainier Ave S. and S. Edmunds.

The event is sponsored in part by Steps to Health King County, Public Health - Seattle & King County, University of Washington Health Promotion Research Center and Sound Steps.

For more information, call (206) 205-1589.

NEWHOLLY NOTES

NEWS ABOUT THE NEWHOLLY COMMUNITY

Growers, subscribers invited to enjoy Othello Station gardens



PHOTO BY KARI SHERRROD

Gardens at Othello Station will be ready for this year's growing season.

SEATTLE HOUSING AUTHORITY

Vegetables are already popping up in the garden beds at the north end of Othello Station's Central Park and more garden beds will be built over the next few weeks.

By this summer, NewHolly residents and community members will have the chance to enjoy fresh produce from the gardens, grown by people from the NewHolly community. The gardens include two areas, one for community gardening and one for a market garden. Fifteen 20-by-10 foot plots will be available in the community garden where interested community members can grow healthy food for their own use.

The market garden area has larger plots and will offer gardeners the opportunity to earn 60 percent of the proceeds from the produce sales.

Vegetables harvested from the market garden will be available for sale to the community through subscriptions and eventually at a drop-by market stand. If you are interested in receiving vegetables from the garden on a regular basis, you may want to consider becoming a market garden subscriber.

"As a market garden subscriber you are able to have good quality produce, while

at the same time able to support a gardener and the community," said Amy Gray, a NewHolly resident and past market garden subscriber.

Subscribers receive weekly baskets of seasonal vegetables from the garden and pay \$475 for a full-share subscription and \$275 for a half-share subscription. To sign up for a subscription, please contact Martha Goodlet, program coordinator, at (206) 684-0540.

"If you are interested in growing vegetables and helping build the gardens, there are still plenty of space and opportunities available," said Goodlet.

As of the first week of April, ten people have shown interest in having a plot in the gardens.

If you would like to put your name on the waiting list for a plot of land, which will first go to those who help build the gardens, please contact Bunly Yun at (206) 684-8495, Martha Goodlet at (206) 684-0540 or Neguse Naizghi at (206) 760-3288.

The market and community gardens are part of The P-Patch/Cultivating Communities Program and are just part of the many existing community gardens in Seattle Housing Authority communities.

Management office moves to new location

SEATTLE HOUSING AUTHORITY

At the end of March, NewHolly's management offices moved from 32nd Avenue South to new quarters at 3815 S. Othello St., Suite 103.

According to NewHolly Property Manager Kehau Pickford, the move is proving to be a good one for both staff and NewHolly residents.

"We have a bright and spacious new office, and because of its location we're better able to serve many of our tenants," she said recently.

A community open house to inaugurate the new management offices will be planned for the near future. As soon as a date is picked, it will be announced in this publication.

Accident a reminder to drivers to slow down

Injured boy recovering slowly, stop light to be built at problem intersection

FROM STAFF AND NEWS REPORTS

A member of NewHolly's Somali community was seriously injured last month after he was hit by a car and dragged about 40 feet.

Sixteen-year-old Moxamed Abdi had been standing near a bus stop at Holly Park Drive South and South Myrtle Place when a car swerved off the road to avoid a collision with another vehicle.

The car jumped the curb, hit Abdi and smashed into a tree.

"He's running and then the car is after him," witness Mohamed Adan told KOMO 4 news. "The boy ended up pinned between the car and the tree."

Community members lifted the car off the boy while they waited for the ambulance to arrive, according to news reports.

After three surgeries, Abdi is now recovering from multiple broken bones and internal injuries at Harborview Hospital. He was in a coma for a few days following the accident.

The driver of the car was also taken to Harborview for treatment for a head wound, according to news reports. Police say he probably won't face any charges.

The tragedy is weighing hard on the boy's family.

"Emotionally and physically it's no good," said Abdi's mother Halimo Hassan, who has been sleeping at Harborview in order to watch over her son's progress.

The family arrived from a Kenyan refugee camp just three months ago. They are still trying to secure permanent housing and social services.

NewHolly Community Builder Joy Bryngelson helped the family set up an account for donations at the Bank of America branch at 7153 Martin Luther King Jr.

Way S.

