



A community-based newspaper serving the Puget Sound area since 1981



The Voice

June
2018
*Articles translated
into six languages*

The newspaper of Neighborhood House

The Voice is going digital, will cease print publication

Neighborhood House will stop producing The Voice newspaper beginning this summer

BY SEATTLE HOUSING AUTHORITY

For many years, the Seattle Housing Authority has contracted with Neighborhood House to produce, publish and distribute The Voice to residents of SHA housing. Neighborhood House recently informed SHA that they are restructuring and have made the decision not to renew The Voice contract when it expires June 30, 2018. Neighborhood House will cease publication after the July issue and Nancy Gardner will no longer be employed as the editor.

SHA is committed to maintaining a robust and effective information source that connects residents with community news and with each other.

SHA will temporarily suspend The Voice after the July issue for a few months while we gear up to take on production in-house. We plan to create a digital version that will

enable interactivity not possible in print, such as easy-to-use direct links to a host of resources related to topics covered in The Voice. An e-newsletter will mean we can reach residents in a more effective and timely way via computers, mobile phones and other devices.

SHA has been communicating with participants in the Housing Choice Voucher program exclusively via electronic newsletter for several years and we will combine that news, now coming out under the title Pathways, with news for SHA housing residents, so that we are reaching all SHA tenants in one combined digital publication called The Voice.

As we pilot delivery of The Voice in a new electronic format, we want to hear from residents, voucher holders, community partners and others on how it's working for you, and the type of content and coverage

you would like to see. Please share your thoughts by going to www.seattlehousing.org and clicking on The Voice Survey posted on the homepage. Or write to us at SHA Communications Department, PO Box 19028, Seattle, WA 98109.

In conjunction with piloting electronic-based distribution of The Voice and other information, SHA is launching an effort to ensure we have up-to-date email addresses and mobile phone numbers so residents don't miss a single issue of the new combined Voice or other important communications. Please be sure that SHA has your current email address and mobile phone number:

Please submit updated contact information directly to your building's property manager. You can do it in person, by writing or calling the property management office, or online at www.seattlehousing.org. Click

on "Current Tenants," choose "SHA housing tenants" and select "Contact property manager."

For residents who do not have personal computers and smart phones, we will be posting information about access at public libraries, computer labs and other locations.

We hope to hear from you with thoughts and ideas for the new digital version of The Voice, and on how SHA can best communicate with you. While The Voice is on hiatus, SHA will continue to share important news for residents directly and by posting information in building common areas. Residents can also find general news and information by visiting the SHA website at seattlehousing.org, and can learn about activities taking place at specific locations by going to the property's Community News and Events page on the website.

2018 Dream Big! Scholarship winners announced

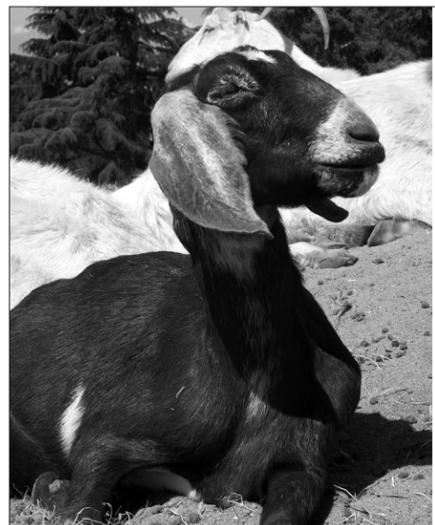
BY SEATTLE HOUSING AUTHORITY

Seattle Housing Authority's Dream Big! Scholarship Fund provides financial support for qualified students living in SHA subsidized housing.

The 2018 scholarship recipients are **Filsan Abdisatar, Yuhaniz Aly, Nhi Chau, Destiny Cleary, Aleesha Gray, Dureti Jamal, Dennise Lopez, Teha Robele and Furtuna Tekle**. These students demonstrated great persistence, strength of character and growth in their lives and education. All will attend college full time in the 2018-2019 school year.

Scholarship amounts are \$1,000 each, paid directly to the recipient's school for tuition, books and fees. An awards reception for the students and their families will be held in June. Congratulations to all the Dream Big! Scholarship winners. We wish them success with their continuing education.

Rescue goats return to Yesler for a 6-acre smorgasbord



PHOTOS BY NANCY GARDNER

About 120 goats owned by Tammy Dunakin, owner of Rent-A-Ruminant LLC, snacked their hearts out for three weeks in May, devouring unwanted weeds and shrubs at Seattle Housing Authority's Yesler redevelopment site. The goats were a familiar sight to many of Yesler's residents as the herd was originally hired by SHA in 2017 to clear land.

Neighborhood House
The Weller Building
1225 S. Weller St. Suite 510
Seattle, WA 98144

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Health Notes

R A column devoted to your well-being

Fighting the opioid crisis

BY LISA RICHTER
Neighborcare Health

Heroin and other opioids continue to be the most common cause of drug overdose deaths in King County and the U.S.

According to the Centers for Disease Control and Prevention, more than 115 people in the United States die every day after overdosing on opioids. Opioid use disorder, sometimes called opioid addiction, is a medical condition in which the brain is physically changed so that it craves opioids. These strong cravings drive an individual's behavior in ways that are often risky, harmful or deadly. For someone who has this disorder, going without opioids makes them very sick. The widespread increase of opioid use disorders is a serious national crisis.

How did we get here?

The National Institute on Drug Abuse found that in the late 1990s, drug companies told health care providers that opioid medicines were not addictive, when in fact they are highly addictive. Thinking they were not addictive, health care providers began to prescribe them much more often. This led to the dramatic increase of people becoming addicted to opioid pain medicine, heroin and man-made opioids such as fentanyl.

The CDC reports that more than 33,000 Americans died as a result of an opioid overdose in 2015. That same year, an estimated 2 million people in the United States suffered from substance use disorders related to prescription opioid pain relievers, and almost 600,000 people suffered from heroin addiction.

Harm Reduction Measures

Prevention is a very important step to ending the opioid crisis, but people who are struggling with opioid use disorder need help now. King County health care providers and community leaders are working together to create programs to keep people alive and improve their health. They are working together to prevent opioid drug overdoses and make substance use disorder treatment accessible. Here are three examples that are part of several strategies in King County:

Access to naloxone: an overdose reversal drug

According to Public Health—Seattle & King County, the prescription overdose reversal drug, naloxone (Narcan is the nasal spray brand of the drug) has prevented more than 2,300 overdose deaths in the Seattle area.

