



A community-based newspaper serving the Puget Sound area since 1981



# The Voice

February  
2018  
Articles translated  
into six languages

The newspaper of Neighborhood House — visit our website at [www.voicenewspaper.org](http://www.voicenewspaper.org)

## Second annual Women's March draws thousands

BY VOICE STAFF

Exactly one year to the day after President Donald Trump was sworn in, people around the country again participated in the Women's March to help highlight issues affecting women and minorities, and display rebuke for Trump administration policies.

Locally, thousands of men, women and kids walked from Capitol Hill to Seattle Center, many toting signs advocating justice and equality for everyone. Peppering the Seattle route were participants carrying signs including, "Look back, march forward," "Vote," "Fund science, not walls!" and "Equal pay. Equal rights."

Seattle Mayor Jenny Durkan spoke at the opening rally and took direct aim at what she called blatant racist and sexist comments made by the president during his first year in office. Speaking before a sea of supporters, she also vowed to stand up and protect Seattle as a sanctuary city. The president has threatened to withhold federal funding for all cities that do not actively engage with federal immigration officials.



PHOTO BY WARD WRIGHT

## Help end homelessness by attending May conference

BY KRISTIN O'DONNELL  
SHA resident

Are you a Seattle Housing Authority resident who's actively involved in your resident council, local social justice organization or trying to better your community through service?

If so, the Resident Leadership Development Team would like to send you to the 2018 Conference on Ending Homelessness May 22-23 in Yakima.

The conference is an annual event presented by the Washington Low Income Housing Alliance that brings together hundreds of people from across our state and region who are working to end homelessness.

Please see "Conference" on Page 3

## A conversation with Seattle Mayor Jenny Durkan

**Editor's note:** Since being sworn in as mayor of Seattle on Nov. 29, 2017, Jenny Durkan has made it a mission to make affordable housing a priority and find solutions to our city's homelessness crisis. She took time out of her busy schedule to respond to questions from *The Voice* Editor Nancy Gardner.

**Q: Could you define affordable housing?**

A: The United States Department of Housing and Urban Development has noted that households are burdened if more than 30 percent of their income is devoted to rent and utilities. A recent analysis conducted for the Seattle Housing Affordability and Livability Agenda committee found that about 10,000 households (renters and owners) earning between 30 to 50 percent of Area Median Income are spending more than half of their income on housing costs.

It's unconscionable that any family in our city should have to pick and choose which utilities they can afford to pay, or if they will be able to feed their loved ones or get needed medical care, which is why it's a priority for my administration to build more permanent affordable housing, establish a new rent assistance program, and help reduce living expenses for our low-income neighbors.

**Q: Some say Seattle has a reputation for being kind to its homeless population, which is why many say they moved here. What do you feel about some organizations that send its homeless essentially back to where they're from, where they might have a network of family or friends who can help support them?**

A: We are a generous and compassionate city. Too many people have been left behind

in our affordability crisis, including disproportionately people of color and those who identify as LGBTQ—especially among the youth homeless population. Many have a history of domestic violence abuse or experience with foster care.

We must do more to ensure that the city resources are an investment in real, tangible benefits: compassionate and low-barrier temporary shelters, better and quicker pathways to homes, meaningful mental health and addiction treatment, and holistic support services.

I believe that that is our responsibility to our fellow citizens and that this holistic approach will go a long way toward helping to resolve this crisis.

**Q: In a news release, you mentioned a pilot Seattle Rental Housing Assistance Program would be created—this pro-**

**gram will aim to provide subsidies for people while they wait to be called off the waitlist. How will this help?**

A: First, I believe we have to create more permanent affordable housing solutions, which is why I announced more than \$100 million in new projects to help build nearly 900 new homes.

While we're working to create thousands of new permanent affordable housing units in Seattle, we should maximize housing options for those on the verge of homelessness.

Nearly half of the 1,027 households that received a Housing Choice Voucher in the 2015 lottery experienced homelessness at some point during their time on the waitlist. Fifteen percent of households were housed when placed on the waitlist and became homeless prior to receiving a voucher.

Please see "Mayor" on Page 6

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# Health Notes

**R** A column devoted to your well-being

## Flossing lately? Teeth are vital to overall health

BY NEIGHBORCARE HEALTH

Your teeth and gums are part of your whole body, right? So don't forget to take care of them. Research shows that the health of your mouth reflects the health of the rest of your body.

### Healthy mouth = healthy body

Studies have shown a strong connection between gum disease and other health issues such as stroke and heart disease.

Pregnant women who have gum disease tend to have more problems with their pregnancies. As many as 90 percent of people with chronic illnesses such as diabetes, heart disease, kidney disease, some cancers and other diseases also have oral health problems. These symptoms include sores in your mouth, swollen and bleeding gums, dry mouth, tooth pain and more. If you see a dentist regularly, they may be able to help identify other possible health problems.

### How often should you see a dentist?

It's a good idea to have regular dental checkup appointments twice per year (unless your dentist tells you differently). At a dental checkup, the dentist will check the overall health of your mouth and a dental hygienist will clean your teeth and gums. Regular checkups not only help you stay healthy but also give your dentist a chance to identify problems, such as cavities, before they get worse. Finding and taking care of cavities and other problems are important and can help prevent infection, pain, tooth loss and other problems in the future.

### Taking care of your teeth between visits

Going to the dentist twice a year is important, but not enough to keep you and your mouth healthy. Key ways to reduce oral health problems and prevent gum disease and cavities include:

- Brushing your teeth two times a day for two minutes with toothpaste
- Flossing regularly
- Eating healthy foods full of vitamins and nutrients, and fewer sugary foods
- Avoiding all tobacco products, such as smoking and chew—they contribute to gum disease and cancer

### Five surprising myths about your teeth

Know the facts to keep your teeth healthy and avoid painful problems.

**Myth 1: No need to worry about baby teeth—they fall out anyway. FALSE**

Baby teeth are critical to the development of permanent adult teeth, so take care of them! Untreated cavities or losing baby teeth too early can cause serious problems later.

**Myth 2: Cavities are always painful. FALSE**

You may not feel small cavities, but a dentist can find them. Once a cavity becomes painful, it often means you need to have a root canal or to pull out the tooth. The earlier a dentist finds cavities, the easier they are to fix.

**Myth 3: Crackers, raisins and fruit gummy snacks are always healthy snacks for teeth. FALSE**

Snacks that are sticky, sugary (even if made from fruit) or starchy can promote cavities. Healthy snacks for your teeth include cheese, nuts, unprocessed fruits and veggies.

**Myth 4: If you brush your teeth harder and more often, you can avoid cavities and the dentist. FALSE**

Brushing harder and too often can wear away your gums and teeth, and won't get rid of cavities you already have. Gently brush your teeth and gums for two minutes with fluoride toothpaste, two times a day. (And definitely do not skip seeing the dentist!)

**Myth 5: The reason most people get cavities is because they have soft teeth. FALSE**

Very few people have soft teeth. People get cavities based on foods they eat, bacteria in their mouths, how well they care for their teeth and other factors. Regular visits to a dentist can help you understand your risks.