The account is in Halimo's name and Branch Manager Thuvan Ngo made the first contribution. Those interested in helping the family are welcome to make donations.

Community members have long been concerned about the intersection of Holly Park Drive and South Myrtle Place, where basketball courts on either side ensure heavy pedestrian traffic and a steep hill causes cars to pick up speed.

After working with community members for a little over a year, the Seattle Department of Transportation has secured grant funding to build a traffic signal at the intersection.

The signal, which must conform to standards set when NewHolly was built, will cost over \$200,000 and take about 18 months to build.

"We're going to go as fast as we can to get it installed and working," said Peter Lagerwey, pedestrian and bicycle coordinator for SDOT.

He said that the environmental impact assessment and neighborhood zoning rules which require electrical wires to be underground are factors in the scheduling.

When completed, sensors under the road on the side street will activate the signal. Pedestrians will have to press a button to activate the walking signal, but cross walks will be painted on both sides of the intersection. Signs warning drivers to slow down will also be posted.

Still, Lagerwey reminds NewHolly community members that all drivers need to watch their speed and pedestrians need to keep their eyes on the road.

"A signal will not slow down traffic when it's green," he said.

Community notes

Name wrong

Due to an editing error, NewHolly volunteer sewing teacher Norma Roth's last name was wrong in the March edition of The Voice.

Please report all mistakes to Voice Editor Stacy Schwandt at (206) 461-8430 ext. 227

Summer arts program forming

The Rainier Valley Youth Theater Summer Arts program is accepting registrations.

The four-week camp, which runs Mondays through Fridays from 9 a.m. to 4 p.m. will focus on the arts of Southeast Asia, including a week of study of the storytelling of Laos and Thailand and a week of Vietnamese musical performance and puppetry. Children are invited to enroll for any number of weeks.

The cost is \$195 for one week and \$710 for all four weeks, but scholarships are available, along with volunteer or work/trade positions for parents.

Call (206) 725-7169 for more information.

Walking tours planned

The Othello Neighborhood Association and the Rainier Othello Safety Association are sponsoring a walking tour to King Plaza on Saturday, May 13 at 1 p.m.

The walk will encourage neighbors to improve their health, quality of life and to promote local businesses.

The walk will begin at the NewHolly Neighborhood Campus at 32nd Avenue and South Myrtle Street.

The group will walk west across the parking lot to the gravel path leading down to the Chief Sealth Trail.

The tour then heads south on the Chief Sealth Trail to the south end of the community garden and turns west along the path and sidewalk to the Little Park. Walkers will cross the park and head down to Myrtle Street, walking east to King Plaza.

At King Plaza walkers will have the opportunity to visit the Vina Vietnamese Market, the Dollar Store, the Chinese Herb Store, Tammy's Bakery, Minh's Restaurant, Pho My Chau Restaurant, Artic Press and more local businesses.

YESLER HAPPENINGS

NEWS ABOUT THE YESLER TERRACE COMMUNITY

Call in Clifford?

Families gather for literacy event, tutoring program teeters on financial edge



PHOTO BY ELLEN ZIONTZ

Six-year-old Hassan Dahir (on right) smiles with Garrett Brown, one of his tutors.

By SCOTT FREUTEL
Seattle Housing Authority

Six-year-old Hassan Dahir approached a table on which about 20 books for first-graders were displayed.

He was choosing a book, a free book, at Family Literacy Night, held last month in the old community room at Yesler Terrace.

Dahir scanned the bright, shiny covers. He passed over "I am a Leaf" and "Late for the Library" and picked up "Angelina's Dance of Friendship" and put it down again.

He gave "Curious George" a curious once-over and then pounced on a Clifford the Big Red Dog title. It was one of a series of books by author-illustrator Norman Birdwell that features a problem-solving dog who is as big as a house and his owner and best friend, a girl named Emily.

Dahir, a resident of Yesler Terrace and a first-grader at Leschi School, showed the book to his tutor Garrett Brown and then sat down and devoured it by himself. Perhaps he was reading it, perhaps just taking in the pictures—in any case, he got through it in no time at all, smiling all the while.