Any health care provider can prescribe naloxone, and any pharmacy can fill the prescription. People can also get prescriptions

directly from many pharmacies without visiting a doctor first. These pharmacies can also provide training on how to use it. Visit <http://stopoverdose.org/> to find a full list of pharmacies that can prescribe naloxone.

It is important to note that naloxone can save the life of someone who is overdosing, but medical care is still necessary. If someone shows symptoms of an overdose, such as labored breathing, blue lips, pale skin or inability to speak, call 911 immediately.

Needle exchange sites

These programs, operated by Public Health and nonprofits, are another public health service that reduce the harmful effects of drugs injected through a needle. These sites allow people who inject drugs to exchange their used needles for new, clean needles. The needle exchange program is an important piece of a comprehensive set of public health programs to reduce the spread of diseases like HIV and hepatitis.

The sites also help prevent skin infections associated with needle use and help keep used needles off the street. These sites also offer users easy, immediate access to treatment. Many needle exchange programs also distribute naloxone to help prevent death from overdose. There are seven needle exchange sites in King County; visit www.kingcounty.gov to find a full list of locations and hours.

Accessible treatment

There is an increase in programs in King County to make treatment more accessible, particularly medication assisted treatment. Research shows that the most effective forms of treatment for opioid use disorders include one of three types of medications: methadone, buprenorphine (commonly referred to by the brand name Suboxone), or extended-release naltrexone (brand name Vivitrol). These medications are very effective in supporting recovery and preventing people from going back to using opioids.

Low-barrier access to buprenorphine is becoming more available in King County, which means people are able to meet with a medical provider and begin treatment as soon as patients decide they are ready to make a change.

Please see "Opiates" on Page 3

Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for 50 years. More information is available at www.neighborcare.org.

Be Safe

Be prepared for summertime crimes

BY MINH NGO
Project Coordinator

Did you know there is a correlation between rising temperatures and crime rates? You may be thinking, "How come? Summer is supposed to be the best time of the year!" And in many ways it is. Unfortunately, potential offenders feel the same way.

Taking this notion closer to home, Seattle Neighborhood Group has reviewed the City of Seattle's crime statistics from 2015 to 2018 and recognized a similar seasonal pattern of crime peaking as the weather warms up in our beloved city.

According to the Seattle Police Department's Crime Dashboard, robbery and burglary are among the leading crimes in our last three summers, and also in 2018 so far. While there hasn't been much concrete evidence of causation, it is imperative to be aware that the pattern exists.

SNG has a few prevention strategies to help reduce the opportunities for the two leading crimes happening to you and your home.

Robbery

Robbery is defined as taking anything of value from a person in the person's presence by force or intimidation. Notice the "by force or intimidation" part of the definition.

While choosing a victim, potential robbers tend to look for someone who appears to be alone, weak or unlikely to resist, unsure of their destination and most importantly, unaware of their surroundings.

There are many steps you can take to avoid becoming a victim:

- While walking down the street, walk with confidence, shoulder back, head up, and aware of your surroundings. Show that you know exactly where you are going.

- When walking in public, carry only the amount of cash you need during the day and refrain from wearing flashy jewelry.

- Try varying your route to and from places that you frequent, such as work, the bank or the supermarket.

- When taking public transportation, be sure to travel during times when there are a large number of commuters and carry yourself confidently.

- When you leave a bank, be alert and careful but not worried. Don't clutch your

Seattle Neighborhood Group educates, organizes and collaborates with residents, businesses, government entities and other organizations to create safe communities through equitable engagement, with a focus on underserved populations. Contact Minh at 206-323-9666 or minh@sngi.org.



purse tightly to your chest as though you have a lot of cash.

- If you are attacked, it is important to make noise and try to draw attention to the situation.

- Last, but not least, if someone approaches you and says, "Give me your money," give it to them! So many people have been injured or killed trying to resist a robbery attempt. Your life is more valuable than anything else ever could be.

Burglary

Burglary is the act of unlawful or forcible entry or attempted entry into a residence. While there are incidents in which burglars break occupied homes, they typically look for a home that is vacant and where the chances of getting caught are the smallest. Thus, an attractive home would be one in a community that appears vacant, unkempt and where the newspapers or mail are overflowing.

Here are some ideas for how to make your home less appealing to burglars:

- Change all the locks at your home upon moving in.

- Place lights on timers when you are not home to give the appearance your home is occupied.

- Consider buying an alarm system, especially if you live in an area which has a relatively high crime rate.

- Always check and lock ALL windows and doors at all times, especially when you leave your house.

- Contact your local Community Police Officer to stay up to date on the latest crime prevention and crime trends in your area and establish a block watch in your neighborhood if there isn't one already.

- If you notice an unfamiliar face in your neighborhood, strike up a conversation. If you see someone suspicious, make a phone call and make it obvious that you are calling. If you see someone committing the crime, never confront the offender and call the police right away.

Does your bike need a tuneup?

Starting July 11, Bike Works mobile repair station will visit NewHolly every Wednesday from 2:00 - 4:30 p.m. until Aug. 15. Bike Works offers low-cost and sliding scale bike repair services throughout Seattle.

During the summer they offer youth in select neighborhoods free services to fix their bikes. Look for the BikeMobile at High Point and Rainier Vista, as times will vary. Visit bikeworks.org to view the BikeMobile's schedule, learn about their non-profit community bike shop and their youth and adult programs.



The Voice

Editor

Nancy Gardner
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Contributing Writers

Karen Berge

The Voice, the newspaper of Neighborhood House, is published monthly with the support of Seattle Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice contributes to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House or Seattle Housing Authority. We welcome articles and tips from the community and reserve the right to edit all submissions. The Voice is published online at www.nhwa.org and at www.voicenewspaper.org

Seattle Art Museum to feature work by Yesler artists

Free showings of their artwork will be on June 14 and June 21 from 5:00 - 9:00 p.m.

BY SHA STAFF

In June, artwork from Yesler residents will be featured at the Seattle Art Museum in the Community Corridor Art Gallery.

There are two free special events celebrating their creations:

- **Thursday, June 14 and Thursday, June 21 from 5:00 – 9:00 p.m.** at SAM's Community Corridor Art Gallery, 1300 First Ave.

Access to SAM's Community Corridor is free. SHA residents can receive free museum passes to view SAM's additional collections from Ben Wheeler, Yesler's Community Builder. Email ben.wheeler@seattlehousing.org or call 206-343-7484 for assistance.

