



A community-based newspaper serving the Puget Sound area since 1981



The Voice

July
2018
*Articles translated
into six languages*

The newspaper of Neighborhood House

The Voice is changing to digital delivery

To receive future electronic issues, SHA needs your email address

BY SEATTLE HOUSING AUTHORITY

For many years, the Seattle Housing Authority has contracted with Neighborhood House to produce, publish and distribute The Voice to residents of SHA housing. Neighborhood House recently informed SHA that they are restructuring and have made the decision not to renew The Voice contract when it expires June 30, 2018. Neighborhood House will cease publication after the July issue.

SHA is committed to maintaining a robust and effective information source that connects residents with community news and with each other.

SHA will temporarily suspend The Voice after the July issue for a few months while we gear up to take on production in-house. We plan to create a digital version that will enable interactivity not possible in print, such as easy-to-use direct links to a host of resources related to topics covered in The Voice. An e-newsletter will mean we can reach residents in a more effective and timely way via computers, mobile phones and other devices.

SHA has been communicating with participants in the Housing Choice Voucher program exclusively via electronic newsletter for several years and we will combine that news, now coming out under the title Pathways, with news for SHA housing residents, so that we reach all SHA tenants in one combined digital publication called The Voice.

In conjunction with piloting electronic-based distribution of The Voice and other information, SHA is launching an effort to ensure we have up-to-date email addresses and mobile phone numbers so residents don't miss a single issue of the new combined Voice or other important communications. Please be sure that SHA has your current email address and mobile phone number:

Update your contact information

Please submit updated contact information directly to your building's property manager. You can do it in person, by writing or calling the property management office, or online at www.seattlehousing.org. Click on "Current Tenants," choose

"SHA housing tenants" and select "Contact property manager."

For residents who do not have personal computers and smart phones, we will be posting information about access at public libraries, computer labs and other locations.

We hope to hear from you with thoughts and ideas for the new digital version of The Voice, and on how SHA can best communicate with you. While The Voice is on hiatus, SHA will continue to share important news for residents directly and by posting information in building common areas. Residents can also find general news and information by visiting the SHA website at seattlehousing.org, and can learn about activities taking place at specific locations by going to the property's Community News and Events page on the website.

A copy of the survey is included in this issue.

Share your view

As we deliver The Voice in a new electronic format, we want to hear from residents, voucher holders, community partners and others on how it's working for you, and the type of content and coverage you would like to see.

Please share your thoughts by going to www.seattlehousing.org and clicking on The Voice Survey posted on the homepage. Or write to us at SHA Communications Department, PO Box 19028, Seattle, WA 98109.

The survey period extends through July 31. If you don't have email, contact your community builder for advice on how to get training and access to the internet.

Not just tinkering around

Superheroes club for kids may still be just a toddler, but it's more popular than ever

TEXT AND PHOTOS BY
MEREDITH WENGER
Special to The Voice

When a small group of 13 and 14 year-old Big-Brained Superheroes started the Big Brain Buddy Program in late 2015, no one really knew what to expect. The Big-Brained Superheroes Club, (BBSC), a drop-in after-school program at Yesler Community Center, had always highly prioritized and rewarded leadership and teamwork, but when older Big Brains de-

ecided to dedicate themselves specifically to mentoring their younger neighbors, the challenges were many.

Kids are kids, after all. But here we are two years later, and thanks to a lot of persistence and adaptability along with help from a variety of contributors, including Seattle's Neighborhood and Community Technology matching funds, the BBSC has officially hired 12 Big Buddies and counting.

Please see "Superheroes" on Page 5



Big Buddies Ahmed and Abdi use LEGO to teach kids about symmetry (and even use spinning tops made of LEGO to complete a circuit) at Seattle's Mini Maker Faire.

Neighborhood House
The Weller Building
1225 S. Weller St. Suite 510
Seattle, WA 98144

Nonprofit org.
U.S. postage PAID
Seattle, WA
Permit #8887

In this issue

Health Notes
Understanding hepatitis

Page 2

SHA News
Yesler Terrace Park opens Aug. 25

Page 3

Translations

Page 7

Health Notes

R A column devoted to your well-being

Should you be tested for hepatitis C?

By LISA RICHTER
Neighborcare Health

According to the U.S. Department of Health and Human Services, more than 3 million people in the U.S. have hepatitis C (hep C), a viral infection that targets the liver. Baby boomers, or people born between 1945 and 1965, are at the highest risk of having the infection and spreading it to others.

Getting tested for hep C is important because most people with infection do not know they have it. If left untreated, hep C can lead to liver damage and liver cancer. The good news is that there are now very successful options for treating hep C.

How to prevent hepatitis

The most common types of hepatitis are A, B, and C.

Hepatitis A – this virus is spread from an infected person’s feces to an uninfected person’s mouth. This typically happens when a person uses the restroom, then does not wash their hands before preparing food. The best way to keep from getting or spreading hepatitis A is to get the vaccine and to always wash your hands after using the restroom.

Hepatitis B – this virus is spread when body fluids, such as blood, saliva or semen, from an infected person make contact with the body fluids of an uninfected person. To keep from getting or spreading hepatitis B, get the vaccine, use condoms during sexual activity and do not share personal items that make contact with body fluids, such as needles, shaving razors or toothbrushes.

Hepatitis C – this virus is spread when the blood from an infected person makes contact with the blood of an uninfected person. While there are vaccines for hepatitis A and B to help prevent infection, the only way to prevent hepatitis C is by taking important steps to protect yourself, including the following:

- Get tattoos and piercings from a licensed shop with sterile equipment
- Do not share personal items that may have infected blood on them, such as shaving razors or toothbrushes
- Use new, clean needles and equipment every time when injecting drugs

Make an appointment with your medical provider to talk about all the ways you can protect yourself from a hepatitis infection.

Who should get tested for hep C?

Anyone can develop hep C, but baby boomers, or people born between 1945 and 1965, are five times more likely to have the infection. There are a number of reasons why experts think this generation has higher rates of hep C, such as the increase in drug use from the 1960s to the 1980s and

no screening process for blood donations until 1992.