Along with 65 other young people, Dahir and two of his older brothers are enrolled in the Yesler Terrace Youth Tutoring Program. On Mondays, he spends an hour with Brown, on Tuesdays with another tutor and on Thursdays with a third.

Yesler's Youth Tutoring Program is led by Education Coordinator Amy Kopriva. At Family Literacy Night, she kept watch over the books (which had been donated by a Seattle organization called Page Ahead) and the young readers.

"We had an excellent turnout," she said later, adding that although an immigration rally earlier that day may have pulled participants away, well over 30 children and parents attended the literacy fair.

The Yesler Terrace Youth Tutoring Program is one of six run by Catholic Community Services and supported in part by the Seattle Housing Authority.

Over 500 elementary, middle and high school students, most from families in which English is a second language, participate in the programs each year.

Many of the program's 350 volunteer tutors are working professionals and some are alumni of the Youth Tutoring Program. Tutors typically donate two hours a week

and spend an hour each with two students—the same students week after week. Dahir's Monday tutor, Garrett Brown, is an accounting major at Seattle University.

In a typical hour, the pair spends 10 minutes reading, 15 minutes on skill-building and the rest of the time going over homework. The time is carefully worked out and tailored to the needs of the student.

The program's staff members work closely with students' parents and teachers, keeping tutors informed about what's going on in the child's life at home and at school.

"Each of our tutoring centers is led by a professional teacher," says Terry DiJoseph, director of the Youth Tutoring Program. "The teachers guide the tutors.... By connecting with students' teachers and parents and tutors, we're able to build a triangle of support, and that makes all the difference."

In recent years, the Youth Tutoring Program has received funding from the City of Seattle, mainly in the form of contracts from the city's Weed and Seed program and from the city's General Fund.

The Weed and Seed program recently ended its five-year focus on the Central Area, and with it went the \$40,000 per year of funding that had supported the Yesler Terrace YTP.

The tutoring program has also received funding from the city's Youth Development budget, but that budget was severely cut (from \$679,000 in 2005 to \$400,000 this year), and the \$75,000 per year the Youth Tutoring Program had been receiving from the city and was counting on was cut.

According to DiJoseph, the shortfall is a big problem.

"Two of our six centers will not be having summer reading programs this year," she said. "We've already reduced staff, and unless new funds are identified, it's likely that one or more of our tutoring centers may have to close. Fewer kids will be served—that's the bottom line."

Dahir, his brothers and the other students being tutored in Yesler Terrace aren't focusing on the problems their tutors and staffers are dealing with.

With luck, the program's troubles will be resolved well before the end of summer break. If not, even Clifford the Big Red Dog may be unable to solve the problem.

For the love of games

By CLAIRE MCDANIEL
Seattle Housing Authority

Playing games is a great way to meet your neighbors while having fun.

With this in mind, members of the Yesler Terrace neighborhood are hosting a game night in the Yesler Terrace Community Center multi-purpose room on May 12 from 6 to 9 p.m.

Refreshments and a wide variety of games will be provided.

A few months ago, Yesler Terrace Community Builder Ellen Ziontz ran into Cynthia Clouser, a resident who enjoys being active in her neighborhood, and the two discussed possible activities that would encourage people to come together.

A Seattle Department of Neighborhoods training called "Involving All Neighbors" was taking place at the same time. Leaders were suggesting the use of the Small Sparks fund in support of these types of activities.

Jefferson Terrace resident Carol Brown was involved in the training, where conversations also took place about how to connect

the Seattle Housing Authority high rise with nearby Yesler and the other apartment buildings in the area.

Thus, the idea for Games Night was born.

Clouser agreed to take the lead in applying for a grant and organizing the event. With the money she received from Small Sparks, she will buy games and make banners and flyers to promote the event. Residents are also welcome to donate games, either traditional or culturally unique.

Neighbors from the surrounding community will also be invited.

Traditional games such as Checkers, Chess, Scrabble, Yahtzee and Monopoly will be available. Or participants will be able to play East African Mancala games, Mexican dominos, various card games and even Twister, for those more daring souls.

This will be a one-time event to see how well it is received. If it is popular, it could become a monthly activity. As the event is intended to be a family event, children under the age of 12 must be accompanied by an adult.

