

FREE EACH
MONTH



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A community-based newspaper serving the Puget Sound area since 1981



Neighborhood
House

The Voice

January
2016

Articles translated
into six languages

The newspaper of Neighborhood House — visit our website at www.voice.seattlehousing.net

سنة سعيدة!

С НОВЫМ ГОДОМ!

Հոգևոր հաջողություններ!

Xīnnián hǎo!



Bonne année!



Feliz Año Nuevo!

CHÚC MỪNG NĂM MỚI!

Sanad Wanaagsan!

Neighborhood House
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Health Notes

R A column devoted to your well-being

Keeping healthy during the cold and flu season

BY NEIGHBORCARE HEALTH

The best way to fight a cold or the flu is to prevent it. That can be challenging during the cold, wet winter months in Seattle, but taking a few simple steps can go a long way in keeping you healthy.

Wash your hands

Germs and bacteria can get into food and drinks and can be left behind on doorknobs and keyboards for hours, making them easily transferable to other people. You can get sick by touching these infected surfaces and then touching your eyes, mouth and nose. Washing your hands frequently with soap and hot water is one of the easiest and most effective ways to prevent the spread of germs, helping to keep you and others healthy.

Getting enough sleep

It can be hard to do everything you need to in a day and get a good night's sleep, but it is important to help you prevent illness. Studies have found that not getting enough sleep can weaken your immune system. This makes you more at risk of getting a cold or the flu. Your body needs sleep to build up its defenses to fight illnesses. The optimal amount of sleep an adult needs is about seven to eight hours per night and children need eight to 10 or more hours of sleep depending on their age.

Get a flu vaccine

When you get a flu vaccine your body develops antibodies against the virus, helping you fight off the flu if you come into contact with an infected surface or someone who

has it. Every year hundreds of thousands of people get the flu and some even die from it. Be sure to keep yourself and others safe by getting vaccinated.

If you do get sick

If you feel like you are coming down with a cold or flu, take care of yourself. The most effective treatments for a cold and flu include getting plenty of rest and drinking lots of fluids. Try to avoid smoking, alcohol and caffeine (coffee, soda, and black tea). If your throat is sore, gargle with warm water mixed with a pinch of salt. Other tips that may make you more comfortable include placing a hot water bottle on your chest, taking throat lozenges and sipping hot herbal tea. If your symptoms worsen, consult a primary care provider.

Paid Sick and Safe Time

Staying home from work and school to rest is one of the best ways to shorten an illness and prevent spreading it to others. By law, Seattle requires most employers in the city to offer employees paid sick and safe time. This allows employees to request paid time off to visit the doctor, take care of a sick family member, or stay home from work to heal.

For more information about paid sick and safe time visit www.seattle.gov/laborstandards/paid-sick-and-safe-time

Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for more than 40 years. More information is available at www.neighborcare.org.

Be Safe

Protecting personal items and information

BY JOE TRENKENSCHUH
Seattle Neighborhood Group

The New Year is here and it's time for a fresh start, so why not think about making some easy changes to help keep yourself and your belongings safe. Here are some safety resolutions you can follow.

Package thieves do not only operate during the holiday season, but all year around. It is important that you always opt for package tracking and delivery notifications when available. A great way to protect your delivery if you're not going to be home is to screen part of the entryway from the street.

"Just create a little area that the delivery person can put a package behind, so a potted plant or a little chair on the porch" advises Peter Rogerson, a member of the Seattle's North Precinct Advisory Council.

USPS and UPS will often hold your package until a day and time you will be home, **but only if requested**. Neighbors can use the buddy system and watch for one another's packages or deliveries and keep them safe when you're not home.

Criminals are interested in obtaining personal information that they can use for their own benefit, including your name and address, birth date, Social Security Number, and banking passwords or PIN numbers. Whenever strangers contact you by phone, do not give out any of this data.

Many scammers will assure you they are with a legitimate, trusted organization when they likely are not. Communications that require you to give out your social security number should always be questioned if you did not initiate the phone call.

Also, when scheduling appointments that require confirming personal information make sure you do so in a private area and away from strangers.



When discarding bank statements and other documents that include personal information, it is best to shred or cut it into many pieces. One of the most common ways that identity theft happens is through dumpster diving. Regularly reviewing your bank statements and credit cards allows you to verify your information hasn't been compromised.

Criminals like to raid mailboxes because they know it is a great place to find important information on outgoing bills and other financial documents. You can protect your mail from theft by depositing outgoing mail at a secure postal box if there is not one at your residence. Mail that goes missing or never arrives should be reported to your post office.

As much as staying protected is important, it is also important to know what to do if you become a victim:

1. Report your identity theft to the police.
2. Contact a credit bureau such as Experian, Equifax or TransUnion and place a fraud alert on your credit report.
3. Contact your banks, credit card issuers, accounts, and other creditors.
4. Document the steps you have taken to report the theft of your identity.

Start 2016 by taking a few proactive steps that can help prevent you from becoming a victim. Happy New Year!

Joe Trenkenschuh (joe@sngi.org, 206-323-7094) is a project coordinator at Seattle Neighborhood Group. Feel free to contact him for crime prevention tips or help with safety and security concerns.

Answers to The Voice's Martin Luther King Jr. Quiz on page 3

1: He delivered the 17-minute speech before 200,000 civil rights supporters in August, 1963 from the steps of the Lincoln Memorial in Washington, D.C. during the March on Washington for Jobs and Freedom (pictured on page 3). It is considered a defining moment of the American Civil Rights Movement.

2: He was awarded the Nobel Peace Prize Oct. 14, 1964, for leading nonviolent resistance to racial prejudice in the U.S. He became the then-youngest recipient to win the Prize at the age of 35 (the youngest winner to date is 17-year-old Malala Yousafzai who won the Peace Prize in 2014).

3: Indian civil rights leader Mahatma Gandhi, and writers Leo Tolstoy and Henry David Thoreau, for their support and advocacy of nonviolent activism.

4: He was assassinated in Memphis, Tennessee in 1968, at the age of 39.

5: His wife, Coretta Scott King, who was married to him for 15 years and who passed away in 2006.

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The Voice

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The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House or Seattle Housing Authority. We welcome articles and tips from the community and reserve the right to edit all submissions. The Voice is published online at www.nhwa.org and at www.seattlehousing.org.

