



A community-based newspaper serving the Puget Sound area since 1981



The Voice

June
2017
*Articles translated
into six languages*

The newspaper of Neighborhood House — visit our website at www.voice.seattlehousing.net



Warm temps at West Seattle Bee Festival attract swarms of people and their pets

Seattle Housing Authority residents Biniam and Carmila enjoyed the sunshine at the West Seattle Bee Festival in High Point on May 20 with their mom, Nazret, and baby brother. They dressed up with face paint, paper flowers and balloon art and led the Kids and Pets Parade which looped around Commons Park.

After savoring the International Finger Food Buffet and attending a demonstration at the Bee Hive, Carmila made a new purse for herself at a Pop-Up Sewing event, held inside Neighborhood House High Point.

PHOTO BY ASMERET HABTE

The Gates Foundation, SHA partnership honored nationally

BY U.S. DEPT. OF HOUSING AND URBAN DEVELOPMENT AND SEATTLE HOUSING AUTHORITY

The U.S. Department of Housing and Urban Development (HUD) and the Council on Foundations (COF) announced the winners of the 2017 HUD Secretary's Award for Public-Philanthropic Partnerships.

The award recognizes excellence in partnerships that have both transformed the relationships between the sectors and led to measurable benefits in housing and community development, including increased economic development, health, safety, education, workforce development, disaster resilience, inclusivity and cultural opportunities, innovative regional approaches, and/or housing access for low- and moderate-income families.

The awards were presented at the Council on Foundations Annual Conference in

Dallas, Texas in late April. They honored 10 innovative and impactful cross-sector initiatives that have increased the quality of life for low- and moderate-income Americans living in urban, suburban, and rural communities across the nation.

These initiatives focus on solving a broad range of issues, from expanding affordable housing to promoting employment opportunities for students, reducing substance abuse among young people, and improving local infrastructure.

The Bill & Melinda Gates Foundation was recognized for its support of the Pacific Northwest Housing Authority-School Partnership which includes the Council of Large Public Housing Authorities, King County Housing Authority, Tacoma Housing Authority, and Seattle Housing Authority (SHA).

Please see "Partnership" on Page 3

King County's homeless population continues to rise

BY VOICE STAFF

A new, more comprehensive point-in-time homelessness report released last month By All Home provides critical information on homelessness in Seattle and King County. Using a nationally recognized count methodology, a countywide canvas of census tracts, and a person-to-person survey of people experiencing homelessness, the 2017 Count Us In tally counted 11,643 people experiencing homelessness.

The total includes 6,158 people sheltered in transitional housing or emergency shelters and 5,485 people on the streets, sleeping in vehicles, tents or encampments (both sanctioned and unsanctioned). Among the findings are the following:

- People experiencing homelessness in King County are overwhelmingly local. Ninety- one percent are from Washington state, including 77 percent who said they were last housed in King County. Only 9 percent reported a last home address out of state.
- Homelessness disproportionately impacts people of color. In all, about 55 percent of the local homeless population are people of color.
- Loss of job (30%), drug/alcohol problems (20%), or eviction (11%) were the leading causes of homelessness.
- Homelessness is not a choice. Ninety-two percent said they would take safe and affordable housing today if it was available.

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Health Notes

R A column devoted to your well-being

Men's health matters

BY NEIGHBORCARE HEALTH

Since June is Men's Health Month, now is a good time to think about some common health issues that affect men.

Here are ideas for improving your health to save time and money and avoid more serious complications down the road.

Heart health

One of the top priorities for men is improving heart health. The Centers for Disease Control and Prevention (CDC) reports heart disease as the number one cause of death in the U.S. (1 in 4 of all male deaths). Surprisingly, half of men who die suddenly of heart disease do not show symptoms. The good news is, no matter your age, some lifestyle changes can help you prevent heart disease.

Action steps:

- Eat more fruits and vegetables, and limit fatty, salty and sugary foods, as well as alcohol.
- Find ways to be physically active every day; even a 15-minute walk or taking the stairs will help.
- Never sit without moving for more than 30 minutes. A quick stretch or walk to another room keeps your metabolism going, and lowers your risk of heart disease and certain cancers.
- Ask your doctor for help with stress management and anxiety.
- If you're diabetic, get regular health check-ups to help keep your diabetes under control.

Cancer screenings

The leading cancers in men are lung, prostate and colon cancer. Each has different risk factors. Lung cancer is more closely linked to smoking, while prostate and colon cancer are more common in men over age 50. Again, no matter your age, building healthier habits today can help.

Action steps:

- Ask your medical provider about recommended cancer screenings for your medical history and age. It can be tempting to delay these screenings but if you can detect cancer early, it's easier to treat.
- Quit smoking to lower your risk of lung cancer and other serious lung problems—it's never too late. Your health care team can help you get started.

Diabetes prevention and management

Diabetes should be on everyone's radar. According to the CDC, out of the 29 million people who have diabetes in the U.S., 1 in 4 don't know they have it. Another 86 million people are at high risk of developing Type 2, or adult-onset, diabetes. This metabolic disease can lead to heart disease, strokes, blindness and vision problems, kidney disease, and nerve and blood vessel damage.



Action steps:

- You can often prevent Type 2 diabetes by losing weight in a healthy manner, and (you guessed it!) eating healthy and staying active. Talk to your doctor if you have a family history of diabetes.
- If you are a Type 1 or Type 2 diabetic, work with a health professional to help you manage your diabetes, by adjusting what you eat and your exercise routines.

Depression and mental health

Depression affects millions of men and women in the U.S., but men may be less likely to talk about their feelings and seek help. There are many life events that can lead to depression, including overwhelming stress, loss of a loved one, relationship problems, chronic pain or ongoing illness, loss of a job and isolation. Depression can also be a side effect of some medications. Here are some of the symptoms:

- Losing joy in activities
- Feeling sad, guilty, hopeless or angry
- Big changes in sleeping, eating or activity level
- Trouble concentrating, irritability or aggressiveness
- Turning to alcohol or drugs
- Reckless behavior and thoughts of death or suicide

Action steps:

Don't wait to get help. If you're having symptoms of depression for more than two weeks, get help from your health care provider. Depression is not a sign of weakness, but a real illness that many people can overcome with treatment.

Sexual health

Sexual Health remains an important priority for men, and greatly affects individual health as well as family health. Issues like male infertility, prostate health, sexual difficulty, and sexually transmitted infections (also called STDs) can be hard to talk about with a health care provider. However, being honest and asking questions can be the best way to solve issues and get advice or treatment if you need it.

Be proactive

Ask about these and other health issues, recommended vaccines and health screenings. What new step will be a game-changer for your health this year?

Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for almost 50 years. More information is available at www.neighborcare.org.