For more information or to donate games, contact Clouser at (206) 625-4143.

Notes from the Manager

By JUDI CARTER
Senior Property Manager

Now that the weather is warming up some people think that they do not have to keep their furniture away from the heaters. They are wrong!

One summer, a few years back, a child had pushed her bed into the heater, and that turned the knob. The result was that the whole apartment was burned. The family lost all of their clothes, furniture, pictures and legal documents. It was a tragedy that could have easily been avoided.

Please, whether you use the heaters or not, keep bedding and all flammables away from them.

According to the experts from the Federal Emergency Management Agency, 82 percent of all fire deaths occur in the home and the bedroom is the most common room in the home where electrical fires start.

Other important fire protection tips to pay attention to are:

Never smoke in bed. Keep lighters,

matches and other ignitables in a secure drawer or in a cabinet out of the reach of children. Keep lit candles and incense away from bedding, curtains, papers and anything that can easily catch fire. Never use portable heaters. If you use electric blankets or heating pads, make sure that the cords are not frayed or damaged. Never run electrical cords under your bed or trap them against a wall where heat can build up. If you use extension cords, make sure the cord that is plugged into the wall is thicker than the cords you plug into it. Never leave a pot warming on the stove when you are not home.

It is important to have an escape plan that you practice with your household members, so that, if there ever was a fire in your home, you would know what to do.

If there is ever a fire in your apartment, crawl or stay low to the ground, beneath the smoke, and use the escape plan that you worked out. Once you and all family members are out of the apartment, do not go back in.

Community elects council officers

By VOICE STAFF

Yesler Terrace residents elected officers last month at the Yesler Terrace Community Council meeting.

Kristin O'Donnell was elected President, Art Rea was elected Vice President, Sarin McKee was elected Secretary and Penny Mills was elected Treasurer.

Herold Eby and Senait Gebregorgous

were both elected to at-large positions.

About 20 residents, all of whom had previously attended council meetings, voted.

Council meetings take place on the third Tuesday of each month from 6 to 8 p.m. at the Jesse Epstein Building, 905 Spruce St.

The next meeting is scheduled to take place on May 16.

All residents are invited to attend.

Don't forget about The Job Connection

The Job Connection staff members can help you enroll in ESL, vocational training or college courses, depending upon your interests. They can help you meet employers who are looking for people with your skills. They can help you access resources such as childcare, clothing for interviews and transportation. They can help you land the job of your dreams. Call today at (206) 344-5837. Office hours are from 8 a.m. to 4:30 p.m. Monday, Wednesday and Friday and Tuesdays from 8 a.m. to noon.

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Program Offers Emergency Food Bags

កម្មវិធីជួយផ្តល់ម្ហូបក្នុងភាពអាសន្ន ប្រជាជនជាច្រើនក្នុងតំបន់យើងមានការពិបាកក្នុងការ បង់ថ្លៃផ្ទះ, ចំណាយទៅលើថ្លៃធាតុ, សំលៀកបំពាក់ចំ ពោះច្រកគីតា ឬ ចំណាយផ្សេងៗទៀតដែលត្រូវការ ចាំបាច់ក្នុងត្រូវសារ ដូចជាម្ហូបចំណីនៅក្នុងត្រូវសារ ។ ចាប់តាំងពីឆ្នាំ ១៩៧៧, មកនៅក្នុងតំបន់ស្រុកយើង ខោនធីយើងមានទឹកថ្លៃធាតុចម្រុះចែកចាយដល់បងប្អូន យើងតាមតំបន់និមួយៗដែលត្រូវការចំពោះក្រុមត្រូវសារ ដែលមានប្រាក់ចំណូលតិចត្រូវចំណាយច្រើនឬសភាព ខ្លះខាត ថ្លៃម្ហូបប្រចាំត្រូវសារ ។