### How to find a dentist

Finding a dentist that accepts your health insurance or provides low-cost dental services can be hard. Neighborcare Health can help. We offer dental care services for low-income and uninsured patients in Northgate, Wallingford, Central District, Beacon Hill (in the Pacific Tower), Georgetown, Rainier Beach and High Point (West Seattle).

We also offer dental care services at many of our school-based health centers in Seattle Public Schools. We accept most insurance, including Apple Health (Medicaid) and offer discounted fees based on family size and income. Visit [neighborcare.org](http://neighborcare.org) to find a dental clinic near you.

You can also call 2-1-1 from your phone for the Washington Information Network 211.

*Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for almost 50 years. More information is available at [www.neighborcare.org](http://www.neighborcare.org).*

# Be Safe

*Seattle's diversity is a strength; let's keep it that way*

BY MINH NGO  
Project Coordinator

If there is one constant in this city's history, it is that Seattle is a mix of people, cultures and religions with one of the highest levels of ethnic diversity in the Pacific Northwest. Washington is one of the top refugee resettlement states in the country.

In the 1970s Vietnamese, Cambodian and Laotian refugees began arriving in the Seattle area. More recently, refugees have come in large numbers from Eastern Europe, the Middle East and East Africa.

Working with various neighborhoods all over the city, Seattle Neighborhood Group's crime prevention coordinators have discovered many notable misconceptions between different ethnic groups in our very own city.

Like many major American cities, there are distinguished divisions, marred by racial prejudices.

Most people can acknowledge that discrimination has an underhandedly deteriorating effect on the lives of all communities, even when it is not explicit, aggressive or intentional. Problems arise when these biases profoundly and harmfully affect the day-to-day interactions of our residents and neighbors.

### What is racial prejudice?

To be racially prejudiced means to have an unfavorable or discriminatory attitude or belief toward someone else or another group of people primarily on the basis of skin color or ethnicity.

For example, a certain group of people may be prejudiced when they believe another group to be responsible for all crimes happening in their neighborhood. Or, a person is prejudiced if he or she believes someone from another ethnic group is inferior because they don't speak the same language as the first person.

### Why is racial prejudice harmful to the community?

No matter what part of the world you are from or what culture you identify with, you have seen or heard the results of racial prejudice even if you have not felt or experienced it directed toward yourself. You can find it in virtually every aspect of society: in the media, in local government, in school, in the workplace, in your neighborhood and on your block.

You can see it in stereotypes, violence, hate crimes, inadequate funding for public educational services, unemployment, and disproportionate numbers of African-Americans incarcerated. Whether you are a member of the majority or the minority community, harboring racial prejudices



toward another fellow community member on the basis of their ethnicity means you're participating in and helping to perpetuate racial stereotypes.

Believing someone or a whole group to be naturally violent or inferior also means you are taking away your chance to communicate and to learn about their culture. This is especially unfortunate if you live or work in close proximity to each other.

What often comes with miscommunication is distrust. When you don't communicate with your neighbors, you can't trust each other. And when there's no trust, there's no support or assistance from either side. In other words, you are impeding their ability to achieve their full potential as a human being and to contribute as a community member. By taking away their potential contributions to your community, you may weaken your community as a whole.

As Seattle becomes more diverse and the world's residents more mobile, we must address racial prejudices intentionally and move beyond the 'us vs. them' mentality.

Whether as individuals or as a community, let's communicate, get to know one another and keep our neighborhood safe together.

Why not start making new friends on Saturday, Feb. 10, as Seattle celebrates Neighbor Day. It's a chance to reach out and connect to your neighbors and indulge in random acts of kindness.

Consider going for a hike together, have a book or plant exchange, or just enjoy a cup of coffee—you might discover you have more in common than you realized.

*Seattle Neighborhood Group educates, organizes and collaborates with residents, businesses, government entities and other organizations to create safe communities through equitable engagement, with a focus on underserved populations. Contact Minh at 206-323-9666 or [minh@sngi.org](mailto:minh@sngi.org).*

### The Voice

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Kristin O'Donnell

The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House or Seattle Housing Authority. We welcome articles and tips from the community and reserve the right to edit all submissions. The Voice is published online at [www.nhwa.org](http://www.nhwa.org) and at [www.voicenewspaper.org](http://www.voicenewspaper.org)



## Get help paying for college

### Scholarships and financial aid are available for students

By SHA STAFF

The Seattle Housing Authority will award two, and possibly more, \$1,000 Dream Big! Scholarships to students who plan to attend college in the 2018-2019 academic year.

Successful applicants will demonstrate a desire to further their education and an ability to succeed based not only on academic achievement but also qualities such as persistence and non-academic experiences. See information below on how to apply.

Students age 21 and under who are living in SHA housing or using a Housing Choice Voucher are eligible.

#### The deadline to apply is March 31.

Anyone considering attending college should also complete the Free Application for Federal Student Aid. The FAFSA can help access money to pay for school (technical or vocational school, community college, university) in the form of grants, scholarships, work study and loans. Start

the FAFSA application today at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

#### Six facts about federal student aid:

1. Around 20 million students complete the FAFSA each year. No matter the household income, the FAFSA is the first step to receiving help paying for college.
2. Those who complete the FAFSA earlier often receive more aid. While there is no deadline to apply, some sources are first-come, first-serve.
3. Good grades are not a requirement. A student's GPA is not used to determine federal aid.
4. The FAFSA is not just for high school students—it is open to any age.
5. Students can use federal aid for many types of education. Federal aid is accepted at most places. Complete the FAFSA now, even if the school is unknown. Schools will use the FAFSA to determine the aid package.
6. The FAFSA is free to complete. Beware

of anyone trying to charge a fee for completing the FAFSA.

The Dream Big! Scholarship application and additional information about the FAFSA can be found online at [www.seattlehousing.org/scholarships](http://www.seattlehousing.org/scholarships).

For more information about the Dream Big! Scholarship program call Lily Sweeney at 206-239-1528 or email [lily.sweeney@seattlehousing.org](mailto:lily.sweeney@seattlehousing.org).

For more information about the FAFSA, students can call or text Caitlin Reddy, SHA College Navigator, at 206-886-8413 or email [caitlin.reddy@seattlehousing.org](mailto:caitlin.reddy@seattlehousing.org).

### Feb. 14 RAC meeting

Lisa Wolters, Director of Intergovernmental Relations for Seattle Housing Authority, will be discussing key housing-related legislative issues at the Feb. 14 Resident Action Council meeting.

Between 2005 and 2014, Wolters was SHA's Director of Housing Advocacy & Rental Assistance Programs, where she led operations for the Housing Choice Voucher program.

All Seattle Housing Authority residents are welcome to attend and join in on the discussion which begins at 1:30 p.m. A light lunch will begin at 1 p.m.

RAC meets the second Wednesday of each month in the Jefferson Terrace Community Room, 800 Jefferson St.

Attendees receive free bus tickets and RAC will reimburse carpool driver's mileage.

## College scholarship for immigrant and refugee students graduating in June 2018

### Sheng-Yen Lu Foundation awards several Lotus Scholarships of \$1,500, renewable for three additional years

By VOICE STAFF

The Lotus Scholarship is awarded to students living in King, Pierce and Snohomish counties who have immigrated to the United States within the last four years.

