



A community-based newspaper serving the Puget Sound area since 1981



# The Voice

June  
2010  
*Articles translated  
into six languages*

The newspaper of Neighborhood House

## Will Parry's 90th birthday, lifelong activism celebrated

By LYNN SEREDA  
*Section 8 Tenant*

A soldout crowd of 350 people attended the 90th birthday celebration of Will Parry, editor of the Senior Advocate and past president of the Puget Sound Alliance for Retired Americans (PSARA) on April 24. Parry agreed to have this milestone celebrated only if it was a benefit for PSARA, which is part of the national Alliance for Retired Americans, an organization of 3 million that advocates for older Americans and their families.

The attendees were a who's who of labor leaders and social justice activists, and included several SSHP residents who are active in PSARA. The program began with the reading of an official proclamation by Congressman Jim McDermott honoring Parry, and the list of speakers included family members and colleagues who spoke of the different periods of Parry's very full life.

Parry grew up in Queen Anne, where in high school he set a state track record in the low hurdles. He also saw his father's business collapse during this time in the Great Depression, was taken to see many of the labor leaders speak, saw firsthand the Hooverville shantytown built along the Duwamish river, and watched the folk singer Woody Guthrie perform.

After attending Washington State University and serving in the Coast Guard during World War II, Parry began his lifelong activist journey by writing for the *People's World* and becoming involved in the Left and Labor movements.

Because of his activism, Parry also be-



PHOTO BY LYNN SEREDA

*Guitar in hand, Will Parry makes remarks during his 90th birthday celebration April 24.*

came a target of the FBI's investigation of communists and labor leaders during the McCarthy era.

He was questioned about his activities by the House Committee on Un-American Activities, where he invoked his first amendment rights. This attention also caused Parry to lose his job at the *People's World* because of the loss of advertising revenue.

He and his wife Louise — who had worked as a "Rosie the Riveter" during

World War II, and who was beginning a career as a welder — moved into Holly Park (now NewHolly) during this period in the early 1950's. Jeff Johnson, speaking on behalf of the Washington State Labor Council, noted that much like today, there were politicians who wanted to stop funding public housing, including a senator from our state.

The Parrys organized the United Projects Council, which may have been the first

public housing resident council, according to Johnson. The Parrys went door to door getting residents to meetings. Louise would organize the potluck, and the group would write letters to politicians about the importance of saving public housing.

To this day, Parry has been a very important ally to Seattle Housing Authority residents, including speaking before the Board of Commissioners about the need for fair grievance hearings.

After moving out of Holly Park, Parry worked for 21 years at Western Pulp and Fiber, a cardboard box company, where he continued as a labor leader. He also taught courses in labor history at Shoreline Community College. In retirement, he became involved as a senior leader in PSARA, working on national issues such as protecting Social Security and Medicare. He also worked on local issues, such as securing funding to keep local senior centers and community health centers open.

Parry also addressed the crowd at the event, after blowing out the candles on his birthday cake.

He stressed that this wasn't a retirement party, since he intends to keep active. He noted that one of the next big causes in his and PSARA's agenda is the fight for a fair taxation system in Washington state.

Then he picked up his guitar, and seeming almost like the reincarnation of Woody Guthrie himself, led the crowd in a rousing rendition of "This Land is Your Land".

For more info on PSARA or to join the Alliance call 206-448-9646 or visit the website [www.psara.org](http://www.psara.org), or e-mail [info@psara.org](mailto:info@psara.org).

## GAU program has new name, imposes time limits on recipients

By SEATTLE HOUSING AUTHORITY STAFF

At the direction of the state legislature and the Governor, the state's General Assistance - Unemployable program, usually referred to as GAU, is undergoing a change of name and changes in how it operates. The program provides cash and medical benefits to people with physical or mental disabilities that cause them to be unable to work for 90 days or longer.

On June 1, the program's name was changed to "Disability Lifeline."

Eligibility for the program remains basi-

cally the same. To qualify for assistance, a person must provide proof of being medically or psychologically incapacitated and unable to work for more than 90 days. Further proof must be submitted every six months to stay on the program. The recipient must be a Washington state resident, prove financial need, and undergo treatment and referral assessment.

People whose sole disability is alcoholism or drug addiction and people in the criminal justice system are ineligible.

In a significant change, effective this September, GAU/Disability Lifeline recipi-

ents may receive benefits for no more than 24 months out of any 60-month (five year) period. This time limit will be retroactive, and will affect clients who received GAU benefits for 24 months as of September 2010.

By July 1, the state Department of Health and Human Services (DSHS) is required to identify participants who have been on the program for at least 20 months, review their files, and come up with a case management plan to connect people to additional services. DSHS needs to do the same in September for clients who have received 12 months of benefits. Benefits cannot be terminated until

those reviews have taken place.

The 24-months limit doesn't apply to people who are aged, blind, or permanently disabled.

The change in the program will affect many of Seattle Housing Authority's tenants. As of last month, nearly 750 participants in the Housing Choice Voucher (Section 8) program and tenants of the Public Housing program combined were recipients of GAU.

If, over time, GAU/Disability Lifeline benefits are reduced for all of those people, Seattle Housing will have to increase its subsidies for their housing at a cost of well over half a million dollars.

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### A shorter Voice

This month's issue of The Voice is reduced to four pages from its normal length of eight. The Voice will return to its standard, eight-page format next month.

### 2010 Breakfast Celebration

Thank you to all who joined Neighborhood House April 29 at its Ninth Annual Breakfast Celebration. The event raised more than \$160,000 to support Neighborhood House programs. To learn more, visit [www.nhwa.org](http://www.nhwa.org).

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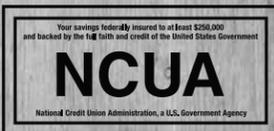
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Do you have a couch or other item you want to sell? Take advantage of the free person-to-person classified advertising in The Voice by filling out your 24-word ad below. Remember, write only one word per line and don't forget to include your telephone number in your ad! Mail your ad before the 18th of the month and it will be included in the next month's issue.

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The mission of the Seattle Housing Authority is to enhance the Seattle community by creating and sustaining decent, safe and affordable living environments that foster stability and self-sufficiency for people with low incomes.

**Don't knock it**  
**HOW TO HOST A BLOCK PARTY**  
**See Page 6**



# SHA NEWS

June  
2010

News and information about Seattle's neighborhoods

## Consumer plastics: The good guys and the bad guys

BY PAMELA WILCOX  
SHA Resident

On the bottom of plastic containers, one usually finds a number, surrounded by three arrows in the shape of a triangle, with capital letters underneath. It looks like a recycling symbol, but it's actually a labeling code that tells you what type of plastic the container is made of.

From these symbols, you can tell how safe the plastic is to use.

### The good guys

According to the National Geographic Society's Green Guide, the following are the safest plastics for repeated use in storing food:

Plastic #2 (HDPE, or high-density polyethylene) is used for glue containers, milk and juice cartons and utility pails.

Plastic #4 (LDPE, or low-density polyethylene) is commonly used in Tupperware and Rubbermaid containers.