Be Safe

Keep 'em active this summer

BY JAKE HELLENKAMP
Project Coordinator

June 21 will mark the first day of summer. It's important to start thinking now about ways to keep your children safe and busy when they're not in school. Too much unstructured, unsupervised free time can cause many teens and younger children to get into trouble.

Here are a few ideas about how you can help younger members of your family have a fun, active and crime-free summer:

Summer jobs and internships

For older children (16-24), having a summer job or internship is a great way to make money and develop skills that will help build a career. There are many job training opportunities available for youth over the summertime. For example, Seattle Housing Authority, in partnership with Seattle Neighborhood Group offers an eight-week internship program for youth from Yesler over the summer that will teach important job skills and connect them with a job at a local organization. Please call 206-323-9666 or email info@sngi.org for more information.

Free activities around Seattle

The City of Seattle offers many free or cheap programs for kids over the summertime. Visit the nearest community center to ask about summer activities and educational classes. Another awesome perk many people don't know about is that Seattle Public Library card holders can receive a free pass to 12 of Seattle's best museums. This includes the Seattle Aquarium, Northwest African American Museum, Museum of Flight, and Museum of History and Industry. Visit www.spl.org/library-collection/museum-pass to find out how to reserve passes.



Build a healthy routine

Summertime is a break for kids, but it's not an excuse to spend the whole day laying in bed or staring at a phone, TV or computer. Addiction to technology is becoming a major problem for some people and it can slow a child's brain development and make it more difficult to have a healthy social life. Limiting screen time and assigning kids household chores to accomplish will keep them occupied. Outdoor exercise is always a healthy alternative to lazing indoors.

Keep their minds active

The Seattle Public Library system offers summer programs to help teens and younger children exercise their brains. Have your kids visit educational websites that will teach them about topics they won't learn in school, like TED Talks at www.ted.com or the PBS Learning Media site www.kets9.pbslearningmedia.org/. A list of free college courses is available at www.edx.org.

Summer break is a fantastic time for kids to relax after a long school year, but they should also focus on preparing for the next stage of life—whether it be finding a job—going to college—or another year of school. Talk to your family and find a balance between rest, fun and personal development. If you'd like more ideas about how to make sure your family has a safe and educational summer, please contact info@sngi.org.

The mission of Seattle Neighborhood Group is to prevent crime and build community through partnerships with residents, businesses, law enforcement and other organizations. Contact Jake at 206-323-7094 or jake@sngi.org.

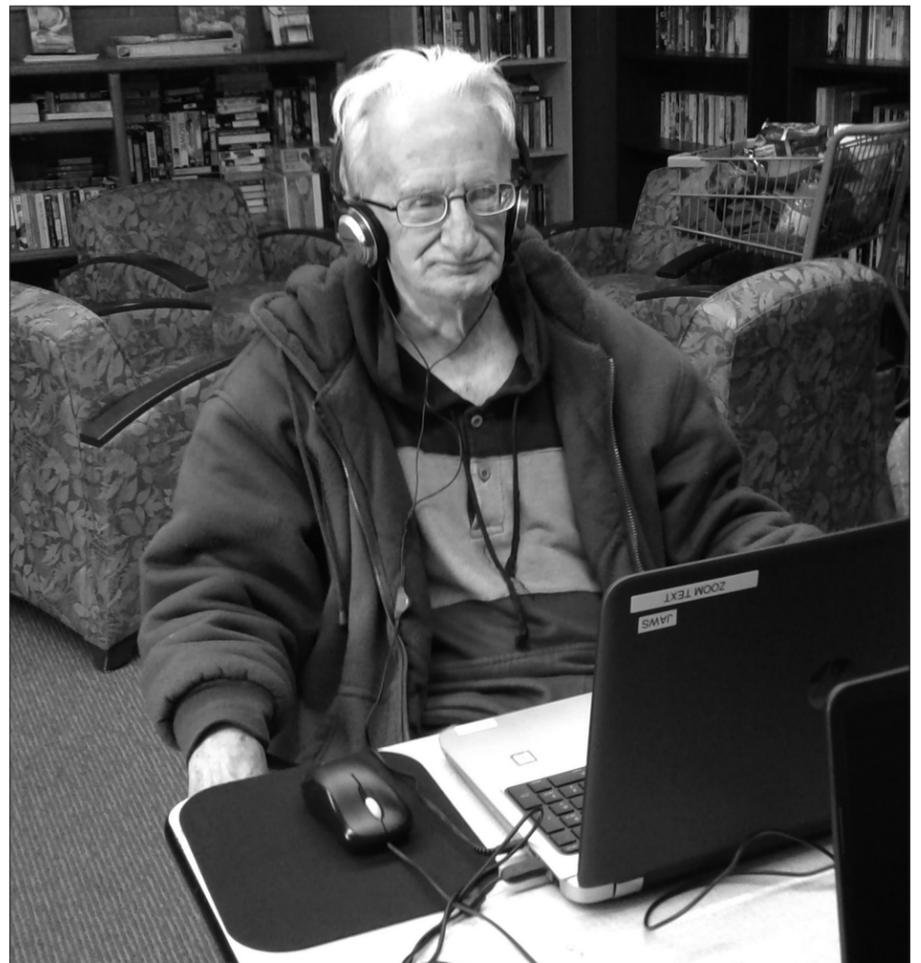


PHOTO BY ELIZABETH KENNEDY

A resident of Ballard House brushes up on his computer skills thanks to the Mobile Computer Lab, a program funded by the Technology Matching Fund (TMF). Established in 1997 by the City of Seattle, the TMF supports community efforts to close the digital divide and encourage a technology-healthy city. Ballard House is one of nine SHA communities that will be visited by the Mobile Lab in 2017.

The Voice

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The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House or Seattle Housing Authority. We welcome articles and tips from the community and reserve the right to edit all submissions. The Voice is published online at www.nhwa.org and at www.voice.seattlehousing.net.

2017 Dream Big! Scholarship winners announced

Scholarships for the 2017-2018 academic year are \$1,000 each, paid directly to the recipient's school for tuition, books and fees

Partnership

Continued from Page 1



PHOTO BY SHA

Seattle Housing Authority honored this year's Dream Big! scholarship recipients at an awards ceremony on May 15. These students demonstrated great persistence, strength of character and growth through their high school and college careers. Also present were Faith Pettis and Christine McCabe from College Spark Washington who donated a \$10,000 grant to the Dream Big! scholarship fund. Shown left to right: Faith Pettis, Hafsa Muhumed, Andrew Lofton, Omar Hassan, Nhi Chau, Shina Williams, Christine McCabe. Not pictured: Emran Nuru, Salma Ibrahim, Thuy Luu, Julie Dinh.