Hepatitis C can slowly cause damage to the liver over time, which can lead to scarring (cirrhosis) or liver cancer. Many people who are infected may not have symptoms, and can live for years without knowing they have the virus. The groups with the biggest risk include:

- People born from 1945 to 1965
- People who inject drugs or who have injected drugs in the past, even if once or many years ago
- Recipients of clotting factor concentrates before 1987 (for diseases such as hemophilia)
- People who received blood transfusions or organ transplants before July 1992
- Long-term kidney dialysis patients
- HIV-infected persons
- Children born to infected mothers

If you are included in any of these groups, you need to get tested for hepatitis C.

Where and how to get tested or vaccinated

Your primary medical care provider can test you for any type of hepatitis and give you vaccines for hep A and hep B. To test for hep C, your medical provider will need a blood sample for a hep C antibody test. This test will check to see if you have ever been infected with hep C. A second test will confirm if the virus is still active in your body. Tell your health care provider if you think you have been exposed to hepatitis recently.

Neighborcare Health offers testing at all of our medical clinics in Seattle. Results are usually available within a week. Visit neighborcare.org to find a clinic near you.

Is there a cure for hep C?

There are several different medications available for people who have hep C. Your health care provider or specialist can help you decide which medication is right for you. The treatment is as easy as taking a pill once a day, usually for 12 weeks. There are generally no side effects. The treatments are 95 percent effective, meaning 95 percent of people who take the medications are cured of hep C. Three months after you complete your treatment, you’ll be tested again to confirm the infection is gone.

For more information about hepatitis C go to cdc.gov/knowmorehepatitis or talk to your health care provider.

Neighborcare Health is the largest provider of primary medical and dental care in Seattle for low-income and uninsured families and individuals, serving our community for 50 years. More information is available at www.neighborcare.org.

Be Safe

Keep safe during your summer travels

By SEATTLE NEIGHBORHOOD GROUP

The official start of summer was June 21, and you’re thinking about taking a trip either alone or with the family. It could be for a weekend, a week or more. Before you buckle everyone up in the car, get on that plane or hop on a train or bus, here are a few safety travel tips to consider so that you and your family have a happy vacation experience.

Secure everything in your home before you leave

If there is something of value in your home, such as important papers or jewelry, make certain these items are secured in a safe area. Don’t forget to check that all windows and doors are locked and secured. Invest in an electronic timer that turns your lights or your television on and off. Did you turn off the oven and stove?

Share your travel information

Let someone you know and trust what your travel plans are and how they might be able to reach you in the event of an emergency. If you’re a renter, be sure to let your landlord or property manager know when you are leaving and your return date. Always let them know how you can be reached. Sharing this information is especially important if you are traveling alone.

On the road

You’re going to a new destination – have you familiarized yourself with the area of where you’re going? Do you know what type of public transportation is available? Maybe you want to be near a shopping mall or grocery store. Or maybe it’s important to you to know where the nearest hospital or police station is located. Do some local area research before you leave on your trip.

Remember, especially in an unfamiliar area, it’s NEVER a good idea to walk with your eyes glued to your cell phone. If you’re in a popular tourist spot, there are always opportunists looking for that target who is

Seattle Neighborhood Group educates, organizes and collaborates with residents, businesses, government entities and other organizations to create safe communities through equitable engagement, with a focus on underserved populations.



on their cell phone and is an easy victim of cell phone or purse/bag grabs. Don’t be guilty of “vacation brain.” You can be relaxed, but don’t be foolish. Be mindful of your surroundings.

Try to keep taking electronic devices to a minimum. It’s always good to have a portable backup charger for your cell phone.

Take a travel medical emergency kit with you. There are various sizes available at most any drug store that meet the needs of one person or a whole family. Decide what is best for you. If you have someone with ongoing health issues such as allergies, you’ll want to know where the nearest hospital is in case of an emergency. Travel with hand sanitizer, it always comes in handy.

If you’re driving, think about what you might need in case of a car breakdown. A good flashlight is a good thing to always have in your car.

Traveling with kids

Make certain your kids know the name of any hotels or motels you might be staying at. If, for any reason, they get separated from you this information is important for them to know. If your kids are older and you get separated, think about identifying a designated place where they would go to look for you. Remind all your children about not leaving an area with anyone they don’t know.

Remember that hint about traveling with hand sanitizer? You might want to use some of it to wipe down the television remote, room phone or light switches to keep the germ quotient down.

Giving a little thought and planning around protecting yourself and your family before you venture out on a fun journey can help lessen unnecessary anxiety so you can spend more time building happy memories.

Seattle Youth Commission now accepting applications

By CITY OF SEATTLE

The City of Seattle is now accepting applications for the Seattle Youth Commission, a 15-member commission ages 13-19 that addresses issues of importance to youth. Appointed by the Mayor and Seattle City Council, youth serving on this commission work with elected officials, City staff, community leaders and young people citywide make positive changes in their communities through policy, organizing and events.

The deadline to apply is Monday, July 16 at 5:00 p.m.

Commissioners serve a two-year term beginning in September 2018 and ending June 2020. The commissioners meet the

first and third Wednesdays of each month at Seattle City Hall from 4:30 p.m. until 6:00 p.m. and will have additional committee commitments. In addition, the commissioners are required to attend a half-day retreat on Saturday, Sept. 22.

How to apply

To apply, complete and submit the online application, <https://www.surveymonkey.com/r/syc-2018application>, by July 16 at 5 p.m.

Interviews for applicants will be held on Aug. 6 and 8 from 4 – 6 p.m.

For questions, contact seattleyouthcommission@seattle.gov or call 206-256-5970.

The Voice

Editor

Nancy Gardner

Contributing Writers

Meredith Wenger

The Voice, the newspaper of Neighborhood House, has been published monthly with the support of Seattle Housing Authority. Neighborhood House helps diverse communities of people with limited resources attain their goals for self-sufficiency, financial independence and community building. The Voice has contributed to that mission by providing low-income people, immigrants, refugees and other concerned parties with timely, relevant news. Opinions expressed do not necessarily reflect those of the staff, Neighborhood House or Seattle Housing Authority.

Yesler's continuing transformation

PHOTO AND TEXT BY JARED JONSON
Seattle Housing Authority

The transformation of Yesler into a vibrant new urban community is becoming more apparent with the emergence of new housing, parks, services, community organized activities, art and transportation choices.