The purpose of the scholarship program is to give financial support to immigrant and refugee students who are pursuing post-secondary education, regardless of the students' immigration status.

Each year the Sheng-Yen Lu Foundation awards several Lotus Scholarships of \$1,500, renewable for three additional years.

To be eligible for this year's scholarship, the student must have moved to the United States after June 15, 2014. **The deadline to apply is March 15.**

This is a competitive program and students will be asked to interview with a committee from the SYL Foundation as part of the application process.

Scholarship application details will be kept strictly confidential and will not be shared with any individuals or agencies outside of the SYL Foundation.

Guided by the principles of Buddhism and the teachings of Living Buddha Lian Sheng, the Foundation is driven by the belief that the practice of compassion is an essential part of Buddhism.

While the Foundation is motivated by Buddhist principles, its mission and reach

encompasses people of all faiths.

More information about the program, including scholarship information and eligibility is available at [www.sylfoundation.org/english/what-we-do/lotus-scholarship-program/](http://www.sylfoundation.org/english/what-we-do/lotus-scholarship-program/).

## 2018 Vietnamese Lunar New Year Celebration

Come join New Holly Residents in celebrating Tết! Tết marks the Lunar New Year Celebration for the Vietnamese community and is our most important holiday!

### Year of the Dog!

**When: Sunday, February 18th, 2018 from 3:00 p.m. – 6:00 p.m.**

**Where: New Holly Gathering Hall - 7054 32nd Ave South, Seattle 98118**

**Bring: Your family and friends!**

There will be Food, Cultural & Traditional Ceremonies, Musical Performances, Lion Dances, Martial Art Demos

Kính mời đồng hương đến chung vui Tết với New Holly

Vào: **Chủ Nhật, ngày 18 tháng 2 từ 3 đến 6 giờ chiều**

Tại: **Hội trường New Holly Gathering Hall**

7054 32nd Ave South, Seattle 98118

Chương trình vui Tết bao gồm Ẩm Thực, Tế Lễ Cổ Truyền,

Múa Lân, Văn Nghệ, Chúc Thọ, Li Xi...

Xin mời bà con đưa gia đình đến tham dự

Mọi chi tiết liên lạc:

Khanh Nguyen: (425)445-8478

Do Nguyen: (206)602-0690



### Conference

Continued from Page 1

Conference attendees meet for two days to learn from each other, exchange ideas and share advice, get inspired and re-energized, and organize to grow the movement to end homelessness in Washington and beyond. You'll also learn how to be an effective advocate for the needs of your community.

In order to be eligible to attend the conference, you must either live in a community with a duly elected resident council or be a voting member of the city-wide Resident Action Council. Voting members of RAC are SHA public housing or HCV holders who have attended at least one RAC meeting in the previous 12 months. RAC's next meeting is Feb. 14 at 1 p.m. at Jefferson Terrace.

**Applications are due by March 16** and are available from SHA Community Builders Ellen Ziontz, 206-239-1625, [ellen.ziontz@seattlehousing.org](mailto:ellen.ziontz@seattlehousing.org) or Andy Chan, [andy.chan@seattlehousing.org](mailto:andy.chan@seattlehousing.org), 206-239-1530. Applications will be reviewed, finalists interviewed and conference attendees chosen and notified by the first week in April.



## Free lunches for kids, MOHAI events, job search support and Spanish cultural meetings

### Free meals for kids and teens at three library locations

The Seattle Public Library has partnered with Food Lifeline, Boeing and the USDA to bring healthy and kid-friendly foods to three Library locations. Free after school meals will be available for all youth ages 18 and under through June 22.

#### Meal Schedule

- Broadview Branch, 12755 Greenwood Ave. N., 206-684-7519  
2:45 p.m. to 3:45 p.m. every weekday except Wednesdays (early dismissal), when meals are 1:15 p.m. to 2:15 p.m. (new 2018 times)
- High Point Branch, 3411 S.W. Raymond St., 206-684-7454  
2:45 p.m. to 3:30 p.m. every weekday
- South Park Branch, 8604 Eighth Ave. S., 206-615-1688  
3:45 p.m. to 4:15 p.m. every weekday

All kids are welcome—no proof of income, address or citizenship is ever required. Kids Cafe meals are specifically selected to appeal to kids' notoriously picky palates and to meet their special nutritional guidelines.

### Looking for a job but have a conviction history? Get help at workshop in March

Formerly incarcerated individuals can get help applying for employment at an upcoming workshop on March 21 from 5:30 to 7:30 p.m. at The Seattle Public Library.

The workshop will provide preparation tips and strategies to answer criminal background questions. Library events are free and open to the public. Registration is not required.

Central Library, 1000 Fourth Ave., Level 4, Howard S. Wright Family & Janet W. Ketcham Meeting Room 2, 206-386-4636.

### 'El Club Latino' meetings share Latin American culture

The Seattle Public Library offers a monthly culture club for the Spanish-speaking community and those interested in learning about Latin American culture. Meetings take place in Spanish at the Central Library, 1000 Fourth Ave., Level 4, PACCAR Inc. Meeting Room 5, 206-684-0849. Library events and programs are free and open to the public. Registration is not required.

Times and dates for the meetings are as follows:

- 3 p.m. to 5 p.m. Saturday, Feb. 24
- 3 p.m. to 5 p.m. Saturday, March 24

### Learn about local history at MOHAI's History Café this winter

Every third Wednesday of the month, The Seattle Public Library co-presents History Café: evening presentations and panel discussions on Seattle and Pacific Northwest history at the Museum of History and Industry (MOHAI), 860 Terry Ave N., in the museum's Compass Café.

Library events and programs are free and open to the public. Registration is not required. Dates, times and locations for upcoming History Café events are as follows:

- How minority men and tradeswomen won justice on the job site—6:30 p.m. to 7:30 p.m. Wednesday, Feb. 21

Civil rights and labor activists in the 1960s and 1970s broke down barriers for women and workers of color in the construction industry, opening a pathway to historically inaccessible jobs. Join Conor Casey, head of the University of Washington Labor Archives, to learn how Seattle workers fought for justice on the job through the lens of the collections that document this history.

- Capturing Bertha & the Biggest Tunnel in the World through Photography—6:30 p.m. to 7:30 p.m. Wednesday, March 21

Photographer Catherine Bassetti captured one-of-a-kind photos and videos of the State Route 99 tunnel project, from hundreds of feet up in the air to hundreds of feet underground.

# Apply for the Seattle Youth Employment Program

*Deadline nears for summer internships with City of Seattle departments and other partners*

BY CITY OF SEATTLE

The Seattle Human Services Department Seattle Youth Employment Program provides internship opportunities for youth and young adults in our community—with a focus on young people from lower-income households, and communities that experience racial, social and economic disparities.

**Internship applications close Feb. 16,** and summer internships run from July 11 through Aug. 21.

To be eligible, applicants must be a low-income resident of Seattle, and be between ages 16 to 24. A demonstrated ability to be responsible, determined and committed to completing job readiness trainings and orientations is also required.

Due to the limited number of internships, applications will be offered based on a lottery and job placements are not guaranteed. Apply online using a smart phone, desktop computer, laptop, or tablet.