ក្នុងបច្ចុប្បន្ននេះមានអង្គការជំនួយក្នុងភាពខ្លះខាតនិងជួយ យល់ឃើញដល់ភាពខ្លះខាតដោយអង្គការជួយគ្មានយកក ម្រៃអ្វីពីលោកអ្នកទូទៅទេ EFP ឬ ៩១១ ប្រាប់ថា ត្រូវការកន្លែងបើកម្ហូប, ទឹកថ្លៃធាតុចម្រុះត្រូវការកន្លែងដាក់ ពាក្យសុំប័ណ្ណជំនួយម្ហូប, និងទឹកថ្លៃធាតុចម្រុះ ។ ម្ហូបកញ្ចប់នីមួយៗបានរៀបចំ ចំណីសម្រាប់ទទួលបាន ដែលមានជាតិវិធាន តាមចំណុះសម្រាប់ប្រើប្រាស់ និង សម្រាប់ចំនួនមនុស្ស នៃត្រូវសារ, មានជីវជាតិសម្រាប់មុខ សម្រាប់ចំណីបំប៉នសុខភាពលោកអ្នក ។

ក្រោមអង្គការជំនួយដឹកនាំដោយយើងនេះ គឺ មានទៅដល់ ៨០ កន្លែងនៅក្នុងតំបន់ទីក្រុងនិមួយៗ, មានអ្នកយកម្ហូបទៅ ចែកជូន១ដង ឬ ២ដង ក្នុង១អាទិត្យ ។ ការចែកជូន ម្ហូបកញ្ចប់នេះគឺ ចែកជូនទៅតាមត្រូវសារណាដែល ត្រូវការចាំបាច់និងតាមកន្លែងដែលលោកអ្នករស់នៅក្នុង តំបន់ស្រុក យើង ។

ក្នុងឆ្នាំនិមួយៗអង្គការ EFP បានផ្តល់ជំនួយម្ហូបអាហារពី ៤០០.០០០ ទៅ ៦០០.០០០ កញ្ចប់ដល់ត្រូវសារ រួម ជាតិសេសជាតិក្នុង ជាម្សៅរាល់ឆ្នាំ ។

ការឃ្លានជាភាពមួយពិបាកណាស់, យើងយើងដោះស្រាយ វាជាម្សៅមួយសំខាន់បំផុត ។ ប្រសិនលោកអ្នកដឹង ឬ ឮអំពីអ្នកទុរ្ភិកស្ថានឃ្លានការទទួលបានអាហារមិនគ្រប់ គ្រាន់, សូមទាក់ទងជាមួយ យើង EFP (២០៦) ៣២៩-០៣០០ ដើម្បីផ្តល់ម្ហូបអាហារជូនភ្លាម ។

ናይ ምግብ ህጽጽ ረዲኤት ዘቕርብ ፕሮግራም።

Program offers emergency food bags

ሓድ ሓድ ሰባት ድሕሪ ናይ ገዛ ክራይ ቢል ምክፋል ናይ ሕክምና ቢል ምክፋል ንመግቢ ብዙሕ ገንዘብ ስለዝይተፎም ይሸገሩ ካብ 1977 ሚሩ ኢመርንሲ ፉድ ፕሮግራም ናይ ሲታትል ኪንግ ካውንቲ። መግብን ተሰፋን ንወልቀ ሰባትን ስድራቤታትን።

አብ ምቕራብ ክሳተፍ ጸኢሑ እዚ ትካል እዚ ነጻ ንትርፌ ዝይቆመ ማሕበር ኮይኑ 911 ናይ ምግብ ቀዳማይ ረዲኤት ብምዃን የገልግል ምግብ ብምዕዳል ንቶም ህጽጽ ሓግዝ ዘድልዮም ብዘይውዓል ሕደር። እቲ ዝቀርብ ናይ መግቢ ዘንቢል መጠኑን ጥዕንኡን ዝተሓለወ ብምሰርት ብዝሓሰ ስድራቤትን ስነሓመጋግብን ባህልን ተዳልዩ እይ ዝቕርብ።

80 ናይ መዓደሊ መደብራት ኣለዎ እብ ወሽጢ ስዮትልን ኪንግ ካውንቲን ሓደ ወይ ክልተ ግዜ ኣብ ስሙን ጥሚት ምዘጥቅዖም ብዘየፈላላይ ድማ ይዕንግል። ኣብ ነብሲ ወከፍ ዓመት ን 400.000 ምላተን መግቢ የቕርብ ንእስታት 60,000ውልቀ ሰባትን ስድራቤታትን ፍርቆም ድማ ቆልዑ እዮም።