Building homes

In 2017, Hoa Mai Gardens opened to serve 111 low-income families including many original Yesler Terrace residents. This year, Batik, a private sector development, opened, featuring 195 apartments, including 39 at below market rent for people with low incomes. Batik will also host a locally owned coffee business, opening in the fall. Three additional apartment buildings are currently under construction with two others in design. They are a mix of market-rate and affordable housing, as called for in the master plan for redevelopment of Yesler.

Neighborhood connectors

Launched in 2018, the Yesler Neighborhood Connectors is a gathering of neighbors from across the community who meet bi-monthly, often around a shared meal.

"The group creates cross-cultural events and develops opportunities to provide hospitality to new neighbors as well as activities to strengthen existing social networks at Yesler," said Ben Wheeler, Seattle Housing Authority's Yesler Community Builder.

Youth activity



The Greater Seattle Bureau of Fearless Ideas, located in a ground-floor space at Hoa Mai Gardens, is a new youth services provider at Yesler. The BFI believes that the power of words, well-written and well-spoken, can open doors to important opportunities. Tutoring, writing and publishing programs are offered to youth ages 6 to 18.

All programs are free and open to families from any background. The BFI is currently serving 40 youth at Yesler. Program Manager Lakesha Kimbrough is happy to talk about the program and can be reached at 206-712-2445.

Please see "Yesler" on Page 8

Yesler Terrace Park grand opening Aug. 25

Yesler Terrace Park will officially open for public enjoyment on Aug. 25. A free community celebration will take place between 11:00 a.m. and 3:00 p.m. There will be a ribbon-cutting ceremony at noon, followed by food and activities.

Yesler Terrace Park is a community gathering space for all to enjoy, and we encourage residents to plan their own activities in the park that day. If you are interested, please contact Ben Wheeler, Yesler's Community Builder for assistance at ben.wheeler@seattlehousing.org or 206-343-7484. All are welcome to attend.

SHA invites comments on proposed changes to Voucher Payment Standards

BY SEATTLE HOUSING AUTHORITY

Voucher Payment Standards (VPS) establish the maximum amounts SHA pays toward the difference between what a Housing Choice Voucher tenant (voucher holder) pays based on their income and the actual total rent and utilities. In setting the VPS, SHA continually seeks to balance serving the most people with serving people effectively, taking into account market conditions, cost factors and other related circumstances. The SHA Board of Commissioners is currently considering a change to the VPS that would affect Tenant-Based Voucher holders leasing or seeking to lease in the private rental market. The policy proposal would have no impact on residents in other SHA housing programs.

To address the issue of decreasing buying power of vouchers in the current rental market in Seattle due to rising rents, SHA is proposing an increase in the VPS for new voucher holders seeking to rent in the private market. In addition, to address the issue of households already leased with a voucher in the private market that have become rent-burdened and thus at risk of losing their housing, SHA is proposing to extend the increased VPS to those households.

The public comment period will be open through July 23, 2018. To read the policy statement, background information and impact analysis, and to submit comment, please go to the SHA website at seattlehousing.org and click on VPS Public Comment on the homepage. Or to obtain more information, you may send an email to MTW@seattlehousing.org, or call 206-615-3576. To submit comment by U.S. Mail, write to Seattle Housing Authority, Attention Policy Office, PO Box 19028, 190 Queen Anne Ave N, 5th Floor, Seattle, WA 98109. Or deliver in person 8 a.m. to 5 p.m. to the 5th Floor receptionist at 190 Queen Anne Ave N, Seattle.

A public hearing on the proposed VPS change will be held on **July 9, 2018 at 3 p.m. in the Jesse Epstein Conference Room, First Floor, 190 Queen Anne Ave N, Seattle. If you need interpretation services for the meeting, please call 206-615-3576 by July 5.**

Share your ideas on SHA's 2019 budget

BY SHELLY YAPP
SHA Chief Financial Officer

Thanks in part to the advocacy of public housing residents and voucher holders in communities around the country, including here in Seattle, we have good news coming out of Congress on the 2018, and likely 2019, federal budgets for housing and services for people with low incomes.

In early February 2018, Congress passed and the president signed the Bipartisan Budget Act of 2018. This act raised the budget spending ceilings for defense and non-defense discretionary budgets for both 2018 and 2019.

Among other federal agencies, the non-defense discretionary budget includes funding for U.S. Department of Housing and Urban Development programs such as public housing operating subsidies and capital grants, Housing Choice Voucher rental assistance, McKinney homeless assistance grants and community development block grants.

In March, Congress passed the 2018 budget, which preserved and even slightly increased HUD's budget, which has not been keeping up with demand for many years. As Congress goes through the federal appropriations process for 2019, SHA is hoping that their budget actions of 2018

bode well for prospects in 2019.

You can help SHA choose priorities for next year by completing the online **2019 Community Budget Priorities Survey. Go to www.seattlehousing.org and click on the survey link. The survey will be posted until July 15.** Thank you very much for your continued interest and engagement.

FREE Dental, Vision & Medical Care



SEATTLE/KING COUNTY CLINIC
One month earlier this year!
September 20 - 23, 2018 at Seattle Center

About the Clinic

- All are welcome! Patients DO NOT need ID or proof of immigration status.
- The Clinic serves people in need who struggle to access and/or afford healthcare.
- Admission tickets distributed at 5:00 AM in the tent on Fisher Pavilion at Seattle Center (Corner of 2nd Ave N & Thomas St)
- No advance registration: FIRST-COME, FIRST-SERVED
- FREE parking in two locations:
 - Mercer St. Garage, 650 3rd Ave N
 - 1st Ave Garage, 220 1st Ave N
- **This will be a long day. Come prepared to take care of yourself.** Bring food, beverages and any medications you may need throughout the day. Wear comfortable clothing.
- There will be a large number of patients. **You cannot get both dental and vision care on the same day.** Patients can wait in line for an admission ticket on another day for additional services.
- Interpretation will be available throughout the Clinic.

