



A community-based newspaper serving the Puget Sound area since 1981



The Voice

November
2013
Articles translated
into six languages

The newspaper of Neighborhood House — visit our website at www.voicenewspaper.org

Supporting health equity in Seattle

BY TYLER ROUSH
The Voice editor

Neighborhood House and members of the Be Active Together team are speaking out in support of health and fitness equity for all.

An item in Seattle Mayor Mike McGinn's 2014 budget includes proposed funding for continued Be Active Together (BAT) programming in West Seattle's High Point neighborhood, as well as a new BAT project in Yesler Terrace.

BAT combines health and fitness programming with public policy advocacy and community engagement to support healthy living opportunities to underserved, typically low-income communities.

Neighborhood House recently completed a five-year BAT pilot study in both High Point and the Greenbridge community in

Please see "BAT" on Page 2



PHOTO BY TYLER ROUSH

Neighborhood House Executive Director Mark Okazaki (left) and members of the Be Active Together (BAT) team offered testimony in support of BAT funding for the Yesler Terrace and High Point communities at a Seattle City Council budget hearing Oct. 3.

State minimum wage to increase in January

BY DEPARTMENT OF
LABOR & INDUSTRIES

Washington's minimum wage will increase to \$9.32 per hour beginning January 1, 2014, the Department of Labor & Industries (L&I) announced last month.

L&I calculates the state's minimum wage each year as required by Initiative 688, approved by Washington voters in 1998. The 13-cent-per-hour increase, from \$9.19 to \$9.32 an hour, reflects a 1.455 percent increase in the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) over the last 12 months ending August 31. The increase was announced earlier this month by the federal Bureau of Labor Statistics (BLS).

The CPI-W measures average price changes for goods and services purchased by urban wage earners and clerical workers. The goods and services it monitors include basic living costs such as food, clothing, shelter, fuels and

Please see "Wage" on Page 2

KCHA cuts ribbon on 87-unit apartment building at Seola Gardens

BY KING COUNTY HOUSING AUTHORITY

The final 87 low-income apartments at Seola Gardens in White Center have opened, bringing to 177 the total number of apartment homes at this new mixed-income, master-planned community. All site development including utilities, roads, trails, playgrounds, fences, and community gardens has been completed. Construction and sales of single-family homes is well underway. The remodeled Head Start center has reopened and the community center, with after-school, job assistance and ESL programs, is alive with activity.

A new community has been born!

"Seola Gardens is the beautiful fusion of new housing and low-impact development with the abundant amenities and diversity of White Center," said King County Housing Authority Chair Doug Barnes. "More than 1,400 workers, along with banks and private investors, nonprofit service providers, and King County, state, and federal agencies have collaborated to realize the collective vision for this transformed community."



PHOTO BY WILLIAM WRIGHT PHOTOGRAPHY

Seola Gardens replaces Park Lake Homes II, a public housing complex that was built in 1965.

Formerly, Seola Gardens was a 165-unit deteriorating public housing complex called Park Lake Homes II. Its redevelopment, in tandem with its sister property Greenbridge, is part of the Housing Authority's strategy to support the overall revitalization of White Center, one of the poorest areas of King County. The redevelopment of the two sites will create homeownership opportunities for 480 families, significantly altering

the income mix in the neighborhood and generating an estimate \$2.03 million annually in property taxes.

The redeveloped Seola Gardens features 177 new units of subsidized rental housing, extensive amenities and 108 for-sale homes scheduled for completion by early 2016. Housing types include single-family homes, attached townhomes with front porches and mid-rise senior apartments. The community was redeveloped to serve a broader mix of income levels, while providing one-for-one replacement of federally subsidized units for low-income households. All previous tenants who were in good standing were provided the option of returning to the site.

"This marks an important milestone for this community," said King County Housing Authority Executive Director Stephen Norman. "Our vision — and the White Center community's vision — is a neighborhood where homeowners and renters share public spaces and services. Where low-income seniors live in dignity. Where on-site and

Please see "Seola" on Page 3

General election Tuesday, Nov. 5 — don't forget to vote now

The 2013 general election is Tuesday, Nov. 5, but you can put your ballot in the mail today.

If you're registered to vote in King County, you should have received a ballot and voter's guide in the mail. Follow the instructions on your ballot to vote and return it by mail — don't forget a stamp! — by Nov. 5. Ballots must be postmarked by that date to be counted.

For more information, visit www.kingcounty.gov/elections.aspx.



Neighborhood House
Jesse Epstein Building
905 Spruce Street
Seattle, WA 98104

Nonprofit org.
U.S. postage PAID
Seattle, WA
Permit #8887

In this issue

- Be prepared** Page 2
EVERYTHING YOU NEED IN YOUR EMERGENCY KIT
- Be safe** Page 2
TAKE TIME FOR A NEIGHBORHOOD LIGHT SURVEY
- Be healthy** Page 3
FIND OUT HOW TO SIGN UP FOR HEALTH INSURANCE
- Translations** Page 4

Everything you need in your emergency kit

Autumn is a great time to update your emergency kit. Harsh winter weather can knock out power for hours and even days. Are you prepared? Consult this list, then clip it out and put it on your refrigerator or another visible place as a reminder.

At a minimum, have the basic supplies listed below. Keep supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in

case you must evacuate. If possible, keep one kit in your home, a second at work, and a third in your car.

The Voice hopes you will review the checklist below and use it as a reference while building your emergency kit. As an added reminder, clip out this list and hang it on your fridge while you put your supplies together.

Your emergency kit checklist

- Water — one gallon per person, per day (three-day supply for evacuation, two-week supply for home)
- Food — nonperishable, easy-to-prepare items (three-day supply for evacuation, two-week supply for home)
- Flashlight
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible) with extra batteries
- First aid kit
- Medications (seven-day supply) and medical items
- Multipurpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Maps of the area

What else might you need? Some additional suggestions

Consider the needs of all family members and add supplies to your kit. Suggested items to help meet additional needs are:

- Additional medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys
- Manual can opener

Additional supplies to keep at home or in your kit based on the types of disasters common to your area:

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves

- Tools/supplies for securing your home
- Extra clothing, hat and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Blankets or sleeping bags
- Water purification equipment

Additional items to keep in your car

- Emergency contact list
- Flares
- Warm clothing and sturdy shoes
- Blankets
- Rain ponchos
- Preparedness kit with first aid equipment
- Small shovel and sand, litter or tire chains, in case of heavy snowfall
- Local maps with evacuation routes identified

Information in this sidebar from the Red Cross and Take Winter by Storm.

Be safe

By KELLY MCKINNEY
Seattle Neighborhood Group

Autumn is here again and it is a great time to do an outdoor light survey. An outdoor light survey is when community members get together after dusk to see how well the outdoor lights in the community work.