The Bill & Melinda Gates Foundation is supporting SHA's work with the Seattle Public School (SPS) district to help improve educational outcomes for SPS students living in SHA housing.

"I want to congratulate each of our winners for their extraordinary efforts to bridge the gap between philanthropy, government, and nonprofits," said HUD Secretary Ben Carson. "Today's awards celebrate the power of partnership, and honor exceptional organizations that are laying a strong foundation for more Americans to succeed and thrive."

Awards were given to place-based funders for completed or ongoing projects that are executed in partnership with a local, regional, or federal government agency.

"The 10 initiatives being honored are an inspiring reminder that when philanthropy and government work together and lead together in cross-sector partnerships, their collaborations can achieve incredible results for the communities we collectively serve," said Council President and CEO Vikki Spruill. "On behalf of the Council, I congratulate each of the outstanding foundations being awarded today."

For more information on the other winners, please visit https://www.huduser.gov/portal/about/Pub_Phil_Intro.html

College Bound Scholarship deadline is June 30



BY SEATTLE HOUSING AUTHORITY

Washington State has a program that provides college scholarships to low-income youth. It is called the **College Bound Scholarship**. It is an early commitment of financial aid to eligible 7th and 8th grade students whose families might not consider college because of its cost.

In order to access this scholarship eligible students must sign-up by June 30 of the student's 7th or 8th grade year. Students only need to apply once.

The scholarship will cover tuition for up to four years at a Washington public or private university or a community, technical or private career college.

Eligibility:

Students in the 7th or 8th grade who meet one or more of these requirements may apply:

- The family receives basic food or TANF benefits
- The family's income falls within the program's established guidelines (Income charts are available in the middle school counseling offices or online at the website provided below.)
- The child is in foster care or is a dependent of the state

In order to receive the scholarship, a child must pledge to and achieve the following:

- Graduate from a Washington State high school with a 2.0 GPA or higher (GEDs do not qualify)
- Demonstrate good citizenship and not be convicted of a felony
- Complete the Free Application for Federal Student Aid (FAFSA) or Washington Application for State Financial Aid (WASFA) and be accepted to an eligible program or college

There are several ways to apply:

- Complete the application form online at www.readyssetgrad.org/college/college-bound-scholarship-program
- Applications are available from the counseling office at all middle schools

Questions? Contact the following:

- College Bound Scholarship: 1-888-535-0747 or www.collegebound@wsac.wa.gov
- Courtney Cameron, strategic advisor for education, 206-239-1724 or courtney.cameron@seattlehousing.org

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Revisiting Juneteenth, an often overlooked holiday



PHOTO COURTESY OF THE LIBRARY OF CONGRESS

Soldiers of Company E of the 4th U.S. Colored Infantry in a photograph taken at Fort Lincoln in Washington D.C., around Nov. 17, 1865. Nearly 200,000 black soldiers and sailors served in the U.S. Army and Navy during the Civil War.

By VOICE STAFF

The people of Texas are informed that, in accordance with a proclamation from the Executive of the United States, all slaves are free.

— From “General Order No. 3,” read June 19, 1865

These words, read by a career U.S. army officer to the people of Galveston, Texas, brought to a close one of the ugliest chapters in United States history. To many of the black residents of Galveston, they were both the last words they would hear as slaves and the first as free men and women.

The abolition of slavery and the tradition of Juneteenth

General Gordon Granger was a Union commander during the American Civil War. Though he distinguished himself at the Battle of Chickamauga in 1863, he is largely forgotten today. Yet it is Granger’s reading of the inconsequentially titled General Order No. 3 that brought the news of the Emancipation Proclamation to former slaves in Texas on June 19, 1865 at the end of the Civil War.

Fought from 1861 to 1865, the American Civil War had two major outcomes. The first was the preservation of the Union, and the second was the abolition of slavery in the United States of America.

Some revisionist accounts of the conflict peg the key root of the struggle as one over “states’ rights” — conveniently sidestepping the fact that the key “right” in question was the institution of slavery in the Southern United States. The Civil War, fought between the Union and the Confederacy, was unmistakably a conflict over slavery.

But much like the Civil Rights movement of the 1960s, the abolition of slavery in the United States occurred not in one fell swoop but gradually, and by degrees.

President Abraham Lincoln’s Emancipation Proclamation, issued Sept. 22, 1862, had freed most — but not all — slaves in the United States.

The proclamation, which took effect Jan. 1, 1863, referred to all slaves in states of the Confederacy that were not under Union control. Slaves in the Union states of Maryland, Delaware, Missouri and Kentucky were not liberated. Neither were slaves in the Confederate state of Tennessee and parts of Virginia and Louisiana, all of which were controlled by Union forces by 1863.

Though incomplete from the beginning, the Emancipation Proclamation was an important step in the ultimate abolition of slavery in the United States.

But for the millions of slaves in states still held by the Confederacy, the proclamation would largely prove symbolic until their liberation by Union forces during the course of the war.

The last of these slaves to learn of their freedom, at least anecdotally, were in Texas. On June 18, 1865 — more than a month after the surrender of the Confederacy on May 10 — Union General Gordon Granger arrived in Galveston, Texas, with a force of 2,000 troops, intent on enforcing emancipation in the state.

The next day, General Granger read the contents of General Order No. 3:

The people of Texas are informed that, in accordance with a proclamation from the Executive of the United States, all slaves are free. This involves an absolute equality of personal rights and rights of property between former masters and slaves, and the connection heretofore existing between them becomes that between employer and hired labor. The freedmen are advised to remain quietly at their present homes and work for wages. They are informed that they will not be allowed to collect at military posts and that they will not be supported in idleness either there or elsewhere.

With the reading of that order, the last remaining slaves in what was once the Confederacy were set free. (If the reference to “idleness” and generally condescending tone of the order is discomfiting to modern readers, it is certainly reflective of the complicated nature of race relations in postbellum America.)

From SHA's CFO

SHA wants your input for the 2018 budget

By SHELLY YAPP
Chief Financial Officer, SHA

Seattle Housing Authority (SHA) is working on our 2018 budget. Residents, as well as others, can help us choose priorities for next year by completing our online 2018 Budget Priorities Survey. **Just visit seattlehousing.org and click on the 2018 Budget Survey link on our homepage.**

President Trump has proposed a 2018 Federal Budget that recommends cutting the U.S. Department of Housing and Urban Development (HUD) budget by 13 percent. HUD provides 75 percent of SHA’s Operating ongoing Capital Budgets.

While we don’t think it is likely that we will see a 13 percent cut, we do think that Congress will make some level of reduction for 2018. The survey will only take a few minutes for you to tell us what you think are the most important programs and services to try to maintain within seven program categories and across seven objectives.