Literacy Source Class Schedule

Winter 2016: January 11-March 8

	CLASS	DAY & TIME
BASIC SKILLS (ABE & GED)	ABE Beginning Literacy <i>ABE levels 1-2</i>	Mon/Wed 9-11 am
	Math GED Lab	Mon/Wed 9-11 am
	Reading and Writing 1 + Online Learning <i>ABE levels 3-4a</i>	Mon/Wed 11:15 am-3:15 pm
	Reading and Writing 2 <i>ABE 4-5, ESL 6</i>	Mon/Wed 6-8:15 pm
	GED Prep <i>ABE levels 3+</i>	Tues/Thurs 6-8:15 pm
CITIZENSHIP	Citizenship ESL <i>ESL levels 2-5</i>	Tues/Thurs, 9-11 am
ENGLISH AS A SECOND LANGUAGE	ESL 1	Mon/Wed 1:30-3:30 pm
	ESL 2/3 + Beginning Computer Skills	Tues/Thurs 9 am-1:15 pm
	ESL 2/3 + Listening/Speaking Skills	Tues/Thurs 11:15 am-3 pm
	English and Work <i>ESL levels 3-4</i>	Mon-Wed, 3 days/week 3:30-5:30 pm
	ESL 4 + Online Learning (Morning)	Mon/Wed 11:15 am-3:15 pm
	ESL 4/5	Tues/Thurs 6-8:15 pm

Literacy Source is located at 720 N. 35th Street, Suite 103. New Student Orientation is January 5th and 7th.

We can be reached at 206-782-2050.

Celebration and awards take center stage at annual RAC volunteer event

BY KRISTEN O'DONNELL
SHA resident

Seattle Housing Authority's Resident Action Committee (RAC) held its Fifth Annual Volunteer Recognition Celebration Nov. 21 and honored neighbors who help one another complete paperwork, bring groceries to shut-ins, plant flowers and clean parks, help run computer labs, organize coffee times and movie nights, establish block watches and provide places for neighbors to meet and enjoy themselves.

Award recipients were nominated by neighbors in their housing communities.

This year, seven groups were recognized: **SHA Resident's Planning committee, or SHARP; Calmor Circle's resident council; Lake City House's resident council leadership; the Olive Ridge Coffee Time Committee; the Ballard Food Bank Volunteers at Pleasant Valley Plaza, the Ross Manor Computer Lab group and the Westwood Heights computer lab volunteers.**

The following individuals received 2015 award certificates:

From Cedarvale House—**Linita Haymon and Don Jensen**, from Greenlake Plaza—**Robert Cloud and Donna Czaska**, from International Terrace—**Linda Soriano and Randy Peters**, from New Holly—**Farhiya Mohamed and Cynda Rochester**, from Olive Ridge—**Kathy Paniciera**, from Pinehurst Court—**Gwen Harrell**, from Primeau Place—**Paul Hayward and Dennis Laine**, from the Resident Action Council—**Glenn Slemmer and John Yost**, from Stewart Manor—**Mr. and Mrs. David Carter**, from TriCourt—**Heidi Campbell**, from Univer-



sity House—**Dale Grady**, from Westwood Heights—**Guangdo Li**, and from Yesler Terrace—**Maza Desta and Mulu Amare**.

Lynda Musselman from Lake City House received a special award from the Resident Leadership Development Team (RLDT) for her long service on behalf of the public housing community.

The Lake City neighborhood and Seattle Housing Authority Senior Property Manager **Mike Chen** also received an award for his unwavering support of resident activities.

Award lunch attendees were entertained by **Raging Grannies'** topical songs and piano music from **David Norris**. The event was presented by RLDT and RAC members.

Both groups would like to thank all volunteers for their hard work and generosity, and are looking forward to sharing many opportunities for learning, volunteering and advocacy throughout 2016!



PHOTOS BY TROY SMITH

Resident recipients of RAC's 2015 volunteer awards gathered at the annual celebration Nov. 21. Above, Lynda Musselman, a resident of Lake City House, was recognized for her many years of service to her friends and neighbors.

Lake City Court waitlist for two-bedroom units opens Jan. 11-25

BY SEATTLE HOUSING AUTHORITY

Those who want to apply for two-bedroom public housing at Lake City Court may do so between Monday, Jan. 11 and Monday, Jan. 25.

Applications will be placed on the waiting list on a first-come, first-served basis and will be accepted in-person or online.

The Lake City Court management office is located at 12536 33rd Ave. NE in Seattle. The office is open from 10 a.m. until 5:30 p.m. Monday through Friday.

Application materials can also be downloaded at www.seattlehousing.org/housing/communities/WaitLists/index.html.

Income limits for this property apply and in order to qualify, households generally must earn 30 percent or less of the area median income, and typically pay 30 percent of monthly income for rent and utilities. Area median income is the midpoint income for the Seattle area, and means half of the people earn more than the median, and half earn less.

All apartments in the Lake City Court Community include dishwashers and in-unit washer/dryers.

For more information, call Property Manager Abdi Farah, 206-367-3474.

Honoring Martin Luther King Jr.'s Birthday, Jan. 22

BY VOICE STAFF

Each year on the third Monday of January, schools, federal offices, post offices and banks across the U.S. close to celebrate the birth, the life and the dream of Martin Luther King, Jr.

Many consider it a time to remember his fight for the freedom, equality, and dignity of all races and peoples, and a time to remember his message of change through nonviolence.

The following are some free local MLK Day events:

MLK Celebration

When: Thursday, Jan. 14, noon to 1 p.m.
Where: Paramount Theatre
Info: www.kingcounty.gov

MLK Celebration/Black Lives Matter

When: Saturday, Jan. 16, 6-7:30 p.m.
Where: Seattle University
Info: www.seattleu.edu

MLK Jr. Rally and March

When: Monday, Jan. 18, 12 p.m.
Where: Garfield High School
Info: www.mlkseattle.org

State Parks Free Days

When: Jan. 17-18
Explore any of our 140 Washington State Parks for free

From Martin Luther King Jr.'s "I have a Dream" speech

I say to you today, my friends, so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream.

I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident: that all men are created equal.'

I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

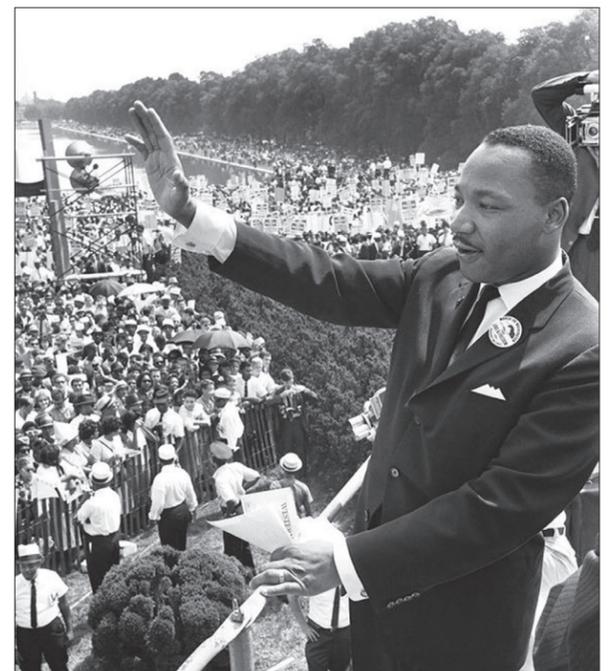
I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today.

