



A community-based newspaper serving the Puget Sound area since 1981



The Voice

December
2007
Articles translated
into six languages

The newspaper of Neighborhood House

Be prepared for anything this winter



PHOTO BY ELIZABETH MASH

Firefighter Tony Bennett shows University House resident Barbara Weismann how to use a fire extinguisher during an emergency preparedness class last month. For more information on how to be prepared this winter, see the related stories on Page 5.

ADA issues and taxicabs

This is the second installment in a two-part series on ADA issues pertaining to taxicabs in the city of Seattle. The first installment was printed in the November issue of *The Voice*.

By ROBERT CANAMAR
SHA Resident

A group of aspiring taxicab drivers sit at desks around the room.

A man walks from the back of the class with a big black fuzzy dog, and goes to

the front of the class to give a presentation about service animals and the legal issues that pertain to them with regards to the taxicab industry.

This is a new addition to the taxicab training course, born out of the fact that some cab drivers have refused to accept service dogs into their cabs.

The class is one that all new cab drivers must complete. It's a very rigid and demanding course that all cab drivers must go through in order to become a cab driver in the city of Seattle.

It's meant to raise the awareness of all cab drivers in Seattle about ADA issues.

In order to see how issues are resolved in the cab industry, let's look at the industry itself.

At the top end of it is the Taxicab Advisory Group (TAG), made up of 19 members, including Seattle Consumers Affairs Unit, King County Licensing, the different cab associations, and even a representative from SHA and the Resident Action Council.

These are the policymakers. Licensing and regulations for the taxicab industry go through this group.

Please see "Taxicabs" on Page 4

Section 8 hearings might violate due process standards

Judge rules Tina Hendrix's case against SHA should go to trial

By TYLER ROUSH
The Voice Editor

A district court judge last month said that she has some concerns about the Seattle Housing Authority's termination hearings for Section 8 tenants, setting in motion a due process trial next year.

Judge Marsha Pechman agreed that SHA was following the guidelines for hearings as outlined by HUD. But she also questioned whether or not SHA's termination hearings meet due process standards, and said the case should go to trial.

At that time, a court will decide whether or not SHA's hearings meet the constitutional standards for due process.

SHA General Counsel James Fearn said that SHA believes its hearings process is supported by due process standards.

"We believe that the due process standards as set forth in case law support the procedures we follow," he said.

Attorney Eric Dunn, who argued the case on behalf of Section 8 tenant Tina Hendrix, said the ruling could have far-reaching consequences for SHA's Section 8 program and its tenants.

"After this order the writing's on the wall," Dunn said. "If this case is decided by the court, they're (SHA) probably going to lose, and lose badly. What they ought to do is start doing their hearings the right way and work out a resolution."

"They (SHA) just can't go on removing people from this program without due process forever," he added.

Before a Section 8 tenant is evicted from his or her housing because of a violation of SHA rules, that person undergoes an informal hearing, presided over by a hearings officer.

At question is whether or not the process as outlined by HUD meets the tenant's right

Please see "Hearings" on Page 3

In this issue

Health Notes	Page 2
AVOID A STRESSFUL HOLIDAY	
One to grow on	Page 3
REFLECT ON LAST YEAR'S	
HARVEST, PREPARE FOR THE NEXT	
News	Page 4
ETHIO YOUTH MEDIA INFORMS	
YOUNG ETHIOPIANS	
Translations	Page 8
EMERGENCY SUPPLY KIT	

Quotable

"The people who live in low-income housing should be more alert about the weather by having weather radios and batteries."
— Greg Potter, Lake City House resident, discusses the importance of emergency preparedness this winter.

See story on Page 5

Neighborhood House
Jesse Epstein Building
905 Spruce Street
Seattle, WA 98104

Nonprofit org.
U.S. postage PAID
Seattle WA
Permit #8887



Health Notes

A column devoted to your well-being

Take care of your health by eating right and reducing stress during the holidays

PUBLIC HEALTH - SEATTLE AND KING COUNTY

Eating well, physical activity, and reducing stress are keys for taking care of yourself and your family's health this holiday season.

"The holidays can be filled with food temptations that do not always fit in with a healthy lifestyle, and busy schedules can be stressful and make it hard to engage in regular physical activity," said Dorothy Teeter, Interim Director and Health Officer for Public Health - Seattle & King County. "Relax, enjoy healthy foods, and be active with family and friends to help maintain the joy of the season."

If you are attending a large dinner or potluck, follow these guidelines:

- * Supply the healthful alternative, such as a fresh fruit and vegetable tray or salads made with fresh vegetables and whole grains such as brown rice, bulgur, or quinoa.

- * Be selective, not rigid, at the buffet table. Enjoy moderate amounts of holiday favorites and do not go back for seconds. Fill half of your plate with vegetables and whole grains.

- * Remember it takes about 20 minutes after eating to feel full. Chew slowly, take your time, enjoy the meal, and make conversation with your dinner companions.

- * Do not fast before parties to make up for what you might eat that evening because this may lead to overeating. Instead, eat smaller meals during the day.

If you are trying to control your weight, focus on maintaining your weight during

the holidays, not weight loss.

Physical activity is a great way to boost your energy, reduce stress, spend quality time with family, and prevent gaining those extra holiday pounds.

Consider making physical activity part of your holiday tradition. Instead of heading straight for the television after a holiday meal, take a walk around the neighborhood or head to a local park or playground.

Do not let the weather stop you. Grab an umbrella, a hat, and a warm jacket and enjoy some fresh air and active time with family and friends.

Even with good planning holidays can be stressful.

Make a list of other strategies that you find relaxing, such as a warm bath, playing with children or grandchildren, or drinking a cup of herbal tea.

With good nutrition and some physical activity, you and your family will be better able to maintain a balance between holiday cheer and healthy lifestyle goals.

For more tips on ways to eat well and move more, visit Public Health's nutrition Web pages at www.metrokc.gov/health/nutrition, or physical activity pages at www.metrokc.gov/health/exercise.

Providing effective and innovative health and disease prevention services for over 1.8 million residents and visitors of King County, Public Health - Seattle & King County works for safer and healthier communities for everyone, every day.

Health care for low-income children in Seattle won't be in jeopardy

By SCOTT FREUTEL
Seattle Housing Authority

Low-income parents who are concerned that access to health care for their children will be limited need not be worried, at least for the foreseeable future, according to the Center for MultiCultural Health, a Seattle nonprofit agency.

Children from families that earn up to 200 percent of the federal poverty level are covered by the State Children's Health Insurance Program, or SCHIP, a national program administered by the states that provide health insurance for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance.

The program was created in 1977 to address the growing number of children in the United States without health insur-

ance.

In March 2007, Governor Gregoire signed into law the State Children's Health Care Act, which expands coverage to all children in families earning less than 250 percent of the Federal Poverty Level (FPL) in July 2007 and to families earning less than 300 percent FPL in January 2009.

The Federal Poverty Levels may be viewed online at www.cms.hhs.gov/medicaideligibility/downloads/POV07ALL.pdf.

Recent attempts to expand funding for the program have led to political gridlock in Washington, D.C.

A proposal passed in October by the United States Congress that would expand SCHIP's yearly budget from approximately \$5 billion to approximately \$12 billion yearly over the next five years was vetoed by President Bush, and an attempt to override his veto failed in the U.S. House

Yesler resident's art exhibition opens this month



PHOTO BY TYLER ROUSH

Charles Parrish, a resident of Yesler Terrace, is the featured artist this month at Art/Not Terminal Gallery. His exhibition runs Dec. 8 through Jan. 3.

By TYLER ROUSH
The Voice Editor

Row upon row of sculptures fill the living room of Charles Parrish's apartment.

The crowded Yesler Terrace apartment doubles as Parrish's art studio, where his company includes plaster cast busts of people as far ranging as former Cincinnati Reds and Seattle Mariners outfielder Ken Griffey, Sr. and South African civil rights leader Desmond Tutu.

Parrish describes each work as a personality profile.

His passion for art first blossomed as a high school student in Stewarts Draft, Va., where an 11th-grade teacher, Mrs. Williams, first encouraged him to cultivate his talent.

After high school, he attended the Holden School of the Arts in Charlottesville, Va., where he studied with Charles

Bishop.

After leaving Virginia he lived briefly in California before settling in Seattle 25 years ago.

Since then, he's been making contacts in Seattle's art community to help broaden his audience.

"Just keep knocking on those doors to get into other places," Parrish said.

That persistence has earned Parrish several exhibitions of his art. A new exhibition, featuring 17 of his sculptures and 10 pen and ink drawings, opens this month at Art/Not Terminal Gallery, located at 2045 Westlake Avenue.

The exhibit opens with a reception from 7-10 p.m. Dec. 8, and runs through Jan. 3. Gallery hours are 11 a.m. to 6 p.m. Monday through Saturday and noon to 5 p.m. Sunday.

For more information, call the gallery at 233-0680.

Number of people in family (including yourself)	Monthly income limit for free coverage	Monthly income limit for low-cost coverage*
2	\$2,282	\$2,853
3	2,862	3,578
4	3,442	4,303
5	4,022	5,028
6	4,602	5,753
7	5,180	6,475
8	5,762	7,203
9	6,342	7,928
10	6,922	8,653

* Low-cost coverage is \$15 per month per child up to a maximum of \$45 per month per family

The table above shows current income limits for families qualifying for free or for low-cost coverage.

of Representatives.

Meanwhile, the program is to be funded at its existing level through a continuing resolution.

Expansion of the SCHIP program was to have been paid for by increasing the federal cigarette excise tax from 39 cents to one dollar per pack nationwide.

For more information about the SCHIP program and other health programs in Seattle in English, call the Center for Multicultural Health at 206-461-6910.

Information is also available by phone in Amharic, Tigrinya, Cambodian, Russian, Ukrainian, Somali and Vietnamese (see box below).

Language	Name of interpreter	Number:
		206-461-6910
Amharic, Tigrigna	Aynalem Asfaw	ext. 213
Cambodian	Chantha You	ext. 211
Russian, Ukrainian	Inga Furlong or Irina Busenband	ext. 212 or ext. 230
Somali	Kadra Sheikh	ext. 204
Vietnamese	Lynn Tranh	ext. 211 (Wednesdays)

The Voice

<p>Editor Tyler Roush 206-461-8430, ext. 227 tylerr@nhwa.org</p>	<p>Reporters Robert Canamar Unique Saunders</p>
---	--

The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority resident participation funds and the King County Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House, SHA or KCHA. We welcome articles and tips from the community and reserve the right to edit all submissions.

Our Voices...

Editor's note: "Our Voices" is a multi-part series written by Neighborhood House staff members in which they describe their experiences in becoming acclimated to a new culture in the United States.

Why we're sharing our stories

We are sharing our personal stories because people who are new to the United States often come here thinking they need to do things in a particular way.

Back at home we were told to start new in the United States and to get rid of our old ways. Some of us threw away our clothes so that we could replace them with "American" clothes.

We didn't know that in America we could do anything we want — that there is freedom here. We thought we had to follow American rules and have American style once we got here.

We asked people, "How is America?"

The answer was, "It is very different than home!"

When we came here, it was like we were newborn babies, because we had no English, we didn't know where to go to the store — nobody helped us. It was a very difficult life when we got here.

Now we want to help the newcomers to America. Our stories will help explain our experiences, how we felt, and some of the lessons we learned when we first arrived in the United States.

It is our hope that our stories will help others who have arrived in the United States more recently. Perhaps these stories can help build community between all of our cultures as we learn together.

An icy tumble in high heels

By KHAY PHAVONG
Neighborhood House

When I first came here it was two weeks before Christmas.

We felt the cold air. We felt that it was so different from our country.

After two weeks we had snow coming. Every time we went somewhere we felt we had to get dressed up with a coat, a jacket, and high heels.

At home in the refugee camp, we had high heels, too, but before we came here we had books that showed pictures of American families wearing high heels and other formal clothes.

We thought everyone wore this formal uniform in the U.S.

Also, friends who had moved to the U.S. already had written to us and said: "Throw your old things (clothes, shoes, everything) away before you come, otherwise they will throw it all away at the airport."

We understood that the Americans wanted everything entering the U.S. to be clean — no germs, no sickness — and that whatever we wore already had germs on it.

My mom still kept some of her things from Laos, but I threw my clothes away.

When we got to the airport in the U.S. we were very surprised that the American officials didn't throw any of our things away!