Please complete the survey by the June 30 deadline.

We care what you think and your opinions are important! We also encourage you to write to us if you have a particular concern or idea you want us to consider. Send an e-mail to johanna.pritchard@seattlehousing.org or send by mail to Johanna Pritchard at 190 Queen Anne Ave N, Seattle, WA 98109.

Thank you very much for your continued interest and engagement.

Six months later, the ratification of the Thirteenth Amendment to the United States Constitution abolished slavery throughout the country.

At the reading of General Order No. 3, jubilant former slaves celebrated their new freedom, and the June 19 anniversary was quickly adopted as an Independence Day for southern blacks, first in Texas and then in other southern states.

Following a decline beginning in the early 20th Century, Juneteenth experienced a resurgence in the 1990s. Today it is observed as a holiday in 39 states, including Washington.

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PHOTO COURTESY OF MICHAEL MAGGS / WIKIMEDIA COMMONS

About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority. The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in Seattle Housing Authority communities.

If you’d like to submit an article, or if you have a question about anything you’ve read in this publication, please contact Editor Nancy Gardner at 206-461-8430, ext. 2051 or by email at nancyg@nhwa.org.

All submissions are subject to editing for accuracy, style and length.

NextGen Views & Voices



Abdul Malik Ford

I am honored to be able to write for *The Voice* once again and I hope that all of you student readers out there can benefit from my freshman story.

At the beginning of college, I was a little anxious about how I would go about this journey without my parents and closest friends. After a little while, I started to look at things through a completely different lens.

The great thing about college is that it is a place where you get to start over, whatever or whoever you were known for in high school is now gone. In college, it is completely up to you to define yourself.

I wanted to be a really active college student so I attended events, fairs and club meetings. The campus makes this easy to do because at the start of the school year, Western Washington University (WU) hosted a huge information fair. This fair is for students to discover the different groups, clubs, unions and activities offered around on campus.

I settled down and chose a few groups that I would actively participate in: the Black student Union (BSU), Eco Reps, Hall Council (HC), and the Residence Hall Association (RHA). I specifically chose these groups because they resonate with me the most.

BSU allows me to be connected with my small black community at WU. As an Eco Rep I'm closer to my environmental studies interest and it gives me the opportunity to be a sustainability educator in my resident HC and RHA. This allows me to contribute to the community by hosting and planning events for students to attend.

At first, it was difficult to balance everything out. Fall quarter I put too much emphasis on my social life. I learned this the hard way when I received a 2.6 GPA.



Abdul Malik Ford is working toward a bachelor's degree at Western Washington University.

Winter quarter I spent a lot less time on socializing and sleeping because I was trying to focus more of my time on academics. My hard work paid off as I was able to achieve a 3.5 GPA with the tweaks I made to my schedule.

This spring quarter I have a set and balanced schedule that allows me a certain amount of time for procrastination, socializing, academics, work, hobbies and clubs. Future employers and organizations are not going to be only looking for a degree with an empty resume. They will be looking for that degree in addition to work experience, community involvement and a resume indicating your experiences.

I've found that it's okay to not know what is coming next in your story. Don't let the fact that you have no idea what you are going to study determine if you want to pursue higher education. I used to think I needed to have everything figured out until I came to college. I was relieved to find out that I was not the only one who didn't have a set plan.

But be sure to plan before even arriving on campus! I applied to campus jobs early in the summertime before school began. And my involvement in the Bellingham community undoubtedly helped me get a coveted resident adviser job for the 2017-2018 academic year, so my room and board will be fully paid for next year.

So if you're starting college soon, be sure to research what kinds of opportunities are offered by your school so you can start the year off ahead of the curve!

Where is she now? Former Yesler resident and NAHRO scholarship winner fulfills a dream, graduates this June

BY NANCY GARDNER
The Voice editor

When we first met Valerie Najera, she was a senior at West Seattle High School living with her family in Yesler Terrace.

She'd just been awarded the Pacific Northwest Regional Council's (PNRC-NAHRO) Challenge College Scholarship and dreamed of studying computer science at the University of Washington (UW).

In just a couple of weeks, the former tennis player and National Honor Society member will receive her bachelor's degree in Human Centered Design & Engineering (HCDE) from the UW.

The Voice caught up with the 22-year-old to ask how she feels, what's she's been doing, and what advice she'd give young people.

The Voice (V): What was college like?

Valerie Najera (VN): Since I was young, I knew I wanted to make a positive impact on people's lives and also be part of the technology field. When I applied to college I knew I wanted to study engineering. At the time, I did not know which engineering department I wanted to be a part of, and I also did not know that once I was accepted to the UW, I had to apply to each engineering department for admittance.

During a summer internship in 2014, I discovered the engineering department that would allow me to achieve my goal was the HCDE department. It took me three application tries until I was accepted into the department, but I continued to persevere because I knew that the opportunities this department would bring to my life would allow me achieve my goal of helping people and also make me happy. I can honestly say that the past two years that I have been in this department have been the happiest moments of my college career.

(V): What were your favorite college experiences?

(VN): I've had the great opportunity to be president of the Society of Hispanic Professional Engineers for two consecutive years. I have also traveled to the Makah Nation Tribe with my HCDE department to teach middle school students about Design Thinking. And I've participated in hackathons that

Valerie Najera, before she began studying at the University of Washington (right) and below, on a recent afternoon. She's the first in her family to go to college.



have allowed me to create projects that can help people.

(V): What advice would you like to share?
(VN): I would not have been able to enjoy my college career had it not been for all of the scholarships I received. I would encourage all students to apply for as many scholarships as possible!

And my advice for incoming college students is to not give up. College has been one of the most amazing times of my life, however along with those great moments came very challenging and difficult ones. I say to all incoming students to never give up, whether it'd be to pursue a specific major, a study abroad opportunity, an internship or a job.

Find your academic support early on, join clubs at your university, find people who believe in you and who will support you when you come across your challenging roads.

What would you do with \$2M?

The City of Seattle wants you to vote on how we can best improve our parks, streets

BY DEPT. OF NEIGHBORHOODS

The City of Seattle is asking the community to decide how to spend \$2 million of the City budget on park and street improvements across the city.

Called Your Voice, Your Choice: Parks & Streets, community members will be able to vote on the top projects in their council district from **June 3 through June 30**.

The projects were selected from nearly 900 ideas submitted last February by community members across Seattle. Those ideas were narrowed down by community volunteers to 10 projects in each of seven City Council districts. Ranging from improved intersection crossings to better park accessibility, you can view all the proposed projects at bit.ly/yvycprojects.



Cast your vote through June 30 by coming to an in-person polling site or vote online.