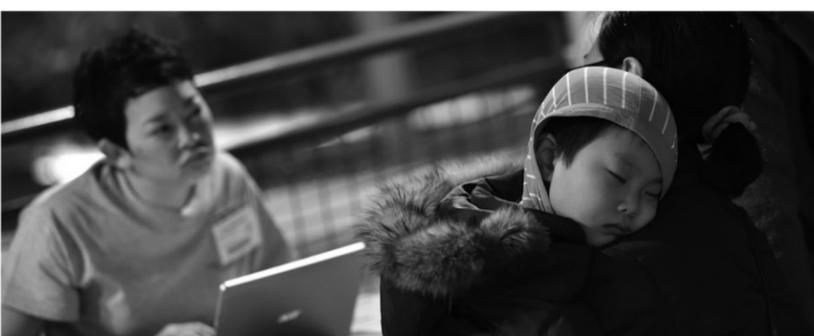
All Services are FREE

DENTAL: Fillings, extractions, x-rays, deep cleanings

VISION: Vision screening, complete eye exams, reading glasses and prescription eyeglasses.
Bring a current eyeglass prescription (no older than one year) to skip the exam and just get eyeglasses.

MEDICAL: Physical exams, PAP smears, x-rays, EKGs, mammograms, ultrasounds, foot care, wound care, select lab tests, behavioral health, immunizations, acupuncture, naturopathic and chiropractic care, physical therapy consultation, nutrition and pharmacy counseling, skin cancer screening

RESOURCES: Social work, help with health insurance, and more



More Info: seattlecenter.org/patients
 Email: SKCClinic@seattlecenter.org
 Phone: 206.684.7200

Superheroes

Continued from Page 1

In just the last year, Big Brains Buddies have made themselves fairly indispensable to the Big Brain community, such as when The BBSC universe underwent an unexpected remodel and Buddies innovated space efficient solutions to make everything better. Several Big Buddies have also been fixing Yesler residents' broken PCs, laptops and other devices.

Beyond Yesler, Buddies have been leading Big-Brained Superhero outreach activities at events around Seattle, including Seattle's Mini Maker Faire, Seattle's Children's Festival, and Facebook's BlackinTech Hackathon (where one Buddy helped present the robotic jellyfish Big Brains had programmed to respond to light). Through it all, Buddies have gained valuable technology skills while developing and honing their real-world superpowers, such as their kindness, sense of adventure and creativity.

Yesler Community Day and Juneteenth celebrations provided an opportunity for Big Buddies to show off their past work while developing new learning activities for event participants. Current activities they're working on include projects based on their experiences and knowledge gained in the BBSC combined with their personal memories of their favorite activities from the Yesler community events of their childhoods.

With all the changes happening in the neighborhood, Yesler teens are working hard to keep their own childhood traditions alive while building a kinder, nerdier, more imaginative world for their younger neighbors through tinkering, building, teaching and repairing.

The Big Brain Buddy Program is currently open to Yesler community teens and

young adults, eligible to work in the United States, who are excited to work hard, lead well, and build brains. Program hours are Monday, Wednesday and Friday from 5 to 7 p.m. and Saturday from 11 a.m. to 3 p.m. The number of work hours available is always dependent on program funding levels.

To contribute to The Big-Brained Superheroes Club, generally, or to the Big Buddy Program, specifically, go to <http://www.bigbrainedsuperheroes.org/specialevents> or send a check to:

The Big-Brained Superheroes Club
c/o Yesler Community Center
917 E Yesler Way
Seattle, WA 98122

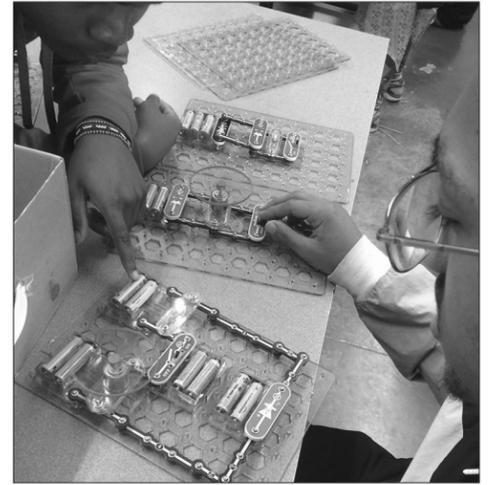
Meredith Wenger has been applying her master's degree in human-centered design and engineering to diverse educational and social causes for over 10 years. She has been developing The Big-Brained Superheroes Club with youth at Yesler Community Center on a voluntary basis since 2011.



Big Buddy Sammy helps Big-Brained Superheroes solve coding challenges at Facebook's BlackinTech Hackathon.



Big Buddies Yussuf, Nurham, and Abdi research and document a solution to a technical problem.



Buddies Carlos and Ahmed experiment with various electric circuit formations with Snap Circuits kits.



Presented by Seattle Parks and Recreation's Get Moving Initiative



FREE TRANSPORTATION!

One-time pick-up from these Community Centers and locations:

- South Park** / 206-6847-451 / 8319 8th Ave. S, Seattle WA 98108
- International District Chinatown** / 206-233-0042 / 719 8th Ave. S, Seattle WA 98104
- Yesler** / 206-386-1245 / 917 E Yesler Way, Seattle WA 98122
- Magnuson*** / 206-684-7026 / 7110 62nd Ave. NE, Seattle WA 98115
- Seattle Housing Authority:**
- Yesler** / 917 E Yesler Way, Seattle WA 98122
- Lake City Court*** / 206-569-4589 / 12536 33rd Ave NE, Seattle WA 98125
- High Point Center Neighborhood House** / 6400 Sylvan Way SW, Seattle WA 98126
- El Centro De La Raza** / 1660 S Roberto Maestas Festival St., Seattle WA 98144

* Pick-up time: Between 11-11:15 a.m. for all sites except Magnuson which is 10:45-11 a.m. and Lake City Court which is 11:15-11:30 a.m.

Hourly shuttles from these sites:

- Rainier Beach Community Center** / 206-386-1925 / 8825 Rainier Ave. S, Seattle WA 98118
- Seattle Housing Authority:**
- New Holly Gathering Hall** / 206-883-7841 / 7054 32nd Ave. S, Seattle WA 98118
- Rainier Vista Neighborhood House** 206-883-7841 / 4410 29th Ave. S, Seattle WA 98108

*Pick-up time: Shuttles will run every hour, on the hour, from these sites starting at 11 a.m.