We were able to get some used clothes during a layover in San Francisco. We grabbed a lot of shoes.

It snowed a lot in Seattle on Christmas day that year and we lived on Mt. Baker hill.

We had a lot of friends in our neighborhood. We told each other that we would



Name: Khay Phavong
Home Country: Laos
Date of arrival in US: Dec. 11, 1979
NH Job: Kitchen Aide, Head Start
Years employed: 14

walk to the store together.

I told my mom that she had to wear some formal high-heeled shoes that day.

She started walking and then fell and slid down the hill!

She had bruises on her body for three weeks after that. She said "Next time I'm not going to wear those!"

We learned that in the U.S. we can wear whatever we feel good in. We have the freedom to do what we want.

I've helped a lot of people who were really afraid to speak with American people.

I feel free and safe here. We can talk about and show how we feel. We can tell the truth here.

HUD guidelines.

Fearn said that SHA follows HUD guidelines to the letter, and that it will be up to a court to determine whether or not HUD's guidelines meet the standard for due process.

It's impossible to tell what would be the outcome if the court ruled against SHA, Fearn said.

As an example, Fearn said that SHA doesn't make transcripts of its termination hearings. A judge could rule that SHA needs to write transcripts of its hearings in order to meet due process standards.

"There are a whole range of things that could go into a full due process hearing," he said.

The case could go to trial next summer.

Hearing

Continued from front page

to due process.

Dunn argued that the hearing officers appointed to Section 8 termination hearings don't have appropriate training and skills to hear complex legal arguments and that SHA is using a wrong standard of evidence in conducting its hearings.

Dunn also argued that, by following only HUD guidelines in its hearings, SHA ignores laws that fall outside of HUD's sphere.

Judge Marsha Pechman said that Section 8 tenants should be able to appeal to all laws that could be applied to their defense — not just the laws that fall within



One to grow on

Garden tips for community gardeners

Winter a time to plan for next year's crop, reflect on last year and enjoy winter greens

By ANZA MUENCHOW
Special to *The Voice*

Though the days are short, the weather has been mild so far this November. We have enjoyed taking some long walks just to visit the trees in our area.

Winter is a good time to assess the growth and health of trees, because you can see their structure. Do they have broken branches where disease can enter? Are they too crowded and competing for light?

Get to know the trees in your neighborhood and take care of them. They clean pollutants from the air, moderate summer high temperatures and truly enhance the quality of life.

Our livable environment and a sustainable future depend on trees.

Now, for the growers who are missing their gardens, take time this month to record all you can about the past growing season.

Finish the last corrections on your 2007 map and complete any journal entries that detail the site and health of the crops you grew last summer.

Make notes about seed varieties, the weather, pests you noticed, and plants that grew well together.

How about the quantity of produce? Will you want more peppers or storage onions next year?

I especially like to remember intercropping that did well, like the trombetta squash growing up my spent pea trellises that then shaded my cilantro.

We are so lucky here in the Northwest to have a mild climate, lots of water and good soils so we can grow most of our own food.

Here we have access to locally grown foods and don't have to depend on long distance shipping to achieve an adequate diet.

You, the home gardener, are an important part of our local food security. Besides what you produce, you also recognize the value of supporting local farms when you shop at farmers markets.

It seems right that we know where our

food is grown and even by whom it is grown. Home gardeners are amazing.

Thank you for the efforts you make to grow your food. I hope it was lots of fun, too.

Winter is also a good time to rest and reflect, but I certainly miss cooking freshly picked summer vegetables out of my garden.

Now it seems the fresh veggies in the store are too expensive and just don't taste that good. How many miles and how many days did that sad green pepper have to travel to get to your plate?

But don't despair about the lack of local foods, because we have more than you think.

Delicious local winter meals can include many winter squashes, as well as the kales and other winter greens.

As the outside temperatures drop, the winter greens bring up the sugars from their roots to help keep the plants from freezing, just like a natural antifreeze.

The natural sugars add great flavor to kale soups and stir fries. My favorite soup recipes are when I start with a good broth, either from boiled meats or using a concentrated veggie powder from the market.

I add a favorite root crop, like potatoes or parsnips or sweet potatoes, cut into cubes. When that is boiling, I add chopped kale, arugula, mustard or chard.

The tougher leaves may take longer to cook, maybe 10 to 15 minutes. Then I stir in croutons (e.g., stale bread toasted with herbs) and drizzle a flavorful oil over the top, just before serving.

A nice olive oil or sesame oil will do. Then you have a warm, comforting meal that contains fresh green vegetables, with all the cancer-fighting properties you know about from those dark leafy greens.

Be well these dark days and remember the days will be growing longer in just a few more weeks. Happy Solstice to you all on Dec. 22.

Anza Muenchow is a farmer and volunteer with P-Patch. You can reach her by e-mail at anzam@whidbey.net, or online at www.mahafarm.com.

Community notes

Human Rights Summit Dec. 8

The People's Summit on Human Rights will be from 10 a.m.-6 p.m. Saturday, Dec. 8 at Rainier Beach High School, located at 8815 Seward Park Ave. S.

For more information, call 206-860-3990, e-mail lynn@lelo.org, or mail to LELO, 3700 S. Hudson St., Unit C, Seattle, WA 98118.

Childcare, transportation and translation services are available upon request by calling 206-860-3990.

A free continental breakfast and lunch will be provided at the event.

Holiday Around The World and the Neighborhood

Senior and disabled residents of Yesler Terrace, Jefferson Terrace and the surrounding community are invited to the Annual Holiday Luncheon at 11:30 a.m. Thursday, Dec. 13 at the Yesler Community Center, located at

917 E. Yesler Way. There will be good food, entertainment and door prizes. Guests are invited to bring a cultural dish to share.

Organizers are looking for someone to provide entertainment. If you know someone who would like to participate, please contact Annie Edwards at 206-461-4522.

Greenbridge Holiday Potluck

Seniors and disabled residents are invited to celebrate the holiday season and usher in the New Year at 11:30 a.m. Tuesday, Dec. 18 at the White Center Food Bank, located at 10829 Eighth Ave. S.W. Guests are encouraged to bring a favorite potluck dish.

There will be good food, entertainment, door prizes and just plain old having fun.

For transportation, contact Annie Edwards at 461-4522 or Yohannes Hagos at 461-4554 by Dec. 17.

Ethio Youth Media empowers, informs East African youth



PHOTO BY TYLER ROUSH

Sultan Mohamed shows a group of young people how to make prints during the anniversary celebration for Ethio Youth Media at the Yesler Community Center.

By ASSAYE ABUNIE
Director, Ethio Youth Media

The Ethio Youth Media program marked its second anniversary with a celebration at Yesler Community Center Nov. 3.

The television program is produced and compiled by Ethiopian youth. It airs on the second and fourth Sundays from 3-4 p.m. on Seattle Community Access Network (SCAN), cable channel 77/29.

The main purpose of Ethio Youth Media (EYM) is to reflect and transfer Ethiopian culture and history to a younger generation.

The program also focuses on issues that affect young people in their local communities.

The show also airs educational, historical, and documentary films, as well as entertainment, cultural music, comedies and talents shows, and interviews with historians, educators and Ethiopian role models.

The program has partnered with other East African communities and local organizations in the Seattle area, including Somali, Sudanese and Eritrean groups.

Where did we come from?

EYM was conceived in 2004 as part of the Ethio Techno Mobile Multimedia Project.

It was developed by Ethio Digital & IT Services (EDITS), with the sponsorship of the Ethiopian Community Mutual Association.

The project was funded by the City of Seattle Technology Matching Fund pro-

gram. The Ethiopian Community Mutual Association and Ethiopian Educational, Cultural, and Sport Center provided the main source of the manpower.

In 2005, the original young producers of Ethio Youth Media began taking courses in how to produce TV programming, scriptwriting and editing from SCAN TV.

In the past, EYM has broadcast cultural, historical and language-based programs as well as soccer, basketball and fundraising events.

Currently, the program is run by a committee called Multimedia Community Connect (MCC), composed of students and committed parents.

Where are we going?

In the future, EYM strives to:

Develop avenues to promote and produce educational programs;

Promote Ethiopian cultural and traditional programs and events;

Organize Ethiopian college and high school students to share information;

Use technology to keep members and the public informed;

Encourage members to think beyond their individual boundaries;

Celebrate, elevate, and promote the talent of young Ethiopians.

By working together with community members and embracing media as visual expression, Ethio Youth Media members will provide opportunities for Ethiopian youth and other community members to share their American experience.

For more information, contact Assaye Abunie at assaye@msn.com.

Taxicabs

Continued from front page

Underneath TAG is the Seattle Consumers Affairs Unit that issues the licenses, handles the inspections, does the testing of the new drivers' knowledge and conducts quality inspections of the taxicab fleet.

Working hand in hand with the Consumers Affairs Unit is the Seattle Office for Civil Rights, which handles discrimination cases in the City of Seattle.

Next in line are the taxicab associations, which receive your call for a cab and enter it into the computer for the cab drivers to respond to.

Dispatchers do not have the means to do any follow-up to see whether a cab has responded to your address.

Then comes the driver.

It is significant to know that the drivers own or lease their vehicles, which means that they have to pay for insurance, all repairs, installation of new equipment, inspections and tests, as well as for their own licenses.

For many new drivers, this also means they pay for the classes and the tests they must complete to become a taxicab driver.

This means that the drivers are putting out a lot of money before they collect even one fare.

One can understand a driver's nervousness about any kind of damage to the cab, even to the seat.

When there is a complaint, it depends on who the complaint is made to as to how it is handled.

If the complaint is made to the dispatch of that association, then the driver is taken off the computer dispatch for two hours for the first offense, which means that they are losing a fair chunk of income for that day.

The complaint could also go to the Office for Civil Rights, then to Craig Leisy at the Consumers Affairs unit of the City of Seattle. At that level, a penalty may be imposed.

The industry is currently looking at this from the aspect of educating the new cab drivers about ADA issues, including service dogs, and making sure that drivers are comfortable transporting people with service dogs in their cabs.

If anyone feels that they have been left at the curb because they have a service animal, complaints may be made by calling the City of Seattle Office for Civil Rights at 206-615-0490 or Consumer Affairs at 206-296-8294.

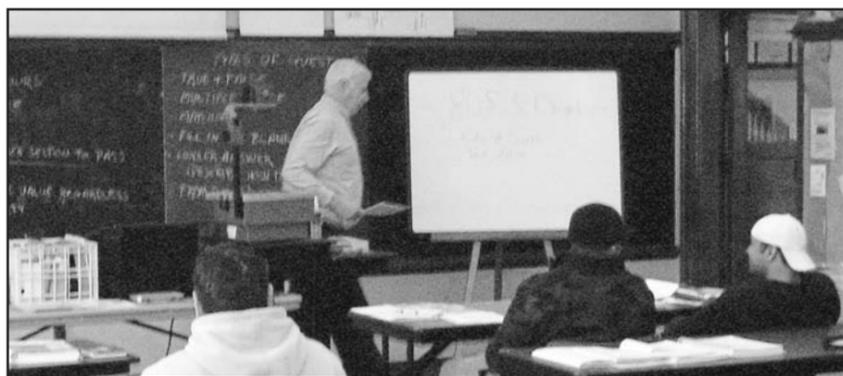


PHOTO BY ROBERT CANAMAR

Jim Martin (center) conducts a training session for new taxicab drivers.

Why bother with college?

VOICE STAFF

Getting a college education in itself doesn't make anyone better or smarter than people without a college degree. But it does give you better opportunities, helpful connections, and more chances to do interesting and well-paid work.

According to the U. S. Census Bureau, in 2005 the average yearly income of full-time workers 25 years and older was:

* \$19,169 for full-time workers who hadn't completed high school

* \$28,645 for full-time workers with a GED or high school diploma

* \$51,554 for full-time workers with a bachelor's degree

* \$78,093 for full-time workers with an advanced degree

Multiply that by ten years. An earnings difference of \$200,000 or more over ten years can translate into many benefits, including:

* Extra money to help your family

* More and better choices about a career

* Resources to buy a car, a house, travel

* Skills and knowledge to give back to your community

* Secure good health care

Americans with more years of education live longer, healthier lives — another bonus that comes with higher education.

And going to college is interesting, challenging, and fun. Some people say it's the best time of their lives.