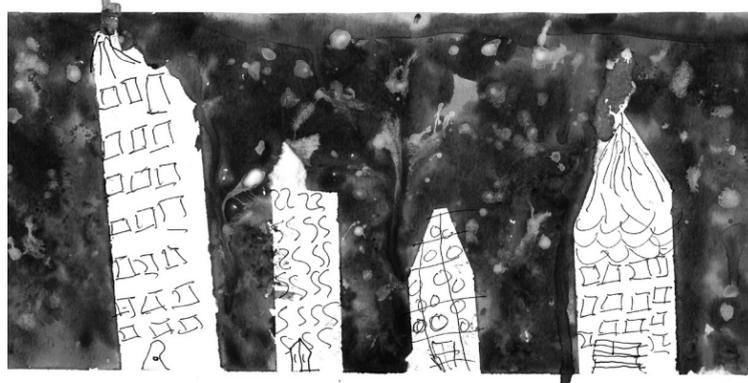
Over the past year, artists D.K. Pan and Rachel Kessler, Muses Conscious Fashion Studio and Muses artist Bo Young Choi have been leading different programs including Art Club, Community Portraits and the Artisan's Sewing Collective.

SHA residents have produced work as varied as community quilts, watercolor paintings and prints.

For **Janice Ellis's "Cityscape with Snow,"** done with watercolor and ink pen, she used masking tape to shape the buildings, then painted swirling snowy skies over the tape. Once the paint dried, she stripped away the tape to reveal stark skyscrapers from blank space. She then inked in the buildings features.

"My View" by **Kristin O'Donnell** depicts the view from her apartment looking west on Yesler Way.

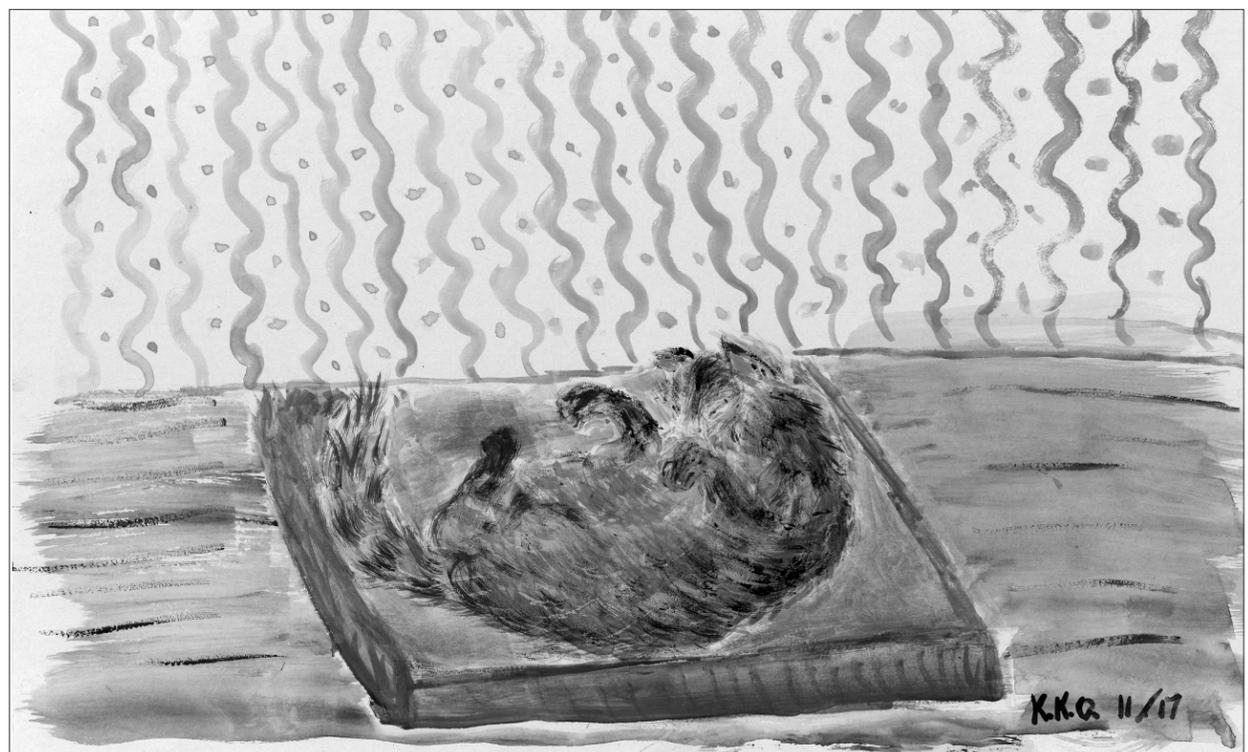
Inspiration for **Kristen's "Muse,"** also in watercolor, came from her former cat, Arnie (although his formal name was Arnold), which she painted from memory.



JANICE ELLIS, "CITYSCAPE WITH SNOW"



KRISTIN O'DONNELL, "MY VIEW"



KRISTIN O'DONNELL, "MUSE"

IMAGES COURTESY OF RACHEL KESSLER

Opiates

Continued from Page 2

This can include getting prescriptions for MAT at their first appointment and/or removing other barriers to treatment, such as being required to stop all other drug use before receiving treatment. In the past year, 40 new treatment centers offering MAT, social services, and medical and behavioral health care have opened to make treatment more available. Contact the Washington Recovery Hotline at 1-866-789-1511 to learn more about treatment options.

No Easy Answers

The opioid crisis is the symptom of a bigger problem. In order to end opioid use disorder, the issues driving people to drug use, including homelessness, poverty, discrimination and lack of access to health care, must be addressed.

If you or someone you know wants to get treatment for opioid use, there are places with the resources to help. Neighborcare Health, Evergreen Treatment Services, Val-

ley Cities, Public Health—Seattle & King County, Seattle Indian Board and many other organizations throughout Seattle offer MAT and other services for treating opioid use and other substance use disorders.

Who can help?

- Turn in unused and expired medications at a secure medicine return box (Seattle collection locations: <https://king-countysecuremedicinereturn.org/seattle/>).

- Talk to friends and family about opioid use. With the right help and support, people can recover.

- If you or someone you know may need help, call the Washington Recovery Hotline at 1-866-789-1511 or go to stopoverdose.org.

FREE PROGRAMS FOR LOW INCOME FAMILIES!