- CONTINUOUS RETURN SHUTTLE SERVICE WILL BE AVAILABLE LEAVING EVERY HOUR, ON THE HOUR, STARTING AT 2 P.M. TO ORIGINAL PICK UP LOCATIONS
- FINAL DEPARTURE TIME: 4:45 P.M. TO ORIGINAL PICK UP LOCATIONS
- YOUTH UNDER 12 MUST BE ACCOMPANIED BY AN ADULT

bigdayofplay.com | facebook.com/bigdayofplay

COMMUNITY RESOURCES



Free summer meals and recreation activities!

At 19 park sites across Seattle



Seattle
Parks & Recreation

This summer, Seattle Parks and Recreation, Seattle Human Services Department, and United Way of King County are partnering to host a drop-in summer program offering free meals and recreation activities. Recreation activities are open for kids and teens ages 1 to 18 and may include arts, crafts, board games and organized recreational games. A free lunch and snacks will be offered to youth ages 1 to 18. The program will run daily through Aug. 24 from 9:30 a.m. to 4 p.m. Monday through Friday rain or shine at 19 park sites across Seattle.

2018 SUMMER MEALS AND RECREATION FIELD DAYS LOCATIONS:

- Beacon Hill Playground: 1902 13th Ave. S
- Beer Sheva Park: 8650 55th Ave. S
- Brighton Playground: 6000 39th Ave. S
- EC Hughes Playground: 7907 30th Ave. SW
- Georgetown Park: 750 S Homer St.
- Greenwood Park: 602 N 87th St.
- Highland Park: 1100 SW Cloverdale St.
- Judkins Playground: 2150 S Norman St.
- Lakewood Playground: 5013 S Angeline St.
- Lakeridge Playground: 10145 Rainier Ave. S
- Little Brook Park: 140th and 32nd Ave. NE
- Madrona Playground: 3211 E Spring St.
- Maplewood Playfield: 4801 Corson Ave. S
- North Acres Park: 12718 1st Ave. NE
- Othello Playground: 4351 S Othello St.
- Peppi's Playground: 3233 E Spruce St.
- Powell Barnett Park: 352 MLK Jr. Way
- Pratt Park: 1800 S Main St.
- Roxhill Park: 2850 SW Roxbury St.

For questions or more information about the program, please contact Nicholas Farline, Sr. Recreation Program Specialist at 206-615-0303 or nicholas.farline@seattle.gov or go to <http://parkways.seattle.gov/2018/05/17/free-summer-meals-recreation-activities/>

KEXP and Seattle Center host free concerts at the Mural Amphitheatre

Concerts at the Mural is back for another summer of free concerts featuring top artists from our region and beyond. Presented by KEXP and Seattle Center, Concerts at the Mural brings music to the stage of the Mural Amphitheatre at Seattle Center for live concerts starting at 5:30 p.m. each Friday in August.

August 3

Tacocat
The Coathangers
Snuff Redux

August 10

Sub Pop's Big 30th Anniversary
Afghan Whigs, Mass Gothic
Yuno

August 17

Delvon Lamarr Organ Trio
The True Loves
Surprise Guest

August 24

Moondoggies
Jo Passed
The Black Tones



COMMUNITY LIVING CONNECTIONS
LINKING YOU TO
Personalized Care & Support Options

Community Living Connections

Good news—Community Living Connections is now available throughout King County! Adults dealing with aging or disability issues now have easier access to services and information. Community Living Connections staff are highly trained and skilled at finding people the right kind of help, where and when they need it.

If you or someone you know is facing aging or disability issues, contact Community Living Connections:

206-962-8467
1-844-348-5464 (toll free)

All calls to the Community Living Connections line are free and confidential.

Our staff will help you figure out the kind of assistance that meets your needs. One of the many benefits of Community Living Connections is that we offer access to a network of services and providers close to your community.

Q&A

What is Community Living Connections?

It's a network of advocates for adults facing aging or disability issues. Community Living Connections provides anyone who calls a caring, highly-trained specialist who will give them easy access to information, individual consultation and service options. Often, we can connect people with services close to their home, reducing stress and travel time.

Who is able to receive help?

While our services are geared toward those needing help with aging or disability issues, Community Living Connections staff will help anyone who calls.

How reliable is your network?

Community Living Connections provides the most comprehensive, reliable network for aging and disability services in the King County area. Our highly-trained staff and network of providers are supported by a broad base of funders giving us the ability to offer people a variety of options for programs and services.

How much does it cost?

Calls are free and confidential.

How do I get help?

Call Community Living Connections at 206-962-8467 or toll free 1-844-348-5464.

Talk With Your Kids

Marijuana can increase the risk of school failure and depression.

StartTalkingNow.org



Dr. Glen Tamura, MD, Seattle Children's Hospital
& UW Department of Pediatrics

TRANSLATIONS

TRANSLATED ARTICLES FROM THE VOICE

The Voice- El periódico La Voz ahora será digital/By Jonny Fernandez

Neighborhood House recientemente informó a Seattle Housing Authority / La Autoridad de la Vivienda de Seattle, que se han reestructurado y han decidido no renovar su contrato con SHA para producir The Voice /La Voz, y este expira el 30 de Junio de 2018.

SHA suspenderá temporalmente el periódico llamado The Voice después del número de Julio, y se reanudará en unos pocos meses como un boletín electrónico, enviado por correo electrónico, que permitirá usar la interactividad no impresa, con una serie de recursos relacionados como enlaces directos fáciles de usar, temas cubiertos en The Voice. Un boletín electrónico significará que SHA puede llegar a los residentes de una manera más efectiva y oportuna a través de computadoras y teléfonos móviles.

Para que no se pierda la entrega de la nueva versión electrónica de The Voice, es importante asegurarse de que SHA tenga su dirección de correo electrónico y su número de teléfono móvil actuales. Envíe su información de contacto actualizada directamente al administrador de la propiedad de su edificio. Puede hacerlo en persona, escribiendo o llamando a la oficina de administración de la propiedad, o en línea en www.seattlehousing.org Haga clic en "Inquilinos actuales", seleccione "inquilinos de vivienda de SHA" y seleccione "Contacto administrador de la propiedad".