So where do you go to get more information about earning a college degree? Come to the "You Can Go to College!" Annual College Fair, held from 6-8 p.m. Jan. 30 at the Yesler Terrace Community Center, 917 E. Yesler Way.

The event is open to everyone with an interest in attending college.

It will allow participants to connect with current students and scholarship winners and get information on preparing for college. There's also a special information session for parents. Pizza will be provided.

For more information, contact Amy Kopriva with the Yesler Youth Tutoring Program at 206-682-5590.

You can go to college!

Annual College Fair

6-8 p.m. Wednesday, January 30
Yesler Terrace Community Center
917 E. Yesler Way



Speak with college representatives, get financial aid and scholarship information, meet current university students, and snack on pizza! Special information for parents will also be provided.



For more information, contact Amy Kopriva at the Yesler Youth Tutoring Program at 206-682-5590

How SHA is helping residents get ready for emergencies

By CLAIRE MCDANIEL
Seattle Housing Authority

Emergency Preparedness is a high priority issue for both Seattle Housing Authority and the City of Seattle.

Many local organizations, including SHA and the Seattle Office of Emergency Management (OEM), are forming partnerships to achieve their emergency preparedness goals.

Recently, OEM offered a fire extinguisher class, which was held at Warren G. Magnuson Park; several SHA residents signed up.

Among them was Barb Weismann, of University House.

"The class was good...when we got our hands on a fire extinguisher, and everyone did, we could try it several times if we wanted," Weismann said. "It was very easy to use. But, it was also easy to get excited and forget the instructions, so trying out how to do this with a real fire was a good experience."

The class was taught by Tony Bennett, a firefighter from the City of Seattle Fire Department Station 14.

Bennett has been working in disaster preparedness for 17 years and provides this training to the community as a side business that is actually more like a hobby.

Fire extinguishers for the class were provided by Harry Gamble from Evergreen Fire & Safety.

The classes are conducted at Sand Point, where there is room for equipment storage and plenty of parking.

It's also out of the way, so a test fire can be safely used for practicing with the extinguishers.

Bennett said that he and OEM want to convey to as many people as possible "our message of protecting people against the impacts of disasters."

Ginger Bonnell, Emergency Preparedness Coordinator at SHA, recently worked with OEM to conduct preparedness programs in three SHA buildings.

She took the idea from OEM to community builder Marcia Johnson, who helped her get the word out.

They were looking for multi-unit buildings that had previously shown interest in emergency preparedness and had a good track record of high turnouts at community events.

Seattle OEM also requested a good representation of the diversity of the SHA population, including a wide range of language and ability, and locations in different areas of the city.

Bitter Lake Manor, Cal Mor Circle and Center Park fit the criteria.

OEM provided lunch for the participants, presented a 40-minute discussion on preparedness and then gave out kits of various simple but useful preparedness items donated by several partners in the program.

"The SHA community builders have been working with us on the planning and logistics, and have offered valuable insights and ideas throughout the process of planning and delivering this program," Bonnell said. "We hope to develop partnerships and find funding to allow us to expand the program to more buildings in the coming years."

OEM received a \$50,000 grant to improve the physical preparedness of "vul-

Some tips to help you be prepared

Water storage

Try to store one gallon of water per person per day for use in an emergency. The container should be made of high-grade plastic, not a milk jug or glass container. Two-liter plastic pop bottles work well. The container needs to be cleaned well with a chlorine bleach solution to get rid of bacteria.

Carbon monoxide can kill you!

Do not use any type of charcoal or gas-powered stoves, barbecues or generators indoors. Even when coals go white, if they are producing heat at all, they still produce carbon monoxide and aren't safe. If you feel dizzy or nauseous get some fresh air.

You can get carbon monoxide detectors at the same place you get smoke detectors — hardware stores and drug stores. They usually cost about \$20.

Make a plan

Get the members of your household together to talk about what you will do in emergency or disaster situations. Be sure to talk about the different things that can happen in your area and how to deal with them.

Discuss and implement a household communications plan, including an out-of-area contact to find out if everyone is all right and a household reunion plan to find out how you will find each other if you can't communicate and can't get home. Then, practice what you have discussed.

Additional resources

In addition to the fire extinguisher training, Bennett also offers classes in Basic First Aid and CPR for adults and Search and Rescue. The fee of \$10 per class is paid by the students (although SHA residents may be able to get assistance with the fee by contacting their community builder) and classes are open to all Seattle residents.

Six to 10 classes will be scheduled from January through June 2008. The schedule of classes for 2008 will soon be posted to the OEM website at www.seattle.gov/emergency.

For more information, contact Elizabeth Mash at 206-233-7123 or elizabeth.mash@seattle.gov.

nerable populations" within the city. Vulnerable populations is a term used in the Emergency Management world to describe any segment of the population that has various barriers to being prepared for a disaster, such as low income, advanced age, limited English, cultural sensitivities or disabilities.

Bonnell is regularly working with OEM and looking for ways to improve the emergency preparedness of SHA and its residents.

If you want to request a presentation on any emergency preparedness subject, contact Bonnell at 206-615-3518, or contact your community builder.

With winter on its way, it's best to be prepared

Greg Potter, a resident of Lake City House, has worked with the National Oceanic and Atmospheric Administration (NOAA) weather service. Here, he reflects on last year's windstorm and what residents can do to be prepared.

By GREG POTTER
SHA resident

I'm writing this about last year's windstorm, because I don't know if people think about how bad it was.

If you ask me about it, they should make a front-page article about how to be prepared.

It should mention that you should listen to the weather reports and places people can go to get their emergency supplies and what they need from the pharmacy.

Get some warm clothes, too. Shop for emergency food, like canned food and a can opener. And buy a transistor radio. Have batteries for the radio on hand.

Emergency information will be broadcast on radio stations, such as KIRO AM-710 and KOMO AM-1000. They will tell you what's going on in your neighborhood, including updates on the weather.

When the electricity went out here at Lake City House, people in wheelchairs and elderly people couldn't get down the stairs. The people who live in low-income housing should be more alert about the weather by having weather radios and batteries.

Also, no one came to check on me from Seattle Housing Authority for three days, and no volunteer floor wardens came to check on me.

I always prepare for anything like this to survive. I'm in a wheel chair and I always make sure my wheelchair battery is charged up — especially in a bad, bad winter storm coming in to the north end of Seattle.

People should buy everything before hand to be prepared, like generators,



Greg Potter

emergency radios, flashlights and new batteries.

Every household should have a plug-in radio in the kitchen on all the time. It should be on a shelf by the south window to get better reception.

Besides your household, what about your car or truck? It needs the same supplies, too.

Make sure you have about two sets of batteries for your radio and flash lights, some dry or canned food and warm blankets.

You should only use your cell phone if you have a real emergency, and make sure you have enough medicine from the pharmacy.

In your survival kit buy things you like to eat. Also, have some games, puzzles, books, word search, comic books magazines, etc., to make the time go faster so you can be occupied with things that you like to do.

Because every day is an adventure as soon as you put your feet on the floor until you go back to bed — because this whole life is an adventure. Good luck on this earth.

Make an emergency supply kit

Many disasters happen without warning. Make a plan to protect and provide for yourself, your family, and your pets in the event of an emergency or disaster.

Your plan should include a meeting place within walking distance of your home where your family members can meet in case you get separated or have to evacuate.

Choose a friend or family member who lives out of the area to serve as your out-of-area contact.

In the event of an emergency or disaster, you can call your out-of-area contact and tell them you're safe, where you are, and where you are going.

All family members should have the phone number of your out-of-area contact with them at all times.

Make an emergency supply kit, with enough items to provide for you and your family for at least three days. It should include:

1. Water: 1 gallon per person per day
2. Food: non-perishable canned goods with can opener, granola bars, protein bars, "comfort" foods like cookies or hard candy

3. Extra set of clothes with sturdy shoes

4. Flashlight with extra batteries or light stick

5. Whistle

6. First Aid kit including a three-day supply of prescription drugs

7. Entertainment items like a deck of cards

8. Shelter-in-Place supplies like duct tape and plastic

9. Cash: ATMs won't operate if power is out

Put together small versions of your supply kit to keep at work, at school and in your car.

For more information on how to construct an emergency supply kit, go to www.metrokc.gov/prepare.

On the right side of the screen, find the link "Preparedness Information & Resources," then click "Personal preparedness."

Information is also translated into 17 languages, including Amharic, Arabic, Chinese, Farsi, Ilocano, Khmer, Korean, Romanian, Russian, Serbo-Croatian, Somali, Spanish, Tagalog, Tigrigna, Ukrainian and Vietnamese.

Links to these translations can be found at www.metrokc.gov/prepare/preparerespond/multilingual.aspx.

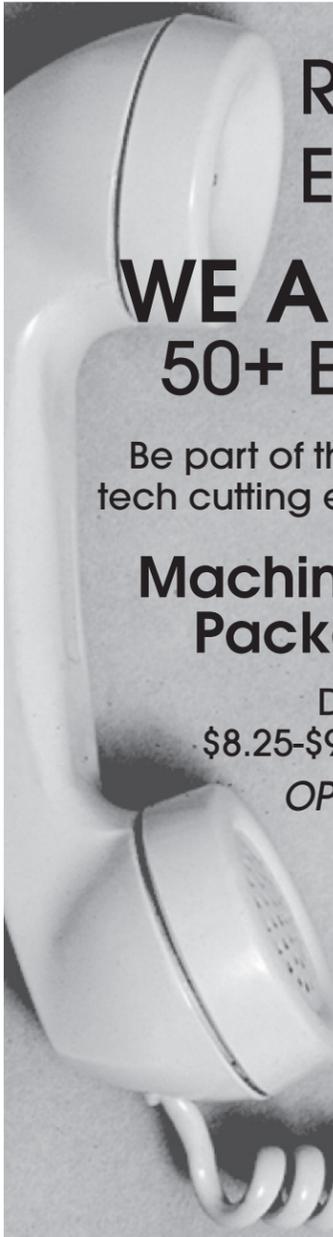


Neighborhood House
Strong Families. Strong Communities. Since 1906.

CLASSIFIEDS

THE MARKETPLACE OF THE VOICE

RECRUITMENT & TRAINING



Ready To Talk
Employment.

**WE ARE HIRING
50+ Employees**

Be part of the exciting world of hi-tech cutting edge Software Creation!

Machine Operators & Packaging Leads

Day & Swing
\$8.25-\$9/hr • Paid Weekly
OPEN HOUSE • M-F at 9:30

Q-Media 4101-D
Industry Dr. E.
Fife, WA 98484
253-896-9699

KELLY
SERVICES

RECRUITMENT & TRAINING



WorkSource Provides

- Job Preparedness Workshops
- One on One Career Guidance
- Weekly Hiring Events

These services are FREE and open to the public. Translation services are available upon request.

Visit our website:
www.worksourceskc.org

Locations

Auburn: 253.804.1177
Renton: 206.205.3500
Rainer: 206.721.6000
Seattle Downtown: 206.436.8600
North Seattle: 206.440.2500
Redmond: 425.861.3700
South Seattle Community College: 206.764.5304



TARGET®
in Woodinville
We've Raised Our Starting Wage!

Cashiers - FT/PT
Jewelry Specialist
Shoe Specialist
FT Overnight Stocking
Dayside Stocking

Now Hiring for the Holidays!

Apply Inside:
13950 NE 178th Place
Woodinville, WA
or Call **425-482-6410**

To place your ad in
The Voice
contact
classmgr@nwlinc.com
today!

Wii™ want you!

Nintendo®

NOW HIRING...
\$11 to \$12 per hour

Kelly Services is hiring for pick/pack workers, shipping, receiving, assembly, and warehouse professionals. Jobs are located in North Bend, a 30 minute scenic drive from Bellevue or Auburn. Fantastic jobs in a great location. Casual work environment, Full-Time hours with the opportunity for overtime. We do drug testing and background checks for all these awesome jobs.

\$100 Referral Bonus
\$100 Sign-up Bonus

Call for a job today!
425-497-7904

KELLY
SERVICES



Give The Greatest Gift...LIFE!

Donate plasma and
EARN \$75⁰⁰/in 2 visits

Bring in this coupon to earn an extra \$10.⁰⁰
Receive a special
Holiday Gift Bag after 8 donations
We need NEW DONORS for plasma/blood donations at our Seattle location.