This is what you need to know to report burned out or malfunctioning streetlights:

The city of Seattle has a website where problem streetlights can be reported. The web address is www.seattle.gov/light/streetlight/form.asp. If you don't have a computer or prefer to use a phone you can call the City Light Streetlight Repair Hotline 206-684-7056.

Each streetlight has metal tags nailed to the pole. The tags are about six or seven feet up off of the ground. Each tag has a number. That number identifies the streetlight.

City Light needs the number from the tag on the pole, the address or intersection of the pole and the side of street the pole is located on. If the pole is on a corner, City Light needs to whether it's on the north,

As leaves fall, now is the time to conduct a light survey

south, east or west corner.

Streetlights are important. But so are the lights on buildings and in outdoor common spaces. You can report these burned out or malfunctioning lights to your management office.

It is often helpful to take a clipboard and paper to record information about problem lights. That way you have all the information you need to inform City Light or your management office of where the problems. Seattle Neighborhood Group has a form that can be used for light surveys. The form helps to record and organize the information so it can be reported to the appropriate agency for repair. If you are interested in using SNG's form, you can contact Kelly McKinney or Allan Davis at Seattle Neighborhood group.

Kelly McKinney (206-323-7084) and Allan Davis (206-323-7094) are Community Education Coordinators for Seattle Neighborhood Group. Call Allan or Kelly for crime prevention information or help with your safety and security concerns.

BAT

Continued from Page 1

White Center.

BAT brought free and low-cost exercise classes to both communities; rallied community members for public safety campaigns, including projects relating to traffic and school safety; and organizing advocacy trips to Olympia related to immigrant and refugee, health and housing issues.

"Civic engagement is critically important, particularly among groups who may experience obstacles on their path to self-sufficiency," said Denise Sharify, BAT Project Director during the program's five-year pilot. "Our hope with BAT is that all of our families become active in their daily lives and in their communities."

One of the project's biggest successes came in the single-gender swim classes held at local pools. The sessions — offered for women who, for cultural, religious or personal reasons are uncomfortable swim-

ming in a coed environment — proved so popular that the program was later adopted at four pools operated by the Seattle Parks Department.

The swimming classes have created opportunities for women that were heretofore unavailable. A survey of BAT participants conducted in 2012 bears out the value of the program in the community.

"I feel good after swimming," said one participant. "In my home country in Somalia, I never had the opportunity to learn how to swim."

While the grant cycle for the BAT project in Greenbridge and High Point closed earlier this year, the proposal in the mayor's budget would earmark \$150,000 to continue the BAT project at High Point while expanding it to the Yesler Terrace community.

The Seattle City Council held two public hearings for the 2014 budget last month. With the comment period ending, the council is expected to vote on the proposed budget this month.

Wage

Continued from Page 1

services such as doctor visits.

Washington is one of 10 states that adjust the minimum wage based on inflation and the CPI. The others are Arizona, Colorado, Florida, Missouri, Montana, Nevada, Ohio, Oregon and Vermont.

Washington has the highest minimum wage, followed by Oregon, which recently announced its 2014 minimum wage will

rise by 15 cents, to \$9.10 per hour.

Washington's minimum wage applies to workers in both agricultural and non-agricultural jobs, although 14- and 15-year-olds may be paid 85 percent of the adult minimum wage, or \$7.92 per hour in 2014.

More information on Washington's minimum wage is available at Wages.Lni.wa.gov. Employers and workers also may call 360-902-5316 or 1-866-219-7321.

The Voice

Editor

Tyler Roush
206-461-8430, ext. 227
tylerr@nhwa.org

Reporters

Matthew Anderson
Jim Bush
Kristin O'Donnell
Troy Smith

The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority and the King County Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House, SHA or KCHA. We welcome articles and tips from the community and reserve the right to edit all submissions. The Voice is published online at www.nhwa.org and at www.seattlehousing.org.

Visit our website:
voicenewspaper.org

- Exclusive content •
- Updated weekly • Share articles over email or on Facebook



PHOTO COURTESY OF MICHAEL MAGGS / WIKIMEDIA COMMONS

Wondering about Obamacare? We've got you covered.



You may qualify for free health coverage!



It's easy. If you are a single individual and make less than \$15,856 a year, you may qualify for free health coverage. If you are in a family of 4 and make less than \$32,500, you may qualify for free health coverage.

If you are a single individual and make less than \$44,680 a year, you may qualify for low-cost health coverage. If you are in a family of 4 and make less than \$92,200 a year, you may qualify for low-cost health coverage.

Everyone must get covered!

Beginning January 1, 2014, if you do not already have health insurance (via your employer, Medicare, Medicaid, Tricare, veterans' health, or a grandfathered plan) you must obtain coverage to avoid paying penalties.

Why do I need health insurance?

Having quality insurance means that you and your family can get the care necessary to stay healthy. And when an accident or illness strikes, a quality health plan can offer protection from huge medical bills — giving you and your family peace of mind.

Starting in 2014, if individuals do not have health insurance, they will have to pay a fine of \$95, which increases to \$325 in 2015, and to \$695 or 2.5 percent of household income in 2016. For families, the penalty will be \$2,085 or up to 2.5 percent of household income.

What if I already have health insurance?

Most individuals will be able to stay on their current plan. There is no requirement to use Washington Healthplanfinder (www.wahealthplanfinder.org), the website designed to offer services in Washington State, to obtain coverage.

Established under the law, Washington Healthplanfinder offers a new way to find health insurance. It's a customer-friendly, online marketplace where individuals and families can find, compare and enroll in health plans that fits their needs and their budget. Washington Healthplanfinder provides:

What if I need help choosing a health plan?

Free help will be offered online, over the phone and in person for those who need assistance choosing and enrolling in a health

plan. The website (wahealthplanfinder.org) and call-in assistance (1-855-WAFINDER, or 1-855-923-4633) are available in both English and Spanish. During November, In-person assistance will be available at the following locations:

Seattle Housing Central Office

First floor, 190 Queen Anne Ave N, Seattle
Mondays (Nov. 4, 11 and 18)
Noon – 5 p.m.

Neighborhood House High Point Center

6400 Sylvan Way SW, Seattle 98126
Mondays and Tuesdays (Nov. 4, 5, 11, 12, 18, 19 and 25)
9 a.m. – noon
English, Spanish and Somali

Neighborhood House Rainier Vista

4410 29th Ave. S, Seattle 98108
Mondays (Nov. 4, 11, 18 and 25)
1 – 5 p.m.
English, Spanish and Vietnamese

Yesler Terrace Epstein Building

(first-floor, large conference room)
905 Spruce St., Seattle, 98104
Wednesdays (Nov. 6, 13, and 20)
1 – 5 p.m.
English, Somali and Vietnamese

NewHolly Economic Opportunities Program Office

7058 32nd Ave. S, Seattle, 98118
Wednesdays (Nov. 6, 13, and 20)
1 – 5 p.m.
English and Spanish

Greenbridge Wiley Center

9800 Eighth Ave. SW, Seattle, 98106
Thursdays (Nov. 7, 14 and 21)
9 a.m. – noon
English, Spanish and Somali



Inside the Affordable Care Act:

- ✓ Free preventative services
 - Colorectal Cancer Screening
 - Breast Cancer Screening
 - Vaccines
 - Diet Counseling
 - And More!
- ✓ No lifetime or annual limits
- ✓ No denial for pre-existing conditions
- ✓ Young adults can remain on their parents' plans until age 26
- ✓ Medicare Donut Hole eliminated

*All plans available at
www.wahealthplanfinder.org.*

KCHA breaks ground on eight new affordable homes in Greenbridge

By KING COUNTY HOUSING AUTHORITY

HomeSight and the King County Housing Authority marked the groundbreaking of eight new affordable homes located in Greenbridge with a celebration Oct. 26.