A medida que SHA se prepara para llevar a cabo la entrega piloto de The Voice en un nuevo formato electrónico, queremos escuchar su opinión sobre el tipo de contenido y cobertura que le gustaría ver. Por favor, comparta sus ideas yendo a www.seattlehousing.org y haciendo clic en The Voice Survey publicado en la página de inicio. O escriba a:

SHA /Departamento de Comunicaciones, PO Box 19028, Seattle, WA 98109

ቮይስ ዲጂታል ኪኸውን እዩ። ብባዓል ስልጣን አባይቲ ስያትል (SHA)/By Habte Negash

ነይቡርሁድ ሃውስ አቲ ምስ ባዓል ስልጣን አባይቲ ስያትል (SHA) ዝነበሮ ንሕትመት ቮይስ ዝምልከት ወ.ወ.ል 30 ሰኔ 2018 ምስ ኣብቅዔ ካብኡ ንደብዳቤ እንደገና ኬሔድኦ ከምዘይክእል ኣብዚ ቀርባ እዩ ምግልጺ ሂሳብ ኣሎ።

ድሕሪ እዚ ባዓል ስልጣን አባይቲ ስያትል ካብ ወርሒ ሓምሌ ጀሚሩ ንሕትመት ቮይስ ንዝተወሰነ ጊዜ ደው ኬብሎ እዩ። ድሕሪ ሒደት አዋርሕ ድማ ከም ናይ ሓበሬታ ደብዳቤ ኮይኑ ብኢመይል ከምዝርጋሕ ኪግበር እዩ። እዚ ድማ ብመልከዕ ሕትመት ዘይኮነስ ቅልል ብዝበለ መገዲ ብቀጥታ ንነበርቲ ከምዝገዳሕ ኪግበር እዩ። ካብ ሕጂ ንደብዳቤ አምበአር ባዓል ስልጣን አባይቲ ስያትል ብስሎጥ አገባብ ብኮምፕዩተርን ብተለፎን ብቐጥታ ምስ ነበርቲ ከም ዚራኹብ ኪግበር እዩ።

ስለዚ ናይ ቮይስ መልእኽቲ ኣይኪገድለኩምን እዩ። እንታት ደኣ፡ ኣብ ክንዲ ብመልኸዕ ሕትመት ብዝገገሙልኩም ናይ ኤለክትሮኒክ አገባብ ኮይኑ፡ ናብ ናይ ኢ-መይል ኣድራሻኩም ከምዝለለኹ ኪግበር እዩ። ባዓል ስልጣን እዚ እምበኣር ቁጽሪ ናይ ተለፎንኩምን ናይ ኢመይል ኣድራሻኩምን ባዓል መዚ ኣባይቲ ስያትል ከምዝፈልጦ ምግባር ኣገዳሲ እዩ። ናይ ተለፎን ኮነ ናይ ኢመይል ኣድራሻኩምን ኣመድ-ሓዳሪ ናይቲ እትነበርሉ ህንጻ ከምዝፈልጦ ከትገብሩ የድሊ። እዚ ድማ ብኣካል ኪድኩም፡ ብጽሑፍ ወይ ድማ ተለፎን ብምድዋል ኪኸውን ይኸእል እዩ። ወይ ኣብ ድማ ፡ ኣብ www.seattlehousing.org ብምእታው ፡ “Current Tenants,” ክፈቱ፡ ሽዑ “SHA housing tenants” ዝብል መሪጽኩም ፡ ኣብ ብምክፋት “Contact property manager.” ኣብ ዝብል ኣድራሻ ብኣንላይን ከትጥቀሙ ትኸእሉ።

ባዓል መዚ ኣባይቲ ስያትል (SHA) እዚ ሓዲሽ ብኤለክትሮኒክ ዝገበር ኣስራርሓ ንምትእትታው ኣብ ዝቐረጸሉ ዘሎ እዩ። ናታትኩም ሓሳብ ከሰምዕ ስልገደሊ ኣብ www.seattlehousing.org ብምእታው፡ The Voice Survey ኣብ ዝብል ብምጥቐሻ ሓሳብኩም ግለጹልና ። ወይ ድማ ባዓል ዝስዕብ ኣድራሻ ሓሳብኩም ብጽሑፍ ከተቐርቡልና ንኣትት፡ SHA Communications Department, P.O. Box 19028, Seattle, WA 98109.

Báo The Voice sẽ phát hành theo kỹ thuật số Bài viết do cơ quan Gia Cư Seattle/By Long Luu

Cơ quan Neighborhood House vừa mới đây có thông báo cho cơ quan Gia Cư Seattle-SHA biết rằng họ đang tái cấu trúc lại, và họ quyết định không tái hợp đồng với Cơ quan Gia Cư Seattle-SHA để phát hành báo The Voice nữa, khi hợp đồng này hết hạn vào ngày 30 tháng 6, 2018

Cơ Quan Gia Cư Seattle SHA sẽ tạm thời đình bản sao khi số phát hành Tháng 7 được phát ra, và sẽ phát hành trở lại theo kỹ thuật số trong vài tháng sau đó theo dạng thư điện tử, được gửi ra theo địa chỉ điện thư, điều đó sẽ tạo ra giao diện không thể in ra máy được, nhưng sẽ có những nối kết thật dễ dàng tới nguồn thông tin với những đề mục như đã được phát hành trong tờ báo The Voice trước đây. Với thư điện tử sẽ có nghĩa là Cơ Quan Gia Cư Seattle-SHA có thể tiếp cận với cư dân một cách hiệu quả và tiết kiệm thời gian qua máy vi tính và điện thoại di động.

Như vậy thì quý vị sẽ không bị thiếu mất việc được giao báo với báo The Voice điện tử, có điều quan trọng là quý vị phải chắc chắn cung cấp địa chỉ điện thư hay số điện thoại di động cho cơ quan gia cư Seattle _ SHA. Quý vị có thể tự cá nhận làm điều này , hoặc bằng cách viết cho hoặc gọi cho văn phòng quản lý, hoặc vào trang mạng www.seattlehousing.org, sau đó nhấn vào “Current Tenants”, hãy chọn “SHA housing tenants”, và chọn “Contact property manager”.