The application materials are available at <https://web6.seattle.gov/HSD/YouthConnect/Application>.

If you would like to recommend a youth or young adult to the SYEP, or if you have questions, phone 206-386-1375, or email [youthservices@seattle.gov](mailto:youthservices@seattle.gov).

By promoting work readiness and strengthening career development, SYEP helps to prepare and support youth and young adults for real world jobs by providing them with opportunities to develop the skills necessary to be competitive in the job market.

## RAINIER VISTA Lunar New Year Celebration MÙNG TẾT NGUYÊN ĐÁN MẬU TUẤT 2018



HAPPY NEW YEAR - YEAR OF THE DOG  
PLEASE COME JOIN US

**Saturday, February 24<sup>th</sup> from 12:00-3:00 pm**  
**SNOQUALMIE ROOM**  
**2917 South Snoqualmie St, Seattle, WA 98108**  
**CULTURAL POT LUCK & FREE MUSIC**

~~~~~  
**Thứ Bảy ngày 24 tháng 2, từ 12 giờ đến 3 giờ chiều**  
**SNOQUALMIE ROOM**  
**2917 South Snoqualmie St, Seattle, WA 98108**

XIN MANG THỨC ĂN ƯA THÍCH CỦA MÌNH ĐẾN ĐỂ CÙNG CHIA SẺ,  
CHÚC TẾT VÀ NGHE NHẠC

**MỜI MỌI NGƯỜI CÙNG ĐẾN CHUNG VUI TIỆC XUÂN**

Liên lạc ( tiếng Việt): **Phung Nguyen: (206) 461 - 4568 Ext. 4115 / (206) 353-5985**  
Contact ( English): **Jen Calleja (206) 495 - 1615**



Phung Nguyen

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PHOTO COURTESY OF MICHAEL MAGGS / WIKIMEDIA COMMONS

### About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority. The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in Seattle Housing Authority communities.

If you'd like to submit an article, or if you have a question about anything you've read in this publication, please contact Editor Nancy Gardner at 206-461-8430, ext. 2051 or by email at [nancyg@nhwa.org](mailto:nancyg@nhwa.org).

All submissions are subject to editing for accuracy, style and length.

## It's easy being green

### What to do with hazardous waste and disposable diapers



*Editor's note: Each quarter, The Voice asks sustainability experts at Seattle Housing Authority to identify the most pressing issues in recycling and garbage services.*

*If you have questions about recycling, composting or other environmental topics, send them to [GreenQuestions@seattlehousing.org](mailto:GreenQuestions@seattlehousing.org).*

*We might feature and answer your question in the next column.*

BY BOBBY COLEMAN

Sustainability Supervisor, SHA

Greetings Readers! As part of our ongoing series about how residents can become more knowledgeable about recycling, composting and other environmental topics, this month we're focusing on two common problems: what to do with hazardous household wastes and what to do with disposable diapers.

*Q: What are household hazardous wastes? How can I dispose of them?*

A: Great question! The Environmental Protection Agency considers some leftover household products that can catch fire, react or explode under certain circumstances, or that are corrosive or toxic, as household hazardous wastes.

In Seattle, you can dispose of household hazardous waste items at either the North or South Household Hazardous Waste Facility. Accepted products include household cleaners; lawn and garden products; oil based paints, thinner and stains; as well as flammable liquids like gasoline or used and unused motor oil.

Additionally, these centers also accept mercury-containing thermostats and thermometers, fluorescent tubes and bulbs. Items that are not accepted at your local hazardous waste facility include ammunition, fireworks, televisions, computer monitors and electronics, medical sharps (needles) or asbestos-containing materials.

If you have further questions about facility locations or accepted items, call the Household Hazards Line at 206-296-4692, 9 a.m. to 4:30 p.m. Monday through Friday, or visit [www.HazWasteHelp.org](http://www.HazWasteHelp.org).

*Q: Are disposable diapers compostable?*

A: No, disposable diapers are not compostable – once used, they should be placed in the garbage.

Disposable diapers are not made of just paper; they often contain petroleum-based plastic and chlorine-bleached wood pulp.

In addition – diapers should not be flushed down the toilet, King County Wastewater Treatment Division advises against flushing anything down the toilet besides toilet paper and human waste.

You might want to consider a diaper service that delivers clean, sanitized cloth diapers and removes soiled ones as an alternative to adding disposable diapers to landfills.

The Union of Concerned Scientists has estimated about 20 billion diapers are thrown into landfills every year. And a 2016 study by the Environmental Protection Agency found that diapers made up 3.5 million tons of waste, or 2.1 percent of U.S. garbage in landfills that year.

## Community invited to comment on the future of recycling, transfer facilities and disposal

BY KING COUNTY SOLID WASTE

King County is working together with the cities in our county to develop a plan for how to manage our garbage and recycling for the next 20 years. The plan provides direction for how King County and the cities will provide the services customers expect while keeping fees as low and stable as possible.

A draft plan and a draft Environmental Impact Statement that evaluates the potential environmental impacts of options in the draft plan are ready for public review and comment.

The draft plan outlines innovative programs to prevent, recycle and dispose of waste in ways that help protect human health and the environment. The draft EIS evaluates the potential environmental impacts of options in the draft plan.

The draft plan addresses many topics, however, there are three big issues ahead that will affect everyone in King County:

- King County has a goal to recycle 70 percent of our waste stream. Currently we recycle 52 percent of our waste stream. What actions should we take to reach our 70 percent goal?