The projects that receive the most votes will be funded by the City and implemented in 2018. Paper ballots will also be available at all community centers and libraries. For more details and how to vote, visit www.seattle.gov/yvyc.

Community Notes

List of candidates running in the King County Aug. 1 primary election is now complete

BY KING COUNTY ELECTIONS

The full list of candidates running for office in 2017 is now available online. The list of candidates who will appear on the primary election ballot is also available at www.kingcounty.gov/depts/elections.aspx

Seattle's mayoral race is particularly crowded. The following 21 individuals are running for mayor: Cary Moon, Harley Lever, Michael Harris, Keith J. Whiteman, Jessyn Farrell, Dave Kane, Thom Gunn, Gary E. Brose, Mike McGinn, Jenny Durkan, Jason Roberts, Tiniell Cato, Alex Tsimmerman, James W. Norton, Jr., Larry Oberto, Casey Carlisle, Lewis A. Jones, Nikkita Oliver, Mary J. Martin, Greg Hamilton, Bob Hasegawa.

The voter registration deadline for the August primary is Monday, July 3. Voting in this all-mail primary starts July 14. There are three ways to register: online, by mail or in-person.

COMMUNITY RESOURCES

ANEW offers women pre-apprenticeship training and construction industry jobs

By MEGAN CLARK

Outreach & Retention Specialist, ANEW

Since 1980 ANEW (Apprenticeship and Non-Traditional Employment for Women) has trained over 1,500 women and offered support services to over 7,300 men and women in obtaining and keeping apprenticeship jobs in the construction trades.

Forty percent of households with children are supported by women who are the primary income earners. Of these households, thirty-one percent live below the federal poverty level. Our mission is to improve people's lives by providing quality training, employment navigation and supportive services leading to successful family wage careers.

ANEW works closely with cities in King and Pierce County as well as the City of Seattle and several other community-based organizations to offer training and support services.

We offer 12-week long, quarterly sessions for women. Later this year, classes for men will also be offered.



PHOTO COURTESY OF ANEW

ANEW's 12-week, part-time, pre-apprenticeship training program is helping women enter non-traditional careers in construction trades and manufacturing.

During the 11-week training program women will earn certificates in Occupational Safety and Health, CPR, First Aid, Fork Lift, Flagging and learn about different construction trades at site visits.

Students also get hands-on tool use, will build a tiny house, and gain experience in framing and electrical wiring. This program is designed to give women the confidence and competitive edge needed to enter a higher-paying construction apprenticeship job after graduation.

ANEW is also a BFET(Basic Food, Employment, Training)/RISE provider. Individuals needing additional services may apply to enroll into the Apprenticeship Opportunity Program (AOP) to help break barriers into employment or stay employed. All services are based on income qualifications.

For more information on ANEW's programs and services please visit www.anewap.org or call for an appointment at 206-381-1384.

Honoring our mothers and fathers on *their* day

A father figure for 14

By SAMUEL ANDREWS
Special to *The Voice*

Growing up in a family of 14 children was my normal. I still am surprised with the reaction I get from people when I tell them how many brothers and sisters I have.



The older I get, the more I respect my father for working so hard to house, feed and clothe us. As a teenager, I had a tremendous sense of entitlement. I wanted the latest clothing and my parents tried their best to give those things to me. I grew up in the Hilltop Neighborhood of Tacoma, or, as some of my friends would say, I tried to grow up.

As father of 14, my dad had to find interesting ways to entertain all of us. I remember the long drives we made to visit Mount Rainier or Kopachuck State Park in the truck he borrowed from our church. I grew impatient during what I perceived as a long trip to Mt Rainier. In my teen mind the drive was endless.

The 1950s, sky-blue truck had a small hole in the floor near the gear shift. I loved looking through that hole at the street pavement as we rode up South 19th street in Tacoma. Seat belts weren't required in those days so when my father had to make an abrupt stop he would stretch out his opposite driving arm and place it in front of us and we would run into his arm instead

of the dashboard. I felt so loved by my father when he would protect us like that. I also felt safe.

In my pre-teen mind my father was Superman. An avid volunteer, my father was always helping someone out. Once he volunteered to repair the roof of a three-story apartment complex on G Street owned by our church. I was about 12 years old when he took me and my brother up to the roof and let us look down. My mother would have killed us if she had known we were up on that roof, but it was the little events like that which have always stayed in my memory, even to this day.

Dad had this way of always telling the same joke whenever we drove past the local cemetery. "Do you know why the gates are always locked?" Before we had time to answer, he'd say with a grin on his face, "Because people are *dying* to get in!"

My dad tried to impart a strong work ethic in me, and each fall beginning when I was seven years old, he showed me and my brother how to rake and bag the leaves that fell from the trees in front of our family home. It seemed like such a big job for such a young boy. But every year that task became easier. The leaves became even easier to rake and bag by the time I was 17.

I am grateful for the positive behavior my father instilled in me and for how much work he put into being such a good dad.

Editor's note: Andrews recently moved out of his Seattle Housing Authority apartment, where he lived for nearly a decade. He's now supporting himself and is also enjoying life as a freelance writer.

Like mother, like daughter



Rovella James (left) and her daughter, Rovenna Johnson

By NANCY GARDNER
The Voice editor

When you first meet Rovella James and Rovenna Johnson, it's easy to mistake them for sisters. In addition to the obvious physical traits they share, the pair both work at Neighborhood House, although in different programs.

But Rovella and her daughter, Rovenna, also just happened to have graduated from Highline College together in 2010, where each earned an associate of arts degree in human services. They're also best friends.

Rovenna, a housing stability manager, says that nearly four years into her job, she's still learning about how to best lead her team.

"Of all the things I do, the most important is supporting my team," she says. "We work daily with clients who are going through the most difficult time in their lives, and sometimes we have to be the bearer of bad news. It's my duty to inspire my team and remind them why we do this work, and encourage them to see the little successes at times when it seems like progress is slow or non-existent."

Rovella, meanwhile, has just celebrated her one-year anniversary working as a

youth case manager. She helps her clients, 16-24 year-olds, earn their GEDs or high school diplomas and helps them locate and apply for internships.

"I'm very passionate when it comes to our youth," Rovella says. "Being a mother at such a young age was huge. So wearing my heart on my sleeve when it comes to my job isn't always apparent, considering I also try to be a little tougher on our youth, in hopes the sternness will keep them focused and diligent."

This mother-daughter duo admits to being BFFs, and their affection for each other clearly shines through.

Rovenna says, "I think at times we surprise ourselves when we realize we're not just BFF's but mother and daughter! I've been through many things with my mother's support, that I had to grow and learn from. At times it feels like I've lived a couple of lifetimes already, but I'm passionate, and really care for this work and the people I work with."