Plastic #5 (PP, or polypropylene) is the most common. It is also used to make Tupperware and Rubbermaid containers, as well as plant pots, spice bottles, trash bins and many other containers.

Also considered safe by the Green Guide are most food-storage plastics, such as those that appear in products made by Glad, Ziploc, Hefty and Saran, and presumably the generic versions of these products.

### The bad guys

You might be surprised that harmful plastics are commonplace, and appear in a variety of products.

Plastic #1 (PETE or PET, or polyeth-

Please see "Plastics" on Page 6

## UW nursing students turn isolation into access at South Park Manor



PHOTO BY TYLER ROUSH

Residents of South Park Manor and students in Concord Elementary School's Head Start program worked on an art project together during an afternoon visit in May.

BY TYLER ROUSH  
The Voice editor

On a sunny spring day last month, the community room in South Park Manor rang with the sounds of chattering preschoolers. A group of students from the Head Start program at Concord Elementary School had come to work on an art project and enjoy snacks with the residents of the SSHP building in Seattle's South Park neighborhood.

About two-dozen youngsters worked side-by-side with a few seniors to create butterflies from glue, construction paper and feathers.

"We call them our grandmas and grandpas," said teacher Marlene Vasquez.

Jason Madrano and Yoli Stetson, graduate students in the UW School of Nursing, partnered with Vasquez to host intergenerational programming at South Park Manor.

"It's good to have intergenerational con-

tact," Madrano said. "Young people get to meet older people and interact in a positive environment. Both seniors and kids get something from each other."

As Madrano put it, the program helps to "bridge some of the gaps" between South Park Manor and the community.

"South Park is isolated geographically, and isolated within the community," Madrano said, referring both to the neighborhood — one of Seattle's southernmost and separated from other neighborhoods by the Duwamish River and the corridors for state highways 99 and 509 — and to the senior housing building.

Partway through the afternoon, South Park Manor resident Bruce Sutton, 75, joined the group, bringing along his dog, Levi — a senior himself at age 12.

Throughout the next hour, enthralled

Please see "Access" on Page 2

## John Littel elected to chair SHA Board

BY SEATTLE HOUSING AUTHORITY STAFF

On Monday, April 19, Housing Authority Commissioner John Littel was elected by the Board of Commissioners to be the Board chair. He served as vice chair for the past year while Yusuf Cabdi held the position of chair.

Littel is the political director for a Northwest trade union. He was previously assistant to the executive secretary of the Seattle Building Trades Council, where he was responsible for negotiations and labor relations at the Seattle and King County Housing Authorities.

Commenting on his election to chair, Littel said, "I'm honored to represent my fellow commissioners as the Board chair. The Housing Authority has an abiding mission and commitment to develop and maintain affordable housing that has enduring value for our residents and the community. I embrace that mission and commitment.

"We have challenges in front of us that will require broad community support, including the Yesler Terrace redevelopment and other projects. I believe that my role as Board Chair is to help develop that community support for our efforts to create new housing and provide both housing and economic opportunities for our residents."

Nora Gibson will serve as Board vice-chair. She is executive director of a nonprofit organization that provides adult day health services in the Pacific Northwest. Her 30-year career has focused on providing community-based long-term care for aging adults.

Executive Director Tom Tierney thanked Yusuf Cabdi for his service over the past year.

"I know it is a significant responsibility to chair this board," he said. "Mr. Cabdi took that responsibility very seriously and carried it out well. I look forward to working with John Littel and Nora Gibson in their new roles."

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## Fourteen appointed to new disability commission

Seattle City Council has confirmed the first 14 people who will serve as commissioners on the new Seattle Commission for People with Disabilities (SCPWD).

Mark Adreon, Joshua Caple, Rebecca C. Cory, Charlene Curtiss, Patricia Copeland, John Denooyer (Bayview Tower resident), Hope Drummond, Vickie Foster (Housing Choice Voucher holder), Laura Gramer, Mary Beth Lum, Erica Sekins, Gary Stobbe, Deborah Witmer, and Sara Woody will serve on the volunteer commission that will advise the mayor, city council, and city departments on issues affecting people with disabilities, as well as help to foster understanding between people with disabilities and city

government.

Seven commissioners were appointed by Mayor Mike McGinn and seven by Seattle City Council. Commissioners themselves will nominate two additional members, including one person age 18-29 to be appointed in September through the YMCA's Get Engaged Program. All appointments are subject to City Council confirmation.

The mission of the SCPWD is to promote the full participation of people with disabilities in all areas of economic, political, and community life in the City of Seattle.

The duties of the Commission include informing the Mayor, City Council, and City departments about issues of importance to

people with disabilities; assuring access to City services and facilities; recommending policies, practices, and legislation to the City in matters affecting the concerns of people with disabilities; and encouraging understanding among people with various disabilities as well as between people with disabilities and the larger Seattle community.

SCPWD is not designed to handle individual complaints about accommodation and access for people with disabilities. People who believe they may have been discriminated against on the basis of disability should continue to contact the Seattle Office for Civil Rights directly to discuss their situations.

For more information call 206-684-4500 or visit [www.seattle.gov/civilrights](http://www.seattle.gov/civilrights).



## One to grow on

Garden tips for community gardeners

### Summer season is the time to look at your garden's watering plan

BY ANZA MUENCHOW  
Special to *The Voice*

The warm season is in full swing now. For best production, consider now the strategies to keep your plants healthy and disease-free. Firstly, let's look at the watering plan.

Generally you will add at least one or two inches of water to your garden twice each week. This will depend greatly on your soil type. If you have sandy soil, you will need to water more often. Sand allows the water to pass through quickly. And more importantly, the extra watering carries the important plant nutrients with it.

Try using some extra fertilization, like a liquid fish fertilizer. This is high in nitrogen and works especially well for the leafy green vegetables. I recommend it for your basil, lettuce, broccoli and spinach. Other crops can benefit from a side dressing of a more balanced fertilizer like a seed meal, kelp or feather meal.

If you have a high percentage of clay in your soil, you will retain more moisture and nutrients. But do not let your soil become excessively dry. The clay in your soil will actually repel water once it gets too dry. So, water clay soil slowly and deeply twice a week, depending on the weather. And remember that a wind can dry soil more quickly.

The best way to know how much to water

your garden is to dig down into your soil and check it. Your soil should be damp just below the surface. Don't let it dry out more than an inch or two below the surface.

Keeping soil damp is much easier if you can cover your beds with a rich compost or other weed-free mulch. Use three or four inches of well-decomposed matter, and nothing too fresh. Sometimes I have saved a pile of dried leaves from the fall raking and use that in summer to keep my top soil cooler, moister and weed-free.

Grass clippings or straw can work, too. Watch out for slugs on this coarse mulch though. You will reap the benefits of this mulch the following year when you turn it in to plant again. But don't mulch your onions or garlic, as they don't like their shoulders covered.

Allowing your soil to dry out stresses plants, causing them to be more susceptible to diseases and pests like aphids, powdery mildew, thrips, etc. One of the best ways to irrigate would be using drip or soaker hoses and regularly soaking the root zones of your crops. These systems keep the water at the roots and off the leaves and conserve water by reducing evaporation. Many plants, such as tomatoes, beans, squash and basil hate water on their leaves.