The single-family homes will be located on SW 100th Street between Fifth and Sixth Avenue Southwest.

Up to 450 new homes will eventually be offered for sale at Greenbridge at a variety of price points. The HomeSight homes are intended to be affordable to families earning at or below 80 percent of the King County median income or \$64,400 for a family of four.

“These homes reflect the Authority’s

commitment to provide an array of home-ownership opportunities in the community,” said Stephen Norman, executive director of the King County Housing Authority.

These new homes build on the successful partnership between the housing authority and HomeSight, a community-based real estate developer and mortgage lender that works with first-time homebuyers.

Up to \$75,000 in deferred down payment assistance loans is available for each home. The Federal Home Loan Bank of Seattle in cooperation with BECU is providing \$35,000 per home in forgivable loans. King County and The Washington State Housing Trust Fund are contributing additional deferred loan funds based on need.

Seola

Continued from Page 1

nearby educational opportunities provide a future and a path to a success for our young people. It's great to welcome all of these families to their new homes.”

KCHA used an array of environmentally friendly approaches, including rain gardens and a water quality pond that cleans surface water before it leaves the site. All rental housing units take advantage of natural light and are energy-efficient. They're also wired to be solar-ready.

Abundant educational opportunities for infants to high school students are close at hand. A remodeled on-site Head Start facility offers four classes a day. A 6,500 square-foot community center provides educational opportunities for all

residents – including job assistance and computer literacy training provided by the YWCA and Highline Community College ESL (English as a Second Language) classes. Neighborhood House provides after-school homework assistance. The Technology Access Foundation Academy is located directly adjacent to the site. And Cascade Middle School and Evergreen High School are within walking distance without having to cross a street.

“Seola Gardens is a model community. People living here have access to education, vital services like health care and community activities. This is what we hope for all of our neighborhoods,” said King County Councilmember Joe McDermott. “Seola Gardens gives families a great place to raise their kids –and it's a great place for seniors to age with dignity.”

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Salario mínimo en el Estado de Washington va a aumentar en Enero

El salario mínimo de Washington aumentará a \$ 9.32 por hora a partir del 1 enero de 2014, el Departamento de Labor e Industrias (L & I) anunció el mes pasado.

Labor e Industrias calcula el salario mínimo del estado cada año como lo requiere la Iniciativa 688, aprobada los votantes de Washington en 1998. El aumento de 13 centavos por hora, que es de \$ 9.19 a \$ 9.32 por hora, refleja un aumento del 1.455 % en el Índice de Precios al Consumidor para Trabajadores Asalariados en áreas Urbanas y para Personal Administrativo (CPI W) durante los últimos 12 meses terminados el 31 de agosto. El aumento fue anunciado a principios de este mes por la Oficina Federal de Estadísticas Laborales (BLS).

El Índice de Precios del Trabajador arriba mencionado (CPI W), mide los cambios de precios (en promedio) de los bienes y servicios adquiridos por los asalariados urbanos y los trabajadores de oficina. Los bienes y servicios que se

analizan incluyen gastos básicos como la alimentación, el vestido, la vivienda, los combustibles y varios servicios, como visitas al médico.

Washington es uno de los 10 estados que ajustan el salario mínimo, con base en la inflación y el IPC. Los otros estados son Arizona, Colorado, Florida, Missouri, Montana, Nevada, Ohio, Oregón y Vermont.

Washington tiene el salario mínimo más alto del país, seguido por Oregon, que recientemente anunció que su salario mínimo del 2014 se incrementará en 15 centavos, a \$ 9.10 dólares por hora.

El salario mínimo de Washington se aplica a trabajadores en trabajos agrícolas y no agrícolas, aunque los trabajadores de 14 y 15 años de edad pueden ser pagados el 85 por ciento del salario mínimo de los adultos, o \$7.92 dólares por hora a partir del 2014.

Para más información sobre el salario mínimo de Washington vaya al sitio de internet: wages.lni.wa.gov. Empleadores y trabajadores también pueden llamar al (360) 902-5316 o al 1-866-219-7321.

ናይ ስተይት ዝተሓተ ክፍሊት (ደመወዝ) ክውሰኽ እዩ

ካብ 1ፕሪ 2014 ዓ.ም. ጀሚሩ ናይ ዋሽንግተን ስተይት ዝተሓተ ክፍሊት (ደመወዝ) ኣብ ሰዓት \$9.32 ከምዚኸውን ክፍሊ ሌብርን ኢንዱስትርን (L&I) ኣብ ዝሓልፈ ወርሒ ገሊጹ።

ብመሰረት እቲ ኣብ 1998 ዓ.ም. ብድምጺ ህዝቢ ዋሽንግተን ዝጸደቐ ብፍጹም 688 ዝፍለጥ ኣንቀጽ መሰረት ክፍሊ ሌብርን ኢንዱስትርን (L&I) ብብዓመቱ ዝተሓተ ደመወዝ ናይ ዋሽንግተን ስተይት ኣዳልዩ ኬቕርብ ሓላፍነት ኣለዎ። እዚ ካብ \$9.19 ናብ \$9.32 ንኸውሰኽ ተገይሩ ዘሎ 13 ሳንቲም ወሰኽ 1.455 ፐርሰንት ናይቲ ኣብ ከተማ ዝሰርሑ ብደመወዝ ዝነበሩ ሰራሕተኛታትን ጸሓፍትን (CPI W) ኣብ ግምት ዘእቱ ህልዩ ኩነታት ዕዳጋ ዘንጸባርቑ ኣሃዝ እዩ። እዚ ወሰኽ እዚ ድማ ብቤት ጽሕፈት ፈደራል ሌብር ስታትስቲክስ (BLS) ኣብ መጀመርታ ናይዚ ወርሒ እዚ እዩ ተገሊጹ።