"I have my own best friend," Rovella says. "She's my daughter and that always comes first and she is the one person I know loves me no matter what, unconditionally."

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Fecha límite para la beca de College Bound: Junio 30/By Jonny Fernandez

La fecha límite para la beca de College Bound para jóvenes de bajo-ingresos se acerca rápidamente, (Junio 30). Para acceder a esta beca, los estudiantes elegibles del 7º o 8º grado deben inscribirse

antes del 30 de junio. Los estudiantes solo necesitan aplicar una vez. La beca cubre la matrícula de hasta cuatro años en una universidad pública o privada de Washington

o en una universidad comunitaria, técnica o privada.

- Elegibilidad:
- Los estudiantes en el 7º o 8º grado que cumplan uno o más de estos requisitos pueden aplicar: La familia recibe alimentos básicos o beneficios TANF.
 - Los ingresos de la familia están dentro de las pautas establecidas por el programa (ver el sitio web a continuación)
 - El niño está en cuidado de un orfanato o es dependiente del estado.
 - Para obtener la beca, un niño debe comprometerse y lograr esto:
 - Graduado de una escuela secundaria

del Estado de Washington con Grado promedio o superior de 2.0 (Diploma de Educación General no califican/GED)

- Demostración de buena ciudadanía y no ser condenado por un delito grave
- Complete la Aplicación Gratuita para la Ayuda Federal para Estudiantes (FAFSA) o la Aplicación Washington para Ayuda Financiera del Estado (WASFA) y que sea aceptada en un programa o colegio elegible.

Hay varias maneras de aplicar:

- Complete el formulario de solicitud en línea: www.readyssetgrad.org/college/college-bound-scholarship-program
- Las solicitudes están disponibles en la oficina de consejería en todas las escuelas intermedias

¿Tiene preguntas? Puede llamar o enviar por correo electrónico lo siguiente:

- Beca College Bound: 1-888-535-0747 or collegebound@wsac.wa.gov
- Courtney Cameron, Asesor Estratégico para la Educación, 206-239-1724 or courtney.cameron@seattlehousing.org

Дотация на обучение в колледже College Bound: подавайте документы до 30 июня/ By Irina Vodonos

Приближается срок подачи документов на получение дотации College Bound для малоимущих школьников. Учащиеся 7-ых и 8-ых классов должны подать заявку не позднее 30 июня. Достаточно сделать это только один раз (в 7-ом или 8-ом классе).

Дотация покрывает стоимость обучения в публичном или частном учебном заведении в штате Вашингтон, сроком до четырех лет. Програма распространяется на университеты, а также на колледжи разных видов: комьюнити-колледжи, технические колледжи и частные профессиональные колледжи.

Кто может претендовать на дотацию College Bound:

Учащиеся 7-ых или 8-ых классов, которые соответствуют как минимум одному из нижеперечисленных параметров:

- Семья школьника получает фудстэмпы (Basic Food) или помощь по программе TANF
- Семейный доход не превышает определенного порога (см. нижеуказанный сайт)
- Школьник живет в приемной (замещающей) семье или находится на попечении государства

Чтобы получить дотацию, школьник должен дать – и выполнить – следующие обещания:

- Закончить школу в штате

Вашингтон со средним баллом не ниже 2,0 по четырехбалльной шкале (дипломы GED не в счет)

- Вести себя порядочно и не быть осужденным за тяжкое преступление (felony)
- Заполнить Бесплатную заявку на предоставление федеральной помощи студентам (FAFSA) или Вашингтонскую заявку на предоставление помощи студентам от правительства штата (WASFA) и быть принятым в учебное заведение, на которое распространяется дотационная программа (см. выше)

Подать заявку можно следующим образом:

- Заполнить электронный бланк на сайте www.readyssetgrad.org/college/college-bound-scholarship-program ИЛИ
- Заполнить бумажный бланк, который имеется в офисе консультанта в любой средней школе

Есть вопросы? Звоните или пишите нам:

- Програма College Bound: 1-888-535-0747 или collegebound@wsac.wa.gov
- Кортни Кэмерон, стратегический советник по вопросам образования: 206-239-1724 или Courtney.cameron@seattlehousing.org

ናይ ኮለጅ ትምህርቲ ሓገዝ ዝሕትተሉ ናይ መወዳእታ መዓልቲ፡ 30 ሰኔ እዩ።/By Habte Negash

ትሕት ዝበለ ኣታዊዘለዎም መንእሰያት ናይ ኮለጅ ትምህርቲ ሓገዝ ክሓትቱ ዝኸለሉ ናይ መወዳእታ ግዜ እናተቐረበ ይመጽእ ኣሎ፡፡ (ሰኔ 30)። በዚ መሰል እዚ ከጥቀሙ ብቐዓት ዝኾኑ ተመሃሮ ገይ ወይ 8ይ ገይ ክፍሊ ቅድሚ 30 ሰኔ ክምዝገቡ ። ተመሃሮ ሓደ ግዜ ጥራይ እዮም ዝምዝገቡ።

እቲ ዝውሃብ ናይ ትምህርቲ ሓገዝ (scholarship) ኣብ ዋሽንግቶን ኣብ ዝርከባ ህዝባዊ ኮንወልታዊ ትካላት ላዕላዊ ትምህርቲ (university or community) ቴክኒካዊ ይኹን ሞያዊ ትምህርቲ ንክትምሃር ክሳብ ኣርባዕተ ዓመት ናይ ትምህርቲ ክፍሊት ሓገዝ ዝህብ ፕሮግራም እዩ።

ብቐዓት ዚኾኑ ፡ ካብዚ ዝስዕብ መምዘኒታት ብውሑድ ሓደ መምዘኒ ዜማልኡ ተመሃሮ ገይ ወይ 8ይ ክፍሊ ኪመልከቱ ይኸለሉ እዮም።

+ስድራቤቶም ናይ መግቢ ሓገዝ (TANF benefits) ዝቐበሉ እንተኾይኖም።

+ ኣታዊታት ስድራቤቶም እቲ ፕሮግራም ካብ ዝፈቐዱ መጠን ኣታዊታት ዘይበዝሕ እንተኮይኑ (see the website below)።

+ እቲ ተመሃራይ ኣብ መዕቕቢ ጽጉማት (foster care) ወይ ድማ ኣብ ትሕቲ ጽላል ዋሽንግቶን ስተይት (a dependent of the state) እንተኾይኑ።

ዚ ዝውሃብ ናይ ካለጅ ትምህርቲ ሓገዝ (scholar-

ship) ብቐዕ ምእንቲ ክኸውን እቲ ተመሃራይ ዚ ዝስዕብ ኪማልእ ይግብኡ።

- * 2.0 ወይ ካብኡ ንላዕሊ ነጥቢ ብምርካብ (2.0 GPA or higher) ኣብ ዋሽንግቶን ስተይት ካብ ዝርከብ ናይ ካልኣይ ደረጃ ቤት ትምህርቲ ዝተመረቐ (GEDs do not qualify)።