It is okay to allow some water on peas and Brassicas (choy, kale, broccoli, cabbage,

Please see "Garden" on Page 5

## Be safe

### Four tips to be safe and build community this summer

BY SEATTLE NEIGHBORHOOD GROUP

The summer season is upon us once again. The last day of the school year is June 22. Here are four tips to "Be Safe" and "Build Community."

#### Tip 1. Wear bicycle helmets for summer riding.

If your kids like to ride bikes, get them fitted with bicycle helmets. Cascade Bicycle Club sells low cost bicycle helmets at several community events during the summer. You can check their Web site to see where they will be on which dates.

Visit [www.cbcef.org/bike-helmet-sales.html](http://www.cbcef.org/bike-helmet-sales.html) for more information.

#### Tip 2. Make a difference with youth in your community.

Studies have shown that youth do well when adults take an interest in them.

So when you are walking down the street and you see a young person, greet him or her. Take an interest in the youth who are living in your community, not just when they are doing something wrong but also when they are doing something right. Offer to take a kid fishing. Challenge a group of youth to a basketball game. Develop an art project with youth in the neighborhood.

The possibilities are endless and the rewards are beyond measure.

#### Tip 3. Ask for census worker identification.

If you did not send in your census form

or if you sent it late you may have someone knocking on your door between May 1st and July 10th.

Then in the month of July and early August there will be people from the Census Bureau out checking to make sure that the information collected was correct. Finally, between August 14th and into October there will be census takers contacting residents to clarify any unanswered questions or other issues such as expected births and deaths in the family. If you suspect that someone claiming to be a Census worker is not who they claim to be you can call the US Regional office. That number is 425-908-3000.

#### Tip 4. Attend a "Be Safe" Personal Safety Workshop.

Seattle Neighborhood Group sponsors a free summer "Be Safe" Workshop for residents living in affordable housing. The Workshop includes a personal safety presentation, a resident safety panel, lunch, a talk by a Seattle City Council member on public safety issues, and door prizes.

Please call Allan Davis of SNG at 206-323-7094 or e-mail [allan@sngi.org](mailto:allan@sngi.org) for Workshop information and date.

Allan Davis (206-323-7094) and Kelly McKinney (206-323-7084) are Community Education Coordinators for Seattle Neighborhood Group. Call Allan or Kelly for crime prevention information or help with your safety and security concerns.



## Letters to the Editor

Readers of *The Voice* speak out

### Long walk from light rail to airport terminal

To the editor:

Kristin O'Donnell does a creditable job, providing the connection details for a transit holiday in Bellingham. My admiration is furthermore boundless, for her ability to get a 6:45 a.m. downtown bus, to get it underway.

I am really writing this, however, to comment on the new high-speed transit routing to the airport, as Jim Bush makes no mention of its most distressing feature

... a long and wearisome walk between the line's southern terminus and the air terminal proper. For anyone on foot, hauling baggage — especially seniors — this is a problem badly in need of resolution. ... like an available shuttle of some sort, or the means to request one. A two-bit charge could probably pay for it, and would be well worth it, even to corner-cutting travelers like this one.

Irv Thomas

### Comments sought on new parking policies

BY SEATTLE HOUSING AUTHORITY STAFF

Seattle Housing Authority invites residents to review and submit written comments on revisions to parking policies at Housing Authority buildings.

A new section on disabled parking has been added in order to clarify the use of and limits for designated disabled parking spaces in Housing Authority-owned lots.

The section on vehicle repairs has been revised to read as follows: "No repairs of resident vehicles are permitted in Seattle Housing Authority-owned parking lots. Under no circumstances shall a vehicle that constitutes a hazard be left unattended."

Other minor revisions have been made

to the policy.

Copies of the revised policies are available in Seattle Housing Authority Management offices. Residents who wish to make comments on this policy should submit them in writing. Comments may be returned to the Community Management Office, emailed to [dfoss@seattlehousing.org](mailto:dfoss@seattlehousing.org) or mailed to:

POLICY COMMENTS – Donna Foss  
Seattle Housing Authority  
Housing Operations Department  
P.O. Box 19028  
Seattle, WA 98109

All comments must be received in writing by 5 p.m. at the close of business on June 30.

### Access

Continued from front page

youngsters in groups of twos and threes went over to say hello to Levi, lingering a while before turning their attention to whatever new adventure awaited.

Sutton spoke highly of living in South Park Manor, and called the intergenerational program "a beautiful idea."

"I love South Park, I really do," he said. "The people are great. I'm very happy here."

#### Access to technology

The social divide isn't the only one that Madrano and Stetson have tried to close in their work at South Park Manor. The two are also endeavoring to close the digital divide by getting a new computer and high-speed internet for the building's

community room.

They're partnering with Seattle Community Network ([www.scn.org](http://www.scn.org)) to get a computer donated to the building, and with the City of Seattle to get access to no-cost high-speed internet.

A computer would mean access to a host of services online, and make communicating with loved ones both easier and potentially quite a bit less expensive.

"Access to services (online) is essentially free," Madrano said. "It's hard to justify the cost of a long-distance phone call versus e-mail.

"Computers with internet are a ubiquitous part of modern life," he concluded.

A third step — access to transportation — is also in the works. The nursing students are working with Metro transit to get a bench installed at a nearby bus stop.



Please recycle me



### About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority and King County Housing Authority.

The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in Seattle Housing communities.

The Voice welcomes articles, letters to the editor and columns from readers. If you'd like to submit an article, or if you have a question about anything you've read in this publication, feel free to contact Editor Tyler Roush at 206-461-8430, ext. 227 or by e-mail at [tylerr@nhwa.org](mailto:tylerr@nhwa.org).

If you have questions about Seattle Housing-related stories, you may also contact Seattle Housing Authority Communications Director Virginia Felton at 206-615-3506 or by e-mail at [vfelton@seattlehousing.org](mailto:vfelton@seattlehousing.org).

You can also mail submissions to: The Voice, Neighborhood House, 905 Spruce St. #200, Seattle, WA 98104. Please include your name and contact information on your submission.

All submissions are subject to editing for accuracy, style and length.

# POINT OF VIEW

NEWS ABOUT THE SEATTLE SENIOR HOUSING PROGRAM AND SEATTLE'S HIGH-RISE COMMUNITIES

## Work on respite care proposal continues

By SVEN KOEHLER  
Seattle Housing Authority

The process of locating a medical respite program at Jefferson Terrace continues to move forward. The Seattle Housing Authority and Public Health – Seattle & King County (PHSKC) are still negotiating the terms of a lease for the seventh floor of the building so that alterations can begin to convert the apartments to respite units, and preliminary planning for construction has started.

Medical respite programs serve homeless people who need a safe place to get well after being discharged from the hospital. The plan at Jefferson Terrace is to transform the seventh floor into a facility where participants could live for several weeks while recuperating from their conditions, instead of risking a trip back to the hospital if they can't recover on the streets.