Trong khi mà Cơ Quan Cấp Phát Gia Cư Seattle- SHA chuẩn bị thử nghiệm việc phát hành báo The Voice dưới hình thức điện thư, chúng tôi muốn lắng nghe từ quý vị về nội dung và bài viết mà quý vị muốn đọc. Xin vui lòng chia sẻ những suy nghĩ của quý vị bằng cách vào trang www.seattlehousing.org, và nhấn vào “The Voice Survey” được đặt trên trang nhà. Hoặc hãy viết thư cho SHA Communications Department, P.O. BOX 19028 Seattle WA 98109.

Газета The Voice переходит на цифровой формат Автор: Жилищное управление г. Сиэтла (SHA)/By Irina Vodonos

Нейборхуд-Хаус недавно уведомил SHA о намерении прекратить выпуск газеты The Voice после окончания контракта, действующего до 30 июня 2018 г.

SHA планирует сделать перерыв в выпуске газеты после выхода июльского номера и возобновить выпуск газеты в электронном формате, с доставкой по электронной почте. Новый формат обеспечит интерактивность, например, в виде ссылок на разнообразные ресурсы, связанные с темами, затронутыми в газете. Электронный формат также даст возможность более своевременно доводить до жильцов информацию.

Чтобы не пропустить первый номер нового электронного варианта газеты The Voice, необходимо убедиться, что у SHA правильно записан ваш адрес электронной почты и номер мобильного телефона. Если у вас изменился имейл или телефон, сообщите об этом менеджеру вашего дома лично, по телефону или в письменном виде. Вы также можете зайти на сайт www.seattlehousing.org, нажать на “Current Tenants” и выбрать из списка “SHA Housing Tenants”, а затем нажать на “Contact Property Manager.”

В процессе перехода на новый цифровой формат нам очень важно услышать от вас, какие темы и материалы вы хотели бы видеть в газете The Voice. Пожалуйста, поделитесь вашим мнением на сайте www.seattlehousing.org (нажмите на “The Voice Survey” на главной странице) или напишите нам по адресу SHA Communications Department, PO Box 19028, Seattle, WA 98109

ቮይስ ጋዜጣ ወደ ድጅታል ተቀይሯል በሲያትል የቤቶች ባለስልጣን/By Abdu Gobeni

ከዚህ በፊት ቮይስ ጋዜጣን ሲያዘጋጅ የነበረው ናይቡርሁድ ሃውስ ድርጅት ከሰኔ 30, 2018 ጀምሮ የመዋቅር ለውጥ በማድረግ የተነሳ ኮንትራቱን ከሲያትል የቤቶች ባለስልጣን ጋር ላለማደስ መወሰኑን አሳውቆናል።

በዚህ ምክንያት የሲያትል የቤቶች ባለስልጣን ለጊዜው የሆምሌን ወር የጋዜጣውን ዝግጅት ያቋረጠ ሲሆን በሚቀጥሉት ጥቅት ወራት የቮይስ ጋዜጣን በኤሌክትሮኒክ ዜና ደብዳቤ መልክ በኢሜይል የሚሰራጭ ይሆናል። ይህ አካሄድ በቮይስ ጋዜጣ ይተላለፋል የነበሩትን መልዕክቶችና መረጃዎችን በቀላሉ አገናኝ መስመሩን በመጫን ማግኘት ይችላሉ። የኤሌክትሮኒክ ዜና ደብዳቤ ማለት የሲያትል የቤቶች ባለስልጣን በኮምፕዩተርና በሞባይል ስልኮች አማካኝነት በፍጥነትና ወጤታማ በሆኑ መልኩ ነዋሪዎች ጋር መድረስ የሚያስችል ነው።

በመሆኑም አዲሱ የቮይስ ጋዜጣ ስርጭት እንዳያመልጥዎት አሁን የሚጠቀሙበትን የኢሜይል አድራሻና የሞባይል ስልክ ቁጥሮትን ለሲያትል የቤቶች ባለስልጣን መስጠትዎትን ያረጋግጡ። አሁን ያሎትን የግንኙነት መረጃ በህንጻዎት ወስጥ ለሚገኝ የንብረት አስተዳዳሪ ይሰጡ። በአካል ፤ በጽሁፍ ወይም የንብረት አስተዳደር ቢሮ በመደወል ወይም በቀጥታ መስመር ይህን በመጫን www.seattlehousing.org የአሁኑ ተከራይታ ምረጥ የሲያትል ቤቶች ተከራይታ እና ምረጥ የንብረት አስተዳዳሪውን ያናግሩ።

የሲያትል የቤቶች ባለስልጣን የቮይስ ጋዜጣ የመከራ ስርጭት በአዲስ የኤሌክትሮኒክ ይዘት ለማሰራጨት እየተዘጋጀ በመሆኑ ምን ዓይነት ሽፋንና ይዘት ማየት እንደምትፈልጉ ከእናንተ መስማት እንፈልጋለን። እባክዎትን ሀሳቦትን በዚህ ድረ-ገጽ ላይ ያካፍሉን www.seattlehousing.org እና በዋናው ገጽ ላይ ያለውን የቮይስ መጠይቅ ላይ ይጫኑ። ወይም ለሲያትል የቤቶች ባለስልጣን የህዝብ የግንኙነት ክፍል ይጻፉ, PO Box 19028, Seattle, WA 98109.

Codka oo noqonaya dijital/By Saido Alinur

Neighbourhood House ayaa dhawaan ku wargeliyay SHA in aysan dib u habeyn ku sameeyeen ayna go'aansadeen in aysan cusboonaysiin heshiiskii ay la wadaageen SHA si ay u soo saaraan Codka marka uu dhaco Juun 30, 2018.

SHA waxay si ku meelgaar ah u joojin doontaa wargayska Codka ka dib markii uu kan bisha Luulyo soo baxo waxayna dib u bilaabaysaa dhowr bilood ka bacdi wargeys elektaroonik ah, kaa soo lagu diro doono email ahaan, u siinaysa awooda is dhexgalka kaa oo aysan suurtagal ku ahayn wargayska daabacaadda, sida sahlan oo lagu isticmaalo khadadka tooska ah oo lagu marti galiyo khayraadka la xiriira mawduucyada ku jira Codka. Wargeysku elektaroonica oo u suurto galin doona SHA inay dadka degaanka ku gaarto si tayo badan oo waqti go'an leh iyada oo loo marayo kombiyuutarada iyo telefoonada gacanta.