- * ብገበን ዘይሕተት (ዘይተፈርዶ) ጽቡቕ ናይ ዘግነት ባህሪ ዘለዎ።

- * ናይ ኮለጅ ትምህርቲ ክፍሊት(FAFSA) ሓገዝ ክግበረሉ ግዜ ከይሓልፈ ብእዋኑ ዘመልከተ።

ንክተመልከት ዝሕግዙ ዝተፈለዩ መገድታት ኣለው፡

- * ኣብዚ ዝስዕብ ኣድራሻ ኣንላይን (online) ምምልካት ይከኣል ፡ www.readyssetgrad.org/college/college-bound-scholarship-program
- * ኣብ ቤት ጽሕፈት እቲ ትምህርቲ ማእከላይ ቤት ትምህርቲ (middle schools) ከተመልከትሉ እትኸለሉ ወረቓቅቲ ኣሎ።

ሕቶ እንተገልጹኩም በዚ ዝስዕብ ክትውኸሱ ትኸለሉ፡-

- * College Bound Scholarship: 1-888-535-0747 or collegebound@wsac.wa.gov
- * Courtney Cameron, Strategic Advisor for Education, 206-239-1724 or Courtney.cameron@seattlehousing.org

HẠN CHÓT ĐỀ NỘP ĐƠN XIN HỌC BỔNG VÀO ĐẠI HỌC LÀ NGÀY 30 THÁNG /By Long Luu

Hạn chót để nộp đơn xin học bổng vào đại học cho những thiếu niên có lợi tức thấp, đang đến gần (ngày 30 tháng 6). Để được hợp lệ cho học bổng này, các học sinh phải ghi tên trước ngày 30 tháng 6, dành cho các em học sinh lớp 7 và lớp 8. Học sinh chỉ cần nộp đơn 1 lần thôi.

Học bổng giúp trả cho tiền học trong 4 năm ở các đại học tư và công trong tiểu bang Washington, hay đại học cộng đồng hay trường tư dạy nghề.

Để Được Hợp Lệ:

Các học sinh ở lớp 7 hay lớp 8 hội đủ một trong các điều kiện dưới đây thì có thể nộp đơn:

- Sống trong gia đình đang lãnh phiếu thực phẩm (food stamp) hay trợ cấp TANF
- Sống trong gia đình có mức lợi tức nằm trong mức chỉ qui định của chương trình (hãy vào trang mạng dưới đây)
- Trẻ em đang sống trong nhà cha mẹ nuôi, hoặc phụ thuộc vào (trợ giúp) tiểu bang.

Để nhận được học bổng, trẻ em phải cam kết và phải đạt được những điều sau

- Phải tốt nghiệp Trung học từ các trường

trong tiểu bang Washington với điểm trung bình là 2.0GPA hoặc cao hơn (có bằng tương đương GED thì không hội đủ điều kiện)

- Chứng minh là công dân tốt, và không bị kết tội hình sự
- Hoàn tất đơn xin trợ cấp học bổng liên bang (FAFSA) hoặc xin trợ cấp học bổng của tiểu bang (WASFA) và sẽ được chương trình đại học đầu nhận

Có vài phương cách để nộp đơn

- Hoàn tất cuộc nộp đơn trên mạng ở www.readyssetgrad.org/college/college-bound-scholarship-program
- Các mẫu đơn đều có sẵn ở các văn phòng cố vấn tại các trường trung học cấp 1 (middle schools)

Quý vị có câu hỏi ? quý vị có thể gọi hoặc điện thư cho các nơi sau đây:

- Học bổng đại học: 1-888-535-0747 hoặc điện thư tới collegebound@wsac.wa.gov
- Liên lạc trực tiếp với Courtney Cameron, Tư Vấn Giáo Dục ở số 206-239-1724, hoặc điện thư Courtney.cameron@seattlehousing.org

/ የኮሌጅ ስኮላርሽፕ ወይንም የነፃ የትምህርት ዕድል የመጨረሻው ቀን፡ ሰኔ 30 By Abdu Gobeni

የኮሌጅ ስኮላርሽፕ ወይንም የነፃ የትምህርት ዕድል እነሱትኛ ገቢ ላላቸው ወጣቶች የመጨረሻው ቀን በፍጥነት እየተቃረበ ነው (ሰኔ 30)። ይህንን የነፃ የትምህርት ዕድል ለማግኘት መስፈርቱን የሚያሟሉ የ 7ተኛ እና የ 8ተኛ ክፍል ተማሪዎች እስከ ሰኔ 30 ድረስ መመዝገብ አለባቸው። ተማሪዎች እንደ ግዜ ነው ማመልከት ያለባቸው።

የነፃ የትምህርት ዕድል በዋሽንግተን የህዝብ ወይም የግል የኒቬርሲቲ ወይም የማህበረሰብ፣የቴክኒክና የግል ኮሌጆችን የኦሪጎን አመት የትምህርት ክፍያን ይሸፍናል።

መስፈርት/ተገቢነት፡ ከዝህ በታች ከተዘረዘሩ መስፈርቶች ውስጥ አንዱን ወይም ከዚያ በላይ የሚያሟሉ የ 7ተኛ እና የ8ኛ ክፍል ተማሪዎች ማመልከት ይችላሉ።

- ቤተሰባቸው የምግብ እርዳታ ወይም የገንዘብ ጥቅማጥቅም ከመንግስት የምያገኙ ከሆኑ።

- የቤተሰቡ ገቢ በመርሃግብሩ መመሪያ በተቀመጠው መስፈርት ውስጥ የሚካተት ከሆኑ(ከዚህ በታች ያለውን ድረ ገጽ ይመልከቱ)።
- ልጅ/ልጅቷ በማደግ እንክብካቤ ወይም የመንግስት ጥገኛ ከሆኑ።

የነፃ የትምህርት ዕድል ለማግኘት ልጆቹ ከዚህ በታች ያሉትን ነገሮች ቃል ገብተው መፈጸም አለባቸው።

- ከዋሽንግተን ስቴት ሁለተኛ

ደረጃ ትምህርት ቤት በአጠቃላይ ነጥብ 2.0 ወይንም ከዚያ በላይ ማምጣት አለባቸው።(መደበኛ ያልሆነ ትምህርት ከሆነ መስፈርቱን አያሟሉም)።