There is currently a 17-bed respite facility in Seattle operated by Harborview Medical Center — the William Booth Center in Seattle's International district. This program has served men only, in one large room.

The Jefferson Terrace facility aims to offer space to more than double that many clients. Like at the William Booth Center, PHSKC has pledged to have staff on site around the clock. The program would serve both men and women using semi-private rooms. There would be a separate entrance, distinct from the main entrance to the apartment building, and respite clients would not have access to the rest of the building.

Steps to plan the physical alterations have begun. The construction planning process is still in its infancy, and will pick

up in earnest when the lease is signed, presumably in June. After that time, the construction schedule will be clarified.

Of course, current residents of Jefferson Terrace are keenly interested in the planning process. Although the lease is not yet complete, planners at the Housing Authority solicited comments from the public on sections of the draft lease that deal with operations and safety. Comments from residents have found their way into the lease drafting process over the past several months.

Regular written updates about the respite program have been provided at the building and at meetings. The subject has become a standing agenda item at community meetings, such as the one on May 27.

At the meeting, residents were introduced to Chris Hurley, who is spearheading the planning of the project for SKCDPH. She answered resident questions and extended another invitation to residents to tour the William Booth Center to help visualize what a respite program looks like in reality.

Two residents previously took part in a tour of the William Booth Center in April. This proved a useful visualization, even though there are significant differences between the proposal and the existing respite program.

To continue the involvement of stakeholders in the planning and implementation of the respite program at Jefferson Terrace, participation in an advisory group to review the progress of the proposal was encouraged for all residents of Jefferson Terrace. Another meeting exclusively about the planning process at Jefferson Terrace will take place at the building once concrete information about the lease and construction process is ready.

## Lake City tree given new life as habitat for salmon



PHOTO BY SVEN KOEHLER

Many neighbors were saddened by the sound of chainsaws felling this large Douglas fir tree on June 1st to make room for construction of the new Lake City Village. But there was a silver lining: the SHA construction team worked with local environmental group Green Seattle Partnership to give the tree a new life. It has become part of salmon habitat restoration efforts in nearby Thornton Creek. Crews from Fruhling Excavating and Anderson Construction carefully cut the logs into large pieces and left the roots intact to mimic a naturally fallen tree. They then donated time to truck the valuable cargo, shown here being loaded for transport, to its new home in the creek.

## Introducing the renovated Bell Tower



PHOTO BY SVEN KOEHLER

As seen from inside a resident's unit, the scaffolding and translucent mesh that protected the West façade from the harsh wind and rain of Elliott Bay during the repainting project at Bell Tower were being dismantled on May 17 after being in place over six months. While residents were able to see their view of the water through the scaffolding during this time, the removal of the mesh was a cause for celebration as it signaled that the project was finally winding down.

By SVEN KOEHLER  
Seattle Housing Authority

Once the scaffolding was dismantled in the last week of May and the plumbing crews went home, the homeWorks renovation of Bell Tower was 99 percent complete. Although at times it seemed to some like the project would last forever, the whole project was completed on schedule after less than a year, despite some unexpected delays.

Bell Tower's repainted façade on First Avenue has been impressing passersby for months. With the removal of the scaffolding on the other side of the building, motorists speeding by on the viaduct finally have an unobstructed view of the new color scheme. Residents also welcomed the return of their view of Elliott Bay through the new windows installed at the 16-story building.

"It's great to be able to check out the cruise ships out on the water again," said resident Nancy Dillon.

More extensive repairs were needed to the West façade than initially estimated. The extra work on the exterior was necessary to fill in tiny cracks in the concrete that could potentially allow rain to be blown inside with the fierce winds that come in over Elliott Bay. The painters needed to take extra time to remove layers and layers of old paint, right down to the bare concrete surface, to ensure that the new paint job would last a long time. Still, the construction crew was able to beat the one-year construction deadline with time to spare.

In addition to the extra care that was dedicated to the proper preparation of the concrete surface, the construction project faced another change in plan that lengthened the schedule. Plumbing work that was not part of the original scope of work was added to the end of the project.

Originally, the plan was to replace the aging water heaters in the building, install a debris filter on the main water line into the

building and replace the hot water recirculation system. Also, plumbers added new isolation valves that will reduce the need for water shutdowns during routine maintenance or repairs down the road.

These changes were expected to improve the history of a spotty supply of hot water to many of the units in the building. However, even though these major upgrades made an improvement, reports of the fluctuations in the availability of hot water kept coming.

"Even in the middle of the night, I would sometimes get hot water, other times only lukewarm. I'd have to let the shower run forever," Dillon recalled.

The results were puzzling to the plumbing contractor.

"I would wake up at night trying to figure out where the problem could be," said Brent Delvecchio, the plumbing foreman from Auburn Mechanical.

The obvious culprit would have been a crossed hot and cold water pipe somewhere in the building, but nothing could be found. Over the course of the plumbing work that lasted from November to March, the plumbers had looked at every inch of exposed pipe that they could see. With the advice of building engineers, the water supply lines in the building were tested for cross-overs.

For an answer, Delvecchio finally turned to the owner of the company, whose plumbing experience stretches back to around the time Bell Tower was built, more than 30 years ago.

"He turned to the original supplier of the plumbing fixtures in the building, and they nailed it."

The problem turned out to be faulty check stops, part of the shower valves that are hidden behind the walls.

The valves had been maintained over the years, but over time, the parts buried behind the shower wall had become damaged from

Please see "Bell Tower" on Page 7

# HIGH POINT HERALD

NEWS ABOUT THE HIGH POINT COMMUNITY

## P-Patch gardens are a community gathering place

By MICHELE MOSHER  
Seattle Housing Authority

A variety of vegetables and flowers are beginning to sprout throughout the three P-Patch gardens at High Point. The High Point Juneau Garden Market & Community Garden is the largest garden at High Point with lots of people digging in the dirt there.

The other two gardens, High Point MacArthur Park and High Point Commons Park, are newer. As more residents participate, the word is spreading about them as well, said Bunly Yun, garden coordinator of the P-Patch Community Gardens program for the City of Seattle's Department of Neighborhoods.

The P-Patch community gardens are managed by the Seattle Department of Neighborhoods P-Patch Community Gardening Program. The gardens are a gathering place for neighbors to come together to grow, plan, plant and maintain a piece of open space in their community. Yun said

### P-Patch gardens in High Point

High Point Juneau Garden Market & Community Garden  
S.W. Juneau and 32nd Ave. S.W.

High Point MacArthur Park  
2726 MacArthur Lane

High Point Commons Park  
S.W. Graham and 32nd Ave. S.W.

For more information, visit [www.seattle.gov/neighborhoods/ppatch](http://www.seattle.gov/neighborhoods/ppatch).

any resident interested in participating in the P-Patch program can inquire at any of the main offices at High Point.

A partnership between Seattle P-Patch Community, the P-Patch Trust and the Seattle Housing Authority allows residents to participate in the gardens at no-cost. As



PHOTO BY TYLER ROUSH

Plants grow in a soil box in the High Point Commons Park P-Patch.

summer fades and cooler fall nights begin, the bounties from the P-Patch gardens are shared and enjoyed with the community at the Annual Harvest Banquet in September.