ጥሚት ክፋእ እዩ ክፍታሕ ዝኸእል ሽግር ድማ እዩ ንሸሽ-ም ይኸን ወይድማ እትፈልጥዎ ሰብ ናይ መግቢ ሓገዝ ምስዘድልዮ ኣብዚ ዝሰዕብ ስልኪ ቁጽሪ ብምድዋል ሓብራታ ክትረኽቡ ትክእሉ 206 329 0800።

Mashruuc kuu fidinaya raashiin deg deg ah

Program offers emergency food bags

Dad aad u badan oo dereskeenna ah waxaa lagu qanbay go'aaminta bixinta kirada, ku celinta xaashida daawada, dharka caruurtooda ama siinta raashiinka qoyskooda cuna ilaa 1977dii. Mashruuca quudinta deg degga ee Seattle and King Countywuxuu oggolaaday labada raashiin wuxuuna rajeynayaa shakhsiyaadka, ama qoysdaska oo isu qaatay in la qasbay oo ka doortay inay lacag bixiyaan amase gaajo ku seexdaan.

Hadda waxay u shaaysaa qof qof Jaaliyad faa'iido aan qadan, EFP is the "911"oo bangiga raashiinka waxay qaybinaysaa bacyo raashiin deg deg ah kuwa deg deg ugu baahan raashiin oon sugi food stamps arjigiisa loogu sahlayo Bangiga Raashiinka looga furayo.

Bac kasta loogu tala galay 2 maalmood caafimaadkood raashiin quudin, tirade qoyska oo la siinayo mid wanaagsan oo dhaqankaaga ah.

Ka badan 80 meelood wax lagu qaybiyo, EFP ma aha magaalo keliya ama xaafad ha lama laba maalmood toddobaadka. Waxay bixinaysaa si joogto ah cawimaysana qof kasta gaajoon meel kasta oo ka mid ah King County.

Sannad kasta, EFPwaxay wax quudisaa ku dhowaad 400,000 qaar 60,000 waa shakhsiyaad iyo qoysas oo nus ka mid ah caruur yihiin.

Baahida waa wax xun waxaase dhibaato ah haddii adiga ama qof aad taqaan u baahan caawimo aan ka faa'idaysan raashiinka. Fadlan la xiriir EFP at (206) 329-0300 for Xagga qaybinta meelaha kugu dhow.

የምግብ እርዳታ የሚያቀርብ ፕሮግራም።

Program provides emergency food bags to those who need them

እብዛኛቻችን ቢል ለምክፈል ወይንም ምግብ ለመግዛት የቤት ኪራይ መክፈል በቂ ምግብ ለምግዛት ትርፍ ገንዘብ ላይናረን ይችላል። ከ1977 ምሮ የኢመርንሲ ፊዲንግ ፕሮግራም የስዮትልና የኪንግ ካውንቲ ምግብን ተሰፋ ሲያርብ ቆይቶአል ልግልሰቦችና ቤተሰቦች።

ነጻና ለትርፍ ያልቆመ ድርጅት እንደመሆኑ መጠን የ ምግብ 911 ሆኖ ይቀርባል እስቸኳይ የምግብ እጥረትና ረገብ ለገጠማቸው ሰዎች የምግብ ባግ ያቀርባል። እያንዳንዱ ባግ ለሁለት ቀን የሚያገልግል ጥራትና ቫይታሚን ያለው ምግብ በቤተሰብ ብዛና የአመጋገብ ስር-ትና በህል ያቀርባል።

ክ80 ማድያ ጣቢያዎች በተለያዩ ከተማዎችና ስፍራዎች ብሳምንት እንድና ሁለት ቀን ብቻ ሳይሆን የተራቡትን ሰዎች ይረዳል። ድርጅቱ እስከ 400.000 ምግቦች ከ 60.000 ግለሰቦችንና ቤተሰቦችን ይረዳል ግማሾቹ ልጆች ናቸው።

ረገብ እስቀያሚ ሆኖ ምፍትሔ የሚገኝበት ጉዳይ ምሆን ኣለበት እርስዎም ሆኖ ወይንም የሚያውቁት ሰው የምግብ ችግር ካለዎት ብስልክ206 329-0300 በመደወል እርዳታና መመርያ ለማግኘት

Программа предлагает продовольственные пакеты

Program provides emergency food bags

Многие из наших соседей разрываются между решением то ли заплатить за квартиру, то ли заказать лекарства, то ли одеть детей или обеспечить семью необходимой едой. Начиная с 1977 года Программа Срочной Сиэтла и округа Кинг предлагает как продовольствие, так и надежду для одиночек и семей, которые оказались в тяжелой ситуации перед выбором оплатить счета или лечь спать голодными.