I have a dream that one day, down in Alabama, with its vicious racists, with its governor having his lips dripping with the words of interposition and nullification; one day right there in Alabama, little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers.

I have a dream today.

— Aug. 28, 1963



Take The Voice's Martin Luther King Jr. Quiz For answers, see page 2

- 1: Where did his famous "I Have a Dream" take place?
- 2: In what year and for what did Dr. King receive the Nobel Peace Prize?
- 3: According to King, who were some of the most influential people who came before him, and why?
- 4: When did Dr. Martin Luther King Jr. die?
- 5: Who is often referred to as the 'first lady of the Civil Rights Movement'?

Dear Community Members:

As Rainier Vista neighbors, we proclaim our support for all members of our community, including our Muslim neighbors. We are outraged by the anti-Muslim statements and behavior of some people in our country, including high-ranking candidates for President. We want to make it clear that we value and support our Muslim neighbors, who are hard-working and gentle people and with whom we are proud to associate.

It is clear to us that Muslims have been the victims of vicious slander and do not deserve to be treated this way. We want to make sure all Muslim neighbors understand that we know the truth about their value to our community. We Rainier Vista neighbors come from many different cultures, religions, races, and nationalities. Please join us in committing to keeping this neighborhood a safe, welcoming, and respectful environment for everyone. Sincerely,

Rainier Vista Community Building Committee

رسالة الى المجتمع

نحن أفراد حي رينير فستا، نعلن دعمنا لجميع أفراد مجتمعا، ومنهم جيراننا المسلمين. نحن غاضبون من التصريحات المعادية للمسلمين وسلوك بعض الناس في بلادنا، بما في ذلك المرشحين على مستوى عالٍ للرئاسة. نريد ان نوضح اننا نقدر وتدعم جيراننا المسلمين، الذين هم ناس لطفاء ويعملون بجد ونحن فخورين بالتزامهم. من الواضح لنا أن المسلمين ضحايا إفتراء فاسد ولا يستحقون المعاملة بهذه الطريقة. نحن نريد أن نتأكد أن كل جيراننا المسلمين يفهمون أننا نعلم حقيقة قيمتهم في مجتمعا. نحن سكان رينير فستا جننا من مختلف الثقافات والديانات والأعراق والجنسيات. يرجى الانضمام إلينا بالالتزام لحفظ هذا الحي كبيئة امنه ومُرحبة ومُحترمة للجميع.

شكراً

لجنة بناء مجتمع رينير فستا

Bulshada Reer Rainier Vista

Bulshada reer Rainier Vista haddannu nahay, waxaan halkaan si buuxda ka qireynaa taageerada aannu taageereyno bulshadeena, siiba walaaleheen Muslimiinta ah eek u nool Rainier Vista. Aad baan uga careysannahay ereyada iyo warbixinnada lagu cambaareynayo, ama lagu af lagaadeenayo Muslimiinta ee kadhacaya Dalkeena, ee ka imanaya musharixiinta Madaxweynaha Mareykanka. Waxaan halkaan ka caddeeneynaa inaan qiimeeneyno iyo taageereyno walaaleheenna Muslinka ah ee dereska nala ah, annagoo og inay yihiin dad shaqeysta, xurmad iyo qaadirin mudan, annagoo ku faraxsan wada noolaasheheenna.

Way noo caddahay in Muslimiinta la aflagaadeeyey, ayna yihiin dadka la dulmiyey. Mana haboonna in saas loo galo. Waxaan rabnaa in Muslimiinta jaarka nala ah inay ogadaan inaanu la soconno xaqiiqda waxay tahay iyo qiimaha weyn ay noogu fadhayaan bulshadeenna. Jaaliyadda Rainier Vista haddaannu nahay, waxaan ka kala soconna bulshado, dhaqammo, diino, qawmiyad iyo midabo kala duwan.

Fadlan nagala shaqee sida jaaliyadda Rainier Vista ay wada jir u noqon lahayd mid ammaan, iyo soo dhoweyn leh, sharaf iyo qaadirin na lagu wada noolaado dhammaanteen. Annagoo ah,

Bulshada Reer Rainier Vista

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PHOTO COURTESY OF MICHAEL MAGGS / WIKIMEDIA COMMONS

About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority. The Voice is developed and edited by Neighborhood House with help from Seattle Housing residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in Seattle Housing communities. If you'd like to submit an article, or if you have a question about anything you've read in this publication, please contact Editor Nancy Gardner at 206-461-8430, ext. 2051 or by e-mail at nancyg@nhwa.org. All submissions are subject to editing for accuracy, style and length.

Program connects seniors to vital community resources

By JONATHAN LUONG
The Voice intern

For decades, Neighborhood House has been providing help for senior citizens and those with disabilities as part of its mission to support local communities. A new program on the rise is helping streamline these efforts to make them more accessible.

Community Living Connections is a reboot of Neighborhood House's former program, 'Information and Assistance,' that provided help for seniors and the disabled who live on their own. With several meetings already in the rearview mirror, the rapid transformation is already all but finished for the New Year's arrival.

"This is a continuation of our senior services which we have had for a long time," said Jay Kang, the Family and Social Services Manager at Wiley-Greenbridge Center. Kang also said that Neighborhood House will be taking an extended role in overseeing the revised program by being the bridge for South King County.

"The community will have a one-stop place to access resources through any Community Living Connections providers," he said.

"Before Community Living Connections, we had a lot of different agencies providing help that weren't working together," said Long Luu, supervisor of Senior and Disabled Services for Neighborhood House.

"But then we started using the new model provided by government, called the



PHOTO BY JAY KANG

Providers with the Community Living Connections program gathered Dec. 8 at Rainier Beach Community Center to share their service experiences and learn from one another.

ADRC (Aging and Disability Resource Center). With this new program, it's a lot easier to find the resources our clients need. All the agencies are under one network. There's just one phone number that people have to call to get help," he added.