For additional information about the P-Patch Community Gardens and links to gardening resources, visit [www.seattle.gov/neighborhoods/ppatch](http://www.seattle.gov/neighborhoods/ppatch).

## Youth Leadership program at High Point offers skill development, confidence building

By LAURA GENTRY  
Seattle Housing Authority

A new year-round program at High Point is aiming to help community teens develop leadership and life skills. The program, known as Youth Empowered with Leadership Strengths (YELS), will offer a wide range of experiences for middle school and high school youth to develop skills to gain self-knowledge, explore their leadership capabilities, make informed decisions and contribute to their community.

The program, which kicked off in April, will also support a youth-led advisory group that identifies community needs or interests and implements action plans to address those needs, including hosting a range of youth-driven events.

So far, the interest level is high as approximately 100 community youth have signed up. Modou Carnagie, the program's coordinator, says the program can currently accommodate about 40-50 of those signed up. He says another coordinator will soon be coming on board to assist with the program.

Aside from the personal skills the participating youth will develop as part of the team, the program will serve as a community resource for other High Point youth. Of the more than 700 school-age youth living in High Point rental housing, 319 are between the ages of 13 and 18, which is the age group this program intends to support. All of the community's youth will be able to participate in and benefit from the activities the youth-led advisory group will coordinate.

The program is structured for two age groups – middle school-aged youth and high school-aged youth.

"For middle school students, the main goal is to instill confidence in the kids. If they get called on in class by the teacher, they can stand up and answer the questions confidently, or even if they don't know the answer, they can relay that with confidence," said Carnagie. "I'm also hoping it will build them up in such a way that they will be able to resist peer pressure and keep themselves out of trouble."

For high school students, the program will focus on the "next steps" of their lives. Carnagie hopes the program will be able to help them explore what is it that they are interested in and how to effectively work toward those interests. Specifically, the program will focus on the nuts and bolts of how to get into a college, how to choose the right school and what all of the associated processes are.

"Especially for kids who are the first in their family to go to higher education, many of their parents have no idea what it takes to be a good high school student, let alone how to graduate and go to college," Carnagie said.

Carnagie, an employee of Neighborhood House, said his interest in the program stemmed from his own experiences as a youth in West Africa.

"My own education is a fluke. I'm not supposed to be educated. Someone took interest in me and before I knew it, I was in New York going to college," Carnagie said. "If that can happen to me, I want to make sure that can happen for others."

## A caring community is a safe community

By MIRANDA TAYLOR  
SHA Resident

High Point Community members are interested in focusing on safety in their community. A few recent incidents have brought this goal for the community to the forefront. The May 27 High Point Homeowners Association meeting focused on safety and community concerns.

West Seattle Police Precinct was present at the meeting, as well as representatives from High Point Management. The security firm, Securetrans, LLC, commented that it was understandable how a few very unfortunate incidents can be widely felt by all residents. They work all around the city and find High Point to be one of the safest neighborhoods in Seattle. They reported that incidents are down 30 percent from last year.

Community officer Kevin McDaniel is clear that a neighborhood is safer when everyone is walking around, keeping an eye on the kids.

"Staying home is the worst thing you can do for the neighborhood's safety," he said.

So residents are doing something about this!

High Point Neighborhood Association is proud to announce that we have a Peace and Safety Team, a walking and biking team of 23 volunteers so far. We are looking for more adults to walk or bike in pairs, ideally in pairs of diverse ethnic groups.

We are especially seeking men for the focus times of weekdays from 2 - 4 p.m. and 8 p.m. until sunset. On weekends we need people from 6-10 p.m.

Training will be ongoing and provided in the coming weeks. Contact Miranda at 206-932-4371 or [miranda59@qwest.net](mailto:miranda59@qwest.net) and leave your name and number if you are interested in joining the team.

There are specific ways you can be proactive about safety in the High Point Community:

- Call 911 if there is imminent threat to life or property, a traffic accident, potential domestic violence, suspect drug activity in progress or if you feel someone is at risk. Report what you see or hear and the nearest address where it is occurring. Be prepared to give your name and possibly your address.

- Call 911 to report speed limit enforcement. Be prepared to provide the color, make, model and license plate number of the car.

- Call 911 to report an aggressive dog. Also contact City of Seattle Animal Control at 206-386-7387 immediately. Be prepared to provide the location of the animal(s) and a description.

- If you have any safety concerns during security coverage hours of 5 p.m. to 2:30 a.m. call 206-510-0855 and report them directly to the Security Officer on patrol on-site. During non-coverage hours or if there is no answer call number is 206-762-2823. This number is available 24 hours a day.

- The police non-emergency line 206-625-5011 is for non-dangerous crimes that have already transpired and nuisance problems like noise complaints, cars parked in front of a fire hydrant, or blocking a sidewalk.

- If you find an abandoned vehicle, write down the make, model, plate number, color, the nearest (home) street address, and call 206-684-8763.

- Residents of the High Point Community are always welcome to contact the HP Community Officer, Officer McDaniel at 206-233-1549 (or the Southwest Police Precinct at 206-733-9800).

- To report streetlight trouble and to re-

Please see "Safety" on Page 7

### Supper with stories

Saturday, June 19, noon  
High Point Center, 6400 Sylvan Way  
S.W.

Bring food to share, a recipe for the food and any stories related to your culture, background, or the food you've brought.

All are invited to this free event.

# RAINIER VISTA NEWS

NEWS ABOUT THE RAINIER VISTA COMMUNITY

## Rainier Vista residents like their neighborhood, want more parks

By **KIM LOKAN**  
*Special to The Voice*

Are you glad you live in your neighborhood? On the evening of March 3 over 40 residents of Rainier Vista (RV) gathered over dinner to share their opinions of life in their neighborhood. Their overall response was a definite, "Yes!"

The gathering was sponsored by Seattle Housing Authority, Neighborhood House, and Boys & Girls Club, who have offices and provide services at Rainier Vista. Tonkin/Hoyne Architecture & Urban Design, architects for the Redevelopment, also co-sponsored, along with Seattle Department of Neighborhoods and Solid Ground, who are partnering to build a community farm.

All of these sponsors were also eager to get feedback on how the neighborhood works for residents, and to see what residents think of the redevelopment. Seattle Housing Authority began design and redevelopment of Rainier Vista in 2000 with HOPE IV funds. Phase 1 of the redevelopment is nearing completion with the construction of townhouses by Habitat for Humanity and a community farm on land donated by Seattle Housing.

At the meeting, residents visited three separate stations where they answered questions and participated in a series of exercises.

The "You" station focused on finding out how residents meet, socialize and communicate as well as fleshing out what services and activities are still needed.

The "Your Neighborhood" station focused on getting feedback on the parks, safety, walking and meeting neighbors.

At the community farm station participants were asked to select their preferred garden photos and to describe the foods and activities they would like to have at the farm. The answers to all of the questions and results of all of the exercises are summarized below.