7726 15th Ave NW
206-782-6675
Seattle, WA



CLASSIFIEDS

THE MARKETPLACE OF THE VOICE

RECRUITMENT & TRAINING



This Out!
NOW HIRING
CABLE ASSEMBLERS

Must have min. 6 months exp. Must be available and willing to work overtime!
Day, Swing & Graveyard shifts available. \$11.00-\$12/hr.

Start Working Tomorrow, Call Kelly Services Today!

KELLY SERVICES **1-253-395-4435**
or email: ks6215@kellyservices.com

MISCELLANEOUS

ywca eliminating racism
empowering women

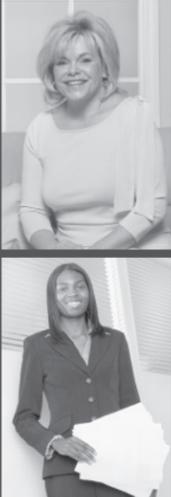
Pathways to Work
Employment Support Class for Women

Are you an individual who needs to re-enter the workforce because of divorce, separation, death or disability of a spouse, or loss of welfare? If so, find tools and support, at no cost to you, in workshops presented by the Displaced Homemaker Center from Pathways for Women YWCA. The next workshop will be held

January 9th - January 23rd
9:00 am to 2:30 pm

CALL (425) 258-2766 EXT. 226 FOR FURTHER INFORMATION.

- Learn how to translate your experience into marketable skills
- Set goals and build self-esteem
- Learn where to get training
- Transportation and childcare assistance may be available.




Start the Greatest Career of Your Life!

Are You a Caregiver?

Help Us Help Others
Please Call Today



South King Co/Pierce Co.
253-943-1603

Have you cared for a child, spouse, parent or friend? Share your experience as a caregiver with our team of Home Care professionals.

DENIED BENEFITS?

SOCIAL SECURITY DISABILITY, SSI, VETERANS' CLAIMS

FIGHT FOR THE FINANCIAL & MEDICAL BENEFITS YOU DESERVE

- HOME VISITS
- NO FEE UNLESS WE WIN
- REFERRALS WELCOME

GEORGE ANDRE FIELDS ♦ ATTORNEY AT LAW
206.622.5679 ♦ WWW.GAFIELDS.COM

CLASSIFIEDS

Items for Sale

Canon Pixma IPI500 photo printer with power cord, ink tanks, black color. Software user's guide. Excellent condition. \$25. 206-325-6455.

Paper and wood fan decorated with flowers 60" wide, 38" high, \$68/obo. 5.8 digital AT&T telephone cordless with battery backup \$40. Air purifier \$10. 206-853-8334

Free

Free Esperanto Language Lessons. Esperanto is four times easier than English. Speak with your neighbors from around the world. For information 206-600-1178 or seattleesperanto.org.

Items by Donation

Let's enhance your home and/or office custom fantasia psychedelic bold unique original style variety of subjects almost anything goes acrylic paint on canvas 206 323 8226

Market place coupon

Do you have a couch or other item you want to sell? Take advantage of the free person-to-person classified advertising in The Voice by filling out your 24-word ad below. Remember, write only one word per line and don't forget to include your telephone number in your ad! Mail your ad before the 18th of the month and it will be included in the next month's issue.

Name _____ Address _____
City _____ State _____ ZIP _____
Telephone _____ E-mail _____

Write your ad here (one word per line)

Check the classification: Items for sale Autos for sale
 Items wanted Services

Mail to: PPC, 4000 Aurora Ave. N., Seattle, WA 98133 Fax: 206-461-1285
E-mail: classmgr@nwlink.com w/subject line "The Voice"

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Make an emergency supply kit

Badiba marka Aafo dhacdo , sameesyso ka hortag naftaadana u sameev , xaaskaaga, qoyskaaga, iyo xayawaankaaga ka hortag waxyeelo. r.

Qorshahaga waa inuu ahaado kulan meel lysku og yahay marka ay dhacdo in la dadgureeyo dadka

Dooro saaxiib ama qoys oo ku nool goobta wax ka dhacay si uu ku taro ka saaridda goobta lana xiriir waqti fican si uu gargaaro una sheeg inaad nabad tahay waa hadii aad tahay . Samee qalab deg degga ah oo ku filan qalabkaas mar kastana la xiriir

Samee qalabta deg degga oo ki filan qoyskaaga ugu yaraan sadeex maalmood wax ku filan iyaggo ka mid

yihiiin:

1. Biyo : 1 gallon of kiiba maalintii
 2. Raashiin qasacaddeysano la furi karo oo dibaato lahayn sida raashiinka loo yaqaan cookies ama naccacca adag
 3. Dhar said ah iyo kubeertooyin, kano adag
 4. Tooshka iyo batari dheeri ah
 5. Whistle
 6. Gargaarka degdegga ah iyadoo saddex maalmood ku filan iyo daawo
 7. Qalabkalagu maadeysto sida turubka
 8. Shelter qalabka sida - duct tape iyo plastic
 9. Lacag caddaan ah waayo ATMs ma furmi karo
- Isku ururiyo ka dhig qalabkaaga si aad ula sheqeyaso Dugsiyada Waxbarashada iyo gawaarida..

Make an emergency supply kit Приготовьте комплект на случай стихийного бедствия

Многие бедствия случаются без предупреждения. Разработайте план спасения и обеспечения себя и своей семьи, включая домашних животных, на случай несчастья. Ваш план должен предусматривать место встречи, куда можно пойти от дома пешком, где члены вашей семьи могут встретиться в том случае, если вы окажетесь разделены или должны быть эвакуированы. Выберите друга или члена семьи, проживающего в другом районе, чтобы он был вашим связным. В случае бедствия вы можете позвонить своему связному, сообщив о своём состоянии и местонахождении и куда вы направляетесь. Все члены семьи должны иметь номер телефона вашего связного постоянно при себе.

Приготовьте комплект на случай бедствия с достаточным количеством вещей, чтобы обеспечить себя и свою семью по крайней мере на три дня. В него должны входить:

1. Вода - 1 галлон на человека в день
 2. Еда - непортящиеся консервы с консервным ножом, прессованные готовые к употреблению плитки (granola bars, protein bars) лакомства - печенье, карамель
 3. Дополнительный комплект одежды с прочной обувью
 4. Ручной фонарь с запасом батареек или факел
 5. Свисток
 6. Пакет первой медицинской помощи, включая трёхдневный запас прописанных лекарств
 7. Игры для развлечения, например, колода карт
 8. Предметы для быстрого ремонта убежища, такие, как клейкая лента и пластик
 9. Наличные деньги - банковские автоматы не будут работать при отсутствии электричества
- Соберите подобные небольшие комплекты, чтобы держать каждый из них на работе, в школе и в своей машине.

Make an emergency supply kit រៀបចំប្រដាប់ប្រើប្រាស់ក្នុងករណីមានស្មុំ

ភាពមហន្តរាយកើតឡើងដោយពុំមានដឹងជាមុន, ហេតុនេះយើងត្រូវតែរៀបចំប្រដាប់ប្រើប្រាស់ខ្លួនឯង ឬ មានមនុស្សដែលលោកអ្នកចិញ្ចឹម។ លោកអ្នកត្រូវតែមានក្នុងការណាត់ជួបគ្នាក្នុងពេលមានភាពអាស្មន់កើតឡើង, ទីកន្លែងដែលត្រូវជួបគ្នា ទំនាក់ទំនងគ្នានិងគ្នាពេលមានភាពអាស្មន់ពេលដែលយើងពុំអាចមានទំនាក់ទំនងគ្នានិងគ្នានោះ ។ ប្រើសម្រាប់ប្រដាប់ប្រើប្រាស់យើងឲ្យបានដឹងឈ្មោះនិងទីកន្លែងដែលយើងជួបគ្នាបន្ទាប់ពីមានមហន្តរាយ ។ រួចលោកអ្នកអាចទូរស័ព្ទទាក់ទងទៅប្រាប់មិត្តភក្តិ ឬសាច់ញាតិអំពីសុខភាពរបស់អ្នក, លោកអ្នកត្រូវដឹងលេខទូរស័ព្ទក្រុមគ្រួសារដែលលោកអ្នកនឹងត្រូវប្រាប់ទៅក្រុមគ្រួសារលោកអ្នកឲ្យបានដឹងមុន ។ រៀបចំប្រដាប់ប្រើប្រាស់យើងយ៉ាងតិច៣ថ្ងៃសម្រាប់ពេលមានភាពអាស្មន់នោះលើកឡើងសម្រាប់គ្រួសាររបស់អ្នកដូចជា :

១. ទឹក ត្រូវមាន១លីត្រក្នុងម្នាក់ ក៏ដូច្នោះ ។
២. ម្ហូបកំប៉ុង : ត្រូវទិញទុកសម្រាប់ពេលមានស្មុំយ៉ាងតិច៣ថ្ងៃ ហើយម្ហូបកំប៉ុងនោះអាចងាយលើកពិសារដោយមិនចាប់ប្រដាប់ប្រើប្រាស់ ។ មានចំណីច្រើនដែលមានជាតិវិកតាម៉ែតត្រឡប់មកវិញសុខភាព ។
៣. ត្រូវមានសំបុត្របំបាក់បង្ហាញដែលមានស្បែកជាប់ជាមួយនិង មានភាពអាស្មន់កើតឡើង។
៤. ត្រូវមានឃ្លីងពិលនិងថ្នាំពិលច្រើនមានអ្វីជាសញ្ញាបំភ្លឺពេលមានអាស្មន់ ។
៥. ត្រូវមានកញ្ចប់ថ្នាំជាសញ្ញា
៦. មានប្រដាប់ប្រើប្រាស់មូលដ្ឋានថ្នាំពិល, ថ្នាំផ្សាស្រាវ, ចងបិទការពារប្រដាប់ប្រើប្រាស់, យ៉ាងតិច៣ថ្ងៃ ។
៧. ត្រូវមានកំសែតចាត់សម្លេងប្រើទូរស័ព្ទសម្រាប់ស្តាប់នូវប្រតិបត្តិការប្រយោជន៍របស់ពេលមានស្មុំ ។
៨. សម្ភារៈជំនួយក្នុងធ្វើជម្រក, ធ្វើកន្លែងស្នាក់នៅមានបង់ស្វិត, ត្រូវណាត់ការឃ្លាំង។
៩. ប្រាក់សម្រាប់ថយពេលមានអាស្មន់។ សម្ភារៈទាំងនោះត្រូវទាក់ទងឲ្យបានដឹងគ្រប់គ្នាជាពិសេសនៅតាមរយៈយន្តដែលលោកអ្នកបើកបរចាំថ្ងៃ, តាមសាលាប្រឹក្សា, នៅតាមទីកន្លែងការងារ ។

Make an emergency supply kit

ለድንገተኛ አደጋ የሚያስፈልጉት ነገሮችን ያዘጋጁ።

ብዙ አደጋዎች ያለማስጠንቀቂያ ያጋጥማሉ። አስቀድሞ ጥንቃቄና አስፈላጊ ነገሮችን ለራስዎ፣ ለቤተሰብዎ ለእንስሳዎችዎ አዘጋጅቶ መጠበቅ በትልቅ ችግር ጊዜ በጣም ይረዳል። አጋጣሚና ድንገተኛ ለሆኑ ነገሮች እቅድዎ ማጠቃለል ከሚኖርብዎት ውስጥ በቀላሉ በእግር ተገዘው ከቤተሰብዎ ጋር የሚገናኙበት ቦታ ማዘጋጀት፣ ዘመድ ወይም ጓደኛ የሆነ በጥፋት ወይም በአደጋ ጊዜ ከአካባቢው ውጭ ደውለው ደህንነትዎን ለማፈልግ ሰው የሚገልፁበት የት ቦታና ወዴት እንደሚሄዱ የሚናገሩበት ሰው ማዘጋጀት ያስፈልጋል። ማንኛውም የቤተሰብ አባል የሆነ ሁሉ የዚህ ሰው ስልክ ቁጥር ምንጊዜም እንዲኖራቸው ያስፈልጋል። ለድንገተኛ ሆኔታ አስፈላጊ ነገሮችን ማዘጋጀትና በቂ የሚሆን ለርስዎም ሆነ ለቤተሰብዎ ቢያንስ ለሶስት ቀን የሚያገለግል ያስቀምጡ።

ከእነዚህም ውስጥ ተጨማሪ:

1. ውሃ : 1 ጋሎን በቀን ለእያንዳንዱ ሰው
2. የማይበላሹና የታሸጉ ምግቦች እስከመክፈቻቸው፣ ግራናራ ባርስ፣ ፕሮቲን ባርስ፣ ቀላል ነገሮች እንደኩኪስ ወይም ከረጫላ የመሳሰሉ
3. በቂ ልብሶች ከጫማዎች ጋር
4. ፍላጎት ለይት ከባትራው ጋር ወይም ብርሃን የሚሰጡ መገልገያዎች ፊሽካ
5. የፈረስት ኤድ መገልገያዎች፣ ይህም ለሶስት ቀን የሚሆንና በትዕዛዝ የሚሰጥ መድሃኒት
7. ለመዝናኛ የሚሆኑ እንደ ካርድ መጫወቻ የመሳሰሉ
8. ሽልተር ኢን ሳፕላይስ እንደ ቴፕና ፕላስቲክ የመሳሰሉ
9. ገንዘብ፡ ኤቲኤም ኤሌክትሪክ ከሌላ አይሰራም በትንሹም ቢሆን ለድንገተኛ ነገሮች የሚያስፈልጉትን ሁሉ ከስራ ቦታዎ፣ ከትምህርት ቤትና ከመኪናዎ ያስቀምጡ።

Make an emergency supply kit

HÃY LÀM TÚI ĐỒ DỰ TRÙ CHO TRƯỜNG HỢP KHẨN CẤP

Có nhiều tai họa xảy ra không báo trước. Vậy hãy làm một phương kế để bảo vệ và cung cấp cho chính quý vị, gia đình quý vị hay gia cầm khi có trường hợp khẩn cấp hay khi tai họa xảy ra. Phương kế của quý vị phải nên gồm có điểm hẹn gặp nhau ở không cách đi bộ từ nhà tới được, để mọi người trong nhà gặp nhau ở đây trong trường hợp phải di tản hay lạc nhau. Chọn một người bạn, hay người thân trong gia đình mà đang cư ngụ ngoài khu vực , để làm điểm liên lạc. Trong trường hợp có sự cố khẩn cấp hay có tai họa, quý vị có thể liên lạc ra điểm ngoài khu vực để nhắc cho họ biết quý vị đang được an toàn, nơi quý vị đang ở, và sẽ dời đi đâu. Mọi người trong gia đình quý vị cần phải luôn có số điện thoại của người thân mà ở ngoài khu vực này .

Hãy làm túi đồ dự trữ trong trường hợp khẩn cấp, với đầy đủ các món để cung ứng cho quý vị và gia đình quý vị trong ít nhất là 3 ngày. Đồ dự trữ phải gồm có:

1. Nước: cần có 1 galông nước cho một người dùng trong 1 ngày
2. Đồ ăn: đồ hộp, cần có dụng cụ để khai, các thỏi cốm granola bar, bánh qui, kẹo
3. Vải bộ đồ với những đôi giày chắc chắn
4. Đèn pin hay thanh tỏa ánh sáng

5. Còi hiệu
6. Túi cứu thương, và 3 ngày thuốc uống theo toa bác sĩ
7. Đồ để giải trí như bộ bài
8. Băng keo, tấm trải nhựa
9. Tiền mặt: vì lúc cúp điện các máy rút tiền ATM không hoạt động được.

Hãy bỏ chung lại trong túi đồ dự trữ , rồi chia ra từng túi nhỏ để nó ở chỗ làm, ở trường học hay trong xe của quý vị.

No Tigrina translation this month

Because of technical difficulties, there will be no translation in Tigri-gna this month. We apologize for the inconvenience. The translation is expected to return in next month's issue of The Voice.

The mission of the Seattle Housing Authority is to enhance the Seattle community by creating and sustaining decent, safe and affordable living environments that foster stability and self-sufficiency for people with low incomes.

homeWorks update
CENTER PARK WORK UNDERWAY
See page 3



SHA NEWS

**December
2007**

News and information about Seattle's neighborhoods

The STAR of Seattle



PHOTO BY UNIQUE SAUNDERS

Kamala Tabor sits at a work station at the STAR of Seattle Computer Center at Center Park.

Open to all, computer lab at Center Park offers access to technology for disabled residents

By UNIQUE SAUNDERS
Special to The Voice

It's been eight years since the STAR of Seattle Computer Center welcomed the residents of Center Park.

Remarkably, three-fourths of the STAR of Seattle Computer Center's volunteers are in wheelchairs, two of the volunteers are blind, and all who volunteer are disabled.

The Seattle Housing Authority, with the help of the Center Park Residents Council, created the STAR center after a failed attempt to donate surplus computers to the neighborhood.

Because many of Center Park's residents are physically disabled, the computers were not usable.

The STAR computer center was born out of the idea to build a useful computer

center for disadvantaged residents.

Unique to the lab are the computers used. The lab comes equipped with special technology and software.

Larger screens, voice input software, on-screen and flat programmable keyboards are a few of the accommodations STAR offers.

This allows hearing-impaired and vision-impaired users the opportunity to learn how to use the technology in a way that benefits them.

Center Park resident Worthington Enslow has been volunteering at the center for about three years now. Enslow, who is physically disabled, began at STAR as a student learning how to teach basic computing skills.

Now that he is officially trained to teach, he has put those skills to use. Not only does he teach classes, but he mentors those who come to the center.

Teaching "has done wonders for my computing skills," he says.

He adds that he enjoys teaching and mentoring, but that "sometimes it's an exercise in patience."

The STAR center gives Center Park residents like Enslow an opportunity to learn and get involved.

It also gives them an excuse to get out of the house and mingle with their neighbors for a little while.

Classes range from basic to advanced computing classes and PC troubleshooting.

On Tuesday nights, neighbors can sit in on information sessions about finding social

See "STAR Center" on Page 2

HUD funding bill goes to president soon; veto feared

VIRGINIA FELTON
Seattle Housing Authority

Funding for HUD programs is making its way steadily through Congress, but faces a huge hurdle in getting past a potential veto by President Bush.

The Transportation-Housing appropriations conference committee agreed upon a 2008 spending package on Nov. 8.

The conference bill was then taken up by the U.S. House of Representatives, which approved it by a vote of 270 to 147.

The Senate is expected to take action on H.R. 3074 after returning from the Thanksgiving break.

The next step is to send the bill to the president for a response. The president has threatened to veto any appropriations bill that exceeds his proposed budget; this bill does exceed his proposed budget.

The bill includes a total of \$38.66 billion for HUD funding, which exceeds the president's proposed 2008 budget by \$3.81 billion and 2007 spending levels by \$2.45 billion.

It is widely expected H.R. 3074 will be combined with other budgets and included in a large appropriations bill (known as an "omnibus bill") that would fund all remaining federal programs in fiscal year 2008. Inclusion in such a bill would make a veto by President Bush much less likely.

The bill itself has not yet been made public, but according to a summary of funding levels by the National Association

of Housing and Redevelopment Officials, the bill provides:

* \$16.4 billion for Section 8 tenant-based vouchers. That is \$516 million above 2007 and \$436 million above the president's request. This was a compromise between House and Senate funding levels.

* \$4.2 billion for the public housing operating fund, which is \$336 million above 2007 spending levels and \$200 million above the President's request. The House and Senate bills both requested this funding level.

* \$6.4 billion for Section 8 project-based rental assistance. This is \$405 million above 2007 spending levels and \$568 million above the President's request. It equals the House proposed funding level.

* \$120 million for the HOPE VI program. This is \$21 million above 2007 funding levels, and a reversal of the President's proposal to cancel funding for the program. It equals the Senate's proposed funding request.

* \$3.79 billion for Community Development Block Grant, which is \$100 million above 2007 levels but approximately \$400 million below 2001 levels.

* Authorizes 15,500 new Section 8 vouchers, including \$75 million for 7,500 vouchers for Homeless Vets through the HUD-Veterans Affairs Supportive Housing program, \$30 million or 4,000 vouchers for non-elderly disabled individuals and \$30 million or 4,000 vouchers for the Family Unification Program.

SHA applies for HOPE VI grant to redevelop, revitalize Lake City property

By SCOTT FREUTEL
Seattle Housing Authority

Seattle Housing Authority applied in November for a U.S. Department of Housing and Urban Development HOPE VI grant to redevelop and revitalize its property at Lake City Village.

The 1.9-acre Lake City public housing development has two components: Lake City Village and Lake City House. The "village" portion would be redeveloped with this grant.

HOPE is an acronym for Homeownership Opportunities for People Everywhere. The HOPE VI Project is a federal grant-funded program created to rebuild old and/or severely distressed public housing. Its primary purpose is to revitalize neighborhoods while providing services that enhance the lives of residents and create a long-term investment in communities. SHA has redeveloped its family communi-

ties — NewHolly, High Point and Rainier Vista — with HOPE VI grants.

Lake City Village was built in 1971 as a U-shaped cluster of 16 two-story townhouse units for families, including 10 three-bedroom and six four-bedroom units. Because of severe flooding problems, Lake City Village was demolished in 2002. Today the land that Lake City Village stood on is a grassy vacant lot that attracts criminal activity to the area.

Lake City House, a midrise building with 113 units for seniors and persons with disabilities, adjoins the lot. It is being rehabilitated as part of SHA's homeWorks project.

If SHA's funding proposal is successful, HOPE VI funds will be used as seed money to further the improvement of the Lake City "Hub Urban Village," created in 1999 by members of the Greater Lake City Community Council and the City of Seattle.

See "HOPE VI" on Page 2

In this section

SHA News	Page 2
NEW DEVELOPMENT DIRECTOR AT SHA	
Point of View	Page 3
CENTER PARK WORK CONTINUES	
High Point Herald	Page 4
PEDESTRIAN SAFETY STILL A CONCERN	
Rainier Vista News	Page 5
A THANKSGIVING FEAST FOR SENIORS	
NewHolly Notes	Page 6
STUDENTS ENJOY READING WEEK	
Yesler Happenings	Page 7
DAY CARE PROVIDERS MEET TO DISCUSS REDEVELOPMENT OF YESLER	



Letters to the Editor

Readers of The Voice speak out

Esperanto is a simple, universal language

Esperanto is designed to provide a simple, neutral bridge language for communication among speakers of different native languages. It is spoken by hundreds of thousands of people (probably a couple million, actually), all over the globe, and has been proven to work in all areas over more than a century of use.

It can be learned in a fraction of the time needed to learn a national or ethnic language, and learning it first speeds the acquisition of second or third foreign languages. The Internet can put the Esperanto learner in immediate contact with the keyboard equivalent of pen pals and with tutors, so that now it is as easy to learn it in Bozeman, Mont., or Timbuktu as in Warsaw or Paris.

Far from being a "Romance language" or a "European language," Esperanto is spoken all over the globe; the largest number of Esperantists in any country are in China, the president of the World Esperanto Association is from India, this year's Esperanto "International Youth Congress" was held in Hanoi, and the continent where the language is growing the fastest is Africa.

Unlike English, Esperanto in the role of bridge language does not privilege any particular countries; it is non-discriminatory where English is not. And even for the adult immigrant in an English-speaking environment, learning Esperanto first can actually help in the acquisition of English competence.

For more information, go to www.esperanto-usa.org. Local information is available at www.seattlesperanto.org.

Leland (Haruo) Ross
President of Seattle Esperanto Society
Phone 206-525-2790
rosharuo@gmail.com

An open letter to the Seattle City Council: HP needs a grocery store

Dear City Council,
I'm Audrey Turpaud and my husband is

Robert Turpaud. We have a little boy who is 5 years old in December and a little girl who is 3 years old in December. Our family moved from Lake City to the High Point neighborhood this January.

We moved to High Point because we really like the beautiful nature view in this neighborhood. Especially when we knew all houses here are built green, energy efficient and environmentally friendly. The management also tried to make sure we don't destroy our precious nature very much.

But even before we moved to this neighborhood, we found this place is actually in the middle of nowhere. There are two Safeways in West Seattle. One is in West Wood Village, another at Alaska Junction. Both are too far for those seniors and moms with children to walk. There is Thriftway on California Street. It's also far enough to drive a car and what's more, all things there are very expensive. We call it Expensiveway. We don't think people living in these government subsidized houses can afford it.

In brief, there are no grocery stores, no supermarkets, no affordable healthy restaurants, no post office, no banks, etc., within walkable distance. Everywhere we go, we have to drive the car and pollute the air. That's really against the mission of protecting our environment. After we moved here, we found this really inconvenient and we have to drive our car more than ever.