Clients like 86-year-old Linh Thanh Nguyen, have been more than simply satisfied with their experience. Nguyen, whose husband passed away two years ago, needed to move in with her grandson and went through the legal process to become his guardian.

"The service, especially Mr. Long, helped me a lot with the transition. He made sure that all my paperwork was filled

out and that I understood everything, even though English is not my native language."

Nguyen also spoke about the strong sense of community that was built around the services.

"Mr. Long has been here so long that everyone who lives around here knows him. People know that if they forget to submit some papers or have an urgent problem, Mr. Long will stay late to help them. If he ever left, he'd have a lot of old ladies begging for his return," she said with a laugh.

If you need program assistance, call 206-962-8467 or toll-free, 1-844-348-5464.

Community Notes

City adopts resolution to support Muslim community

The Seattle City Council recently adopted a resolution in support of Seattle's Muslim community and speaking out against the rise in hateful rhetoric and violence targeting Muslims. About 100,000 Muslims live in Washington state.

"We must never allow a religious test for families seeking refuge in the United States or in Seattle," said Mayor Ed Murray. "Since our nation was founded, America has always stood as a beacon of freedom and religious pluralism. We stand united in opposition to racism and bigotry that targets any faith community."

"The City of Seattle welcomes and affirms our Muslim residents, both native born and immigrant, and recognizes the enormous value they add to the cultural and economic life of this city," said Council Member Tim Burgess. "When we respond from fear, we respond from weakness. We all want our community to be safe, but fear does not lead to safety."

The resolution encourages Seattle residents to take extra efforts to ensure the safety of their Muslim neighbors, and encourages all City departments to direct appropriate resources to supporting those targeted by hate speech and hate crimes.

More low-income students to receive free bus passes

Beginning this fall, a substantial number of students will be eligible to receive free ORCA bus passes, making their commutes to and from school faster and safer.

This year's pilot program has enabled 50 students who attend Rainier Beach High School to take it for a test ride.

Advocates from the Transit Riders Union helped rally behind the students and gain support from Seattle City Council members to convince the Council to approve \$1 million to pay for the passes in its 2016 budget.

Council member Mike O'Brien showed his support for the students by marching with them last summer.

"Budgets should reflect our priorities, and I am proud that this budget includes new funding for programs that will advance racial and economic equity in our city," O'Brien said.

Any middle or high school student who's eligible for free or reduced lunches through the federal National School Lunch Program will also qualify to receive a free ORCA card. District-wide, roughly 20,000 students qualify for free or reduced-priced meals, or about a third of Seattle Public Schools students.

Until now, only students who lived more than two miles from their schools could qualify for the bus pass, and only students who were enrolled in their assigned schools were eligible.



PHOTO BY NANCY GARDNER

Pet license and vaccination event Jan. 22

By VOICE STAFF

Come get your dog or cat licensed and vaccinated at the Seattle Animal Shelter Friday, Jan. 22 from 3 - 6 p.m.

When purchasing or renewing your Seattle Pet License at this event you'll receive a free rabies vaccination for your pet. Dogs must be on a leash and cats must be in carriers. Microchipping will also be available.

Before getting a pet, Seattle Housing residents should review their lease or consult with property management staff.

When: Friday, Jan. 22; 3 - 6 p.m.

Where: Seattle Animal Shelter
2061 15th Ave. W.
Seattle, WA 98119

Who: Seattle Animal Shelter

Info: 206-386-7387 or
www.seattleanimalshelter.org

Reminder from SPD: how to report a crime

For emergencies

If you have just seen or witnessed a crime, or one is in progress, call 9-1-1 immediately.

For non-emergencies

If the crime happened a while ago and there is no direct danger to you or another person, please call the police non-emergency line at: 206-625-5011.

Online reporting

You can use the Seattle Police Department's community online web form, at www.seattle.gov/Police/report/default.htm, to report the following crimes:

- Property destruction
- Identity theft
- Car prowls
- Auto accessories
- Theft of property (under \$500)
- Narcotics activity
- Graffiti

Anonymous reporting

If you have information about a serious crime that you want to report anonymously, you can make tips to Crime Stoppers by using any of the following:

- Hotline - 800-222-TIPS
- Online web form (address above)
- Text to 274637 (crimes)

If your tip leads to an arrest or a charge, you can earn up to \$1,000.

RAC meets Jan. 13

The Resident Action Council (RAC) will meet hold its next meeting Wednesday, Jan. 13 at 1:30 p.m. at Jefferson Terrace, located at 800 Jefferson St.

Topics for discussion on the agenda include safety in and around Seattle Housing Authority (SHA) communities.

Invited guests include representatives from SHA and the Seattle Police Department, who will explain how community policing efforts are being modified to better suit the changing needs of the neighborhoods.

The nearest transit stop (buses 3, 4, and 60) is at 9th and Jefferson.

RAC will reimburse bus fare and carpool mileage for all residents.

Content guide

Don't see your neighborhood section? Consult the guide below to find the logos that correspond to your community.

-  High Point Herald
-  NewHolly Notes
-  Rainier Vista News
-  Yesler Happenings

COMMUNITY RESOURCES

Take Winter by Storm: keep yourself safe during the winter storm season



VOICE FILE PHOTO

We don't usually receive the large volumes of snow common in other parts of the country, but we're still not immune to an occasional winter blast and freezing temps.

Develop a family communication plan

In the event of an emergency or natural disaster, Take Winter By Storm recommends that families create a communication plan. Each member of your family should know the details of the plan.

- Discuss with family and friends how to prepare for and respond to emergencies that are most likely to occur in your area. Locally, residents are most at risk of fire, flooding, heavy rain and snowfall, icy conditions, freezing temperatures, high winds and earthquakes. Determine responsibilities for each family member in the event of such an emergency.

- Select an out-of-area emergency contact. Following a disaster, long distance phone lines may be more reliable than local lines. Choose a friend or relative who

lives outside of Washington state to be your family contact. This person will relay information between members of your household, who might be separated as a result of a disaster. Each member of your family should know this person's phone number and be prepared to call them in case of an emergency.

- If network disruptions are interfering with phone calls, try text messaging.

- Program all of your emergency contacts into all of your family's phones. Keep a list in your emergency kit.

Be prepared for storms and flooding

Remember that storms can happen all year long, so be prepared! Be aware that flooding can affect you no matter where you live, but especially if your home is in a low-lying area, near a river or creek, or below street level.

You can help prevent flooding in your neighborhood by keeping an eye on the storm drain on your street, particularly in the fall and winter when fallen leaves and debris can choke drains.