Why do residents choose to live at Rainier Vista? It's conveniently located (on MLK

Way) near Columbia City, has easy walking connections, boasts cultural diversity, is aesthetically pleasing and offers access to transit, according to responses given at the meeting.

These are also many of the reasons residents are happy with their neighborhood and feel it is unique. They like RV because it is family friendly, the people are nice and they enjoy the community events, including the regular multicultural meetings.

Communication on neighborhood activities can improve, but there are a variety of ways people stay connected, including through kids, flyers, phone calls, the SHA office, The Voice newspaper, at the P-Patch, the internet, at the playground and meeting people on the street or at the park.

The fact that residents have regular meetings and seasonal events gives them a structured opportunity to meet and connect across language barriers and cultural differences.

### Parks

There aren't enough! Central Park, the largest park in the neighborhood, is where people meet, young kids play, teens play basketball, adults exercise and where community potlucks are held. It is well-used and loved, but it is too small.

There is tension between different age groups largely due to limited space. Littering, loud language and dog poop are problems at parks, but residents want more open space. They want more walking paths.

When asked what they would change at RV if they could, there was a consistent answer: more and bigger parks and more space to play, including indoor space for exercise.

### Activities

Neighborhood House learned that residents would like even more structured opportunities to get together, such as parenting, sewing, exercise, gardening and computer classes. They would like to meet neighbors, get translation assistance, dance and play



PHOTO BY KIM LOKAN

Neighbors discuss their opinions on safety, parks, walking and gatherings they enjoy as a neighborhood.

games.

Perhaps the most outstanding need for seniors and for those who don't have a car is for a local grocery store. Neighbors use a variety of stores in Rainier Valley and further, but no store is located within a few blocks of Rainier Vista.

### Safety

Traffic at specific intersections and speeding by non-residents cutting MLK traffic are safety concerns. However, residents generally feel safe knowing there is a private security service in their neighborhood. The streets are well lit. There are people out walking and there are 'eyes on the street'.

Residents complain of the noise from the light rail train and from people in the parks late at night in the summer.

### Community Farm

Neighbors envision an inviting, tidy garden with tables and a covered area. The farm would be fenced and provide a gathering place for classes, cooking, story telling, dancing and playing games.

Many of the Tigrigna and Somali speak-

ers would like to hold coffee ceremonies at the farm. While food production should be the main goal of the farm the site could also serve as a gathering area.

The Urban Farm team is now creating three separate design options for the farm and will distribute them to the neighborhood. A final community design session was held on April 26 to conclude the design process, and construction should start in mid-summer. For more information contact [urbanfarm@solid-ground.org](mailto:urbanfarm@solid-ground.org).

Rainier Vista is a vital group of people of diverse ages and cultures who enjoy and celebrate their diversity. They are happy with their choice to live in Rainier Vista and they enjoy sharing their opinions as well as enthusiasm for their community.

The sponsors of the event learned of aspects of the neighborhood that residents would like to change. While Phase II of Rainier Vista is already designed and slated for construction next year, the input from residents will guide the management of existing services and will direct future improvements at Rainier Vista and other Seattle Housing developments.

## The Nature Consortium offers summer programming at Rainier Vista

Looking for something to do in the Rainier Vista neighborhood? The Nature Consortium's summertime classes for youth begin the week of June 28.

Classes listed below are organized by weekday. All classes meet at the Rainier Vista Boys & Girls Club, located at 4520 MLK Way.

### Mondays

Photography with Teaching Artist Daniel Nelson, ages 5-12 and 13-19

Offered June 28, July 12, 19, 26 and August 2, 9; ages 5-12 from 10 a.m. - noon and ages 13-19 from 1 - 2 p.m.

This course will introduce students to the basic concepts of digital photography. They will learn to discuss photographs in artistic terms, and how nature plays an inspirational part in photography. Participants will photograph themselves in

nature/or in the city to explore and reflect how we are a part of nature. Students may also have the opportunity to take a field trip to the Nature Consortium's forest restoration site to take photographs.

### Tuesdays

Teen Cuisine with Teaching Artist Erica Merritt, ages 13-19

June 29, July 6, 13, 20, 27 and August 3, 10 from 1 - 3 p.m.

Plan and cook fresh nutritious and cultural meals from scratch while learning about the properties and life cycle of herbs, vegetables, fruits, spices and other ingredients from the ground up!

### Wednesdays

Street Art with Teaching Artist Kim McCarthy, ages 5-12 and 13-19

June 30, July 7, 14, 21, 28 and August

4, 11; ages 5-12 from 10 a.m. - noon and ages 13-19 from 1 - 2 p.m.

### Thursdays

Nature Games with Teaching Artist Ryan Applegate, Ages 5-19

July 1, 8, 15, 22, 29 and August 5, 12; ages 5-19 from 10am - noon and ages 13-19 from 1 - 3 p.m.

### Fridays

Field Trips with Teaching Artist Bryan Maxum, ages 12-19

July 2, 9, 16, 23, 30 and Aug 6, 13 from noon - 4 p.m.

Information taken from the Nature Consortium website at [www.naturec.org](http://www.naturec.org). Visit the website or call 206-923-0853 for more information.

## Garden

Continued from Page 2

etc.) but they still benefit from soaker hoses. You can design your drip system to keep water only on your favorite crops, and not in the paths or other areas where weeds grow, saving you hours not having to weed.

The only problem with drip systems is watering a newly sown seed bed, like carrots or beets. These will benefit from a daily overhead sprinkling system. Wait until after the first weeding of these crops before laying down the irrigation hose.

Now, just a word or two about planting to encourage a healthy population of beneficial insects. A border of flowers can increase the numbers of your little garden helpers as well as bring beauty to the neighborhood. Marigolds, nasturtiums, cosmos, sunflowers, borage, allyssum and bidens are some of my favorites. And let some of your umbel shaped herbs go to flower, especially cilantro, parsley and fennel. These flowers are especially attractive to beneficial bugs like lady bird beetles, syrphid flies and our native bees. And when the seed stalks dry out, save the seeds so you'll have more to plant next year.

# NEWHOLLY NOTES

NEWS ABOUT THE NEWHOLLY COMMUNITY

## NewHolly children get a car safety boost

BY CATHERINE GLAVAN  
SHA Resident

Nearly 50 more NewHolly children are riding safely in cars thanks to a low-cost booster seat sale held May 25 at the NewHolly Gathering Hall. Organizers sold out of booster seats before the evening was over, and several families had to wait a few days for the next delivery. NewHolly Traffic, Parks and Safety Committee coordinated the event, and Seattle Children's Hospital supplied the discounted booster seats.

Parents lined up early to be among the first to buy the booster seats. Volunteer Seattle University nursing students Lauren Carlson and Mary Thomas weighed and measured each child. State law requires children under 40 pounds to ride in a car seat, not a booster.

Parents of qualifying children received a prescription for a booster seat. Children's Hospital staff members Katherine Fitzgerald, Brittany Blue, and Antwanette Lyons offered parents a choice of two models.