Sidaa darteed ma seegeysid bixinta cusub ee elektaroonigga ah ee wargayska Codka, waxaa muhiim ah in SHA ay hayso cinwaankaaga emailka iyo lambarka telefoonka gacanta. Si toos ah ugu dir macluumaadka xiriirka maamulka dhismahaad degan tahay. Waxaadna ku gudbin gartaa qof ahaan, qoraal ahaan, wacitaanka maamulka dhismaha, ama khadka internetka www.seattlehousing.org. Riix "Kireystayaasha hadda jira," dooro "kiraystayaasha guryaha SHA" dabadeedna dooro "La xariir maamula dhismahaad degan tahay."

Maadaama ay SHA u diyaar garoobayso tijaabada u soo gudbintaCodka qaab cusub oo elektaroonig ah, waxaan rabnaa in aan kaa maqalno nooca waxyaallaha iyo moowduucyada aad rabto inaad aragto. Fadlan la wadaag fikradahaaga adoo booqanaya www.seattlehousing.org dabaeedna riix Voice Survey kasoo la soo dhigay homepageka. Ama u qor waaxda Isgaarsiinta ee SHA, PO Box 19028, Seattle, WA 98109.

OUR COMMUNITIES

STORIES FROM OUR FRIENDS AND NEIGHBORS

Yesler

Continued from Page 3

RAVE Foundation

The Seattle Sounders FC and its charitable arm, RAVE Foundation, is excited to open their first field at Yesler. Over the past few years, RAVE Foundation has provided a host of activities for Yesler youth including the Goals for Art program where youth designed artwork for the field's goal posts. In September and October, skills camps and mini-tournaments will be hosted on Soccer Friday at the RAVE field, which opens on Aug. 25.

Going places

Over the past few years at Yesler, there have been some notable changes and milestones in getting to, from and around the neighborhood. These include completion of the Yesler Hillclimb, which provides a

wheelchair accessible connection between Yesler, Little Saigon and the Chinatown-International District. In 2018, major segments of the pedestrian pathway linking First Hill to the Hillclimb will be completed. The final link will be completed when Yesler Terrace Park opens in August 2018.

The Seattle Department of Transportation's equity program provides safe, affordable, accessible and environmentally sustainable transportation options to low-income individuals and underserved communities.

In partnership with SDOT, SHA is exploring a variety of pilot programs to increase mobility choices for all SHA residents including offering income-eligible transit passes (ORCA LIFT), discounted or subsidized access to ride-hailing services (Uber and Lyft), car-sharing memberships (car2go, ReachNow and Zipcar) and bike-sharing programs (LimeBike, ofo and Spin).

In 2017, a transit fair at Yesler was well attended and many residents signed up for discounted passes on the spot. Another

transportation mobility fair at Yesler is coming this fall.

Arts programs

"Artist in Residence" Rachel Kessler has been converting an original Yesler apartment into a community gallery and art space where teens and adults can participate in programs, create original works of art on the walls and display their artwork. For more information contact Jen Song at jen.song@seattlehousing.org.

Artists Alessandra Panieri and Dan Barsher are busy developing plans for a large, vibrant colorful flower sculpture called "Yesler Blossoms," inspired by residents' love of plants and nature. The artwork will be located on the pedestrian pathway between Raven Terrace and Batik and a community celebration and installation will take place in late August.

Urban Art Works will work with Yesler youth to create a community mural on the south wall of the Yesler Community Center in late August.

RAC retreat on July 25 will help determine future of organization

BY DORENE CORNWELL

SHA resident and treasurer, RAC

The Future of Resident Action Council: a retreat with Professional Facilitator Mike Beebe will be held **Wednesday, July 25 from 10 a.m. until 3 p.m.** in the Green Lake Plaza Community Room, 505 NE 70th St.

Metro bus routes 26, 45 and 62 run nearby.

In May 2018 the RAC general membership voted to postpone annual elections until September, and to invite residents of Low Income Public Housing, Senior Housing, family housing and Housing Choice Voucher holders to participate in a retreat in July. For RAC to continue, we need people willing to step up, learn and be a part of a great project.

Some of the questions we'll be asking ourselves at the retreat include the following:

- Should RAC continue?
- What are some key RAC accomplishments?
- What commitments and structure could help RAC regroup?
- What other points do we need to consider?

Those wishing to attend the event or who need translators or other accommodations should contact Patricia Ann, 206-293-5978, purpletea711@msn.com; or Dorene Cornwell, 206-650-3035, dorenefc@gmail.com or searac2018@gmail.com. RSVP is appreciated.



Literacy Source

Education, Equity, and Opportunity For All

3200 NE 125th Street

Seattle, WA 98125

206-782-2050

www.literacysource.org

FREE Classes and Tutoring for Adults in Lake City

ESOL | Reading/Writing | GED Preparation | Citizenship | Computers



Call Literacy Source for more information and to sign up!

- Daytime or evening classes
- On bus line to Lake City
- Tutors available
- Employment coaching available

New Student Registration — Every 7 weeks

Call 206-782-2050 to sign up!

More information at www.literacysource.org

Literacy Source · 3200 NE 125th Street, Seattle, WA 98125 · 206-782-2050 · www.literacysource.org

Mayor Durkan signs Legislation to increase bridge housing and shelter capacity by 25 percent

BY CITY OF SEATTLE

On June 22, Mayor Jenny A. Durkan signed into law a bill to create more than 500 new shelter beds in the next 90 days to help address Seattle's urgent homelessness crisis. The legislation will increase the number of bridge housing and shelter units in Seattle by 25 percent, the largest single increase in the City's history.

"With far too many of our neighbors living in tents and unsheltered, we must create a surge in urgent shelter, so in the next 90 days, we can make important strides to move more people off the streets and into safer places," Durkan said.

"When people have access to shelter, they will be able to take advantage of services like behavioral health and employment support, and then move to permanent housing."