Avoid piling yard waste like fallen leaves and sticks in your yard, where it

could wash into city drains. Keep it in a yard waste bin or other container.

Consider adopting your local storm drains. Use a rake or broom to remove leaves and debris from the tops of storm drains, and then place the material in your yard waste cart. By keeping the drains in your neighborhood clear of all debris you can prevent flooding. Clear your drain only if it is safe. If the drain is still clogged after you've removed the debris, call Seattle's drainage problem hotline at 206-386-1800 to report it.

What to do if the power goes out

Check the fuse box to see if there is a blown fuse or a tripped circuit breaker. Sometimes a power outage will be limited to your own home.

If you determine that a fuse or circuit breaker needs to be replaced, turn off all large appliances or unplug them before replacing a fuse or a breaker to avoid damaging the electrical system.

Check your neighborhood to see if others are without power. Call to report the outage.

For residents of the Seattle area, call Seattle City Light Power Outage Hotline at 206-684-7400. For other King County residents, call Puget Sound Energy Customer Service at 1-888-225-5773.

Do not get near any fallen or sagging power line. Call the utility company about the line.

Sometimes when power is restored, power levels can vary considerably. This variation can damage electrical appliances. Turn off the lights and electrical appliances except for the refrigerator and the freezer.

After turning off the lights, go back and turn on one single lamp so that you know when the power is working again.

Wait at least 15 minutes before turning on the remaining appliances after the power has been restored.

Safe winter driving

With a harsh winter and potential heavy snowfall predicted for Seattle and King County this winter, it's important for drivers to brush up on safe winter driving tips and techniques.

The Washington State Department of Transportation maintains an online guide to safe winter driving at www.wsdot.wa.gov/winter. Visit their website, or read on to learn how you can be safe behind the wheel this winter.

Be prepared

Before the winter season sets in, get your car a tune-up to make sure it's in good working order.

Check the car's oil, antifreeze, brakes, battery, lights, windshield wipers, heater, defrost, belts, filters and hoses, and replace anything that is faulty.

If you don't have any, buy a set of chains for your vehicle. Ask a tire dealer what size of tire chains will best fit your vehicle. Practice installing them multiple times — before you find yourself on the side of the road in wintry conditions.

Be safe behind the wheel

During the winter, or any time that rain or snow is in the forecast, allow extra driving time to reach your destination. Driving too fast for the conditions can contribute to an accident, so make sure you don't find yourself in a hurry by planning ahead.

When you're driving in winter conditions, slow your actions down — slower accelerating, slower braking, slower turning and slower speeds.

Keep your windshield clear at all times. Do not use warm or hot water to de-ice

your windshield — the rapid heating can crack the glass.

Drive with your headlights on, even in daylight, and remember to switch them off when you park your car.

Don't use your car's cruise control function.

Don't feel invincible simply because your vehicle has four-wheel drive. Four-wheel drive and all-wheel drive vehicles don't stop or steer better than two-wheel drive vehicles in icy conditions.

Stopping distances increase in snowy and icy conditions. Leave extra space between you and the vehicle in front of you, and remember that large trucks take even longer to stop in wintry conditions.

Slow down as you approach intersections, bridges, off-ramps and shady spots (which can conceal ice on the roadway).

Proceed with extra caution around chain-up areas, where other drivers will often be outside of their vehicles.

If you are stuck in snow, straighten the wheels and accelerate slowly. Place sand or cat litter underneath the drive wheels to increase traction. Don't let your wheels spin out.

If your car is equipped with antilock brakes, apply firm, constant pressure to the brake pedal to ensure the antilock function works properly. If you need to make an emergency stop and your vehicle is equipped with antilock brakes, firmly push the brake pedal to the floor, even in snowy or icy conditions.

For more information, including links to real-time traffic information, visit www.takewinterbystorm.org.

Protecting foods from power failures

What should I do to protect foods if the power goes out?

Try to keep the doors closed on your refrigerators and freezers as much as possible. This keeps the cold air inside. A full freezer can stay at freezing temperatures about 2 days; a half-full freezer about 1 day.

If you think the power will be out for several days, try to find some ice to pack inside your refrigerator. Remember to keep your raw foods separate from your ready-to-eat foods.

What foods should I be concerned about?

Foods are categorized into groups. They may be: 1) potentially hazardous, 2) non-hazardous, but quality (not safety) could be affected from changes in temperature, or 3) safe.

Potentially hazardous foods are the most important. These include meats, fish, poultry, dairy products, eggs and egg products, soft cheeses, cooked beans, cooked rice, cooked potatoes, cooked pasta, potato/pasta/macaroni salads, custards, puddings, and so on.

Some foods may not be hazardous but the quality may be affected by increases in temperature. These foods include salad dressings, mayonnaise, butter, margarine, produce, hard cheeses, and so on.

Some foods are safe. These are carbonated beverages, unopened bottled juices, ketchup, mustard, relishes, jams, peanut butter, barbecue sauce, and so on.

When do I save and when do I throw out food?

Refrigerated foods should be safe as long as the power is out no more than a few hours and the refrigerator/freezer doors have been kept closed. Potentially hazardous foods should be discarded if they warm up above 41° F.

Frozen foods that remain frozen are not a risk. If potentially hazardous foods are thawed, but are still cold or have ice crystals on them, you should use them as soon as possible. If potentially hazardous foods are thawed and are warmer than 41° F, you should discard them.

How do I know if the food is unsafe to eat?

You cannot rely on appearance or odor. Never taste food to determine its safety.

Some foods may look and smell fine; however, if they have been warm too long, they may contain food poisoning bacteria in quantities that could make you sick.

If possible, use a thermometer to check the temperature of the foods. If potentially hazardous foods are found to be less than 41° F, then they should be considered safe. When in doubt, throw it out!

What happens when the power goes back on?

Allow time for refrigerators to reach the proper temperature of less than 41° F before restocking. Restock with fresh foods, as necessary.

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

El estado de Washington hace su parte por el medioambiente/By Leahla Contreras

Hace poco, el ejecutivo del condado de King, Dow Constantine, and el miembro del consejo municipal Larry Phillips promulgaron como ley uno de los planes de acción por el medioambiente más ambiciosos de los Estados Unidos. Aprovechando un programa para que la región empiece a reducir sus emisiones de carbón, crecer el transporte público, proteger los espacios naturales, ampliar las opciones de reciclaje, y prepararse para los impactos del cambio climático.

“El cambio climático amenaza nuestra salud, la economía, el medioambiente-nuestro futuro entero,” dijo Ejecutivo Constantine. “Esta estrategia ambiciosa e exhaustiva asegura que el condado de King siga siendo un líder a nivel nacional en cuanto al esfuerzo por enfrentarse al desafío más grande de nuestra generación.”