እዚ ኣሃዝ እዚ (CPI-W) ገምጋም ዋጋታት እቶም ኣብ ከተማታት ዝርከቡ ሰራሕተኛታትን ጸሓፍትን ዝሰድግዎ መግብን ኣገልግሎታትን ኣብ ግምት ዘእቱ ዓቀን እዩ። እዚ ድማ ንሰራተው መነባብሮ ዘድሊ ከም መግቢ፡ ክዳውንቲ፡ መጽለሊ፡ ነዳዲ፡ ከምኡውን ገልግሎት ሕክምና

ዝኣመሰሉ ዜጠቓልል እዩ።

ዋሽንግተን ሓንቲ ካንተን ኣብ ኩነታት መነባብሮን ደመወዝ ሰራሕተኛታት ከተማን ጸሓፍትን ተመርኩሰን ኪኸፈል ዝግብእ ዝተሓተ ደመወዝ ብብእዎኑ ዘመሓይሻ 10 ስተይት እዩ። እተን ካልኣት ከኣ ኣሪዞና፡ ኮሎራዶ፡ ፍሎሪዳ፡ ሚዙሪ፡ ሞንታና፡ ኛቫዳ፡ ኦሪጎን፡ ኦሪጎን ከምኡውን ቨርግንያት እዩ። ዋሽንግተን ምስ ካልኣት ኪጸጸር ከሎ ዝሓሸ መበገሲ ደመወዝ እትኸፍል ስተይት እዩ። ደድሕሪ ዋሽንግተን ስተይት ዝሓሸ መበገሲ ደመወዝ እትኸፍል ስተይት ከኣ ኦሪጎን ኮይና፡ ኣብ 2014 ዝተሃተ ክፍሊት ኣብ ሰዓት 15 ሳንቲም ብምውሳኽ ኣብ ሰዓት \$9.10 ኪኸውን እዩ።

እዚ ዝተሓተ ክፍሊት ናይ ዋሽንግተን ስተይት ንኹሉ ዓይነት ሰራሕተኛ ሕርሳዊ ይኹን ወይ ድማ ወጻኢ ክብ ሕርሻ ዝሎኹ ንኹሉ ዓይነት ስርሓት ዝምልከት እዩ። ነቶም ኣብ ኸልል ዕድመ 14- 15 ዓመት ዝርከቡ መንእሰያት ዝኸፈሉ ግና 85 ናይቶም ዓቕመ ኣዳም ዝበጸሑ ሰራሕተኛታት ኮይኑ ኣብ 2014 ኣብ ዝተሓተ ክፍሊት ኣብ ሰዓት \$7.92 ኪኸውን እዩ። ንተወሳኺ ሓበሬታ ኣብ Wages.Lni.wa.gov ተወከሱ። ወይ ድማ ኣብ 360-902-5316 or 1-866-219-7321 ደውሉ።

MỨC LƯƠNG TỐI THIỂU CỦA TIỂU BANG SẼ TĂNG TRONG THÁNG 1

Mức lương tối thiểu ở tiểu bang Washington sẽ tăng lên \$9.32 một giờ bắt đầu vào tháng 1, 2014, bộ Lao Động và Kỹ Nghệ đã loan báo vào tháng rồi.

Bộ Lao Động và Kỹ Nghệ (L&I) qui định ra mức lương tối thiểu cho mỗi năm theo luật buộc từ Đạo Luật I688, được cử tri Washington bỏ phiếu thuận hồi năm 1998. Tăng 13 xu cho mỗi giờ làm, từ \$9.19 đến \$9.32 một giờ, tương ứng với việc lạm phát 1.455 phần trăm theo chỉ số người Tiêu Dùng dành cho công nhân viên chức trong 12 tháng qua, kết thúc vào 31 tháng 8. Việc gia tăng này được thông báo hôm tháng qua

bởi Phòng Lao Động và Thống Kế Liên Bang. (BLS)

Chỉ Số Người Tiêu Dùng đo lường mức thay đổi trung bình của giá thực phẩm, lệ phí phục vụ được trao đổi bởi công nhân viên chức trong đô thị. Hàng hóa và dịch vụ được theo dõi gồm có giá cả sinh hoạt căn bản, như giá thực phẩm, quần áo, tiền thuê nơi ở, xăng dầu, các dịch vụ như giá lệ phí cho việc khám bác sĩ.

Tiểu bang Washington là 1 trong 10 tiểu bang có sự điều chỉnh mức lương tối thiểu dựa vào chỉ số Người Tiêu Dùng. Các tiểu bang khác là Arizona, Colorado, Florida, Missouri, Montana, Nevada, Ohio, Oregon and Vermont.

Tiểu bang Washington có mức lương tối thiểu cao

hơn hết, sau đó là Oregon mà vừa mới đây đã thông báo là mức lương tối thiểu sẽ tăng 15 xu, đến \$9.10 một giờ.

Mức lương tối thiểu ở Washington áp dụng cho công nhân nông nghiệp và những công việc không thuộc nông nghiệp, dù vậy thì trẻ em 14 hay 15 tuổi chỉ được trả 85 phần trăm mức lương tối thiểu dành cho người lớn, tức là \$7.92 một giờ trong năm 2014.

Thông tin về mức lương tối thiểu tiểu bang Washington có trên trang mạng Wages.Lni.wa.gov. Những chủ doanh nghiệp và công nhân có thể vào số 360-902-5316 hoặc số 1-866-219-7321.

ប្រាក់ចំណូលទាបបំផុតនៅរ៉ាស៊ីងតោននឹងឡើងខែមករា

ប្រាក់ខែដែលទាបបំផុតនៅរ៉ាស៊ីងតោននឹងត្រូវឡើងដល់ ៩ដុល្លារ២សេនមួយម៉ោងដែលចាប់ផ្តើមពីខែមករា ២០១៤ ដែលក្រសួងការងារនិងឧស្សាហកម្មបានប្រកាសប្រាប់ខែមុន។

ការឡើង១៣សេននោះគឺយោងទៅតាមការឡើងចុះនិងសរេតាមការវាងកំលែងដែលតម្រូវតាមអ្នកបោះឆ្នោតជាប់តាំងពីឆ្នាំ១៩៩៨ម្ល៉េះ។ ការឡើង១៣សេនមួយម៉ោង ពី ៩ដុល្លារ១៩ ទៅ ៩ដុល្លារ២សេនមួយម៉ោង មានទាក់ទងទៅ១.៤៥៥ភាគរយឡើងតាមការវាងកំលែងដែលប្រកាសតាមក្រសួងការងារនិងឧស្សាហកម្ម។