We serve children of all abilities, including those with special needs



WEEKLY HOME VISITING

(prenatal-age 3)

Weekly home visits promote parent-child relationships & understanding of child development. Serving families in:

Tukwila • SeaTac • Skyway • Burien • West Seattle • Central Seattle • South Seattle • White Center • Des Moines

FULL DAY TODDLER CLASSROOM

(ages 1-3)

Our full day toddler classroom includes meals & snacks for children and family support services. Serving families in:

Burien • SeaTac • Des Moines • White Center • South Seattle

TODDLER COMBINATION PROGRAM

(ages 1-3)

Families receive monthly home visits with two days/week of class time for children. Families also have access to parent engagement opportunities & family support services. Serving families in:

South Seattle

FULL DAY & HALF DAY PRESCHOOL

(ages 3-5)

Our half day classes include both morning and afternoon sessions. Includes meals & snacks for children and family support services. Serving families in:

West Seattle • Central Seattle • South Seattle

CALL 206-461-8430 EXT. 2041, 2042, OR 2043

WWW.NHWA.ORG/EARLYLEARNING

Free learning programs offered this summer by Seattle Public Schools

BY SEATTLE PUBLIC SCHOOLS

Seattle Public Schools and their partners are offering a variety of free learning opportunities for students this summer, including the following:

Seattle Skills Center

Students entering grades 9 – 12 can explore construction trades, graphic arts and other careers through the Skills Center, which offers FREE Career and Technical Education courses to SPS students.

- Courses take place July 9 – Aug. 3, Monday through Friday, 11:30 a.m. to 4:15 p.m.

- **Application deadline: Friday, June 15**

- To view course offerings and register go to <https://skillscenter.seattleschools.org> or call 206-252-0730

Kindergarten enrollment and Jump Start

Jump Start is a FREE week-long experience for kindergartners to learn about school. Children will become familiar with their new school building, staff, typical school day activities and practices. Their parents/guardians will be able to meet with the school principal and ask questions about school. Teachers start to build relationships with students and observe their skills and strengths.

- **Jump Start will take place Aug. 20 – 24, 9 a.m. to 12:00 p.m. daily**

- For more information about Jump Start go to <http://tiny.cc/EarlyLearn> or call 206-252-0127

- If your child turns 5 by Aug. 31, it's time to register for kindergarten. You can register online at www.seattleschools.org/admissions/registration or in person at the John Stanford Center at 2445 3rd Avenue South. For more information email admissions@seattleschools.org or call 206-252-0760.

admissions@seattleschools.org or call 206-252-0760.

Reading tutoring this summer with Team Read

Students going into grades 1 - 5 who are below reading level are encouraged to sign up for FREE one-on-one tutoring through the Team Read summer program.

- Tutoring takes place June 27 – August 2 and sessions are offered twice a week (Monday/Wednesday or Tuesday/Thursday) from 1 p.m. to 3 p.m. at the Rainier Beach Library, NewHolly Library, Douglass-Truth Library and South Park Community Center

- **Space is limited and students will be admitted based on need for reading support**

- For more information or to register online go to www.teamread.org or register in person at one of the summer program locations listed above

- If you have additional questions contact Rose Nakano at rose@teamread.org or call 206-683-3689

Credit recovery for High School students

FREE credit recovery is available for students who need credit for language arts, math or social studies classes they did not previously pass.

- **Classes will take place July 2-27, Monday – Friday, 8 a.m. to 12 p.m. at Roosevelt High School and South Lake High School (snacks are provided)**

- Families should contact their student's high school counselor to see if the student requires credit recovery and to register for classes

- For more information go to www.seattleschools.org/summer_learning or email spsummerprograms@seattleschools.org

SHA resident Elizabeth Kennedy wins first place in poetry contest

BY VOICE STAFF

Congratulations to Elizabeth Kennedy, who won first place in the EPIC Group Writers Annual Writing Contest.

For more information about the contest and to read the winning poems, go to <https://www.epicgroupwriters.com/2018-winning-works.html>



Second place winner Alison Ersfeld, left and Elizabeth Kennedy, first place winner

Looking for employment or training in healthcare?

Inquire now about **CareerConnect** at Neighborhood House

Services offered:

- Job Readiness Workshops
- Support with healthcare training
- Employment Placement Assistance
- Support Services
- Case Management Support



Eligibility:

18 years or older
Eligible for Basic Food/SNAP

Seattle City resident
US work eligible

Interested? Call (206) 483 - 5114 or email tedj@nhwa.org



CareerConnect is a Neighborhood House and Seattle Jobs Initiative partnership



JUNETEENTH CELEBRATION

Volunteers needed. Sign up at Yesler Community Center.

WHEN

SATURDAY

June 16th, 2018

1:00-4:00 p.m.

YESLER COMMUNITY CENTER

917 EAST YESLER WAY

Bring your family, Join your neighbors, Invite your friends

Juneteenth is the oldest celebrated commemoration of the ending of slavery (enslavement of Africans/African Americans) in the United States.

Seattle U program presentation and entertainment

Free multicultural food options.

Interactive family resource booths.

Kid's games and Entertainment Stage

COMMUNITY LIVING CONNECTIONS
LINKING YOU TO
Personalized Care & Support Options

Community Living Connections

Good news—Community Living Connections is now available throughout King County! Adults dealing with aging or disability issues now have easier access to services and information. Community Living Connections staff are highly trained and skilled at finding people the right kind of help, where and when they need it.

If you or someone you know is facing aging or disability issues, contact Community Living Connections:

206-962-8467
1-844-348-5464 (toll free)

All calls to the Community Living Connections line are free and confidential.

Our staff will help you figure out the kind of assistance that meets your needs. One of the many benefits of Community Living Connections is that we offer access to a network of services and providers close to your community.

Q&A

What is Community Living Connections?
It's a network of advocates for adults facing aging or disability issues. Community Living Connections provides anyone who calls a caring, highly-trained specialist who will give them easy access to information, individual consultation and service options. Often, we can connect people with services close to their home, reducing stress and travel time.

Who is able to receive help?
While our services are geared toward those needing help with aging or disability issues, Community Living Connections staff will help anyone who calls.

How reliable is your network?
Community Living Connections provides the most comprehensive, reliable network for aging and disability services in the King County area. Our highly-trained staff and network of providers are supported by a broad base of funders giving us the ability to offer people a variety of options for programs and services.

How much does it cost?
Calls are free and confidential.

How do I get help?
Call Community Living Connections at 206-962-8467 or toll free 1-844-348-5464.

About The Voice

The Voice is a monthly newspaper published by Neighborhood House with financial support from Seattle Housing Authority. The Voice is developed and edited by Neighborhood House with help from SHA residents and staff. It strives to provide a forum for objective news and information of interest to low-income people and those living in Seattle Housing Authority communities.

If you'd like to submit an article, or if you have a question about anything you've read in this publication, please contact Editor Nancy Gardner at 206-461-8430, ext. 2051 or by email at nancyg@nhwa.org.

All submissions are subject to editing for accuracy, style and length.

PLEASE JOIN US!

JobLink Weekly Orientation Sessions

JobLink is your connection to education, employment and resources

JobLink connects Seattle Housing Authority residents to employment, education and resources. We can help:

- Find a job right away
- Enroll in training and education and then find a job
- Get a better job
- Start a small business

Join the JobLink team at a weekly orientation:

Tuesdays, 10:30 – 11:30 a.m.