- What are the most important services that should be provided at King County's garbage and recycling transfer facilities, including facilities in northeast King County?

- How should King County dispose of its garbage over the long term?

To learn more about the draft plan, visit [www.kingcounty.gov/solid-waste-comp-plan](http://www.kingcounty.gov/solid-waste-comp-plan) to review the Notice of Availability, the draft plan and draft EIS, see short videos outlining the issues and fill out a brief survey.

**Here's how you can comment:**

- Complete a short on-line survey. Your comments will inform policy makers whose decisions will guide how garbage and recycling are managed in our county in the future
- Send an email with your comments to [SWD.CompPlan@kingcounty.gov](mailto:SWD.CompPlan@kingcounty.gov)
- Send a letter via U.S. Mail to: King County Solid Waste Division Attn: Draft Solid Waste Plan Comments 201 S. Jackson St., Suite 701 Seattle, WA 98104-3855

**The deadline to submit comments on the draft plan and draft EIS is March 8.**

## Get cleaner air in your home

*The American Lung Association is offering free home checkups for Seattle residents*

BY DANIELA VEGA

American Lung Association of Wash.

Did you know that indoor air quality can be up to five times more polluted than outdoor air? We may not realize the hidden dangers lurking inside our own homes and the steps we can take to reduce our exposure.

The American Lung Association has resources and programs that can help. Seattle residents can schedule a free **Healthy Home Check-up** through the Master Home Environmentalist program. Experienced staff will conduct an in-home assessment on environmental health hazards specific to your home or apartment that affect indoor air quality.

**To participate, please call 206-512-3294 or email [mhe@lung.org](mailto:mhe@lung.org).**

A variety of harmful pollutants including molds, mildews, carbon monoxide, radon, formaldehyde, asbestos, lead, secondhand smoke, allergens and chemicals have the potential to mix together in our homes to create polluted air.

This toxic soup of air pollutants can lead to an increase in asthma rates, asthmatic attacks, and exacerbations of other lung diseases like chronic obstructive pulmonary disease.

The good news is that there are simple behavioral changes you can make to reduce your exposure such as taking your shoes off at the door, vacuuming regularly, and opening your windows every day for 10-20 minutes to flush out the stale air and bring

in the fresh air.

Removing your shoes at the door and using a mat will reduce the amount of track-in dust and dirt you bring inside the home. Seattle residents who sign up for a Healthy Home Checkup will receive a complimentary mat to help get you started on your way to achieving a healthier home.

Dust can contain some harmful stuff including lead, asbestos, pesticides, dust mites, mold spores, carcinogens and more. Taking your shoes off at the door has been found to be the most effective way to reduce lead by nine to 13 times.

And a high-quality mat reduces lead by five to six times. Exposure to dusty materials may cause chronic congestion, increase the risk of allergies, increase the incidence of asthma attacks and result in learning disabilities.

Infants and toddlers in the home not only inhale dust, but also ingest twice as much dust as adults when they are crawling around the floor making them much more exposed. Vacuuming, damp dusting and mopping once a week can help to reduce dust and your family's exposure to it.

During the winter, it's important to make sure you're still ventilating your home every day to flush out the stale air we tend to seal up when it gets cold out. It's also ideal to have the temperature in your home around 65 degrees or higher.

Maintaining this temperature will help reduce cold zones in the home. Moisture in the air tends to gravitate to cold zones resulting in increased humidity in these

areas of the home. Cold air can retain more moisture than warm air so it's important to minimize cold zones. Condensation on the inside of your windows can be an indicator of high humidity. Ventilate your home every day and use exhaust fans in the kitchen and bathroom to reduce humidity levels.

Mold is another issue that increases during winter. Mold can cause respiratory problems and trigger asthma attacks. Mold spores are everywhere—on your clothes, in your office, in your car and in your home. Mold spores become an issue when they find the perfect environment to thrive and colonize.

Mold needs two things to survive: something to eat (dust or paint chips) and water to drink (usually in the form of moisture in the air). Ideally humidity levels in your home should be kept between 30 to 50 percent to reduce mold growth and prevent dust mites from thriving.

The best and easiest way to remove visible mold is using soap and warm water. Please do not use bleach because the idea is not to kill the mold, but rather to address the fundamental reason why mold is thriving. It's also important to note that the vapors from bleach can be harmful to the lungs and irritate the skin.

Interested in learning more on reducing your exposure to health hazards in the home? Schedule a free Healthy Home Check-up through our Master Home Environmentalist program. Visit [www.wamhe.org](http://www.wamhe.org) for more information or call 206-512-3294.

## Seattle Public Utilities is offering waste prevention grants

BY SEATTLE PUBLIC UTILITIES

Seattle Public Utilities is now accepting applications for matching grants for community projects focused on waste prevention.

Waste prevention means creating less waste by buying and using less, using reusable items and sharing or donating items so others can use them. When we prevent waste, we help the environment, protect public health, build community and save money.

**Grant program objectives include the following:**

- Support community leadership and innovation around waste prevention