ក្រសួងការងារនិងឧស្សាហកម្មគិតវាសនាសរុបផ្ទាល់ក្នុងកំលែងច្រើនជាងពេលវេលានៃរបស់ និង ទិញទំនិញដោយប្រាក់ខែ អ្នករៀបចំសំណុំរឿងនៅទីក្រុង។ ទំនិញនិងហិតប្រយោជន៍គិតថារបស់ទាំងអស់នោះដែលប្រជាជនទិញមួយថ្ងៃទៅមួយថ្ងៃដូចជាម្ហូបអាហារ ខោអាវ ទីលំនៅ និង ប្រេងសាំង និងហិតប្រយោជន៍ដូចជាកាតូបជាមួយលោកវេជ្ជបណ្ឌិត។ យោងទៅតាមក្រសួងការងារនិងឧស្សាហកម្មបានប្រកាសប្រាប់ថា៨០សិភភាគរយនៃការឡើងនេះព្រោះតែកំលែងសាំងលោតដល់កំរិតលើសពី១២ខែមុននោះ។

រដ្ឋរ៉ាស៊ីងតោនគឺជាជនជាតិមួយក្នុងចំណោមរដ្ឋទាំងដប់ដែលសម្រុះសម្រួលនៅប្រាក់ខែចំណូលដែលយោងទៅតាមរបស់ឡើងចុះ ដូចជារដ្ឋ អារីសូនណា ខូលូណា អូរីហ្គុន និង វិមីន។

រដ្ឋរ៉ាស៊ីងតោនឡើងបានច្រើនជាងគេ បន្ទាប់មក រដ្ឋអ៊ីលីណូយប្រកាសប្រាប់ថាឡើង ១៥ សេន ហើសម្រេចបាន ៩ដុល្លារ១០សេនមួយម៉ោង ។

ការកំឡើងប្រាក់ខែដែលទាបជាងគេនៅរដ្ឋរ៉ាស៊ីងតោននោះគឺសំរាប់ទូរទៅមិនថាជាអ្នកស្រែចំការនោះទេ ហើយ សំរាប់ក្មេងអាយុ ១៤ និង ១៥ ឆ្នាំអាចបង់អោយ ៨៥ ភាគរយនៃប្រាក់ខែសំរាប់មនុស្សចាស់ ឬ ៧ ដុល្លារ ៩២ សេន មួយម៉ោងក្នុងឆ្នាំ២០១៤។

សំរាប់ព័រមានអំពីប្រាក់ខែដែលទាបជាងគេនោះសូមចូលទៅរក Wages.Lni.wa.gov.

ក្រសួងការងារនិងអ្នកធ្វើការអាចទូរសព្ទលេខ ៣៦០.៩០២.៥៣១៦ ឬ លេខ ១.៨៦៦.២១៩.៧៣២១។

Минимальный размер оплаты труда в штате Вашингтон будет повышен в январе 2014 г.

Минимальный размер оплаты труда в штате Вашингтон будет повышен до 9 долларов 32 центов в час начиная с 1 января 2014 г., сообщает Департамент труда и промышленности (Department of Labor & Industries, L&I).

В соответствии с требованиями Инициативы №688, утвержденной жителями штата Вашингтон в 1998 г., L&I ежегодно пересчитывает минимальный размер оплаты труда. Грядущее увеличение минимальной зарплаты на 13 центов в час (с 9 долларов 19 центов до 9 долларов 32 центов) отражает рост Индекса потребительских цен для городского населения, занятого на низкооплачиваемой работе (CPI W), на 1,455 процента за 12 месяцев с 1 сентября 2012 г. по 31 августа 2013 г. Ранее о росте Индекса потребительских цен объявило Бюро трудовой статистики (Bureau of Labor Statistics, BLS).

Индекс CPI W измеряет средние изменения в ценах на товары и услуги, приобретаемые городским населением, занятым на низкооплачиваемой работе.

Индекс CPI W учитывает основные статьи расходов, такие как продукты питания, одежда, жилье, отопление, медицинское обслуживание и др.

Вашингтон – один из 10 штатов, повышающих минимальный размер оплаты труда с учетом инфляции и индекса CPI. Остальные 9 штатов – Аризона, Вермонт, Колорадо, Миссури, Монтана, Невада, Огайо, Орегон и Флорида.

Вашингтон занимает первое место среди штатов по величине минимального размера оплаты труда. На втором месте – штат Орегон, недавно объявивший об увеличении минимальной зарплаты в 2014 г. на 15 центов, до 9 долларов 10 центов в час.

Минимальный размер оплаты труда в штате Вашингтон распространяется на всех жителей штата, включая сельскохозяйственных работников. Подростки в возрасте 14 и 15 лет могут получать 85 процентов от минимальной зарплаты, что в 2014 г. составит 7 долларов 92 цента в час.

Дополнительную информацию о минимальном размере оплаты труда в штате Вашингтон можно получить на интернет-сайте Wages.Lni.wa.gov. Работодатели и работники также могут обращаться по телефону 360-902-5316 или 1-866-219-7321.

Bridging the Gap with a community resource fair in South Seattle

The Bridging the Gap Resource Fair drew hundreds to the Rainier Community Center on Saturday, Oct. 19 to access information about dozens of service providers and agencies relating to health, housing, safety, education, personal finance, employment and more. Seattle Housing Authority sponsored the resource fair in partnership with Neighborhood House, the Rainier Beach Community Empowerment Coalition and the Rainier Chamber of Commerce.

PHOTO BY TYLER ROUSH



BY VOICE STAFF

For individuals and families in need of a little extra help, the Bridging the Gap resource fair brought together a number of service providers under one roof at the Rainier Community Center Saturday, Oct. 19.

The event was organized by Seattle Housing Authority and featured dozens of partner organizations and agencies. In addition to the open house-style resource fair, breakout sessions focusing on such topics as job search tips and personal finance. Partner sponsors for Bridging the Gap included Neighborhood House, the Rainier Beach Community Empowerment Coalition and the Rainier Chamber of Commerce.

Seattle Housing's Economic Opportunities programs are designed to connect residents with a wide range of support services. For more information, visit www.seattlehousing.org/residents/jobs or ask your community builder to refer you to the office in your area.



PHOTO BY TYLER ROUSH

Christina White, Seattle Housing Economic Opportunities specialist, discusses available services with a visitor to the Bridging the Gap resource fair.

Goldsmith brings extensive background in affordable housing to role as Lake City community builder

BY TYLER ROUSH
The Voice editor

If you're a resident of Lake City Court or Lake City House, you'll want to say hello to a new community member.

Phillippia Goldsmith has been hired as the new community builder for Lake City Court and House.

Affordable housing and community building are at the core of Goldsmith's work background. Prior to being employed at the housing authority, Goldsmith worked for Capitol Hill Housing in a dual role as a building manager and resident services manager. She also previously worked for the Delridge Neighborhood Development Association as the organization's director of community and resident engagement program.

North Seattle is new territory for Goldsmith, and the Lake City community has been very welcoming. During a recent phone conversation with a reporter, a Lake City Court resident stopped by Goldsmith's office to deliver a fresh strawberry from the community garden.



Phillippia Goldsmith

"Lake City is a new community to me — most of my time I've lived in West Seattle and Capitol Hill."

Goldsmith steps into the Lake City community building position that was vacated by Lisa Uemoto, who is now the community builder at Rainier Vista.