- በወንጀል ያልተከሰሰና ጥሩ ዜጋ መሆኑን ያስመስከረ።

• ለፌደራል የተማሪዎች ድጋፍ የነጻ ማመልከቻ (FAFSA) የሞላ ወይንም ለስቴት የገንዘብ ድጋፍ የዋሽንግተንን ማመልከቻ (WASFA) የሞላ እና ተገቢነት ባለው መርሃግብር ወይም ኮሌጅ ተቀባይነት ያገኘ።

ከዝህ በታች በተዘረዘሩ መንገዶች ያመልክቱ:

- የማመልከቻ ቅጹን ኣንላይን ይህንን በመጫን ይሙሉ www.readyssetgrad.org/college/college-bound-scholarship-program

• ማመልከቻው በሁሉም መካከለኛ ደረጃ ትምህርት ቤቶች የአማካሪ ጽህፈት ቤት ይገኛል።

ጥያቄ አለዎት? ከዚህ በታች ባሉት መደወል ወይንም እሜይል መላክ ይችላሉ:

- የኮሌጅ የነጻ የትምህርት ዕድል: 1-888-535-0747 ወይም collegebound@wsac.wa.gov
- ኮዩርትን ካሜሩን, የትምህርት ስትራተጅ አማካሪ, 206-239-1724 ወይም Courtney.cameron@seattlehousing.org

No Somali translation this month. Our interpreter is on vacation.

OUR COMMUNITIES

STORIES FROM OUR FRIENDS AND NEIGHBORS

Learn to grow your own groceries this summer

Beans, cucumber and summer squash are easy to grow in raised beds or pots

BY ANZA MUENCHOW
Special to The Voice

The Pacific Northwest growing season is here, and growing some of your own groceries can be a fun and valuable past time. Home gardens can provide nutritious food and entertainment. I especially recommend food gardens for families where children can learn both where their food comes from and how delicious fresh vegetables can be.



Anza Muenchow

We are coming out of an especially cool, wet spring. As I write this there have been a few teaser sunny days that remind us that our typical warm, dry summer will eventually arrive. Long term predictions say a warmer than usual summer is on its way, so I am planting with this prediction in mind.

For all those warm season crops, the time to begin outdoor planting is anytime after Mother's Day which means now. Here are some suggestions for the easy and delicious crops you may want to try.

Some of the easier crops are beans, cucumber and summer squash. These seeds can be planted directly in your garden, though cucumbers and squash can be started in pots inside for transplanting outside later. These crops like very sunny spots and need plenty of water, at least twice a week. Watering does depend on soil type and the soil temperatures so don't let your soil get too dry. Never let these crops look wilted and always water the soil, not the leaves.

Beans will tolerate a less fertile soil as they can obtain nitrogen from the air with the help of the soil bacteria. They like being crowded. I love the French fillet bush beans for a quick early crop. However, they come on all at once and the second picking is often sporadic. But they are so delicious and easy to grow and pick. I try to freeze a few bags for winter soups.

The pole beans are a longer season crop and can be picked until October. Beans like tall poles that are at most one or two inches in diameter. Bamboo works well and you can also use heavy cord or wire fencing.

Cucumbers and squash are from the same plant family and have many forms. I like the long trailing types and train them using string trellises to grow on. They have few insect pests in our climate and last all summer till the rains start. Then they die of powdery mildew developing on the wet leaves. Good air circulation slows the powdery mildew, so give these plants more space.

I love the lemon cucumbers, though the long straight cucumbers are delicious and make better pickles. Bush squash like typical zucchini are quite prolific. Pick when they are small to keep the plant productive. If you don't pick often, the plants will just focus on the one big fruit and stop making any more. So check your cucumbers and squash regularly.

Winter squash need a longer season and they can just sprawl unattended all sum-



Gypsy Peppers are easy to grow and are popular in salads and stir-fries. Below, left, beds of tomatoes and peppers are nearly ready for harvesting. "Early" tomato varieties like Early Girl, Sungold and Stupice do well in our mild, shorter growing season.

PHOTOS BY ANZA MUENCHOW



mer. Harvest the winter squash when all the leaves have died back.

Truly the most popular are the Solanaceae family of vegetables: tomatoes, peppers, and the slightly more difficult to grow, eggplant. For these vegetables you will need to buy transplants in order to be successful.

Our tomatoes should be the 'early' varieties, like Early Girl, Sungold cherry, Stupice, or anything listed as requiring under 80 days to maturity.

For peppers, the Early Jalapeno and California Wonder varieties thrive in warm temperatures above 60 degrees but less than 90 degrees. We have lots of warm days, but not warm nights. Most of the heirloom varieties are grown in the Midwest or South where summer nights are much warmer.

With these cultural requirements, we can extend the tomato season by starting with transplants and setting them in the warmest place in a garden after mid-May.

Usually the shorter vining varieties (called determinate) produce sooner, but only grow a few tomatoes. The taller tomatoes which need staking are called indeterminate and produce dozens of tomatoes.

The cool rains of September and October will end the tomatoes' lives as they succumb to the dreaded blight disease. The black

spots travel quickly through the whole plant and the tomatoes are a rotten mess. Sadly, that is how every tomato season ends as our rainy season starts.

Tomatoes like soil with lots of loose compost and not too much nitrogen. As tomatoes are a fruiting plant, restrict nitrogen to avoid over-producing leaves. Their deep roots like a slow, heavy watering once or twice a week. Never allow water on the leaves. These delicious fruits can last on the vine if you can't pick regularly.

Cherry tomatoes are nice for snacking and Sungold is usually the favorite for children. I enjoy the larger red tomatoes for salads or sandwiches but also plant the saucing types like Roma Paste for freezing or drying.

Muenchow lives on Whidbey Island where she has a small farm and is an active Master Gardener. A frequent guest writer for The Voice, she also helps build food gardens in schools and at Whidbey Island Air Naval Station.

Annual RAC elections June 14

The Resident Action Council (RAC) will hold its annual election meeting from **1:30 to 3 p.m. on June 14** in the Jefferson Terrace meeting room at 800 Jefferson Street. A light lunch will be served prior to the meeting at 1 p.m. All residents of Seattle Housing Authority (SHA) are welcome to attend.

Five RAC officers and ten members-at-large will be elected at the meeting. A candidate's forum will precede the election and a celebration will follow. In order to vote, you must have attended at least one RAC meeting in the past year, and must live in an SHA, Housing Choice Voucher program or Seattle Senior Housing Authority property. Results will be announced at approximately 3 p.m.

RAC is a citywide organization of public housing residents who work together to improve Seattle's communities. RAC meets the second Wednesday of each month in the Jefferson Terrace Community Room, 800 Jefferson St. Attendees receive free bus tickets and RAC will reimburse carpool driver's mileage. If you have questions or need an interpreter call 206-367-3023 or email residentactioncouncil@yahoo.com.