- Increase community access to waste prevention opportunities
- Reduce the amount of materials going to waste in Seattle

**Funding:**

- There is a total fund of \$100,000 to award for the 2018-19 grant cycle
- Grant requests may range from \$2,000 to \$15,000

**Schedule:**

- **The application deadline is Feb. 23**
- Decisions will be made in April

**Who should apply:**

Nonprofits, community and neighborhood groups, businesses, schools, colleges and universities, housing institutions, youth and children's programs, individuals age 18 or older.

Visit [www.seattle.gov/util/AboutUs/SPUandtheEnvironment/](http://www.seattle.gov/util/AboutUs/SPUandtheEnvironment/) to apply or call 206-386-9791.

# COMMUNITY RESOURCES

**Mayor**  
Continued from Page 1

I'm proposing creating a two-year pilot to help households with incomes between 0 and 50 percent of AMI who are on the wait-list for a Housing Choice Voucher. These households will be identified as those most at risk of homelessness, screened according to a Vulnerability Assessment used in prevention programs funded through the city's Human Services Department. I'm hopeful the City Council will pass my proposal.

**Q: You're a native of the Seattle area, but most people might not be aware of the time you spent after graduating from the University of Notre Dame when you moved to remote western Alaska. What drew you there?**

A: Despite being paid \$35 per month, one of the best jobs I had was as an English teacher and basketball coach in St. Mary's, a remote Yupik fishing village in Alaska. I went as teacher, but was just as much a student. The families, students and friends taught me much over two years.



Jenny Durkan

The culture, pace and lifestyle were so different from anything I had experienced. The isolation of the COLD winters (hovering below zero), long, dark nights, and snowy tundra was outweighed by the warm friendships, wise friends and sheer beauty of the land and people.

Teaching was wonderful. Few things beat seeing a student's eyes light up when they were able to overcome a challenge, or the excitement of an athlete who finally gets it. Their hard work and perseverance inspired me.

I know firsthand the important role educators play in cultivating the academic, social and emotional success of our youth.

My hardest job was when I stayed in St. Mary's to be a baggage handler for Wein Air Alaska. As the only woman working the job, I was put through the paces and given the toughest tasks. However, after a summer, I could unload jets full of cargo, pickup onboard engines, and fix the forklift engine. The crew became good friends and being a dues-paying Teamster helped me pay for law school.

**Q: Following the Golden Globe Awards, the buzz going around is that Oprah Winfrey might run for president. What do you think about this?**

A: Wow! Wasn't her speech inspiring? #Oprah 2020, I'm in! I love presidents whose names start with 'O'.

**Free yoga, meditation and Zumba classes at Seattle Center**

BY SEATTLE CENTER

Seattle Center offers revitalizing, effective and fun weekly Winter Fitness sessions through March 28. The free yoga, meditation and Zumba classes allow participants to strengthen and tone muscles, increase range of motion and breathe through life's stresses.

The following drop-in sessions are open to all ages and experience levels:

**Zumba Class**, with Bonnie Wang, Wednesdays, 6 p.m.—7 p.m., Armory Stage. Exhilarating Latin music, world rhythms, West African, belly dance, dance hall, pop and classic rock fuel the movement.

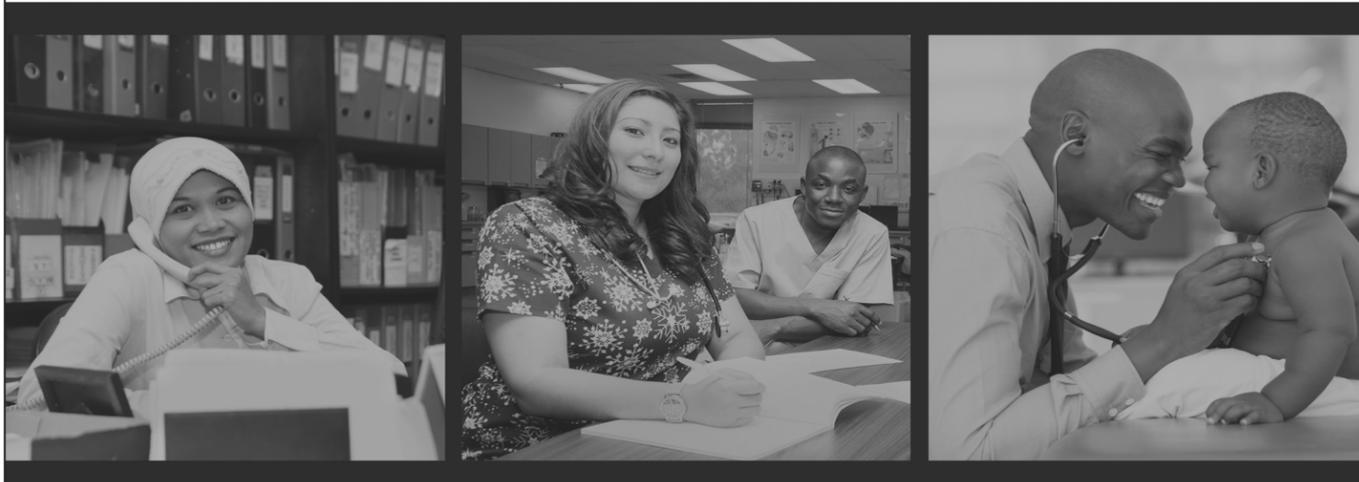
**Meditation and Relaxation Class**, with Gautam Katta, Bhadresh Prajapati and Lakhshya Bansal, Wednesdays, 7 p.m.-8 p.m., Armory Room Loft 1. The Heartfulness Meditation practitioners offer simple and practical techniques to relax and calm your mind. In a few minutes, you will learn how to feel the lightness and joy of your inner presence, turning your attention towards your heart.

**Gentle Yoga**, with Maggie Cole, Wednesdays, 7:30 p.m.—8:30 p.m., Armory Stage. This is a class for everyone, no matter age or fitness level. Gently stretch your body and breathe your stress away while having fun. The class focuses on fluid movements to increase range of motion and increase joint and muscle flexibility. Bring your own yoga mat.

For more information visit [www.seattlecenter.com/fitness](http://www.seattlecenter.com/fitness) or call 206-684-7200.

## CareerConnect

This new, FREE, short-term, industry-specific job training program trains entry-level job seekers in the Healthcare and Manufacturing Sectors and matches them with employment opportunities and a path for career advancement.



**Program Details**

- FREE, rapid, industry-specific training in Healthcare or Manufacturing
- Performance skills coaching
- Connection to and assistance navigating support services
- Job placement assistance with employers dedicated to your career growth

**Eligibility**

CareerConnect is available at NO COST to eligible participants! Requirements include:

- City of Seattle Resident
- SNAP/BFET eligible
- Eligible to work in the United States
- Age 18 or older
- Meet low income guidelines

| Persons in Family | SJI 200% Poverty Guideline - 3 Month |
|-------------------|--------------------------------------|
| 1                 | \$6,030                              |
| 2                 | \$8,120                              |
| 3                 | \$10,210                             |
| 4                 | \$12,300                             |
| 5                 | \$14,390                             |
| 6                 | \$16,480                             |

This institution is an equal opportunity provider

**For more information, call a Career Navigator:**

Healthcare - Neighborhood House  
206.483.5114 | Ted

Manufacturing - Pacific Associates  
206.728.8826 ext 710



[www.seattlejobsinitiative.com](http://www.seattlejobsinitiative.com)