There is a piece of empty land in this neighborhood. That really gives us some hope that the property management will build a compact shopping center so that we don't have to drive around. But so far, it seems that empty land will be empty forever.

We are still waiting and hoping that piece of empty land can make our life easier and can minimize our driving in this neighborhood. To stop global warming we must start today and from our High Point neighborhood.

Audrey Turpaud
High Point resident

HOPE VI

Continued from front page

Hub Urban Villages are neighborhoods that are intended to accommodate a mix of uses at relatively high densities. They're capable of supporting transit use and allowing people to live close to where they work.

Hub Urban Villages also have high priority for capital improvements by the city. In recent years, the city has invested more than \$17 million in Lake City in a library expansion, upgrades to the neighborhood service center, the creation of a farmer's market, redevelopment of a mini-park and improvements to streets and sidewalks.

If the HOPE VI grant is approved, the first Lake City project will be to correct the serious drainage problems that plagued Lake City Village and led to its demolition in 2000. Adjacent parcels of property have already been purchased by SHA to square the site.

Eighty-six affordable rental units, five affordable homeownership units and 12 market rate homeownership units are planned for the site.

The Homestead Community Land Trust will provide counseling services to purchasers, and will make the homes affordable by maintaining ownership of the underlying land for 99 years.

A market analysis commissioned by SHA showed that there is considerable demand for all the unit types that are to be

constructed onsite.

If the project goes forward, the Puget Sound Neighborhood Health Center will locate its new North Seattle facility on-site, to provide both medical and dental services to people on Medicare and Medicaid as well as to the uninsured.

A resident survey conducted during the HOPE VI planning process revealed that health care and the presence of a health center on site was ranked very important by a vast majority of respondents.

A mid-block, fully accessible pathway down the hillside from 35th Avenue N.E. to 33rd Ave N.E. will incorporate native trees, shrubs and grasses on either side. A linear sculpture park will be created along 33rd Avenue N.E.; it will incorporate a path to meander among landscaped elements.

SHA's award-winning Community Service and Self-Sufficiency (CSS) programs will be focused on Lake City to help current and new families move toward economic self-sufficiency and homeownership, and help seniors and persons with disabilities live independently.

The cost of the revitalization of the property is expected to be just under \$42 million, of which about \$10.5 million would be provided by HOPE VI funds.

The rest would come from the Washington State Housing Trust Fund, the Seattle Office of Housing levy funds, tax-exempt bonds and the Puget Sound Neighborhood Health Center, among other sources.

STAR Center

Continued from front page

services and medical information.

Most classes are by appointment only, so anyone interested is advised to call the center and set up an appointment for an assessment.

All students are required to complete an assessment before starting classes to ensure they will receive the proper assistance.

STAR is becoming another resource for residents. Director Jacque Cook is teaming with the Seattle Housing Authority to start a work re-entry program.

All residents, disabled or not, who are interested in entering or re-entering the work force are welcome to participate in this program.

Cook has hired Kamala Tabor to lead a variety of classes. Ideas for classes so far include job searching, interview techniques, portfolio building, and learning how to get integrated into the work environment.

Tabor says they are in the develop-

To learn more

For more information on the STAR Computer Center or any of its programs, call Jacque Cook at (206) 854-5604 or email seniorscompute@clearwire.net.

A list of classes offered and schedule of days and times the lab is opened can be found at www.starofseattle.org.

ment stage and hopes the program will be up and running this month.

Another way STAR is reaching out to the community that surrounds the center is making it possible for its students to practice what they learn at home through a computer giveaway program.

As an outreach opportunity, Cook is giving out computers at no cost.

She says she hopes to give away computers to all who sign up, but acknowledges this may not be possible due to the number of responses. Still, she encourages Center Park residents and its neighbors not to pass up the opportunity.

Stephanie Van Dyke promoted by SHA to director of development

BY CLAIRE McDANIEL
Seattle Housing Authority

Stephanie Van Dyke has been in her new position as SHA director of development for six weeks.

She's worked at SHA for four years in the homes for sale program for the HOPE VI communities and as a liaison to builders at High Point, NewHolly and Rainier Vista.

After that she managed the homeWorks project and the construction group.

She was interested in the director of Development position because, as she puts it, "I wanted to be involved at the planning and policy level. I've done a lot of project management and implementing projects but I wanted to be thinking about what are SHA's long-range planning policies. And I really wanted to be involved with the mixed-income community development."

Van Dyke now supervises the staff members who manage development at Rainier Vista, High Point and Yesler Terrace. She reports to Deputy Executive Director Al Levine.

The development department's priorities include finishing High Point and Rainier Vista, as well as continuing the planning for the Yesler Terrace redevelopment.

When Van Dyke worked on the homeWorks projects she was out in the buildings quite a bit, having a lot of community meetings with people.



PHOTO BY CLAIRE McDANIEL

Stephanie Van Dyke is SHA's new director of development.

She enjoyed that and thinks it is very important that feedback from the residents and communication to the residents be a two-way street.

"It's important to remember that the purpose of these projects is to revitalize the city and provide really excellent low-income housing in wonderful neighborhoods."

According to Van Dyke, the two best ways to find out about SHA's projects, meetings and events are visiting the SHA website at www.seattlehousing.org, and reading The Voice resident newspaper. Community builders and property managers are also good resources.

About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority resident participation funds.

The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in SHA communities.

The Voice welcomes articles, letters to the editor and columns from readers. If you'd like to submit an article, or if you have a question about anything you've read in this publication, feel free to contact Editor Tyler Roush at (206) 461-8430, ext. 227 or by e-mail at tylerr@nhwa.org.

If you have questions about SHA-related stories, you may also contact SHA Communications Director Virginia Felton at 206-615-3506 or by e-mail at vfelton@seattlehousing.org.

You can also mail submissions to: The Voice, Neighborhood House, 905 Spruce St. #200, Seattle WA 98104. Please include your name and contact information on your submission.

All submissions are subject to editing for accuracy, style and length.

POINT OF VIEW

NEWS ABOUT THE SEATTLE SENIOR HOUSING PROGRAM AND SEATTLE'S HIGH-RISE COMMUNITIES

Renovation work underway at Center Park

BY SVEN KOEHLER
Seattle Housing Authority

There's something a bit different on the top floors at Center Park these days. After months of preparation and planning, the apartment renovations at Center Park during the homeWorks project are well underway.

Residents of the sixth and seventh floors have moved back into their homes after spending about two weeks in a temporary "hotel unit" at the building. Before they left home, their small kitchens had aging countertops and cabinets. The old bathrooms had toilets that had often been retrofitted to prevent them from coming loose from the wall, and drywall around the tubs that were dissolving from long-term exposure to moisture from everyday bathing.

During the month of November, the hallways of the seventh floor were a hive of activity as residents moved in and out and a platoon of workers from different trades bounced from unit to unit to complete their tasks.

"We're just trying to stay ahead of the curve and stick to our schedule," explained Kevin Ormsby, the contractor's site foreman who ran the show at Green Lake Plaza,

Harvard Court and Cedarvale House before orchestrating the work at Center Park.

Workers ripped out the old cabinets and then repaired the walls. Plumbers hooked up the new bathroom and kitchen fixtures, which made short shutdowns of the water supply in each stack necessary.

Electricians had to rewire the smoke detectors and prepare the power sources for the new kitchen layouts. Painters freshened up the walls and ceilings with a new coat of paint. Finally, cabinet installers built the new cabinets and finished off the new counter tops.

Upon returning to their old units, residents found their bathrooms outfitted with new bath surrounds, hand-held adjustable showerheads and a new water-saving toilet securely attached to reinforced walls.

The brand new kitchen cabinets were in a new layout that offered more room, plus new fixtures and appliances. The freshly painted walls and new window treatments rounded out the renewal.

Especially in the kitchens, the beauty is more than skin deep. In 15 percent of the units, there are several additional features that enhance usability for residents in wheelchairs. Stovetops with space underneath for maneuverability, plus wall ovens



Resident Thomas Miller checks out his accessible new kitchen, the first one installed during modernization of units at Center Park during homeWorks.

and easily accessible shelving, are designed to be more user-friendly.

While the rewards of the renovation project are clear, for some residents the process of moving out of the apartment temporarily to give the workers space to work was an adventure, to say the least. For many longtime Center Park residents, packing up all their belongings was a considerable chore.

The building management has been providing support as well as making a seemingly endless supply of reusable cardboard boxes available in advance of residents' scheduled move dates. This allows residents

to pre-pack some items before professional movers arrive on moving day to finish packing and move furnishings.

To make the process easier, "I would advise keeping one or two boxes with items that you'll need close at hand, but leave most of your stuff packed," suggested Center Park resident Doreen Cole.

While she endured some unexpected side effects to her daily routine from moving temporarily to a unit located in a different part of the building, she expected to make the most of the move back home by considering a change to the layout of the furniture in her apartment when she returns.

Meal voucher program becomes a headache for one resident

Case is unique among 1,400 homeWorks residents, SHA says

BY TYLER ROUSH
The Voice Editor

Displaced from her apartment at Olympic West during homeWorks construction, Jo Ellis said she didn't know the Seattle Housing Authority was supposed to provide her with meal vouchers during her time away from her kitchen.

But she stressed that her story has a happy ending.

"SHA has reimbursed me for every dime that I was out of my home," Ellis said.

Her concern is that other residents might not have received the meal vouchers they were due.

She said she felt lied to and cheated by SHA staff, who denied that she was owed a certain amount of money in meal vouchers for the 12 days she spent away from her apartment, according to Ellis.

With only food stamps to pay for groceries and no access to a kitchen, Ellis said that meals were hard to come by.

"I was struggling," she said. "I asked for \$10 a day. I didn't know I had \$41 coming."

But she also acknowledged that everything worked out in the end.

"Everything they owed me, they paid me."

Sven Koehler, homeWorks communications liaison for SHA, said that Ellis' situation was unique among the approximately 1,400 people who have received meal vouchers through the homeWorks program.

Meal vouchers benefit displaced residents

With workers coming and going during construction on homeWorks buildings, it's sometimes necessary for residents to leave their buildings.

That sometimes means residents are away from their kitchens during meal time. When that's the case, SHA will often provide a meal voucher for each meal that the resident is away from his or her kitchen.

"Our basic goal is to provide residents the opportunity to prepare meals as they would at home, if their kitchen is impacted by construction," Koehler said. "When it's not possible to provide them a kitchen, that's when we help people out with a source of funding for meals."

The Seattle Housing Authority is not legally obligated to provide meal vouchers to its residents during homeWorks construction, Koehler said.

"There is no legal liability for the SHA to provide stipends," he said. "We realize that we have low-income tenants, and we're trying to make this helpful."

But the idea of the vouchers was to protect residents from any inconvenience caused by homeWorks construction.

"Any time that the construction makes it impossible for a resident to prepare food as they normally would in the kitchen, we're committed to helping residents pay for it," he said.

The vouchers provide \$9 for breakfast, \$12 for lunch and \$20 for dinner.

That works out to \$41 per day.

However, how long a resident is out during the day will determine how many vouchers he or she receives, Koehler said.

For example, a resident who is out of his or her apartment from 10 a.m. to 3 p.m. one day will receive a \$12 voucher for lunch.

The majority of residents affected by homeWorks construction meet this description.

"Most of the time, the construction that we do just impacts people for lunch time," Koehler said.

In two buildings — Capital Park and Lake City House — residents were asked to leave their apartments overnight while workers replaced windows in their units.

There are also special circumstances — typically for health reasons — that might make it necessary for a tenant to leave his or her building for a number of days.

A resident who is out of his or her apartment from 4 p.m. one day until 4 p.m. the next day will receive a \$20 voucher for dinner on the first day, and a \$9 breakfast voucher and \$12 lunch voucher for the second day.

Residents who are relocated to hotels or motels with working kitchens do not receive vouchers, Koehler added, because it is assumed they can bring food with them from home to prepare in their temporary kitchen.

"When they leave their apartments completely, and we put people in a hotel that has a kitchen facility, we did not provide stipends in that case," Koehler said. "(The goal is) not to pay people during construction ... but to minimize the disruption."

Ellis has emphysema, so dust and particles in the air impact her breathing.

With construction affecting air quality in her building, Ellis said her doctor recommended that she stay elsewhere.