El plan incluye acciones para conseguir lo siguiente:

- Doblar la cantidad de pasajeros del transporte público antes del año 2040.

- Reducir las emisiones de los gases causantes del efecto invernadero por un 80% antes del año 2050.

- Conseguir una tasa de reciclaje de 70% en el área del servicio de los residuos sólidos del condado de King antes del año 2020.

- Trabajar con socios para eliminar gradualmente las centrales eléctricas a carbón antes del 2025 y al la vez fomentar el desarrollo de la energía renovable.

- Usar electricidad 100% neutro en carbono para todas las operaciones gubernamentales antes del año 2025.

- Plantar no menos de un millón de árboles antes del 2020 en cooperación con socios públicos y privados.

- Prepararse para los impactos del cambio climático asociados con los servicios del condado de King, como el tratamiento de aguas residuales, la gestión de agua de tormentas, el servicio de urgencias, la salud pública, la red de caminos, la reducción del riesgo de inundaciones, y la recuperación del salmón silvestre.

Штат Вашингтон вносит свой вклад в сохранение окружающей среды/ By Irina Vodonos

Руководитель округа Кинг Дау Константин и председатель окружного совета Ларри Филлипс недавно утвердили один из самых амбициозных планов в США по противодействию изменению климата. План обеспечивает для нашего региона “дорожную карту”, в соответствии с которой власти будут уменьшать загрязнение атмосферы углекислыми газами, расширять системы общественного транспорта, оберегать зеленые зоны от застройки, оптимизировать утилизацию вторсырья и готовиться к последствиям климатических изменений.

“Изменение климата угрожает нашему здоровью, экономике, окружающей среде - нашему будущему как таковому”, заявил Константин. “Приняв этот амбициозный и комплексный стратегический план, округ Кинг останется лидером на общенациональном уровне в попытке отреагировать на важнейший вызов нашего времени”.

План включает в себя меры, направленные на достижение следующих целей:

- Удвоить число пассажиров общественного транспорта к 2040 году

- Уменьшить объем углекислых газов, выделяемых в атмосферу, на 80 процентов к 2050 году
- Регулярно утилизировать 70 процентов вторсырья в округе Кинг к 2020 году
- Создать партнерства, которые помогут отказаться от выработки электричества путем сжигания угля к 2025 году и ускорить темпы развития возобновляемых источников энергии
- Полностью перейти на экологичное электричество (при выработке которого в атмосферу не поступают парниковые газы) для обеспечения нужд местного самоуправления к 2025 году
- Посадить как минимум 1 миллион деревьев к 2020 году с помощью государственных и частных партнеров
- Подготовиться к последствиям климатических изменений, которые могут повлиять на обеспечение общественных услуг, таких как обработка сточных и ливневых вод, управление чрезвычайными ситуациями, здравоохранение, ремонт дорог, уменьшение риска наводнения и восстановление популяции лосося

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ናይ ኪንግ ካውንቲ ኣፈጻሚ ስራሕ ዳው ኮንስታንቲን ከምኡውን ናይ ካውንቲል ኣቦመንበር ላሪ ፊሊፕስ ንክሊማ ዝምልከት ኣገዳሲ ሰነድ ፈሪምም ኣብ ሕጊ ከምዘሰፍር ገይሮም ኣለው። እዚ ሰነድ እዚ ከባብያዊ ብከላ ካርቦን ኣብ ምንካይ፡ ህዝባዊ መጎዓዝያ ኣብ ምሕያል፡ ክፉት ቦታታት ኣብ ምሕላው፡ ኣገባብ ናይ ጎሓፍ ኣብ ምምሕያሽ፡ ከምኡውን ብምክንያት ምቕይያር ክሊማ ካብ ዝመጽእ ሳዕቤናት ንምክልኻል ኣብ ዝገበር ምድላው መሪሕ ተራ ኪህልዎ እዩ።

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እቲ መደብ እዚ ዚሰዕብ ተግባራት እዩ ዜጠቃልል፤

- ከሳብ 2040 ዓ.ም.ተጠቓሚነት ህዝባዊ

መጎዓዝያ ብዕጽፊ ከምዘውስ ምግባር፤

- ከሳብ 2050 ዓ.ም. ግሪን ሃውስ ጋዝ ኢሚሽን ብ80 ሚሊታዊት ከምዝኸገገ ምግባር፤

- ከሳብ 2020 ዓ.ም. 70 ሚሊታዊት ናይ ኪንግ ካውንቲ ደረጃ ጐሓፍ፤ ሪሳይክል ከምዚኸውን ምግባር፤

- ምስ መሻርኽቲ ብምትሕብባር ከሳብ 2025 ዓ.ም. ብከሰል ዝሰርሕ ሓይሊ መብራህቲ (coal-fired electricity) ከምዝፍጠር ብምግባር ሓይሊ ጻዕት ምውሻኽን ምሕዳስን፤

- ከሳብ 2025 ዓ.ም. ኣብ መንግስታዊ ትካላት ሚኢቲ ብምኡቲ (100%) ብግሪን ሃውስ ጋዝ ኒውትራል (greenhouse gas-neutral electricity) ዝሰርሕ ሓይሊ ኤለክትሪክ ምትእትታው፤

- ምስ ህዝባዊ-ያት ትካላትን ውልቀሰባትን ብምትሕብባር ከሳብ 2020 ዓ.ም. 1 ሚሊዮን ኣእውም ምትካል፤

- ኣብ ኪንግ ካውንቲ ምስ ዝርከቡ ዝተፈለሉ ወሃብቲ ኣገልግሎት ብምትሕብባር፡ ኣተኣላልያ ረሳሕ ማይ፡ ማዕበል፡ ኣተኣላልያ ኢመርጅንሲ፡ ሓፈሻዊ ጥዕና፡ ጽርግያታት፡ ከምኡውን ብውሕጅ ኪፍጠር ዚኸእል ሓደጋኣታት ኣብ ምንካይ ዘድሊ ምቅርራብ ምግባር።