Goldsmith said the top strategy she's learned from working in affordable housing is to create opportunities for people to be heard.

"The most important lesson that I've learned is to go where the people are, and not expect people to come to a meeting — to try to eliminate whatever barriers for people to

"This community is great," Goldsmith said. "It was really nice to come in where there are so many service providers anxious and eager to work with the community members here."

be able to participate and have their voices heard," Goldsmith said.

She has experience working with people of all ages, from families with infants, children and teens, adults and seniors. Empathy — understanding and seeing people in their present situation — is fundamental to working with diverse groups of people.

Of Lake City Court and Lake City House, Goldsmith said the community is "super diverse, which is awesome." Parents and families are very willing to be engaged, she added.

"The willingness of parents ... wanting to be involved in their kids' education, it's huge," she said. "It's really nice to have parents come to ask, 'When is tutoring starting? How can I get involved?'"

With that in mind, Goldsmith encouraged community members to stop by her office in Lake City Court to say hello. Currently, Goldsmith has office hours from 9 a.m. – 5 p.m. Mondays and Wednesdays and from 11 a.m. – 7 p.m. Tuesdays and Thursdays. She can also be reached on her cell phone at 206-915-3575 or by email at pgoldsmith@seattlehousing.org.

Community notes

Resident Leadership Development Team seeks nominations for Volunteer Recognition event

It's that time of year again, folks! The time that we at the Resident Leadership Development Team and the Resident Action Council celebrate with you, our wonderful and diverse volunteers. Time to join us for a dinner, decorations, entertainment and a special award for all of our hard-working volunteers.

This is the third year that we have had this pleasure. This being said, there are things for each of our communities to do. First, you'll want to pick up a nomination form from your community builder. Please nominate two individuals or one group of people to receive volunteer recognition. Nominees should live in Seattle Housing Authority communities.

Please send the nomination to your community builder or to Julie Sahlberg c/o RAC, 800 Jefferson Ave. #601, Seattle, WA 98104 by Nov. 7, 2013. Questions? Contact Susan Irwin at susanirwinrocks@gmail.com or 206-282-3167.

Hope to see you there! We are our proud of our volunteers!

Fall Harvest at Yesler Terrace

 The Yesler Community Center is seeking volunteers to contribute to the Fall Harvest dinner Friday, Nov. 15.

Volunteers are needed in two shifts, from 1 – 6 p.m. and from 6 – 9:30 p.m. Volunteers are needed to help cook, set tables, serve food and clean up.

The community dinner is from 6 – 8 p.m. at the Yesler Community Center.

For more information and to volunteer, contact Don Nguyen at the Yesler Community Center (Don.Nguyen@seattle.gov or 206-386-1245).

Department of Health seeks survey participants

 Washington State Department of Health invites residents of High Point to take part in an important survey about chemicals in your home.

This survey will help the Department of Health learn about exposures to pesticides and chemicals in plastics. For more information, or to sign up to take part in the survey, call toll-free at 1-877-494-3137, visit www.doh.wa.gov/biomonitoring or call Ann Butler at 360-236-4253.

Content guide

Don't see your neighborhood section? Consult the guide below to find the logos that correspond to your community.

 **High Point Herald**

 **NewHolly Notes**

 **Rainier Vista News**

 **Yesler Happenings**

Sewing the seeds of food justice, healthy communities with neighborhood gardens

By MATTHEW ANDERSON
Special to The Voice

I recently attended the 34th annual American Community Gardening (ACG) conference after receiving a scholarship. The first day, I found my eyes being opened to a world I had been naively unaware of. I quickly discovered interconnectedness all over the country among those fighting for food equity, the transformation of spaces, and the building of stronger healthier communities.

I knew I was in for a great conference when ACG Board president, Bobby Wilson said that he “anticipated this to be one of the greatest conferences of all time” and that ACG had a “hope for better communities, and the breaking down of barriers between rich and poor.”

One of the main reasons I wanted to attend the conference was because I had begun the initial process of proposing a community garden on a Seattle Housing Authority property. Beyond the initial proposal, there are a lot of processes and experiences I am lacking concerning community gardens.

I thought it imperative to gather information about the experiences and process’s others had went through to accomplish similar projects. I also saw it as a great place to make new contacts. But my most important discovery was its transformative effect on how I viewed the relationship between food, community and economic equity.

The first workshop I attended, “Design P-Patch Community Gardens: Realizing Community Aspirations,” was very informative. Local Seattle landscape architects walked us through the process and role of a landscape architect facilitating community meetings and to bring their wants and needs into the community garden design. This is accomplished during the stages of a facilitated design process.

This basically entails three steps. First the visioning process, where neighbors meet and express what they want to see in a community garden. Second, these ideas and voices are put into a visual example of three design alternatives. Community members then have the opportunity to look at 3-D color designs that their landscape architect has created. Finally, the community comes together and decides on the final design and what will be involved in the construction stage.

This was especially helpful to me because designers walked us through the steps and difficulties involved from an initial idea to a finished product in four very different communities. This was extremely important to me because the Seattle Housing Authority low-income community in which I live is in the initial stage of applying for a grant to build a community garden.

The grant request is for funding for a landscape architect to facilitate the needs and wants of our community for a future community garden. To be able to have a preview of the process and an understanding of how it works is invaluable, especially the understanding of how the design process is about bringing together community.

Another seminar I attended was “Inclusion: Building and Sustaining Community Gardens in Diverse Communities.” This

seminar tied in well with the P-Patch Design workshop and detailed the steps in installing a community garden in NewHolly. NewHolly is a mixed-income community with a diversity of cultures and languages. The project leaders were creative in bringing people together by using culturally relevant meals, multi-language flyers and visual aids. Having meals that were relevant to those involved provided an arena to start new conversations and build consensus.

Leaders also stated the importance of multilingual flyers. Using flyers that had all languages on one sheet helped everyone to have a sense they were receiving the same information. The flyer became an example of community diversity and unity. Using visual aids of what a garden would look like, the work involved, and the process also broke down many barriers. Participants had an opportunity to not only see what they were getting into, but what the possibilities were for their community. All of these tools and many others discussed enabled the residents at NewHolly to take ownership and become part of a lasting more involved community.

Each seminar I attended served to enlighten, instruct and increase my awareness of community. I couldn’t help thinking that, beyond the health benefits, the community garden was about relationships and community building. I met people from all over the country who were interconnected by the continuing theme of social justice and the betterment of the lives of those around them.

The Conference ended with a four-person panel consisting of Seattle City Councilmember Richard Conlin, author and Galloping Gourmet Graham Kerr, Robert Servine of Seattle Tilth Youth Garden Works, and Laura Raymond from the Seattle Department of Neighborhoods. The final panel really reinforced the significance of gardening as a means to food justice and healthy communities.

Kerr detailed how gardening not only saved his families health but became the basis for new relationships with neighbors, stating they were no longer the people, “beyond the fence.”