- Seattle Housing Authority, Central Office lobby
190 Queen Anne Ave N
- NewHolly, Family Building
7054 32nd Avenue S, Suite 207

Thursdays, 1:00 p.m. – 2:00 p.m.

- Yesler Terrace, Epstein Opportunity Center
120 8th Ave
- High Point, Neighborhood House front desk
6400 Sylvan Way SW

To register, go to seattlehousing.org/joblink or call 206-615-3366



The Resident Action Council needs your help

By DORENE CORNWELL
SHA resident and treasurer, RAC

The RAC is a group of Seattle Housing Authority residents who meet regularly to consider and act on issues concerning public housing and other issues affecting low-income people. Decisions on which issues the organization will address are made by a vote of the current membership at a regular meeting of the organization.

How you can be involved

The number of people attending the RAC meetings has dwindled. The RAC wants to make sure we are continuing to meet the needs of SHA communities and encourages you and your neighbors to get involved.

The RAC nominating committee needs your help to identify people who might be interested in serving as officers and members of the elected leadership team.

Can you donate a few hours of your time? The RAC also needs help with making phone calls, planning and setting up meetings, and other basic tasks to keep connections active between SHA communities.

Members of the RAC Board are willing to attend other resident meetings to introduce ourselves, share information about the RAC and help address community concerns.

If you would like to be involved or have questions about the RAC, please contact Patricia Ann at purpletea711@msn.com 206-293-5978 or Dorene Cornwell at dorenefc@gmail.com 206-650-3035.

At the RAC general membership meeting on May 9, participants voted in support of the following items:

- Postpone annual RAC elections until September
- Designate the upcoming July retreat as a special meeting so that anyone who has attended a RAC meeting in the past year or who comes to that retreat will be eligible to run for office in September.

Please join the RAC at a special retreat at Raven Terrace in July. Meeting details will be listed in the July issue of The Voice.

Did you hear the buzz? West Seattle Bee Festival draws hundreds

By KAREN BERGE
Special to The Voice

Did you hear the buzz? The sixth annual West Seattle Bee Festival on May 19 saw huge crowds at Neighborhood House and in High Point Commons Park.

This wonderful free festival offered opportunities to take part in art and educational activities, to learn more about community resources that are available, and to learn more about bees and sustainable (pesticide-free) gardening techniques which can help bees thrive.

That’s an overview from an adult’s perspective, of course! For kids, the festival was just fun, and the educational components were interesting and just part of that fun.

Balloon twisters and face painters helped youths get ready for the annual Kids and Pets Costume Parade, which was led by “Big Bee.”

Woodland Park Zoo returned with two programs that focused on unusual (non-bee) pollinators. Inside Neighborhood house, attendees could see their “animal ambassadors” including a python named “Gamma.” Woodland Park Zoo also hosted a “Pollinator Party” at the Vendor Fair.

Many groups that are part of the High Point Resource Coalition were in attendance, including the West Seattle Foodbank, Neighborhood House and High Point Community Center.

The Bee Festival wouldn’t be a bee festival without bees! High Point is lucky to “bee” home to the West Seattle Bee Garden! The hive demo drew a big crowd. Opportunities to explore the Bee Garden helped dispel common fears about bees, as well as provide information about them.



PHOTO BY KAREN BERGE

Above, festival-goers make their way through the High Point neighborhood in the “Follow the Big Bee” parade. At right, children watch as Puget Sound Beekeepers demonstrate how honey is extracted from beehives. The enclosure was built by High Point resident Lauren Englund with funding support from a City of Seattle Small and Simple Grant.



Photo by Kerry Lusignan

Mayor Durkan signs new business tax ordinance to address homelessness crisis

By CITY OF SEATTLE

Shortly after the City Clerk transmitted the ordinance, Seattle Mayor Jenny A. Durkan signed into law a new tax on large businesses to help address Seattle’s homelessness crisis – the City will begin the rulemaking process to prepare for implementation for January 1, 2019.

“We must make urgent progress on our affordability and homelessness crisis. Looking ahead, I am focused on acting to move people off the street and into safer places, to clean up the garbage and needles that are in our parks and in our communities, and to provide resources to those people experiencing homelessness, including job training, behavioral health services and other supportive services,” said Mayor Durkan. “I’ve heard Seattle loud and clear: they want basic services delivered and are concerned whether the City of Seattle is using their money wisely, efficiently and responsibly. As part of the budget process, I will remain focused on accountability and transparency for every department and on how this new revenue is going to be used towards homelessness services and new affordable housing.”

“I fundamentally believe that we must continue to come together to listen to one another to address these significant challenges. I understand there are very strong passions and genuine policy differences between neighbors, businesses, community leaders and people across our City on how to best address this crisis, but I know we can be a City that continues to invent the future and come together to build a more affordable, inclusive and just future for all who call this great City home,” concluded Mayor Durkan.

COMMUNITY RESOURCES

Homelessness in Seattle/King County increases by 4% in 2018; and more people are living outside

By ALL HOME

Seattle's homeless population continues to increase. A study by Count us In on Jan. 26 found a total of 12,112 individuals who are homeless in Seattle and King County. Fifty-two percent of the population was unsheltered, living on the street, or in parks, tents, vehicles or other places not meant for human habitation.

Compared to 2017, the number of individuals experiencing homelessness in Seattle/King County increased by 4 percent, or 469 persons. The unsheltered population increased by 15 percent, or 835 persons.

The largest increase was observed among individuals living in vehicles. In 2018, there were an estimated 3,372 persons living in cars, RVs, and vans. This represented a 46 percent increase compared to 2017, when there were an estimated 2,314 persons living in vehicles.

Alternatively, the unsheltered population not residing in vehicles, on the streets, in buildings, or in tents, decreased by 7 percent (223 persons), indicating a shift within the unsheltered population.