ዋሽንግተን እስቴት ለኣካባቢ የራሱን ድርሻ እየተወጣ ነው/By Assaye Abunie

የኪንግ ካውንቲ ኣስፈጻሚ የሆኑት ደው ኮንስታንቲን እንዲሁም የካውንቲሊ ሊቀመንበር ላሪ ፊሊፕስ በቅርቡ ስለኣካባቢ ኣየር በኣሜሪካ ውስጥ በህግ ተግባራዊ የሚያደርገውን ፕላን ፈርመዋል። ይህ ለኣካባቢው የተቃጠለ ዓየርን ቅነሳን መስመር ለማስያዝ፤ የመገናኛ መስመሮችን ለመጨመር፤ ግልፅ የሆኑ ቦታዎችን ለመጠበቅ፤ የሪሳይክልን ምርጫዎችን ለማሻሻልና የኣየር ለውጥ ለሚያመጣው ጠንቅ መዘጋጀት እንድንችል የሚረዳ ነው። “የኣየር መለወጥ ጤናችንን ይጎዳል፤ ኢኮኖሚን፤ ኣካባቢን እና የወደፊቱን ኑሯችንን ያሰጋል” ሲሉ ኣስፈጻሚ የሆኑት ኮንስታንቲን ተናግረዋል። “ይህ ስንጠብቀው የቆየ ኣስፈላጊ ስትራቴጂ ፕላን ኪንግ ካውንቲ ለሚቀጥለው ማህበረሰብ ለሚያጋጥሙት ትልልቅ ችግሮች መቋቋም እንዲችል በሃገራዊ ደረጃ መሪነታችንን የሚያረጋግጥ ነው” ብለዋል”

ይህ እቅድ በተግባር እንዲውል ከሚጨምራቸው ነገሮች፤

- በ2040 የመጓጓዣ መስመሮችን በሁለት ድርብ መጨመር
- የግሪን ሃውስ የጋዝ ብክላን በ2050 በ80 ፐርሰንት መቀነስ

- በኪንግ ካውንቲ የሶሊድ ብስባሽ ኣገልግሎት የሪሳይክሊንግን ኣጠቃቀም በ70 ፐርሰንት በ2020 ወጤት እንዲኖረው ማድረግ፤

- በራሳቸው ጉልበት ሊንቀሳቀሱ የሚችሉ እድገቶችን መጨመርና በፍም ሃይል የሚሰሩ የኤሌክትሪክ ምንጮችን በ2020 ሊቀሩ የሚችሉበትን ሁኔታ መተባበር

- በመንግስት የስራ መስክ ውስጥ የግሪንሃውስ ጋዝና መክሰላኛ ኤሌክትሪክ ስርጭት በ2025

- 100 ፕረሰንት መጠቀም

- ህዝባዊና ከግል ኮርፖሬሽንስ ጋር በመተባበር በ2020 ቢያንስ 1 ሚሊዮን ዛፎችን መትከል

- የኣየር ለውጥ ለሚያስተክለው ጠንቅ በኪንግ ካውንቲ ኣገልግሎት ውስጥ ተመሳሳይ የስራ ክንውን ለሚሰጡ ለምሳሌ ውሃ ለማያገኙ ኣካባቢዎች እንክብካቤ ማድረግ፤ ከባድ ዝናብ ፣ ለድንገተኛ ነገሮች ጥንቃቄ ማድረግን፤ የህዝብ ጤናን፤ የመንገድ፤ የኅርፍ ጉዳትን መቀነስ፤ እንዲሁም ዓሳ ነክ ለሆኑ ማገገሚያ ነገሮችን ማዘጋጀት።

TIÊU BANG WASHINGTON ĐANG LÀM BÔN PHẦN CỦA MÌNH ĐỐI VỚI MÔI SINH/By Long Luu

Quận trưởng quận King, ông Dow Constantine cùng với chủ tịch hội đồng nghị viên Larry Phillips vừa mới ký ban hành luật được cho là nhiều hứa hẹn với nhiều dự án hành động cho khí quyển nhất so với trên toàn nước Mỹ. Luật này cung cấp các chỉ dẫn cho toàn vùng trong việc giảm ô nhiễm chất than khí, gia tăng sự chuyên tiếp, bảo vệ các khu mở rộng, củng cố những chọn lựa cho việc tái chế, và chuẩn bị cho ảnh hưởng của việc thay đổi khí hậu.

Khí hậu thay đổi đe dọa đến sức khỏe, kinh tế, môi trường sống- tất cả những gì thuộc tương lai của chúng ta”, ông quận trưởng Constantine đã nói như thế. “Dự án với nhiều hứa hẹn, nhiều sáng kiến chiến lược là nhằm đảm bảo rằng quận King sẽ dẫn đầu cả nước trong cố gắng đối đầu với thử thách to lớn trong thế hệ của chúng ta”.

- Dự án gồm những hành động sau đây:
- Làm gia tăng gấp đôi số người đi xe

búyt vào năm 2040

- Giảm đi số lượng khí thải 80 phần trăm vào năm 2050

- Hoàn thành 70 phần trăm tỉ lệ tái chế trong quận King vào năm 2020

- Hợp tác trong việc loại bỏ máy phát điện chạy than đá vào năm 2025, gia tăng phát triển năng lượng tái xử dụng lại.

- Xử dụng 100 phần trăm điện từ các nguồn không gây khí thải ở các công sở của chính phủ vào năm 2025

- Trồng ít nhất là 1 triệu cây xanh vào năm 2020 với sự hợp tác với công chúng và tư nhân

- Chuẩn bị đối phó với những ảnh hưởng của sự thay đổi khí hậu trong quận King như xử lý nước thải, nước cống, quản trị trường hợp khẩn cấp, sức khỏe công cộng, đường xá, giảm nguy cơ ngập lũ và phục hồi (môi trường sống) của cá hồi.

Gobolka Washington iyo ka qayb qaadashdiisa cimilalda/ By Mahamud Gaayte

Danjiraha guud ee King county Dow Constantine iyo xubinta gudida Seattle Larry Phillips ayaa dhowaan saxiixay mid ka mid ah sharciyada ugu tayada badan dhanka cimilada dalkan mareykanka. Waxa uu dhabo u jeexaya yaraynta suntan ka dhalata Karboonka, isaga oo islamarkaas kobcinaya isgaarsiinta, ilaalinaaya dbeecada furan, tayaynaya dib u macmalida (Recycle) ka hortegaya waxyaabaha ka dhalandoona isbedelka cimilada.

“Isbedelka cimiladu waxa uu halis u yahay caafimaadkeena, dhaqaalaha, beey’adda- guud ahaan aayeheena,” ayu yiri danjiraha guud Dow Constantine. “Qorshahan guud ee himilada ku dheehani waxa uu hubanti u yahay hormuud nimada King county ee ka hortaga caqabadaha lodkeena.”