Conlin explained the power of community gardens in making “new connections and breaking down barriers.”

Raymond detailed the experience of “seeing the social fabric” that developed, the community health, “new connections” from gardening.

All relayed the message of food justice, health, community and the economic equity that is addressed from community gardening.

It is impossible in such a short summary for me to explain or detail what a scholarship to the ACG conference meant to me, and what benefits it will bring in the future. But I can say I left the final discussion with a clear understanding of Bobby Wilson’s statement that ACG had a “hope for better communities, and the breaking down of barriers between rich and poor.” I witnessed it in the real life examples at the conference of people and communities where barriers are already being torn down. It has given me a hope for the future. God Bless ACG in the work they are doing and the work they have done.

Renovating and renewing Leschi House



PHOTO BY LORI STEHLIK

Renovation and construction continue at Leschi House. The existing building (above) is wrapped as new windows and siding are being installed. At the same time, the foundation is being laid and walls raised for a 35-unit addition on the property.

Fifteenth Annual Dr. Martin Luther King, Jr. Essay Contest

The King County Civil Rights Commission is sponsoring its Fifteenth Annual Dr. Martin Luther King, Jr. Writing Essay Contest open to all eighth grade students attending public and private schools in King County. The purpose of the essay contest is to encourage middle and junior high school students to think critically about Dr. King’s legacy of peace and justice.

This year’s essay theme is: “No work is insignificant. All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence.”

Rules

The essay must be between 750 and 1,000 words and must be typed and double spaced on white 8.5” by 11” paper.

Contestants must submit one typed original essay and one copy of the essay, by mail.

The name, address, home phone number, e-mail address, school, grade and age of student author must be submitted on a cover page, accompanying the essay. Do not place your name on any other page.

All essays must be in English and include a bibliography, utilizing at the minimum one book source, but no more than one website source.

All essays will be judged on the au-

thor’s: knowledge of Dr. King and his work in the Civil Rights Movement, originality of ideas, development of point of view, insight into the essay theme, and clarity of expression, organization, and grammar.

All essays submitted become the property of the Commission and will be displayed on County web pages, in County publications, in local publications, and in the King County Tunnel. Submitted essays will not be returned.

Prizes

First, second and third prize winners will win trophies and commemorative Dr. King pin.

Deadline

All essays must be postmarked by Friday, Nov. 8, and mailed to: King County Civil Rights Commission, 401 Fifth Avenue, Suite 135, Seattle, WA 98104. Essays postmarked after that date will not be considered, nor returned.

Notification of Winners

Winners will be notified by mail. Awards will be presented to the winners at the 27th Annual King County Dr. Martin Luther King Jr. Day Celebration on Jan. 16, 2014, held in downtown Seattle.



Neighborhood House
Strong Families. Strong Communities. Since 1906.



Please recycle me



About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority and King County Housing Authority. The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in SHA communities.

If you’d like to submit an article, or if you have a question about anything you’ve read in this publication, please contact Editor Tyler Roush at 206-461-8430, ext. 227 or by e-mail at tyler@nhwa.org.

All submissions are subject to editing for accuracy, style and length.

A perfectly painted patch of pumpkins



PHOTOS BY JOHN SKOMMESA

Nasteha Abdi (above) has a bright smile as she decorates a Halloween pumpkin at the Yesler Community Center. Members of Seattle University men's basketball team (right) volunteered their time with Yesler youth to paint pumpkins. The Halloween masterpieces will be displayed at the community center and the Seattle Police Department's East Precinct office.

Seattle University provides festive fall fun for Yesler youth

BY VOICE STAFF

In what has become a Halloween tradition, youth gathered at the Yesler Community Center for a fun and festive afternoon painting pumpkins Oct. 23.

The Seattle University Department of

Public Safety donated the pumpkins for the painting event, while the school's men's basketball team volunteered their time to join in the fun.

Officer John Skommesa of the Community Police Team said the pumpkin painting exemplified the community spirit of Yesler Terrace, drawing dozens of young people together for a fun, safe activity.

The pumpkins were to be displayed at the Yesler Terrace Halloween carnival Friday, Oct. 25 at the Yesler Community Center. A few were also bound for display at the Seattle Police Department East Precinct.



Next Door High Point is a social network for the neighborhood

BY TYLER ROUSH
The Voice editor

If you're an internet user, you've probably heard about social media, and such websites as Facebook, Twitter and Google+, which allow users to keep in touch with family and friends, get access to news, and follow their favorite bands, artists, athletes and more.

But did you know there's now a social network for your neighborhood?

Residents of High Point have been begun using the Next Door website to keep in touch with neighbors about the goings-on in the community. The site, accessible at <https://highpoint.nextdoor.com>, is an online gathering place for High Point neighbors.

"It's been great to have a forum for neighbors to share information directly with one another at any time," said Heather Hutchison of the High Point Homeowners and Open Space associations.

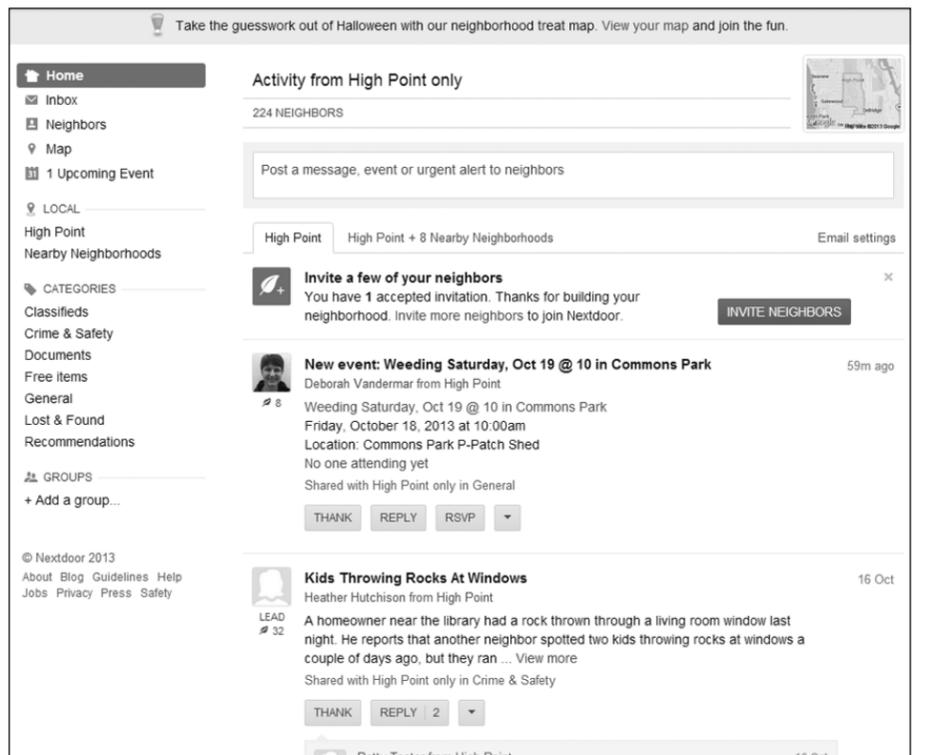
The Next Door website functions like a

private social network for your community. Only the people who actually live or work at an address in High Point can apply for an account. (The system uses the billing address attached to a person's credit card or mobile phone to confirm a user's address. It is free to sign up.)