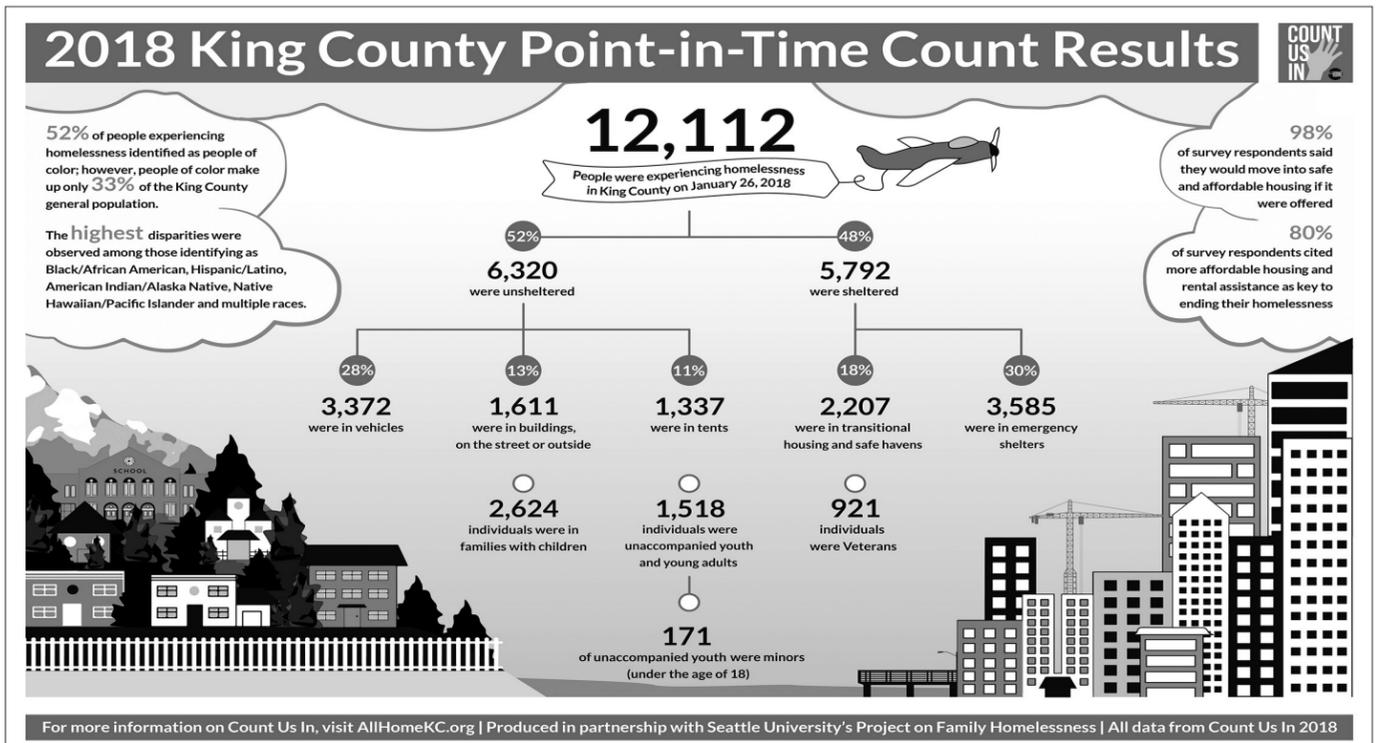
Among the sheltered population, the number of persons residing in emergency shelter increased by 3 percent (94 persons) and the number of persons residing in transitional housing and safe havens decreased by 17 percent (460 persons). The decrease in the sheltered population was due in part to the successful conversion of transitional housing to permanent housing.

Count Us In is a community-driven effort that utilizes a broad range of partners for all count activities. Over 200 guides with current or recent experience of homelessness and over 600 community volunteers participated in the 2018 general street count.



A man sits along South Jackson Street with all of his belongings. He spends nights there in his tent, which serves as his makeshift home.

PHOTO BY NANCY GARDNER



Talk With Your Kids

Marijuana can impair learning, driving and motivation.

StartTalkingNow.org



Dr. Nathalia Jiménez, MD, MPH, Seattle Children's Hospital



TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

Explora carreras y continúa tu aprendizaje de verano Por las escuelas públicas de Seattle/By Jonny Fernandez

Hay una variedad de oportunidades de aprendizaje gratuitas para los estudiantes este verano:

- Centro de habilidades de Seattle
 - Los estudiantes que ingresan a los grados 9-12 pueden explorar oficios de la construcción, artes gráficas y otras carreras a través del Centro de habilidades, que ofrece cursos GRATUITOS de Educación Profesional y Técnica para estudiantes de SPS.
 - Fecha límite de solicitud: viernes, 15 de junio
 - Para ver las ofertas de cursos y registrarse, vaya a <https://skillscenter.seattleschools.org> ó llame al 206-252-0730
- Inscripciones del Jardín Infantil y el Buen Inicio
 - El Buen Inicio es una experiencia GRATUITA de una semana de duración para que los estudiantes de kínder aprendan sobre la escuela, que tendrá lugar del 20 al 24 de agosto. Para más información, vaya a <http://tiny.cc/EarlyLearn> ó llame al 206-252-0127
 - Si su hijo cumple 5 años antes del 31 de agosto, es hora de inscribirse en el kínder. Regístrese en línea en www.seattleschools.org/admissions/registration. Contáctele admissions@seattleschools.org ó para mas información llame al 206-252-0760
- Lectura de tutoría este verano con Team Read
 - Los estudiantes que ingresan en los grados 1 a 5 y que están por debajo del nivel de lectura los motivamos a inscribirse para recibir tutoría individual GRATUITA a través del programa de verano Team Read.one tutoring through the Team Read summer program.
 - Para registrarse en línea vaya aquí www.teamread.org
 - Contacte a Rose Nakano a este correo rose@teamread.org ó para mas información llame al 206-683-3689

ንስራሕ ይኹን ንቀጻልነት ከረምታዊ (summer) ትምህርቲ ዝምልከት ዕድላት ብቤት ጽሕፈት ኣብያተ ትምህርቲ ስያትል /By Habte Negash