Существующая в настоящее время как независимая некоммерческая организация СПП — это равнозначно «911» для продовольственного склада, доставляющего срочные продовольственные пакеты тем, кто срочно нуждается в еде, но не может ждать, пока заявление на продовольственные талоны пройдет процесс утверждения

или пока откроется продовольственный склад в их районе.

Каждый пакет составлен так, чтобы обеспечить питательной, здоровой едой на два дня, в зависимости от состава семьи и от специфических диетических нужд и культурных традиций. Располагая 80 распределительными пунктами, СПП обеспечивает не только какой-то район один или два раза в неделю. Он предлагает доступную помощь всем, кто голодает, где бы то ни было в округе Кинг.

Каждый год СПП обеспечивает почти 400 тыс. порций для 60 тыс. одиночек и семей. Почти половина из них дети.

Голод безобразен, но это проблема, которую можно решить. Если вы или ваши знакомые нуждаются в помощи, чтобы на столе была еда, свяжитесь с СПП по тел. (206) 329-0300 для информации о ближайшем распределительном пункте.

CHƯƠNG TRÌNH CUNG CẤP CÁC TÚI ĐỒ ĂN TRONG LÚC KHẨN CẤP

Program offers emergency food

Có nhiều người trong khu xóm của chúng ta bị buộc phải quyết định giữa việc trả tiền thuê nhà, phải mua thuốc uống, phải mua quần áo cho trẻ con, hay là phải cung cấp thức ăn đầy đủ cho cả gia đình và trẻ em.

Kể từ năm 1977, cơ quan Emergency Feeding Program của thành phố Seattle và quận King đã cung cấp cả hai thứ: đồ ăn và niềm hy vọng đến cho những cá nhân và gia đình của những người mà bị buộc phải lựa chọn giữa việc trả tiền các hóa đơn hoặc phải đi ngủ trong lúc bụng đói.

Đang hoạt động như là một cơ quan bất vụ lợi độc lập, cơ quan EFP chính là con số 911-khẩn cấp cung cấp thực phẩm, phân phối các túi đồ ăn khẩn cho những người đang cần đồ ăn ngay lập tức, và họ không thể chờ đợi sự cứu xét của chương trình Phiếu Thực Phẩm Food Stamp được, hoặc

không thể chờ đến kỳ mở cửa của các Food Bank trong khu vực.

Mỗi túi đồ ăn được gồm có khẩu phần 2 ngày thức ăn bổ dưỡng, số lượng đồ ăn thì tùy vào số người trong gia đình, bao gồm cả những thức ăn cho những người ăn kiêng và đồ ăn thích ứng cho các sắc dân.

Với trên 80 khu vực phân phối, cơ quan EFP không những phục vụ cho riêng một thành phố, hoặc một khu xóm trong một hoặc hai ngày trong tuần. Cơ quan còn cung cấp sự giúp đỡ tiện lợi cho mỗi người khi gặp phải tai họa đói kém trong bất cứ nơi nào trong khu vực quận King.

Mỗi năm, cơ quan EFP cung cấp gần 400 000 bữa ăn cho khoản 60 000 cá nhân hay gia đình. Phân nửa trong số này là trẻ em.

Đói khát là điều tồi tệ, nhưng là vấn nạn có thể giải quyết được. Nếu quý vị, hoặc người nào mà quý vị biết đến đang cần giúp đỡ để có thức ăn trên bàn ăn, thì xin vui lòng liên lạc cơ quan EFP ở số điện thoại (206)329-0300 hoặc đến trung tâm phân phối gần nơi cư ngụ của quý vị.