Children's Hospital subsidized the cost of the booster seats. Models with a back usually cost about \$45, but parents who attended

the event were able to buy them for \$15. Backless boosters cost around \$25 in stores, but they were available for just \$5.

More Washington children die in car accidents than from any other kind of injury, and 60 percent of those children who died were not in a car seat or booster seat, or wearing a seat belt. Washington law requires children over 40 pounds to ride in a booster seat until they are either eight years old or are 4 feet 9 inches tall. Seatbelts are designed for adults. In a car accident, children can slip out of the belt and be thrown out of the window. Drivers caught with children improperly buckled can be fined \$112 per child.

If you have questions about car seats or booster seats or want to know if the ones in your car are installed correctly, Children's Hospital is hosting a free car seat check on Saturday, June 26 from 10 a.m. to 1 p.m. The address is 4800 Sand Point Way N.E., Seattle, WA 98105. There will not be any car seats or booster seats for sale at this event.

Several agencies helped promote the event, including Neighborhood House, Atlantic Street Center, East African Community Services, Vietnamese Friendship Association, and the NewHolly Community



PHOTO BY LAUREN DAUMUELLER

Parents line up to purchase low-cost car booster seats, during an event organized by the NewHolly Traffic, Parks and Safety Committee.

Building Office, particularly Lauren Daumuelle and Joy Bryngelson.

Cecelia Linsley, chair of the NewHolly Traffic, Parks, and Safety Committee volun-

teered a lot of time as well. She welcomes everyone to monthly meetings on the third Tuesday of every month at 6 p.m. in the NewHolly Gathering Hall.

## Block party time at NewHolly



FILE PHOTO

Neighbors gathered for NewHolly Night Out in August 2009.

BY CECELIA LINSLEY  
SHA Resident

Summer is coming and to some of us that means block party time! If you are a resident of NewHolly and would like to throw a block party and get to know your neighbors, then this summer is the perfect time.

If you've thought you would like to throw a block party, but maybe you're worried that it might be too much work, then you should come out to the "Mock Block" Party being held on Saturday, June 19 at 6 p.m., in Shaffer Park (Phase I).

NewHolly Traffic, Parks and Safety Committee members Catherine Glavan, Angela Dawson-Milton and Agnes Roche will show you just how easy it can be.

There will be free ice cream, games and drawings for Safeway gift cards! This block party is open to all NewHolly residents, but children must bring an adult in order to get free ice cream.

A "Block Party" can be as simple as a cooler full of ice cream in your front yard or neighborhood park. If you want to throw a

bigger party with closed streets and all, then National Night Out on August 3 is the perfect time! Go to the City of Seattle website at [www.seattle.gov/police](http://www.seattle.gov/police) and click on the Night Out box to sign your block up.

This is the one night of the year when you can close down your non-arterial street at no cost!

On the Night Out page, you will also find materials for advertising your block party, for inviting your neighbors to the party, and for marking your street as closed.

Up to \$100 is available through mini-grants from the Seattle Housing Authority Community Builder's office.

The money can be used to buy food as well as to pay trained babysitters to watch the kids and lead activities for them. Community Builder Joy Bryngelson's office also has games and tables that can be checked out.

To get the paperwork to apply for a mini-grant, to check out games and toys, or to get information about babysitters/children's activity coordinators, call the community builder's office at 206-723-1725.



Visit the NewHolly Community website at  
<http://www.newholly.org/>

You'll find a Directory of Services, announcements of neighborhood events and community projects, a link to The Voice resident newspaper and much more.

### Plastics

Continued from front page

ylene terephthalate) appears in containers for water, liquid soap, mouthwash, soda and some vitamins, to name a few. It is generally a clear plastic, which is considered safe for initial use.

Repeated use can leach cancer-causing phthalates, especially when heated by the sun or when washed in hot water. These plastics are believed to be endocrine disruptors. The endocrine system is the network of ductless glands and other structures that secrete hormones into the blood stream. These glands include the thyroid, pituitary and pancreas.

Plastic #3 (PVC, polyvinyl chloride) is most familiar as plumbing piping. PVC wraps can be used in delis and can leach cancer-causing dioxins.

Plastic #6 (PS, polystyrene or Styrofoam) is commonly used in fast-food containers to insulate both warm and cold foods and drinks. Toxins from this plastic can damage the eyes, lungs, skin and nervous system, and can cause other internal problems.

Plastic #7 (polycarbonate) is being phased out by manufacturers; however, some food storage containers are still being made with it. Water, soft drink and baby bottles are also sometimes made by this harmful plastic, which was recently banned in the state of Washington because

it contains bisphenol-A (BPA). It is especially harmful when heated. It may also be used to make CDs and DVDs, helmets, eyeglass lenses and goggles.

### What you can do

When I first learned about the good and bad guys of plastic, I went through every piece of plastic I owned, and sent the bad ones to the recycling center. I replaced a lot of these container with glass.

Food for my cats is now served in a glass container. Glass is safe, and thrift stores are great places to find glass containers at reasonable prices.

Be on the safe side. Check all your plastics against those referenced in this article, as well as the plastic in containers you might purchase in the future.

And please recycle! For more information on what can be recycled, visit [www.seattle.gov/util/lookup](http://www.seattle.gov/util/lookup), or write to Ask Evelyn, P.O. Box 34018, Seattle, WA 98124-4018, or call 206-684-3000 and when prompted press #3.

For more information on the ban on BPA in Washington state, see the related story, "Washington state adopts partial ban on BPA in food and beverage containers" on Page 1 of the April 2010 edition of The Voice.

The new laws don't take effect until 2011 and 2012, so please, check all plastics to be on the safe side.

# YESLER HAPPENINGS

NEWS ABOUT THE YESLER TERRACE COMMUNITY

## The Nature Consortium offers summer programming at Yesler

Looking for something to do in Yesler Terrace? The Nature Consortium's summertime classes for youth begin the week of June 28.

Classes listed below are organized by weekday; all classes meet at the Yesler Community Center, located at 917 E. Yesler Way.

### Mondays

Ballet to Hip-Hop with Teaching Artist Ali Chow, ages 5-19

June 28; July 12, 19, 26; August 2, 9; 1 - 3 p.m.

In this class, youth will work on their coordination and balance skills while exploring the integration of different dance styles. Proper attire includes sweats or other exercise apparel.

Art You Can Eat with Teaching Artist Erica Merritt, ages 10-19

June 28; July 12, 19, 26; August 2, 9; 4 - 6 p.m.

Explore color, texture and taste in a new world culture culinary arts class that is all about flavor, friends and fun!

### Tuesdays

The Art of Gardening with Teaching Artist Amy Pille, ages 5-19

June 29; July 6, 13, 20, 27; August 3, 10; 1 - 3 p.m.

Plant, water, grow and eat your own veggies! Use hands-on math and science skills to learn about garden cultivation and how to properly prepare garden fruits and vegetables for maximum nutritional benefits.

Garden Eats! with Teaching Artist Amy Pille, ages 5-19

June 29; July 6, 13, 20, 27; August 3, 10; 4 - 6 p.m.