**Community Notes**

**New task force formed to find causes and solutions to homelessness**

BY KING COUNTY EXECUTIVE

King County Executive Dow Constantine, Seattle Mayor Jenny Durkan, and Auburn Mayor Nancy Backus recently announced the formation of One Table – a high-level work group with an aggressive timeline for developing community action steps to confront the root causes of homelessness.

The inaugural meeting of One Table took place on Monday, Jan. 22. "To truly get the upper hand on homelessness, we must be more focused on preventing people from becoming homeless in the first place," said Executive Constantine. "With One Table, we are convening regional leaders who can help find the answers and unite the community to take on the many root causes of this crisis."

Other One Table members include city and county leaders in business, politics, nonprofits and some who have personally experienced homelessness.

# TRANSLATIONS

## TRANSLATED ARTICLES FROM THE VOICE

### United Way of King County está proporcionando ayuda de impuestos gratis/By Jonny Fernandez

Si gana menos de 66,000.=  
 United Way of King County lo ayudará a preparar y presentar sus impuestos de forma gratuita hasta el 19 de abril.  
 No es necesario hacer una cita.  
 Si no necesita ayuda en persona, simplemente visite MyFreeTaxes.com donde puede presentar sus impuestos en línea de forma rápida y gratuita.  
 Nota: Si está presentando una declaración con su cónyuge, ambos deben estar presentes.  
 Si es en persona, traer:  
 • Tarjeta del Seguro Social / Cartas del ITIN que el IRS proporcionó para todos para su declaración. REQUERIDO  
 • ID con foto REQUERIDO  
 • Todos los formularios de impuestos (formulario W-2, formulario 1099, formulario SSA-1099, etc.). REQUERIDOS  
 • Los formularios de la seguridad de

salud 1095-A, 1095-B o 1095-C RE-QUERIDOS  
 • Número de cuenta bancaria y número de ruta. (recomendado)  
 • Una copia de la declaración de impuestos del año pasado. (recomendado)  
 El último cliente será atendido 45 minutos antes de que el sitio se cierre.  
 Para mas información, llamar al 211 o visite: FreeTaxExperts.org  
 Aquí estan unos de los lugares que proporcionarán ayuda para declaraciones de impuestos:  
 Seattle Public Library, Central Branch 1000 4th Ave.  
 Solid Ground  
 Lake City Neighborhood Service Center  
 Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132  
 Seattle Goodwill  
 Seattle Central College

### Бесплатная помощь в оформлении налоговых деклараций от Юнайтед Уэй/ By Irina Vodonos

Если ваш доход не превышает 66 000 долларов в год, организация Юнайтед Уэй округа Кинг может помочь вам бесплатно оформить и отослать налоговые декларации до 19 апреля. Предварительная запись не требуется.  
 Если вам не нужна персональная помощь, зайдите на сайт MyFreeTaxes.com, где можно самостоятельно, быстро и бесплатно оформить налоги через интернет.  
 Что принести с собой:  
 • Карточка социального страхования (Social Security)/Письмо, содержащее индивидуальный налоговый номер (ITIN), на каждого члена семьи, указанного в декларации – ОБЯЗАТЕЛЬНО  
 • Удостоверение личности – ОБЯЗАТЕЛЬНО  
 • Все налоговые документы (W-2, 1099, SSA-1099 и т.д.) – ОБЯЗАТЕЛЬНО  
 • Документация медицинского страхования (1095-A, 1095-B или 1095-C) – ОБЯЗАТЕЛЬНО

• Номер вашего банковского счета и код банка – ЖЕЛАТЕЛЬНО  
 • Копия вашей прошлой годней налоговой декларации – ЖЕЛАТЕЛЬНО  
 Внимание: если супруги оформляют налоги совместно, оба должны присутствовать при оформлении электронной налоговой декларации.  
 Обслуживание последнего клиента начинается за 45 минут до закрытия.  
 За дополнительной информацией звоните по телефону 211 или заходите на сайт FreeTaxExperts.org.  
 Вот лишь некоторые места, где будет предоставляться помощь в оформлении налогов:  
 Solid Ground  
 Lake City Neighborhood Service Center  
 Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132  
 Seattle Public Library, Central Branch 1000 4th Ave  
 Seattle Goodwill  
 Seattle Central College

### ኣብ ናይ ኪንግ ካውንቲ ዩናይትድ ወይ ዝግበር ናጻ መስርሕ ክፍሊት ግብሪ (ታክስ ሪተርን)/By Habte Negash

ናይ ዓመት ኣታዊታቶም ካብ \$66,000 ዘይበዝሕ ነበርቲ፡ ናይ ግብሪ ክፍሊት (ታክስ ሪተርን) ንምድላው ኣብ ናይ ኪንግ ካውንቲ ዩናይትድ ወይ ከብ 19 ሚያዝያ ኣብ ዘሎ ግዜ ብናጻ ኪስርሑ ሓገዝ ኪግብረሎም ይኽእል እዩ።  
 ብዘይ ሓገዚ ባዕላቶም ኬዳልውዎ ዝደልዩ እንተተኮይኖም ድማ ኣብ MyFreeTaxes.com ብምእታው ብናጻ ኪስርሑዎ ይኽእሉ እዮም።  
 ኪቐርቡ ዝግብ ኣም ኣገደስቲ ሰነዳት፡  
 \* ሶሻል ሰኩሪቲ ካርድ/ ወይ ድማ ናይ ታክስ መለዩ ቁጽርኹም ዝገልጽ መረጋገጺ ወረቐት (ITIN letters):  
 \* ናይ መንነት ወረቐት ( Photo ID) :  
 \* ካብ እትሰርሑሉ ይኩን ካብ ካልእ ኣታዊታት እትረክቡሉ ቦታታት ኣተሞህቡም ከም ( W-2 form, 1099 form, SSA-1099 form, etc.) ዝኣመሰሉ ኩሎም ሰነዳት፡  
 \* ንሕክምና ዝምልከቱ ናይ ኢንሹራንስ ሰነዳት ንኣብነት ከም (forms 1095-A, 1095-B, or 1095-C) ዝኣመሰሉ፡  
 \* ናይ ባንክ ሕብስ ቁጽርኹም (Bank account number and routing number) :  
 \* ኣብ ዝሓለፈ ዓመት ዜስራሕኩም ናይ

ታክስ ሪተርን መረጋገጺ ቅዳሕ (A copy of last year's tax return)  
 መተሓሳስቢ: ሰብእይን ሰበይትን ታክስ ሪተርን ብሓባር ኪስርሑሎም ዝደልዩ እንተተኮይኖም ክልቲኦም ብኣካል ክቐርቡ ይግባእ።  
 ኣብ መወዳእታ ዝግልገል ዓሚል እቲ ቤት ጽሕፈት ቅድሚ ምዕጻው ቅድሚ 45 ደቃይቕ ይኸውን።  
 ንተወሳኺ ሓበሬታ ኣብ 211 ደውሉ፡ ወይ ድማ ኣብ FreeTaxExperts.org ተመልከቱ።  
 ብኣካል ቀሪብኩም ታክስ ሪተርን ከተስርሑሉ እትኽእሉ ቦታታት፡  
 ሶሊድ ግርውንድ (Solid Ground)  
 ለይክ ሲቲ ነይበርሁድ ማእከል (Lake City Neighborhood Service Center)  
 ዋሺንግቶን ዩኒቨርሲቲ (Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132)  
 ስ.ፖትል ሕዝባዊ ቤት ንባብ (Seattle Public Library, Central Branch 1000 4th Ave)  
 ስ.ፖትል ጉድ ዊል (Seattle Goodwill)  
 ስ.ፖትል ቸንትራል ኮምዩኒቲ ካለጅ (Seattle Central College)

### የኪንግ ካውንቲ ዩናይትድ ዌይ ነጻ የታክስ ድጋፍ ይሰጣል/ By Abdu Gobeni

የሚያገኙት ገቢ ከ 66,000 ዶላር በታች ከሆኑ የኪንግ ካውንቲ ዩናይትድ ዌይ እስከ ሚያዝያ 19 በታክስ ዝግጅትና ምዝገባ ላይ ነጻ ድጋፍ ይሰጣል። ቀጠሮ መያዝ ኣያስፈልጎትም።  
 የታክስ ምዝገባ ድጋፍን በኣካል ማግኘት የማይፈልጉ ከሆኑ በቀላሉና በፍጥነት ታክስ ምዝገባ ለማካሄድ ይህንን ድህረገጽ ይጎብኙ፤ MyFreeTaxes.com.  
 ከዚህ በታች የተዘረዘሩትን ይዞ ይምጡ፤  
 • ሶሻል ሲኪዩርት ካርድ / የታክስ ደብዳቤ ለሁሉም ቦታክስ ምዝገባ ላይ ላሉ በሙሉ ያስፈልጋል።  
 • የመታወቂያ ካርድ።  
 • ሁሉም የታክስ ደብዳቤ (W-2 ፎርም, 1099 ፎርም, SSA-1099 ፎርም, የመሳሰሉ) ያስፈልጋል።  
 • የጤና ኢንሹራንስ ፎርም 1095-A, 1095-B, ወይም 1095-C ያስፈልጋል።  
 • የባንክ ደብተር ቁጥር እና የራወትንግ ቁጥር (ይመከራል)  