- ኣብዚ ሒዝናዮ ዘሎና ወርሓት ክረንቲ (summer) ንተመሃሮ ዝኸውን ዝተፈላለዩ ዕድላት ኣሎ።
- ኣብ ስያትል ናይ ኢ.ደ ጥበባት ማእከል (Seattle Skills Center) ካብ 9 – 12 ክፍሊ ዝለዎ ተመሃሮ ናይ ስያትል ህዝባዊ ኣብያተ ትምህርቲ (SPS) ናይ ህንጻ ስራሓት : ናይ ግራፊክስን ካልኦ ጥበባትን ናይ ስራሕ ሞያታት ዝድህስሱ ዕድላት ኣብ ስያትል ናይ ኢ.ደጥበባት ማእከል (Seattle Skills Center) ብናጻ ኪውያብ እዩ።
- +ከተመልከትሉ እትክእሉ ናይ መወዳእታ መዓልቲ ዓርቢ ሰነ ድማ 15 እዩ።
- +ነቲ ዝውሃቡ ዓይነት ትምህርታትን ንምርእይ ኮን ንምምዘጋብ ኣብ <https://skillscenter.seattleschools.org> ተመልከቱ ወይ ድማ ብ 206-252-0730 ደውሉ።
- ምዝገባ ኣብ ቤት-ትምህርቲ ሕጻናት ከምኡውን ምስ ቤት ትምህርቶም ዘላሊ ትምህርቲ (Jump Start) +ኣቲ ምስ ቤት ትምህርቶም ንምልላይ ዝሕግዝ ትምህርቲ ሕጻናት (Jump Start) ኣብ ወርሒ ነሓሰ ካብ 20 – 24 ኣብ ዘሎ ግዜ ንኣደ ሰሙን ብናጻ ከውሃብ እዩ። ብዛዕባ እዚ ድማ ኣብ <http://tiny.cc/EarlyLearn> ተመልከቱ። ወይ ድማ ብ 206-252-0127 ደውሉ።
- +ውላድኩም ክሳብ 31 ነሓሴ 5 ዓመት ዝገብር እንተኮይኑ፡ ኣብ ናይ ሕጻናት ቤት ትምህርቲ (kindergarten) እተመዘገብሉ ግዜ ሕጂ ስልዝኾነ፡ ኣብዚ ዝስዕብ ኬተመዘገብዎ ትክእሉ፡ www.seattleschools.org/admissions/registration. ንተወሳኺ ሓበሬታ እዚ ዝስዕብ ተመልከቱ። admissions@seattleschools.org ወይ ድማ ብ 206-252-0760 ደውሉ።
- ብሕብረት ዝግበር ናይ ንባብን ትምህርትን ግዜ ኣብ ወርሓት ከረምታዊ (summer) ኣብ ንባብ ትሕት ዝበለ ነጥቢ ዘለዎም ሓገዝ ዜድድልዮም ካብ 1 – 5 ክፍሊ ዘለው ተመሃሮ ሓደ ንሓደ ዝሕግዝዎም መማህራን ተመዲቦም ብናጻ ከምዝመሃሩ ስለዝግበር ንደቅኹም ብእዋኑ ኣመዝግብዎም።
- +ከመሃሩ ዝደልዩ ኣብዚ ዚስዕብ ኪምዝገቡ ይኽእሉ www.teamread.org
- +በዚ ዝስዕብ rose@teamread.org 206-683-3689 ምስ ሮዝ ናካኖ ክትራኹቡ ትክእሉ።

TÌM HIỂU NHỮNG NGHỀ NGHIỆP VÀ TIẾP TỤC VIỆC HỌC TRONG MÙA HÈ Bài viết bởi Nha Học Chánh Seattle/By Long Luu

- Có nhiều cơ hội học hỏi miễn phí cho học sinh trong mùa hè này: Seattle Skills Center
- Các học sinh vào từ lớp 9 – 12, có thể tìm hiểu các nghề về xây cất, nghệ thuật họa và những ngành nghề khác ở Skills Center, nơi này cung cấp miễn phí những khóa học về kỹ thuật cho các học sinh thuộc nhà học chánh Seattle.
- Hạn chót để nộp đơn là Thứ Sáu 15 tháng Sáu
- Để duyệt xem các khóa học và để ghi tên hãy vào trang mạng <https://skillscenter.seattleschools.org/> hoặc gọi số 206-252-0730
- Ghi tên vào lớp Mẫu Giáo và lớp Võ Lòng
- Lớp võ lòng là khóa học một tuần lễ giúp cho các em học hỏi kinh nghiệm để vào lớp Mẫu giáo, khóa bắt đầu từ 20 – 24 tháng 8.
- Để biết thêm thông tin, hãy vào trang mạng <http://tiny.cc/EarlyLearn> hoặc hãy gọi 206-252-0127
- Nếu con em của quý vị tròn 5 tuổi vào 31 tháng 8, thì đây là lúc để ghi tên vào Mẫu giáo. Hãy ghi tên trên mạng www.seattleschools.org/admission/registration. Hãy liên lạc admission@seattleschools.org hoặc gọi cho số 206-252-0760 để biết thêm thông tin.
- Kèm Đọc Sách trong mùa hè với nhóm Đọc Sách
- Các học sinh từ lớp 1 – 5 mà điểm đọc sách dưới trung bình, được khuyến khích ghi tên vào khóa miễn phí để được kèm bởi nhóm Đọc Sách trong mùa hè này.
- Hãy ghi tên trên mạng bằng cách vào www.teamread.org
- Hãy liên lạc Rose Nakano ở rose@teamread.org, hoặc gọi cho số 206-683-3689

Школьники: получите профориентацию и продолжите учебу летом Информация от Управления школ города Сиэтла/By Irina Vodonos

- Этим летом у школьников есть масса возможностей бесплатно получить знания в разных областях:
- Seattle Skills Center: Ученики, которые осенью пойдут в 9-12 классы, могут примерить на себя карьеру строителя, художника-графика и много других вариантов, если запишутся на профессиональные и технические курсы для учащихся муниципальных школ Сиэтла. Запись заканчивается в пятницу, 15 июня. Ознакомиться с программой и зарегистрироваться можно на сайте <https://skillscenter.seattleschools.org> или по телефону 206-252-0730.
- Запись в подготовительный класс и программа Jump Start: Если к 31 августа 2018 г. вашему ребенку исполнится 5 лет, значит, вам пора записывать его в подготовительный класс. Это можно сделать на сайте www.seattleschools.org/admissions/registration. Если у вас есть вопросы, пишите по адресу admissions@seattleschools.org или звоните по телефону 206-252-0760. Также будущих подготовишек приглашают поучаствовать в Jump Start – бесплатной недельной программе с 20 по 24 августа, в ходе которой дети, поступающие осенью в подготовительный класс, начнут свое знакомство со школой. За дополнительной информацией обращайтесь на сайт <http://tiny.cc/EarlyLearn> или по телефону 206-252-0127.
- Дополнительные занятия по чтению с Team Read: Ребята, которые осенью пойдут в начальные классы (с 1-ого по 5-ый), и которые отстают по чтению, могут заниматься с репетиторами по индивидуальной программе организации Team Read. Записаться можно на сайте www.teamread.org. С вопросами обращайтесь к Роуз Накано по адресу rose@teamread.org или по телефону 206-683-3689.
- Зачеты для старшеклассников: Старшеклассники, которые не сдали английский язык, математику или общественные науки, могут получить зачет по этим предметам, пройдя короткий курс со 2-ого по 27-ое июля. Свяжитесь с консультантом в школе, которую посещает ваш ребенок, чтобы узнать, есть ли у него незачеты. Дополнительную информацию можно получить на сайте www.seattleschools.org/summer_learning или по адресу psummerprograms@seattleschools.org.