Most residents of the Olympic West building weren't moved out of the building overnight, Koehler said. Because of her health condition, Ellis received a special accommodation.

Altogether, she spent 12 days away from her apartment between July and September.

After her first hotel stay, she did receive \$53 in voucher money.

It wasn't until October, she said, that she received the rest of the voucher money she

was owed.

The experience frustrated her, because she said she felt that SHA wasn't straightforward about how much she should be receiving in voucher money.

Koehler said that one reason for the discrepancy was that he wasn't made aware of the note from Ellis' doctor until the night she moved out of her building. Most special accommodations are arranged months in advance, he said.

A second note from Ellis' doctor also came at short notice, and requested that Ellis be moved off-site while workers were doing some painting in the building.

He also said that Ellis had knowingly agreed to stay at a hotel without a kitchen, which absolved SHA from its obligation to provide her with meal vouchers.

After reconsidering, SHA determined that Ellis might have unknowingly accepted a hotel room without a kitchen, and decided to reimburse her the full amount she was owed.

A series of project delays extended the amount of time Ellis was away from her apartment, according to Koehler.

"We realized later, when she brought it to our attention, that she had been without a kitchen for 12 days," Koehler said. "That's a very unusual situation, and that's when we decided to give her the funding that we gave to other residents who we put in a hotel without a kitchen."

He added that all residents of homeWorks buildings who are due meal vouchers should have already received them. Anyone with questions about meal vouchers should contact his or her property manager, he said.

The policy for overnight hotel accommodations has since been changed, Koehler added.

"From now on, if people are being asked to stay in a hotel room for a length of time, they're getting a hotel room with a kitchen," Koehler said.

HIGH POINT HERALD

NEWS ABOUT THE HIGH POINT COMMUNITY

Pedestrian safety continues to be a concern at High Point

By MIRANDA TAYLOR
High Point Neighborhood Association

Day and night, the cars race by along 35th Avenue Southwest.

Traffic through the High Point neighborhood still presents a great danger for pedestrians and cyclists in the area, with two fatalities resulting from collisions in a little more than a year.

During a meeting of the High Point Neighborhood Association (HPNA) Thursday, Nov. 8, residents gathered with community leaders to discuss the issue of pedestrian safety in High Point.

The group has formed a Pedestrian Safety Committee to advocate for safety improvements in the area.

Denise Sharify, of Neighborhood House, and Miranda Taylor, of the HPNA's Pedestrian-Traffic Safety Committee gave a walking tour to Nick Licata, President of the Seattle City Council, Andrea Okonski, Executive Director of Pedestrian InRoads, and Stella Chao, Department of Neighborhoods, to highlight pedestrian concerns in the High Point neighborhood.

The tour would soon witness why 35th Avenue has developed such a nasty reputation.

While standing at the traffic signal in front of the High Point Library, a car pulled out from Southwest Raymond Street and was only nearly missed by another car, which screeched to a stop.

Soon after, the group stopped a boy on his bicycle from attempting to cross the street against the light.

Cars were parked on Raymond Street up to the intersection, ignoring the 30-foot rule and thereby blocking visibility of all cars in the intersection.

As the group walked down to the playground, it was noted that the streets were designed well, with traffic circles and sidewalks. Yet cars were still speeding down the incline, posing a serious danger to any child running across the street.

It seems that both pedestrians and drivers need to be made aware of the potential hazards in the area.

As the tour reached Morgan Street, councilman Licata spoke with Denise Sharify about the dangers of the intersection, looking south to Othello Street, where an 85-year-old man was struck and killed Oct. 27 while he carried groceries across 35th Avenue.

Five blocks north at Southwest Graham Street, a cyclist was struck and killed by a vehicle in September 2006.

"The housing development in the High Point area has increased tremendously the last two years, and has resulted in increased traffic and accidents, injuries and death in this neighborhood," said Denise Sharify, manager of the High Point Healthy Homes and Community Project at Neighborhood House. "For three years, a group of residents has been asking Seattle Department of Transportation to make improvements, and they have been unresponsive to their concerns and needs."

"I am very excited about the newly formed Pedestrian Safety Committee, who will take advocacy and community organizing to the next level."

Anyone interested in pedestrian safety in High Point is invited to attend the next meeting of the Pedestrian Safety Committee, which will be at 6 p.m. Dec. 6 at the High Point Library.

For more information, contact Denise Sharify at 923-3266.



PHOTO BY DENISE SHARIFY

Pictured during a recent tour of the High Point neighborhood are (from left) Andrea Okonski, former director of Pedestrian InRoads, Nick Licata, president of Seattle City Council, Stella Chao, director of Department of Neighborhoods, City of Seattle and Miranda Taylor, co-chair of the Pedestrian Safety Committee, a part of the High Point Neighborhood Association.

High Point receives ULI award



PHOTO BY GEORGE NEMETH

Greg Johnson congratulates Diane Sugimura, director of the City of Seattle's Department of Planning and Development, on the City's role in supporting the redevelopment of High Point. "ULI's recognition of High Point puts Seattle on the global stage of sustainability," said Johnson, ULI Seattle chair and president of Wright Runstad & Company.

Neighborhood House receives City grant for new family center at High Point



PHOTO BY DENISE SHARIFY

High Point resident Audrey Turpaud (left, back row) and children Lazarus and Dorcas, and High Point resident Carla King (right) and children Szhare' King and Ozie Whitfield IV, pose for a photo with Rotarian Amy Lee Derenthal (center, back row).

By PAM MCGAFFIN
Moore Ink

Imagine a place, a home away from home, where all cultures feel welcome, where children can play games or curl up with books, and where adults can find the support they need to build strong, healthy families.

It's not a pipe dream.

Neighborhood House has been selected by the City of Seattle to provide one of six year-round family centers across Seattle.

The Neighborhood House Family Center will serve the ethnically diverse residents of High Point and the surrounding West Seattle neighborhood. It will operate out of temporary space at 6558 35th S.W. until a new, \$10 million High Point Neighborhood Center is built at 6500 Sylvan Way S.W.

The family center will be the cornerstone of that new facility, which is expected to open in August 2009.

"As people enter the building, they will be greeted by family center staff and have access to computers, books and a wide range of information and services, including help with education, employment and parenting," said Peter Wolf, director of the Heart of High Point Campaign.

"Their children will have a play area with books, toys and games for all ages. It will

be a gathering place for the whole family as well as the community," he said.

The city grant will provide \$180,000 each year for four years starting in 2008. Neighborhood House also will receive an additional \$10,000 from Rotary District 5030 and the West Seattle Rotary Club.

"This project addresses community building, international relations and vocational training, the three areas where Rotary seeks to have an impact," said Kandie Jennings, community chair. "It also helps seniors and children."

The family center is expected to begin offering services, including a large resource center with computers and other learning materials, by March 2008, and be fully operational in April 2008.

The proposed hours are 10 a.m.-7 p.m. Monday through Friday and 10 a.m.-4 p.m. on Saturday.

With 1,300 youth expected to reside in the redeveloped High Point housing community, there is an urgent need for positive opportunities to engage young people and their families.

The family center will provide access to needed services and support, including translators, English language courses, job training, employment help, parent education, after-school youth activities, and multicultural community activities.

RAINIER VISTA NEWS

NEWS ABOUT THE RAINIER VISTA COMMUNITY

Seniors enjoy Thanksgiving lunch at Rainier Community Center

By CLAIRE MCDANIEL
Seattle Housing Authority

The annual Thanksgiving Senior Gathering was held Nov. 14 at Rainier Community Center.

The crowd of about 60 was lively, and the program included discussions about the history of Thanksgiving and an opportunity to compare holiday family traditions.

Door prizes were raffled and, of course, lunch included turkey, mashed potatoes and gravy, stuffing and a green bean casserole.

The event was sponsored by organizations that work with Rainier Vista and NewHolly residents. The groups included Seattle Parks and Recreation, Neighborhood House, Retirement Housing Foundation, Providence Health System, Gamelin House, Peter Claver House, Somali Community Services of Seattle, Park Place Assisted Living, and Seattle Housing Authority.

Volunteers and employees from these organizations as well as residents donated money, time and effort to bring the gathering to life.

Ba Cam Ma, from Providence Gamelin House, who worked at the event as an interpreter, said that this was an opportunity for low-income seniors to socialize, while hearing important announcements and news about what's happening in their community.

Each event has a theme and this year it was the "disaster season" — November to January. Last year's windstorm emphasized the importance of being prepared. During this lunch, attendees were given ideas about how to prepare for emergencies.

Angela Smith from Seattle Parks and Recreations said that the Senior Gathering originated with Rainier Vista, SHA and Neighborhood House.

"I just came in as a supportive agent to



PHOTO BY CLAIRE MCDANIEL

Seniors are served food at the Thanksgiving luncheon at Rainier Community Center.

help provide more outreach and resources to the community. All the community providers come together to help plan these events," Smith said. "During the holiday season we have more entertainment and more door prizes so it's usually more fun. We get a turnout of about 40 to 60 people at every gathering but the holiday gatherings are bigger.

"One of our goals is to get people to get

out more."

This event used to be free but now attendees are being asked to make a \$1 donation to encourage people to invest in the things that they like to do.

That money will be used for the next holiday gathering on Dec. 12 at the Jefferson Community Center, located at 3801 Beacon Ave. S.

When asked if they were enjoying them-

selves, one woman, sitting at a table with a group of seniors, responded, "Yeah! We come every year because of Annie Edwards of Neighborhood House. She invites us. It's an opportunity to see family and friends we don't see often enough."

Commenting on the door prizes, another said, "We hope this year that something happens at this table. We never win! Maybe this is our lucky year."

Multicultural planning committee forms at Rainier Vista

By JEFF ARNIM
Seattle Housing Authority

When people from widely varying cultures and income levels come together in a new community, neighbors sometimes need a little assistance to get to know and understand one another.

This was the concept behind a new group that has recently formed at Rainier Vista.

With its combination of low-income and market-rate rental housing and homes for sale, Seattle Housing Authority's revitalized Rainier Vista brings together residents from a wide spectrum of social and economic backgrounds.

Such diversity opens the door to a host of opportunities within the community, but it can also present a number of challenges.

The first planning meeting for Rainier Vista's multicultural committee was held Wednesday, Nov. 7 in the WaMu Room at the Neighborhood House building.

About 15 Rainier Vista residents attended, including representatives from the Vietnamese, Chinese, East African and native English-speaking communities.

"The committee met with the goal of helping to bridge the cultural, religious,

Get involved

The next meeting of the Rainier Vista multicultural planning committee will be at 6 p.m. Dec. 5 in the WaMu room at Neighborhood House. All residents of Rainier Vista are welcome to attend.

socio-economic and language gaps that exist among the diverse neighborhood of Rainier Vista," said Seattle Housing Authority Community Builder Naomi Chang. "The initial meeting was held for the dialogue between residents, to talk more about possibly having regular meetings to plan events, work on community projects and to plan for new things."

"We talked about some of the things that differentiate us — language especially — that can sometimes be problems," added Tom Phillips, a resident of High Point and one of the committee organizers. "We also talked about some of the things we have in common, including the welfare of the children in the community and our own personal well-being.

"It was an enthusiastic gathering, with

lots of ideas, languages, and efforts to understand and be understood."

Phillips explained that while many ideas were presented at the hour-long meeting, no firm decisions were made, other than for the group to get together again on Dec. 5 to continue their discussions.

They did, however, express specific interest in putting together a community directory, similar to what has been done for the NewHolly neighborhood.

Although the committee is new and still trying to figure out its role in the Rainier Vista community, its members are enthusiastic about its potential.

"Even a small impact towards good will and an increased ability to communicate with and understand each other will be considered a great success," Phillips said. "I'm interested in these things, and know that many others in the community have similar interests and will no doubt provide excellent leadership and participation in the future."

The committee's next meeting is scheduled for 6 p.m. Wednesday, Dec. 5, in Neighborhood House's WaMu Room. All Rainier Vista residents are encouraged to attend.

Community notes

Community safety groups to be honored Dec. 3

HomeSight, Rainier Othello Safety Association and the Seattle Police Department Southeast Precinct Community Policing Team will be honored with the MetLife Foundation Community-Police Partnership Award in a ceremony at 6 p.m. Monday, Dec. 3.

The event takes place at the Seattle Police Department's Southeast Precinct, located at 3001 S. Myrtle St.