 • የአምና የታክስ ርተርን ኮፒ (ይመከራል) ማሳሰቢያ: ከባላቤትዎ ጋር የሚያስገቡ

ከሆነ ሁለታችሁም መገኘት አለባችሁ። የመጨረሻዎ ደንበኛ ቦታዎ ከመዘጋቱ ከ 45 ደቃቃ አስቀድሞ ኣገልግሎት የሚያገኙ ይሆናል።  
 ለተጨማሪ መረጃ 211 ይደውሉ ወይም ይህንን ድህረገጽ ይጎብኙ TaxExperts.org.  
 የታክስ ድጋፍ ከምሰጥባቸው ቦታዎች ጥቅቶቹ፤  
 ሶልድ ግራውንድ/ Solid Ground  
 የሰኩሪቲ መኖሪያ እክባቢ የኣገልግሎት ማዕከል/Lake City Neighborhood Service Center  
 በዋሺንግተን ዩኒቨርሲቲ የሲ.ፖትል ካምፓስ ማኬንዛዝ አዳራሽ ክፍል 132/ Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132  
 የሲ.ፖትል ህዝብ ቤቲመጽሃፍ ማዕከላዊ ቅርንጫፍ 1000 4th Ave/ Seattle Public Library, Central Branch 1000 4th Ave  
 የሲ.ፖትል ጉድ-ዊል/Seattle Goodwill  
 የሲ.ፖትል ሴንቲራል ኮሌጅ/Seattle Central College

### Cơ Quan United Way of King County giúp khai thuế miễn phí/ By Long Luu

Nếu quý vị có mức lương dưới \$66,000, thì cơ quan United Way thuộc quận King sẽ giúp quý vị khai cho đến ngày 19 Tháng Tư. Không cần làm hẹn.  
 Nếu quý vị không cần được giúp khai thuế trực diện, đơn giản là chỉ cần vào trang mạng MyFreeTaxes.com, ở đó quý vị có thể khai thuế trên mạng cách dễ dàng và miễn phí.  
 Cần đem theo những thứ gì ?  
 • Thẻ An Sinh Xã Hội /hoặc lá thư có số Nhận Dạng Cá Nhân Để Khai Thuế của tất cả mọi người trong hồ sơ khai thuế  
 • Thẻ Nhận Dạng Cá Nhân có hình  
 • Mọi chứng từ về thuế (mẫu W-2 form, mẫu 1099, mẫu SSA-1099)  
 • Chứng từ bảo hiểm Sức Khỏe (cần có mẫu 1095-A, 1095-B, or 1095-C)  
 • Sổ trương mục ngân hàng và ký danh ngân hàng (buộc phải có)

• Bản sao giấy khai thuế năm trước (buộc phải có)  
 Ghi chú: Nếu quý vị khai thuế cùng với người phối ngẫu, thì cả hai phải có mặt để nộp đơn khai thuế theo hệ thống điện tử (e-file).  
 Người khách chót được giúp khai thuế phải là 45 phút trước giờ phòng khai thuế đóng cửa..  
 Muốn biết thêm thông tin, xin gọi cho số 211 hoặc vào trang mạng www.FreeTaxExperts.org.  
 Đây là vài địa điểm giúp khai thuế:  
 Solid Ground  
 Lake City Neighborhood Service Center  
 Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132  
 Seattle Public Library, Central Branch 1000 4th Ave  
 Seattle Goodwill  
 Seattle Central College

### United Way ee King County ayaa bixinaysa caawiaada canshuurta oo bilaash ah/By Saido Alinur

Haddii dakhligaagu uu ka yar yahay \$66,000, United Way King County ayaa bilaash kaaga caawinaysa diyaarinta iyo diiwaan gelinta canshuurtaada ilaa April 19. Balan looma baahna.  
 Haddii aadan rabin qof canshuurta kaa caawiya, si fudud u booqo MyFreeTaxes.com halkaasoo aad si fudud uga diiwaan galin kartid canshuurtaada online taasoo bilaash ah.  
 Waxaad keentaa:  
 •Kaarka Social Security / Warqadaha ITIN ee dib u soo celinta canshuurta waa la iska rabaa  
 •Photo ID waa la iska rabaa  
 •Dhamaan warqadaha (W-2 form, 1099 form, SSA-1099 form, etc.) waa la iska rabaa  
 •Foomka kaarka caafimaadka 1095-A, 1095-B, or 1095-C waa la iska rabaa  
 •Lambarka koontada bankiga iyo lam-

barka routing (waa muhiim)  
 •Sanadkii hore canshuur celinta koobig- eeda (waa muhiim)  
 Ogeysiin: Haddii aad ku xereyneysid xaaskaaga, labadiinuba waa in aad joogtaan e-faylka.  
 Macaamiisha ugu dambeysa ayaa la siin doonaa 45 daqiiqo ka hor intaan xarunta la xirin.  
 Wixii aqbaar ah, wac 211 ama booqo FreeTaxExperts.org.  
 Meelaha layskaga caawinayo canshuurta  
 Solid Ground  
 Lake City Neighborhood Service Center  
 Univ. of Washington, Seattle Campus Mackenzie Hall, Room 132  
 Seattle Public Library, Central Branch 1000 4th Ave  
 Seattle Goodwill  
 Seattle Central College

# OUR COMMUNITIES

STORIES FROM OUR FRIENDS AND NEIGHBORS



## FREE TAX HELP!



If you make less than \$66,000, United Way of King County will help you prepare and file your taxes for free. Now through April 19, 2018, we'll have free tax experts at 30 locations, ready to help you maximize your refund. No appointment is needed. If you don't need in-person tax help, simply visit [MyFreeTaxes.com](http://MyFreeTaxes.com) where you can quickly and easily file your taxes online for free.

**What to bring**

- Social Security card/ITIN letters for everyone on the return **REQUIRED**
- Photo ID **REQUIRED**
- All tax statements (W-2 form, 1099 form, SSA-1099 form, etc.) **REQUIRED**
- Health insurance forms 1095-A, 1095-B, or 1095-C **REQUIRED**
- Bank account number and routing number (recommended)
- A copy of last year's tax return (recommended)

Note: If you are filing with your spouse, you both must be present to e-file.

**North Seattle**

**Solid Ground**  
1501 N 45th St.  
Tues: 5 - 9 pm  
Sat: 10 am - 2 pm

**Lake City Neighborhood Service Center**  
12525 28th Ave. NE  
Mon/Tues/Thurs: 5 - 9 pm  
Sat: 11 am - 3 pm

**Seattle Public Library, University Branch**  
5009 Roosevelt Way NE  
Thurs: 1 - 5 pm  
Sat: 1 - 5 pm

**Univ. of Washington, Seattle Campus**  
Mackenzie Hall, Room 132  
4215 E Stevens Way NE  
Mon/Wed: 4 - 7 pm  
Fri: 12 - 3 pm

**Central Seattle**

**Seattle Public Library Central Branch**  
1000 4th Ave.  
Mon to Thurs: 12 - 7 pm  
Fri: 12 - 4 pm  
Sat: 11 am - 5 pm  
Sun: 1 - 5 pm

**Seattle Goodwill**  
700 Dearborn Pl. S  
Mon/Wed: 5 - 9 pm  
Sat: 10 am - 4 pm

**El Centro de la Raza**  
2524 16th Ave. S  
Tues/Thurs: 5 - 9 pm  
Sat: 10 am - 2 pm

**Seattle Public Library Douglass-Truth Branch**  
2300 E Yesler Way  
Tues: 3 - 7 pm  
Wed: 3 - 7 pm

**Seattle Central College**  
Room BE1139D  
1701 Broadway  
Tues: 11 am - 2 pm  
Thurs: 12 - 4 pm

**South Seattle**

**Rainier Community Center**  
4600 38th Ave. S  
Tues/Thurs: 5:30 - 8:30 pm  
Wed: 10 am - 1 pm  
5:30 - 8:30 pm  
Sat: 10 am - 4 pm

**Rainier Beach Community Center**  
8825 Rainier Ave. S  
Wed: 5 - 8 pm  
Sat: 10 am - 2 pm  
Sun: 11 am - 3 pm

**West Seattle Food Bank**  
6516 35th Ave. SW  
Wed/Thurs: 5 - 9 pm  
Sat: 10 am - 2 pm

**YWCA Greenbridge**  
9720 8th Ave. SW  
Thurs: 5 - 8 pm  
Sat: 9:30 am - 4:30 pm  
Sun: 10 am - 2 pm

**South Seattle College WorkSource Career Services**  
Robert Smith Bldg.  
6000 16th Ave. SW  
Tues: 12 - 4 pm  
Wed: 12 - 4 pm



LEARN MORE TODAY:

[FreeTaxExperts.org](http://FreeTaxExperts.org) OR CALL 211