ያሎትን ዕድል ሁሉ በመጠቀም የበጋ ትምህርት ይቀጥሉ በሲያትል የህዝብ ትምህርት ቤቶች/By Abdu Gobeni

- በዝህ በጋ ወቅት ለተማሪዎች የሚሆኑ የተለያዩ በርካታ የትምህርት ዕድሎች ኣሉ።
- የሲያትል የክህሎት ማዕከል
- ከ 9 ደ 12ኛ ክፍል የሚገቡ ተማሪዎች የግንባታ ስራ፤ በጥበብ ንድፍ እና ሌሎች የሙያ መስኮች ተጠቃሚ እንደሆኑ የሲያትል የክህሎት ማዕከል በሲያትል የህዝብ ትምህርት ቤቶች ለሚማሩ ተማሪዎች ነጻ የሙያና የቴክኒክ ትምህርት ኮርሶችን ያመቻቻል።
- የማመልከቻ የመጨረሻ ቀን፡ ኣርብ ሰኔ 15 ነው።
- ኮርሶችን ለማየትና ለመመዘገብ ይህንን ድህረ ገጽ ይጎብኙ <https://skillscenter.seattleschools.org> ወይንም በዚህ ቁጥር ይደውሉ 206-252-0730
- የመዋለ ህጻናት ምዝገባና የመጀመሪያ ሳምንት
- የመጀመሪያ ሳምንት ነጻ የመዋለ ህጻናት የልምድ መቅሰሚያ ሳምንት ሲሆን ይህም ከነሃሴ 20 ደ 24 የሚካሄድ ይሆናል። ለተጨማሪ መረጃ ይህንን ድህረ ገጽ ይጎብኙ <http://tiny.cc/EarlyLearn> ወይንም በዚህ ስልክ ይደውሉ 206-252-0127
- የእርሶ ልጅ በነሃሴ 31 ኣምስት ኣመት የሚሞላ ከሆኔ ለመዋለ ህጻናት ትምህርት ያስመዝግቡት። በኣን ላይን ላይ ለማስመዘገብ ይህንን ይጫኑ www.seattleschools.org/admissions/registration. ለተጨማሪ መረጃ ያናግሩ admissions@seattleschools.org ወይም ይደውሉ 206-252-0760
- በዚህ በጋ ወቅት ከ ኣንባብያን ቡድን ጋር ንባብና የመምህር ድጋፍ
- ከ 1 - 5 ክፍል የሚማሩና የንባብ ደረጃቸው ዝቅተኛ የሆኑ ተማሪዎች በየበጋ ወቅት የንባብ ቡድን መረጋግብር በሚሰጠው የአንድ ለአንድ ያለክፊያ የመምህር ድጋፍ ላይ እንድሳተፉ ይበረታታሉ።
- አንላይን ለመመዘገብ ይህንን ይጫኑ www.teamread.org
- ሮስ ናካኖ በዝህ ያግኙት rose@teamread.org ወይም ለተጨማሪ መረጃ በዚህ ይደውሉ 206-683-3689
- ለሁለተኛ ደረጃ ተማሪዎች የብድር ማስገኛ
- የቋንቋ ጥበብ፤ ሂሳብና ማህበራዊ ጥናት ትምህርቶችን መከታተል ለሚፈልጉና ያለፈውን ፈተና ላለፉ ተማሪዎች ነጻ የብድር ድጋፍ ይኖራል። ትምህርቱ የሚጀመረው ከሀምሌ 2-27 ነው።
- ወላጆች ተማሪው ብድር የሚያስፈልገው ስለመሆኑ የሁለተኛ ደረጃ ትምህርት ቤቱን ካወንሰለር ወይም ኣማካሪ ማናገር ኣለባቸው።
- ለተጨማሪ መረጃ ይህንን ይጫኑ www.seattleschools.org/summer_learning ወይም ኢሜይል ያድርጉ spssummerprograms@seattleschools.org

Raadso xirfadaha iyo sii wadashada waxbarashada xilliga xagaaga Dugsiyada Dadweynaha ee Seattle/By Saido Alinur

- Waxaa jira fursado waxbarasho oo kala duwan bilaashna ah oo loogu talagalay ardayda xagaagan:
- Xarunta Xirfadaha Seattle
- Ardayda galaysa fasalada 9 - 12 waxay sahaamin karaan xirfadaha ganacsiga, farshaxan sawireedyada, iyo xirfado kale iyada oo loo marayo Xarunta Xirfadaha, kuwaas oo bixiya koorsooyin Dugsi iyo Farsamo Waxbarasho oo bilaash ah looguna talagalay ardayda SPS.
- Xilliga codsiga kama dambaysta ah: Friday, Juun 15.
- Si aad u aragtid koorsada la bixinayo iyo diiwaangelinta raac khadkan <https://skillscenter.seattleschools.org> ama wac 206-252-0730
- Diiwaangelinta Xanaanada iyo Bilowga hore
- Bilowga hore waa usbuuc waayo aragnimo oo loogu talagalay xanaanada caruurta si uu wax uga barto dugsiiga kaas oo dhici doona Agoosto 20th – 24th. Wixii macluumaad dheeraad ah raac khadkan <http://tiny.cc/EarlyLearn> ama wac 206-252-0127
- Haddii ilmahaagu gaarayo 5 jir 31-ka Agoosto, waa waqtigii lagu qori lahaa xanaanada. Ka diiwaan gali khadkan www.seattleschools.org/admissions/registration. La xiriir admissions@seattleschools.org ama wac 206-252-0760 wixii warbixin dheeraad ah.
- Contact Rose Nakano at rose@teamread.org or call 206-683-3689 for more information

OUR COMMUNITIES

STORIES FROM OUR FRIENDS AND NEIGHBORS

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Free Dental, Vision & Medical Care for People in Need*



One month earlier this year!

September 20 - 23, 2018
KeyArena at Seattle Center

**We provide meals and parking.
You contribute expertise,
skills and compassion!**



- Interpreters help patients navigate the Clinic and to understand and respond to basic questions.
- Interpreters **do not** need to be medically certified.
- Interpreters **fluent** in Spanish, Mandarin, Cantonese, Vietnamese or Amharic are especially needed.
- Interpreters cannot attend the Clinic as a patient on the same date as volunteer service.
- Interpreters should not volunteer on the same date they accompany a friend or family member as a patient.
- Volunteer for as many days as you desire.
- Full shift participation is requested to help maintain operational efficiency. Shift start and end times are indicated next to each assignment in the registration system.

REGISTER ONLINE
seattlecenter.org/volunteers
Please register by August 31st
Questions: SKCClinic@seattlecenter.org