Once online, you can network with neighbors on a host of subjects, from classified ads to upcoming community events to reports on neighborhood safety.

The site is hosted by Next Door, a company that specializes in neighborhood-based social networks. In addition to the website, the company offers mobile apps for the iPhone and Android operating systems.

Users in High Point have reported that some addresses are not recognized by the system as being within the neighborhood. If you live in High Point and find that the system is not recognizing your address, you can contact High Point Community Builder Shukri Olow at solow@seattlehousing.org or 206-588-4325.



SCREEN CAPTURE BY THE VOICE

The above image shows the layout of the Next Door High Point website. The private social network allows users to connect with neighbors in their community.



Where: Neighborhood House-High Point Center
6400 Sylvan way SW
Seattle, WA 98126

When: November 20, 5-7pm

College and Career fair

2 and 4 Year Colleges (In-state and out-of-state), Trade & Technical Schools, and local businesses representing a variety of technical, business and STEM occupations.

Workshops:
6 p.m.— Admissions workshop by Western Washington University(WWU)
6:30 p.m.—FAFSA and ways to pay for college by Washington State University (WSU)

Raffle prizes!

FIND A COLLEGE OR CAREER FOR YOU!!
Contact Mehret Tekle at Mehrett@nhwa.org or 588-4900 ext.613







Rainier Vista Safety Watch Walking Group



Everyone is welcome! Ask a friend, family member or neighbor to be your walking partner, and come join us.

The Rainier Vista Safety Watch Walking Group is emphasizing health and public safety by organizing regular group walks in the neighborhood. The next walk is at 6 p.m. Monday, Nov. 4. The group meets in the lobby of the Neighborhood House Rainier Vista Center.

Yesler hillclimb artist selected



VOICE FILE PHOTO

Artist Mauricio Robalino (left) works with youth in Bellevue's Eastside Terrace community to design a mural that is now installed in the King County Housing Authority community. Robalino's artwork will be featured in Yesler Terrace's 10th Ave S Hillclimb.

BY SEATTLE HOUSING AUTHORITY STAFF

YT Seattle Housing Authority recently hired Mauricio Robalino to bring his creative work to the 10th Avenue S Hillclimb. In August 2013, the agency issued a call for an artist to integrate public artwork into the design of the future 10th Ave S Hillclimb. The evaluation team selected Robalino for his genuine interest to draw inspiration for his artwork from the community and the colorful and vibrant mosaics he's created in the past for several public art projects in and around the Puget Sound Area.

The Hillclimb, which will consist of a pedestrian staircase, accessible ramp, and gathering plaza along the 10th Avenue South right-of-way, is designed to better connect Yesler Terrace residents with their neighbors to the south in Little Saigon and the International District.

Robalino's previous work can be seen on his website at artpeople.com. When asked about his work as an artist and his participation in this exciting project, Robalino said: "I have been working as an artist and art teacher since 1986. I wake up curious every day about what I will discover and create. I love to dream up and create art that is unique and original regardless of medium. Artists of all times and cultures have nurtured me and I look forward to adding to this timeless

mix so that people of today and tomorrow can have more fun and enjoy life."

Robalino's work has been featured in other local public housing authority communities. The Tacoma artist worked with the youth of Bellevue's Eastside Terrace in Feb. 2012 to create a mural that now decorates the King County Housing Authority's community center. He also created an art installation for King County Housing's Valli Kee community in Kent.

Seeking participants for Yesler Arts Committee

Seattle Housing would like to invite interested Yesler Terrace residents to join the Yesler Arts Committee. There will be a number of opportunities for Yesler Terrace residents and members of the Yesler Terrace Citizen Review Committee to have input on future public artwork at Yesler Terrace.

The Yesler Arts Committee will have upcoming opportunities this fall to share input with the artist selected for the hillclimb and to brainstorm ideas to seek future grant funding for artwork at Yesler Terrace. The first meeting will be held at 6 p.m. Nov. 6 in the Epstein Building's Large Meeting Room.

If you know of a Yesler Terrace resident who may be interested in this Committee, please have them contact Kathlyn Paananen at kpaananen@seattlehousing.org or 206-615-3548.

Plan with RAC for safer Seattle Housing communities

What should the housing authority, the police and we be doing to improve public safety in our communities?

This month the Resident Action Council's focus is on public safety in public housing. We will plan the program for our second annual Safety Forum in January 2014 — How can our communities be safer? What information do we need in advance? Who should be invited to the forum? What questions should we ask them? What changes and resources do we want and need?

In January we will present our shared safety concerns. We will commend practices that are working well. We will be prepared to recommend changes in practices which need some — or a lot of — improvement. Because we will be prepared, we can expect positive changes.

When, where, and other questions —

Wednesday, Nov. 13 from 1:30 to 3:30 p.m. in the Jefferson Terrace Community Room, 800 Jefferson Street, north of Harborview Hospital — nearest transit stop (buses 3, 4, and 60) is at Ninth and Jefferson. More questions? Phone 206-322-1297 or email freijacat@hotmail.com.

Arrive early for a getting-to-know-you gathering and light lunch at 1 p.m.

Tai Chi class offered at Yesler Community Center



PHOTO BY TYLER ROUSH

YT If you're looking for a meditative and relaxing way to get fit, the Yesler Community Center is offering a series of Tai Chi classes. The exercise class started Oct. 8 and will run for 11 weeks. The fee is \$40 for the entire series, or \$20 with a scholarship. For more information, call the Yesler Community Center at 206-684-7484.

Walking ESL

At the High Point Family Center

Thursdays, 3:30—4 p.m.

Seeking Connections through ESL?

Looking for Homework Help?

Want to Meet Friends and Neighbors?

Wonder How To Do It All Together?

Join Marin for Walking ESL Every Thursday

Walk to HP Library for Talk Time –Community ESL Resource and Homework Assistance Resource Program

High Point Family Center

6400 Sylvan Way SW Seattle, WA 98126

206.588.4900



Supporting families and communities in West Seattle

ESL for Seniors



Tuesdays, 10:30am - noon

Seeking Connections through ESL?

Want to Meet Friends and Neighbors?

Looking for Easy to Use ESL Program?

Join Trang Every Tuesday for

Conversational ESL & Social Time

High Point Family Center

6400 Sylvan Way SW Seattle, WA 98126

206.588.4900



Supporting families and communities in West Seattle