To RSVP, e-mail Andrea John-Smith at andrea@impactcapital.org, or call 206-658-2604 for more information.

The award is administered by MetLife Foundation and Impact Capital, the Northwest affiliate of Local Initiatives Support Corporation.

The honorees were selected out of a pool of 400 applicants for the Curbing Crime One Street at a Time project.

The project addresses blight crime in the Rainier Valley.

Refreshments will be provided.

NEWHOLLY NOTES

NEWS ABOUT THE NEWHOLLY COMMUNITY

Reading Week comes to NewHolly



PHOTO BY JEN ROSEN BROOK

Neighborhood House volunteer Dave Wilding reads to Head Start students at NewHolly during Reading Week last month.

VOICE STAFF

One child, one tutor, one book at a time. That's how Reading Week is helping

change the lives of many children.

During a week last month, volunteers for Neighborhood House visited Head Start classrooms in neighborhoods

throughout Seattle.

To learn more about the program, contact Volunteer Coordinator Jen Rosenbrook at jenr@nhwa.org.

Opportunities and upcoming events at NewHolly

As the holidays approach, there are still a variety of opportunities for NewHolly residents. Attend a meeting, join a committee, and get involved in your community!

Multicultural meeting scheduled for Dec. 10

The multicultural communication committee at NewHolly meets this month.

The meeting will be held from 6-7:30 p.m. Monday, Dec. 10 at the NewHolly Campus, located at 7054 32nd Ave. S.

For more information, contact Community Builder Joy Bryngelson at jbryngelson@seattlehousing.org.

Traffic Safety and Crime Prevention meeting planned

Residents of NewHolly are encouraged and invited to attend a meeting to discuss traffic safety and crime prevention in their neighborhood.

The meeting will be held from 6-7:30 p.m. Tuesday, Dec. 11 on the NewHolly campus at Lee House, which is located at 7315 39th Ave. S.

Come to discuss ways to make the NewHolly neighborhood safer for everyone.

For more information, contact Community Builder Joy Bryngelson at jbryngelson@seattlehousing.org.

Friends of the Parks will meet at NewHolly

A meeting of the Friends of the Parks group will be held from 6-7:30 p.m. Tuesday, Dec. 11 on the NewHolly campus at Lee House, which is located at 7315 39th Ave. S.

For more information, contact Community Builder Joy Bryngelson at jbryngelson@seattlehousing.org.

Ring in the New Year with your neighbors

Another year has almost passed, and NewHolly residents can celebrate the coming of 2008 with a Multicultural New Year Potluck Party.

All are invited to attend this festive and multicultural event.

It will be a time to learn about the New Year's traditions of other cultures, share a favorite dish, meet your neighbors and learn about upcoming events in the NewHolly community.

The Multicultural New Year Potluck Party will be held from 6-9 p.m. Friday, Jan. 4 at the NewHolly Gathering Hall, which is located on the NewHolly campus at 7054 32nd Ave. S.

The event is coordinated by NewHolly neighbors and campus staff.

Support is provided by the Seattle Housing Authority and the Atlantic Street Center.

For more information, or if you would like to volunteer to help, contact Community Builder Joy Bryngelson at jbryngelson@seattlehousing.org or 723-1725.

NewHolly Homeowners Association reaches milestone

SHA STAFF

On Oct. 24, the NewHolly Homeowners Association Board of Directors completed the transition to independence from Seattle Housing Authority.

Now the board consists entirely of NewHolly homeowners. SHA staff members are no longer officers of the association.

Carol Wellenberger, SHA's association liaison, noted that this is the first time SHA has reached the point where it could turn over management of an association to the homeowners in the new community.

"It really is a significant milestone," she said.

Typically, when a new residential neighborhood is built, the developer manages the homeowners association until the number of homeowners in the community reaches a critical mass.

At that point, a transition to self-management for the association begins. SHA has been working with the NewHolly association over the past year to effect this transition.

The function of a homeowners association is to enhance and preserve the

residential community and protect the property values of the owners.

The association elects a board of directors, which manages the business of the association.

Erika Bliss, who lives in Phase II of NewHolly, is the association's president.

Even though SHA is no longer represented on the association board, the agency will continue to work closely with the association on issues of mutual concern.

These include traffic and safety issues, parks maintenance and communication between SHA and residents.

Community notes

NewHolly talents to strut their stuff

NewHolly's got talent, and in two weeks, everyone in the neighborhood will know.

A talent show is coming to the neighborhood. On Friday, Dec. 14, as part of a Neighborhood Night, residents of NewHolly will have an opportunity to see what talented folks their friends and neighbors are.

What's more, if any resident feels he or she has a talent to share, he or she is welcome to participate in the NewHolly

Talent Show.

The evening starts with a welcome at 6 p.m. Friday, Dec. 14 in the Campus Gathering Hall, 7054 32nd Ave. S.

Committee reports and a discussion of hot topics follow.

Then, at 7:30, the talent show begins.

At 8:30 there's to be an "action steps" signup.

Everybody's welcome, and admission is free. Light refreshments will be served.

As The Voice went to press last week,

the only confirmed act was a rhythm & blues and jazz band.

But Joy Bryngelson, community builder for NewHolly, and Andre Horton, of the NewHolly Teen Center, are working on lining up other talent, and hope to book several youth acts, too.

Space is limited, so call soon.

For more information, to volunteer, or sign up as talent, call Horton at 206-723-4073 or Bryngelson at 206-723-1725.

Bryngelson may also be reached via e-mail at jbryngelson@seattlehousing.org.

Something happening at NewHolly? Write for The Voice!

Contact Tyler Roush, editor, at tylerr@nhwa.org or 461-8430, ext. 227.

YESLER HAPPENINGS

NEWS ABOUT THE YESLER TERRACE COMMUNITY

Day care providers discuss Yesler Terrace redevelopment

By JEFF ARNIM
Seattle Housing Authority

As redevelopment planning at Yesler Terrace has moved forward, residents who operate in-home day care businesses have expressed concerns about whether a redeveloped Yesler Terrace would still welcome them.

On Saturday, Oct. 27, approximately 10 home-based day care providers living and working at Yesler Terrace met with Tom Tierney, Seattle Housing Authority's executive director, to talk face to face about the ways redevelopment might affect their homes and businesses.

Through an interpreter from Neighborhood House, the day care providers asked if they would be able to return to Yesler Terrace as residents and business owners following redevelopment.

They expressed concern about what they had heard about previous Housing Authority projects, such as NewHolly, and the difficulty some residents experienced in returning to their neighborhoods after the community was redeveloped.

"The Citizen Review Committee focused on the guarantee to return in conjunction with redevelopment," Tierney said. "As a result, Seattle Housing Authority can promise that residents and businesses can return."

Those in attendance additionally asked whether or not all residents would be moving at once, and what areas of Yesler Terrace would be moved first.

"It is my expectation that not everyone will be moved at one time and, when people do move, that it can be phased in a way that some people never leave the site," Tierney said. "However, this will be determined during the second phase of the process, beginning early next year. Our goal is to minimize the impact of demolition and construction on residents."

The business owners were also interested in learning what Seattle Housing Authority could tell them about the design of new housing at Yesler Terrace, and whether it would meet the requirements for state licensing of home-based day cares.

"Seattle Housing Authority will make sure that the needs of both families and day care providers are met through a participatory design process," Tierney said. "SHA honors and respects the providers' responsibilities in the community, and recognizes that the services they offer are important to Yesler Terrace, the surrounding neighborhoods and the downtown business core."

Tierney also reassured the resident day care providers that Seattle Housing Authority is supportive of their unique needs, and that he wanted to reinforce that position by being at the meeting.

Finally, the providers asked about the assistance they would receive as business owners for moving and returning, and what plans were being made to help them ensure continuity in the operation of their businesses.

Because relocation payments vary from one redevelopment project to another,



PHOTO BY TYLER ROUSH

Protective fencing, a requirement for day care providers in Yesler Terrace, extends above the chain-link fence around a yard in the neighborhood. Day care providers recently met to discuss the proposed Yesler Terrace redevelopment.

Tierney said he could not provide the exact amount of financial assistance a day care business owner would be eligible to receive during the process.

He noted, however, that in looking at previous day care relocation payments, an amount between \$12,000 and \$18,000 was typical.

He also outlined some of the conditions that must be met for businesses to qualify for assistance from Seattle Housing Authority.

"In order for a home-based business to be considered for relocation benefits, it must have been in existence in the home for at

least two years prior to the determination date for relocation benefits," he explained. "Two years of tax information for the licensed business must also be provided, and the amount of relocation money will be dependent on the income statements provided for the two previous years, as well as HUD guidelines."

Members of the community interested in commenting on this issue, or others related to redevelopment at Yesler Terrace, are encouraged to attend the Seattle Housing Authority's Board of Commissioners meeting at 5 p.m. Thursday, Dec. 6, at the Yesler Community Center.

CRC completes Yesler Terrace guiding principles

By SHA STAFF

The work of the Yesler Terrace Citizen Review Committee, which began more than a year ago, has culminated in the development of definitions and guiding principles designed to guide the redevelopment planning that will begin in early 2008.

The SHA Board of Commissioners formed the Citizen Review Committee with the recognition that designing a redeveloped Yesler Terrace would require guidance from those who live and work in the neighborhood.

Working in consultation with former Seattle mayor Norman Rice, SHA selected 18 committee members to represent a cross section of Yesler residents, community stakeholders, the City of Seattle and affordable housing advocates. Since October 2006 the CRC has met ten times to develop the principles.

The committee's objective was to develop recommendations to guide the redevelopment toward meeting affordable housing needs in a financially feasible way that serves the needs of both current and future residents and provides amenities to the larger community.

As part of the planning process, the CRC encouraged a wide range of community participation. Meetings offered interpretation services and translated written materials into the nine predominate languages spoken by Yesler Terrace residents.

In September 2007 the CRC finalized its definitions and guiding principles for the core values identified: social equity, economic opportunity, environmental stew-

ardship and sustainability, and one-for-one replacement housing.

On Thursday, Dec. 6, the Seattle Housing Authority Board of Commissioners will consider adoption of these guiding principles at a Board meeting at Yesler Community Center, from 5-7 p.m. All are welcome.

Copies of the definitions and guiding principles are available in English and in nine other languages spoken by residents of Yesler Terrace. Copies can be obtained at the Yesler Terrace management office, at The Job Connection and at the Yesler Community Center. For additional information, call Leslie Stewart at 206-615-3556.



Mayor Greg Nickels visits Yesler Terrace

Mayor Greg Nickels held a press conference at Yesler Terrace to talk about the City-sponsored program that is providing SHA residents with energy-saving compact fluorescent light bulbs. The mayor visited Dominic Bui at Yesler Terrace to emphasize the new program.

PHOTO BY VIRGINIA FELTON

Notes from the manager

By JUDI CARTER
Senior Property Manager

Do you know that every time Seattle Housing Authority maintenance staff has to come to your unit to unplug the toilet, there is a \$91.41 charge assessed against your account?

Frequently, all it takes to unplug the toilet is the use of a plunger. Every household should have a plunger.

They are sold at hardware stores such as Lowe's and Home Depot, and they usually cost less than \$15.

Usually, toilets plug because too much toilet paper has been flushed down.

A plunger will clear that sort of plug fairly easily.

On occasion, staff has to come out to clear a plugged toilet, and finds such things as paper towels, sanitary supplies or even a toothbrush.

On one occasion, maintenance staff found a cellular phone in a clogged toilet.

In order to avoid a plugged toilet and the charge for SHA staff to unplug it, there are some simple things a family can do:

1. Keep the lid of the toilet seat down when you are not using the toilet. That way, things cannot fall in and plug up the works.

2. Never flush anything except waste and toilet paper. Do not attempt to flush baby wipes, cat litter, sanitary napkins,

or tampons. These items need to be put in the garbage, not down the toilet.

3. Teach the children who live in or visit your home not to use too much toilet paper, and keep the littlest ones out of the bathroom. Sometimes little ones drop toys and other things into the bowl that should never go into the toilet.

4. Buy a plunger. You will find it to be a very cost-effective purchase.

If you cannot unplug the toilet with the plunger, you will have to phone the office for a staff person to come and find out what was flushed down that should not have been.

The phone number for Maintenance work orders in Yesler Terrace is 206-223-3758.

The management and maintenance staff at Yesler Terrace wish you and your family a wonderful holiday season.