Dhaqdhaqaaqyada qorshahani xambaarsanyahay waxaa ka mid ah:

- Lamaanynta waaxaha isgaarsiinta gu dambaynta 2040
- Soo yaraynta suntan ka baxda teend-

hooyinka beeraha 80% (green houses) ugu dambaynta 2050

- Inlagaaro 70% dib u macmalka (recycle) gudaha King county 2020ka.

- Ka qaybqaadashada soo afjarida isticmaalka dhuxusha iyada oo lagu bedelayo tamar kale la cusboonaysiinkaro.

- Isticmaalka 100% gaaska dabiiciga ah goobaha dowlada oo dhan loo gaaro 2025 ka.

- Beeridda ugu yaraan 1 milyan oo geed ilaa iyo 2020 iyada oo lala kaashanayo waaxaha guud iyo kuwa gaarka ahaba.

- Isudiyaarinta isbedelka cimilda iyada oo lala kaashanayo hawlaha guud ee King County sida daryeelka biyaha bulaacadaha, biyaha roobka, arimaha kediska ah, caafimaadka guud, wadooyinka iyo dhaqaalayna kaluunka Salamonka.

OUR COMMUNITIES

STORIES FROM OUR FRIENDS AND NEIGHBORS

SHA reaches 100 percent on composting availability

Environmental Leadership Program youth group holds event at Kebero Court to celebrate outreach success

BY SEATTLE HOUSING AUTHORITY

The Seattle Housing Authority (SHA) just passed an important milestone: on-site food and yard waste collection is now available at all of its properties. All 6,889 households living at 325 communities managed by SHA can now separate out compostable waste from their garbage. In 2015, SHA diverted more than 600 tons of food scraps and yard waste from landfills.

On Saturday, Dec. 12, area youths involved in the “Yes to Green” composting event gathered at Kebero Court to celebrate the culmination of their 11-week Environmental Leadership Program.

Last fall, on Saturdays the eight students who went through the program distributed composting bins to Yesler Terrace residents and demonstrated proper composting.

The program, supported by Seattle Parks and Recreation and SHA, gave the students a chance to connect with neighbors and educate them about how to compost.

“We hope our community comes to ‘Say Yes to a Green Yesler’ to learn more about the environment and environmental issues,” said participant Sumaya Mohamed, a high school sophomore who has lived at Yesler for 11 years.



PHOTO BY KATHLYN PAANANEN

Abdi Ali and Kam Mung demonstrate a composting sorting game designed to show residents how to sort and dispose of recyclable and compostable quickly and accurately.

The majority of the food and yard waste collected by SHA is delivered to Cedar Grove Composting, where it is turned into healthy soil for local parks and gardens. By keeping composting waste out of landfills, SHA residents are also contributing to lower

landfill costs and lower amounts of the damaging greenhouse gas methane, which is emitted at higher levels when food and yard waste breaks down in landfills rather than going through a composting process.

“Seattle Public Utilities is pleased that

Seattle Housing Authority is joining the City of Seattle in creating a world class sustainable city for all of Seattle’s residents by offering food and yard waste collection to all residents living in communities managed by the Seattle Housing Authority. Food waste composting is the City’s highest solid waste priority at this point,” said Tim Croll, Solid Waste Director for Seattle Public Utilities.

“Offering food waste collection at the properties Seattle Housing Authority manages is a continuation of our agency-wide commitment to reduce our environmental impact and foster thriving, healthy communities for the people we serve,” said Andrew Lofton, Executive Director of SHA. “I’m especially proud of our teen residents who have learned about environmental stewardship and are taking those lessons out to all of our residents.”

“I learned leadership skills, gained knowledge on composting, and developed my presentation skills,” said Ermias, a student and participant.

Yeggy Michael artwork installed in Yesler Terrace



PHOTO BY NANCY GARDNER

The artist, Yeggy Michael, explains elements of his newest creation at Kebero Court. Mosaics, he says, are a perfect metaphor for nature’s diversity. His frequent use of stone, glass, aluminum and ceramic underscores our multicultural communities.

BY SEATTLE HOUSING AUTHORITY

On Dec. 16, 2015, new artwork, “Harmony,” was unveiled in Yesler Terrace to symbolize the rich multicultural past and future of this community.

Seattle Housing Authority (SHA) commissioned Seattle artist and longtime Central District resident Yeggy Michael to create the first public work of art to be installed as part of the redevelopment of Yesler Terrace.

Michael, originally from Eritrea, has exhibited, installed public art and won prestigious awards in Africa, Europe, and the United States.

“Harmony” is located at the northeast corner of the intersection of Yesler Way and Boren Avenue, the southern edge of Kebero Court, SHA’s first new residential building to open as part of the redevelopment.

The colorful, seven-foot tile mosaic is

visible from multiple directions. In the upper left, ‘salaam,’ meaning ‘peace’ in Arabic, is inscribed in the mosaic and metal structure, which he spent three months designing and constructing.

Inspired by conversations with Kebero Court and other Yesler residents, Michael designed “Harmony” to include cultural symbols from around the world.

“Art, especially public art, is not easy to get right, because it has to fit with the community, which is so diverse,” Michael said.

The base of the piece is fashioned from a tree trunk that was saved in the clearing of land at Yesler to make way for construction of new homes. Michael sees his work as translating Yesler’s cultural diversity into three dimensions and capturing a period of significant social and physical change for the community.

Jefferson Terrace honors community with Apple Awards

BY NANCY GARDNER
The Voice editor

Residents of Jefferson Terrace held their 14th annual Apple Awards ceremony and holiday party Dec. 17. Several dozen awards were distributed to folks who have helped improve each other’s lives, through dedication to the community, volunteer work and simple goodwill gestures.

Jacque Franklin, an 89-year-old and longtime resident of the building, was given her 14th award.

When asked why she’s been consistently recognized, she said, “I’m kind of a friendly person and I love people. I like talking with them and anything I can do for them, I’ll do.”

A hearty meal of fried chicken, salad,



Resident Jacque Franklin was one of many recognized at the holiday ceremony.

rolls and all the fixings were served by SHA staff and resident volunteers.

It was also a chance for Property Manager Laura Van Houten to bid farewell after helping residents for six years. She’ll become property manager at High Point and will be replaced by Lorili Schmidt.



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NEW TIME! JANUARY 30 - MARCH 6
Saturdays and Sundays 10am-2pm

Economic Opportunity Center @Yesler Terrace
120 8th Ave. Seattle 98104

OPEN HOUSE AND REGISTRATION
Saturday, January 23, 3pm-8pm
Kebero Court Community Room, 1105 East Fir

For more information CALL 206-225-5627

Skills from this class can lead to:
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-making samples in a fashion studio
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