Enjoy it fully by utilizing all of your available produce and learning about nutrition in the process. Participants will discover healthy cooking techniques to optimize nutrition and usage of garden produce.

### Wednesdays

Multimedia with Teaching Artist Erica Merritt, ages 5-19

June 30; July 7, 14, 21, 28; August 4, 11; 1 - 3 p.m.

Draw, paint, collage and papier-mâché your creative ideas into reality! Contribute to a group exhibition by using found objects, nature images and a variety of materials to create a working portfolio of your original 2D and 3D artwork.

Eco Arts with Teaching Artist Amaranta Sandys, ages 5-19

June 30; July 7, 14, 21, 28; August 4, 11; 4 - 6 p.m.

In this class, youth will learn about creating art with respect and appreciation for nature by using good ecological practices. They will create from found objects in nature and by recycling and reusing, learning the Four R's: Reduce, Reuse, Recycle and Responsibility.

### Thursdays

Creative Arts, "Ologies and ists" with Teaching Artist Kathleen McHugh, ages 9-19

July 1, 8, 15, 22, 29; August 5, 12; 1 - 3 p.m.

A journey through the Pacific Northwest through the eyes of the scientific disciplines and scientists who teach us about the world in which we live, our impact on it and our relationship to it.

World Percussion with Teaching Artist Jah Breeze, ages 5-19

July 1, 8, 15, 22, 29; August 5, 12; 4 - 6 p.m.

Participants will learn to develop a basic stick/hand technique and stick/hand control and become familiar with basics of rhythm notation.

### Fridays

Photo Explorations (Teaching Artist TBA)

July 2, 9, 16, 23, 30; August 6, 13; 1 - 3 p.m.

This course will introduce students to the basic concepts of digital photography. They will learn to discuss photographs in artistic terms, and how nature plays an inspirational part in photography. Participants will photograph themselves in nature/or in the city to explore and reflect how we are a part of nature. Students may also have the opportunity to take a field trip to the Nature Consortium's forest restoration site to take photographs.

Teen Art Studio (Teaching Artist TBA)

July 2, 9, 16, 23, 30; August 6, 13; 4 - 6 p.m.

Youth create self-designed individual and collective projects in a safe, inspiring and productive environment ideal for young artists to explore their creativity freely with a variety of media including but not limited to: ceramics, mosaics, print making, t-shirt printing. Course projects are determined based upon student interest, required school projects, seasonal themes and local art contests.

*Information taken from the Nature Consortium website at [www.naturec.org](http://www.naturec.org). Visit the website or call 206-923-0853 for more information.*

## Safety

Continued from Page 4

quest repairs for streetlights, call Seattle City Light at 206-684-7056 with the pole number which is usually on a black sticker on the pole and is four digits. Also give the nearest street address and the nature of the problem.

High Point communities members are asked to follow up the 911 call with a report to:

Bill Drummond, Impact Property Management, at [wdrummond@seattlehousing.org](mailto:wdrummond@seattlehousing.org), or call 206-932-2736; or Jeanette Fournier, HP Homeowners Community Manager at [jeanette.fournier@cdcmangement.com](mailto:jeanette.fournier@cdcmangement.com), or call 206-913-0080.

A few homeowners wanted to know if SHA could perform annual background checks in addition to the checks performed in order for people to qualify for housing assistance. They were informed that public housing is notified each time police get involved.

## Bell Tower

Continued from Page 3

debris in the waterlines. As a result, they were allowing hot and cold water to mix behind the walls, even when the showers were not in use. And since people run their showers at different times during the day and night, the mixing problem would appear in different places at different times. The person with a faulty valve might not even have noticed a problem themselves, although their valve was affecting the other units.

To test the veteran plumber's hunch before launching into extra work for the entire building, the valves in a handful of units were removed. When hooked up to a test hose, water from the cold water side shot right through to the hot water side. This would dilute the hot water that was circulating in the building. The parts on all of the valves showed wear and tear that would worsen the problems in the building over time.

Since the faulty valves in some units affect the hot water supply in other units in the building, the only way to assure that the problem would be solved for everyone

Background checks would be redundant, in addition to expensive, since it would mean checking tens of thousands of people. However, SHA attorneys will be answering this question in the future.

Many meetings with a safety focus have taken place between various groups at High Point, including the Community Leader Program, which was previously focusing on bringing fresh produce to High Point. The safety issue has been tackled from many angles.

For more information, see [www.highpointneighborhood.org](http://www.highpointneighborhood.org). We are seeking new members of our Neighborhood Association board and committees. A caring community is a safe community. Our members and support providers have proven that we fit that description here.

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was to replace all the valves. It was a tough and costly decision to expand the original scope of work to address all the valves in the building, according to Juan Medina, SHA's project manager for homeWorks.

"But we couldn't leave the building knowing that there was still a problem lurking. Major maintenance would still be necessary once homeWorks ended," he said.

The fix worked. "Now, I have piping hot water all the time. It's great!" Dillon said.

With the plumbers gone and scaffolding taken down, what remains is patching and painting the holes left over from the anchor bolts. As soon as there is a spell of dry weather, this will be done over a few days from a swing stage hanging over the side of the building. After that, the windows on the west side will be cleaned and new screens installed.

There's one last thing — a good-bye party to cap off the construction project. The party is planned for June 10 at noon, and residents, construction workers and staff will have a chance to say farewell to the hubbub of construction, and welcome to the renewed Bell Tower, both inside and out.

## Community notes

### Paid parking coming to First Hill

The Seattle Department of Transportation (SDOT) announced that some street parking in the First Hill neighborhood would change over to two-hour paid parking, with some of the affected blocks in or near Yesler Terrace.

Changes to parking in the neighborhood will begin this summer, as SDOT installs new signage and pay stations. Paid parking will be enforced from 8 a.m. to 6 p.m. Monday through Saturday to be consistent with paid parking hours around the city. Proposed parking rates had not been published as of May 7.

Areas in and near Yesler Terrace that will soon switch over to two-hour paid parking include Terry Avenue from Spruce Street north to Jefferson Street; Alder Street between Ninth Avenue and Broadway; Terrace Street between Terry

and Boren Avenue; and Jefferson Street between Ninth and Boren.

Several blocks north of James Street between Seventh Avenue and Boren, including street parking near the Frye Art Museum and St. James Cathedral, will also become two-hour paid parking.

Another parking zone lying north of East Madison Street will also see many blocks changed to two-hour paid parking.

A public hearing to discuss the proposed changes was held Tuesday, May 25.

For more information about the changes, including an informational flyer and map in English, Amharic, Chinese, Oromo, Somali, Spanish, Tigrigna and Vietnamese, go to [www.seattle.gov/transportation/parking/cp\\_firsthill.htm](http://www.seattle.gov/transportation/parking/cp_firsthill.htm).

## Come celebrate Juneteenth

The annual Juneteenth celebration at Yesler Terrace is at 5 p.m. June 18, in the playfield near the Yesler Community Center.

The event will feature a community barbeque and entertainment. It will be held rain or shine. Guests are encouraged to bring a book for the book exchange.

